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 Your looks tell on you. Can keep it secret a while. Before its too late, go and see or write to this old doctor. He has been treating such cases for over 20 years and perfectly reliable. Furnishes his medicine and tells no tales.


**Dr. Kessler**  
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**HOW are the children this summer? Are they doing well? Do they get all the benefit they should from their food? Are their cheeks and lips of good color? And are they hearty and robust in every way?**

If not, then give them **Scott's Emulsion** of cod liver oil with hypophosphites.

It never fails to build up delicate boys and girls. It gives them more flesh and better blood.

It is just so with the baby also. A little Scott's Emulsion, three or four times a day, will make the thin baby plump and prosperous. It furnishes the young body with just the material necessary for growing bones and nerves.



All Druggists, etc. and St. SCOTT & BOWNE, Chemists, N. Y.

**IVY AND SUMAC POISON.**  
 How to Treat a Patient Suffering From These Painful Afflictions.

Mrs. A. M. Huntington in The Ladies' Home Journal adds to the stock of general knowledge on the cures for poison ivy:

It may be distinguished by its brown, hairylike stem, its three leaves (in clusters) and white berries. It is also known as the poison oak. Sometimes it takes the form of a bush and other times that of a vine. The poison ivy and the poison sumac are utterly unlike in appearance, but both belong to the same general order—rhus.

The poison sumac grows in swampy places and is known also as poison dogwood and poison alder. It grows from 6 to 25 feet in height, in shrubby form, and the foliage consists of about five pairs of opposite and terminal leaflets. It can always be recognized in the fall by its color and white berries.

Ivy poison is very painful. First the skin is very itchy, then red and swollen, eventually breaking into blisters. The face often swells so much that the eyes are closed.

Having described the plant and told how to detect the poison, I append a number of recipes for the cure of the latter when the poison is in its first stages:

Bathe the affected parts with a saturated solution of baking soda (bicarbonate of sodium) in water that is warm, not hot, as that changes the soda into washing soda, or

Bathe with warm water and soap—good, pure soap—or

Bathe with alum curds, a tablespoonful of powdered alum to a pint of milk, or

Bathe with weak ammonia water, one part aqua ammonia to five parts of water, or

Bathe with carbonate of sodium, one ounce to half a pint of water, or sulphite of sodium or chlorinated soda in same quantity to same amount of water, or

Bathe with lead water and laudanum in equal parts or with witch hazel added, or

Bathe with half an ounce of phenol sodique diluted in three ounces of water, or

Bathe with one ounce of glycerite of carbolic acid diluted with eight ounces of water, or

Bathe the affected parts with a 2 per cent solution of creolin.

In the latter stages, when the inflammation is great and blisters appear, use sassafras bark tea, two ounces of bark to a pint of hot water—let it soak a few hours and bathe, while it is warm, the affected parts—or

Paint the blister with fluid extract of serpentaria, being careful not to get the extract near the eyes, or

Break the blister, if not already broken, by pricking, and drop, with quill or dropper, solution of subsulphate of iron, full strength, into the blister.



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Since buying his Groceries of MARR & MUIR, after having traded for some time at other stores. No stale or inferior goods kept.

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 On the Street between the Bridge and the Depot.

Double and single rigs and saddle horses a ways on hand at the lowest rates, and a corra also connected with the barn for loose stock. Any information regarding any kind of stock promptly attended to by letter or person.

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 Money to Loan. Abstracts of Title Made. Drawing of Legal Documents a Specialty. Office on east side of Main Street Between 6th and 7th  
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 In any stage without loss of time from business. RHEUMATISM Cured by an old German Remedy. This remedy was sent to Dr. Kessler by a friend in Berlin. It has never failed, and we guarantee it.

**OLD SORES** Ulcers, Cancer, etc., cured, no difference how long affected.

**PRIVATE DISEASES.** This doctor guarantees to cure all cases of Syphilis, Gonorrhoea, etc., satisfactorily, no difference how long standing. Spermatorrhoea, Loss of Manhood, or Nightly Emissions, cured permanently. The habit of Self Abuse effectually cured in a short time.

**YOUNG MEN** Your errors and follies of youth will give you wholesome advice and cure you—make you perfectly strong and healthy. You will be amazed at his success in curing Spermatorrhoea, Seminal Losses, Nightly Emissions, and other effects.

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 painful, difficult, frequent, milky or bloody urine, unnatural discharges, carefully treated and permanently cured. Piles, Rheumatism and Neuritis treated by our new remedies and cures guaranteed.

Patients treated in any part of the country by his home system. Write full particulars enclosing ten cent stamps and we will answer you promptly. Hundreds treated at home who are unable to come to the City.

**READ THIS**  
 Take a clear bottle at bed time and urinate in the bottle, set aside and look at it in the morning. If it is cloudy or has a cloudy settling in it, you have some kidney or bladder disease, and should be attended to before you get an incurable disease as hundreds die every year from Bright's Disease of Kidneys.

**EAST AND SOUTH VIA THE SHASTA ROUTE OF THE SOUTHERN PACIFIC CO.**  
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South.	Portland	At	9:30 A.M.
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The above trains stop at all stations between Portland and Salem, Turner, Marion, Jefferson, Albany, Tangent, Seaside, Halsey, Harburt, Junction City, Irving, Eugene, Creswell, Cottage Grove, Umatilla, and all stations from Roseburg to Ashland, inclusive.

**ROSEBURG MAIL DAILY.**

9:50 A.M.	Portland	At	4:20 P.M.
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Rates and tickets to eastern points and Europe also JAPAN, CHINA, HONOLULU and AUSTRALIA, can be obtained from

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 1 to yourself, your family, your friends and to all youth with you, to read and consider in your treatment the merits of VITE-ORE as a remedy for those who need a cure. There is no experiment, no danger, no loss of time. It is perfectly harmless, and may always be relied on. It is the queen of cures, for it reaches the vitals of all diseases, and will cure you when all other remedies have failed—after you have tried all catarrhomy humbugs and frauds only to grow older and wiser. Do not not neglect to give it a trial, for Vite-Ore comes to the relief and the relief like the vision of the Eastern star to the wise men. On every package of the genuine will be found the red ink signature of Theo. Noel. Price \$1.00 by mail.  
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 IS THE TIME to clean house and repaper your rooms and paint your house and.....

**Murrow**  
 IS THE MAN to do the painting and papering in a first-class shape at very low prices. Leave orders at Ely Bros. store on upper 7th streeth.

**For First-Class BREAD and PASTRY**  
 Go to  
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 or stop his wagon as it goes by.

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 CHAS. CATTI, Proprietor  
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 Pure Milk and Full Measure given; delivered to any part of the city.  
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 THE ONLY Agricultural Newspaper

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Does such a difference as that justify you in contenting yourself with some other paper instead of having the best?

Send for specimen copies, which will be mailed free, and compare them with any other rural weekly; it will not take long to see the difference.

LUTHER TUCKER & SON,  
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 Send 12 names of your friends and an order for any ONE of the articles below and receive the above beautiful pin FREE.

12 Aluminum Thinables	12c
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1 Tie or Veil Holder	8c
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12 Aluminum Hair Pins	6c
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1 Aluminum 60-c engraved, sa-in finished Child's cup, upon from one piece as an extraordinary inducement to our patrons, 1 only to a customer	30c

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**Job Printing at the Courier Office.**

**How to Make Tropical Soup.**  
 As prepared by Indians in Central America: Take three pints of stock and three-quarters of a cupful of rice. Boil together for one hour, keeping the kettle tightly covered. Press through a sieve, returning all that runs through. Add to this half a cupful of cream, into which has been beaten the yolk of one egg, and cook for two or three minutes longer. Season with half a teaspoonful of salt and one-half teaspoonful of cayenne extract. The extract may be omitted if not desired so hot and a dash of pepper substituted.

**How to Make Cream of Tomato Soup.**  
 Stew one pint of tomatoes for 20 minutes, adding one slice of onion, one bay leaf and a sprig of parsley. Press through a sieve and return to the stove. Scald one quart of milk and rub together one teaspoonful of butter and two teaspoonfuls of flour, adding a little hot milk to prevent lumping. When the remainder of the milk has been added, the mixture should be stirred until it thickens to a cream. Add one teaspoonful of sugar and the same quantity of salt and one-half teaspoonful of soda dissolved in a little cold water. Heat the soup three, turn into the tomato and gradually add the milk, stirring constantly.

**How to Marinate Fish.**  
 Take about two pounds of salt salmon and freshen by laying in cold water. Change the water frequently until the fish is no longer salty. Clean thoroughly and cut in pieces. Put them into a stone crock, together with one onion, sliced, two or three leaves, 12 peppercorns, six cloves, one lemon, sliced, and vinegar enough to cover. Put a cheese cloth cover over and weight to keep the fish under the vinegar. Keep in a cool place for about two days, when the dish will be ready for the table.

**How to Make Sauerkraut.**  
 For sauerkraut get hard, fat heads of cabbage. When cut, put a layer in a cedar barrel and sprinkle well with salt, then more kraut and salt until all is used. Too much salt is not good, as the kraut will only taste salty and not sour. Cover with white cotton cloth, and over this have several boards that will just fit the barrel loosely when put together. Weight this with heavy stone and cover with water. Twice a week this water should be changed, adding a little salt. Wash the scum from cloth and boards.

**How to Make Mushroom Soup.**  
 Cut up half a pint of mushrooms in small pieces, boil in salt water until tender, leave just enough water to retain the flavor. Add one pint of cream, one tablespoonful of butter and season with one tablespoonful of worcester-shire sauce. Beat two eggs and mix in the soup.

**How to Clean a Veil.**  
 Take some alcohol and ether together, soak the veil, shake it and put evenly on a glass tube or round bottle till dry.

**SANTA CLAUS AT THE BAZAAR**  
 Wagons, Doll Buggies, Dolls, Rocking Horses, Drums, Horns, Cornets, Bugles, Cradles, Rockers, Trunks, Black Boards, Iron Toys, Banks, Pianos, Games, Tin Toys, Wooden Toys, Chairs, China Tea Sets, Toy Books, Xmas Cards, China Plates, Cups and Saucers, Xmas Candles, Glass Ware, Vases, Auto. Albums, Photo Albums, Jewelry and thousands of other articles for the Holiday trade, all at our well known low prices. Remember our goods and prices can not be duplicated—even in the city of Portland.

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**THE SWEET THINGS**  
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We also have sweet things in the pastry line made fresh every day in our Bakery besides the best bread in the city.

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**PATENT FLOUR** is made entirely from old wheat and when used you do not run the risk of having poor bread as you do if you buy flour made by Tom, Dick and Harry of all kinds of wheat.

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