

WOMAN'S REALM

PERFECT SKIRT SUPPORTER.

A PERFECT skirt and shirt waist supporter has at last been invented. Ever since shirt waists have been worn women have been constantly annoyed by the waist slipping up and putting in the back, and by the skirt band sagging and slipping from under the belt. Various contrivances have been devised to remedy these difficulties, but none were to be depended upon under all circumstances. This new holder and supporter is a jewel in every respect, overcomes all difficulties, and relieves the strain from the belt, which last has been the cause of much discomfort, besides disfiguring the belt by bunches and ineffective hooks. The new article



SKIRT AND WAIST SUPPORTER.

is composed of two parts, the foundation part being a square of nicked steel with a button in the center, and two hooks on the upper end, the arms of which are about an inch long. The hooks on the upper and lower ends are fastened to the center piece by eyelets. These arms swing easily, so as to adjust the hooks to the spread of the corsets. There are also two eyelets in the lower corners of the center piece, through which the corset string is passed, securing this part at the lower end, while above the hooks fasten into the eyelets of the corset. This is fastened so that the bottom comes just a little above the waist line. The other part of this arrangement is made to sew into the skirt band and loop over the button in the same manner as the hose supporters fasten, the skirt waist and corset cover coming between the two parts of the fastener and supporter. These parts are thus so firmly fastened together that the skirt or waists cannot move up or down.

Truths Told in a Few Words.
A child's respect for its parent is not secured by over-lenience any more than by over-severity.

A daughter should never seek nor be allowed to "outrage" her mother. In every family the mother should be the best-dressed member.

The discarded finery of a daughter should never constitute a mother's wardrobe. No one feels especially dignified in the presence of one whose old clothes she is wearing, and a mother should at all times preserve her dignity before her children. The mother who never loses her queenliness will never lose her crown.

Preventable misfortunes consist, chiefly, of manifold things, little to do, but immense things to have done. The man who earns one dollar and spends two, and the man who earns two and spends one, stands on either side of the hair-line between heedlessness and discretion, between ruin and safety.

Parents generally receive that measure of filial respect they deserve—not always, perhaps, but very generally. When a mother allows her daughter to appropriate her wraps, gloves, veils, or other articles of personal attire, she begins a policy of familiarity which, sooner or later breeds contempt. A respect for one's belongings engenders a respect for their possessor.—Ladies' Home Journal.

Beautiful Costume for a Bride.

A beautiful wedding costume for a bride, veil and all, is described in the Ladies' Home Journal by Isabel A. Mallon: "The gown is of white satin—that beautiful cream white that you admire so much—and it is made with a full but plain skirt. The tulle veil, not worn over the face, is fastened to the high coiffure (the hair must always be arranged high when a veil is worn) under a cluster of orange blossoms. The long, pointed sleeves, prettily full at the shoulders, are finished with frills of real point lace, and a frill in harmony flares out at the back of the crush collar. The crush belt is laid in soft folds, and does not show its fastening, which is at the side. You will be wise in having no orange blossoms on your gown. They would have to be removed immediately after the wedding."

Food that Nourishes the Nerves.

Any good wholesome diet will build up the nerves. The food that nourishes the end of the little finger nourishes also the brain and the entire body. Each part is but a portion of a perfect whole, and we cannot select food to build especially one part of the human structure. Fatty foods are supposed to be beneficial to the nerves, as they cushion them and counteract the irritating conditions. Starchy foods, fatty meats and over-eating tend to the accumulation of fat.—Ladies' Home Journal.

Says They Can't Dance.

And now it is stated by the all-wise medical man so often quoted that persons who cycle a lot find it impossible to perform the graceful movements required by waltzing. The muscles that are brought into play by dancing are denuded by riding a wheel. The lightness of toe so necessary in a waltz

comes impossible to the man or woman who is continually pedaling, as the one set action contracts the muscles, and the whirling, twirling motion of a dance can only be performed in a clumsy fashion. The joints should be free for dancing. After a spin on a bicycle they are stiff and clogged. The continual bending over the handles, too, makes the upright posture used in dancing painful. A cyclist who uses the wheel in moderation would be very little affected; it is those persons who cycle from morning till night that are the sufferers.

Don'ts for Lady Cyclists.
Don't ride too fast if the sun is hot.
Don't get into crowded thoroughfares.
Don't ride in smart clothes on a dirty bicycle.
Don't ride on a wet road without a mudguard.
Don't try to ride cleverly among a lot of vehicles.
Don't ride all over the road; keep in the middle.
Don't wear tight clothing if you want to ride in comfort.
Don't look to see if people are admiring and have a collision.
Don't start off at too quick a pace if you are going a long way.
Don't get an idea that every male cyclist is following you.
Don't forget that you can ride farther by riding slowly than by scorching.—The Rambler.

Miss Landon Rives.
Miss Landon Rives is the favorite elum and sister of the clever Amelle Rives. Her success in Washington both as a belle and lovable girl has been quite pronounced. She is unlike her sister, quiet and equable in manner, lovely of face and figure, and with

considerable artistic temperament. "Patsy" is a dog of high degree and some tendency to fight when away from his dotting mistress. The two are great friends, and make an interesting due in real life. A well-known writer, while visiting in the Rives home in Virginia, speaks of the fondness for horses always exhibited by Miss Rives. She could draw in an exceedingly clever way this animal, but was entirely unable to sketch any other—and most of her friends own a design or two of the horses she likes best.



MISS LANDON RIVES AND PATSEY.

No Superstition.
"I cannot give you anything!" snapped the lady to the tramp. "You're the thirteenth tramp that has called here to-day."
"Well, mum," said the tramp, after a little consideration, "you look a clever, sensible lady that don't believe in any nonsense; and list to show that there ain't any truth in that silly superstition about thirteen bein' an unlucky number I 'ope you will give me a trifle, mum."—Tit-Bits.

Can Such Things Be?
That no tool shed is on the farm?
That there are no gates, but bars?
That the stock is not salted regularly?
That the harrow is out doors?
That the plow is left standing in the ground?
That crops are still planted in the moon?
That gullies are left to increase each year?
That the same breed of sheep has been on the farm from one generation to another?
That line fences are not kept in good repair?
That noxious weeds are allowed to go to seed.
That the boys never get a day off for fishing?
That the orchard was not trimmed at spring?
That the harness is rarely cleaned and oiled?
That a small patch of berries is not on the farm?
That the garden is seen to only after the crops are in?
That your initials are not on your grain sacks?
That the outbuildings have not been painted for years?
That nothing is done at the proper time, always behind?



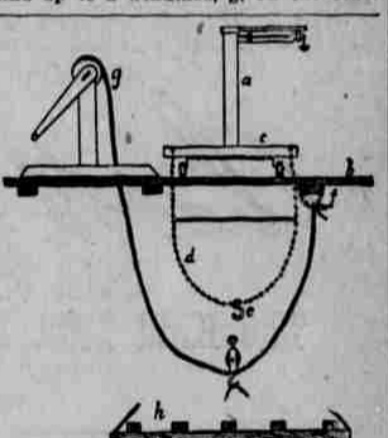
ABOUT THE BABY.

Sometimes the cause of the sudden cry may be traced from the little cold feet upward.
The safety of the baby during the hot weather depends largely upon the watchfulness of the ones who have the precious charge in their keeping.
It is easier to prevent sore mouth than to cure it. When the baby has finished eating wash his mouth thoroughly with a little cold water and borax. If the gums are inflamed over the coming teeth a pinch of bicarbonate of soda may be added to the borax water.
Accustom the baby to a moderate light, but shade his eyes from a direct glare of full sunlight, whether he is asleep or awake. There are many faults of vision that may be avoided by a little care, and sometimes quite grave defects may be remedied without the aid of the oculist.
At the first sign of hoarseness in the child's voice a little warm olive oil should be rubbed on the throat and chest and a piece of thin flannel laid over to protect the clothing and to keep out the air. The little booties that have been removed to give greater comfort and freedom to the restless feet must be replaced; and no matter how attractive the veranda seems in the sweet, briar scented air, when the early dews have fallen, the baby should go inside.

FARM AND GARDEN



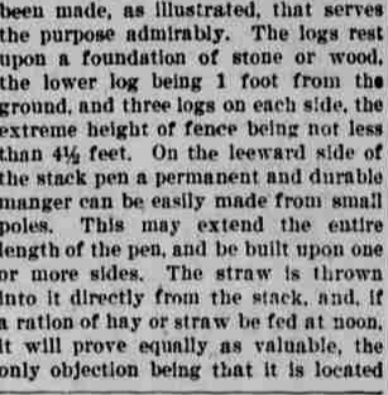
For Weighing Hay.
To weigh hay on barn scales, place scales, a, on the scaffold, b, over the barn floor. Across them lay a plank, c, several inches longer than the width of the scales, to which suspend a rope or chain like a swing, d, under the scales. Spread the ropes under them so they will not touch their frame. In this swing hang an iron bent like the letter S, e. To a joist, f, on one side of the scales fasten one end of a rope, passing the other end down under the scales and up to a windlass, g, on the other



TO WEIGH HAY ON BARN SCALES.

side of them, but first slip on this rope a hay fork pulley. To pile the hay on, make a frame, h, six feet square, light and strong enough to support 700 pounds of hay. On two sides of this frame are ropes each 14 feet long with the ends passed down through holes bored in the corners of the frame and knotted. Pile the hay on the frame, bring the ropes together; over it and attach them to the pulley by another S-shaped iron. Wind up until you can hang it on the rope attached to scales, letting the weight hang on them. A ton of hay can be weighed at three draughts on 800-pound scales. I have found the above very convenient for that purpose in a barn. Deduct weight of frame.—American Agriculturist.

Combined Stackyard and Manger.
All good prices for hay, many consider good, bright out and barley straw to be worth, for feeding purposes, quite as much as overripe clover, or timothy hay and, pound for pound, worth fully half as much as any good hay. Hence, instead of wasting the straw by building flat-topped stacks and allowing cattle and other stock to have free access to them, a yard is built around the stacks, and the straw fed out as regularly as hay or grain. A log pen has been made, as illustrated, that serves the purpose admirably. The logs rest upon a foundation of stone or wood, the lower log being 1 foot from the ground, and three logs on each side, the extreme height of fence being not less than 4 1/2 feet. On the leeward side of the stack pen a permanent and durable manger can be easily made from small poles. This may extend the entire length of the pen, and be built upon one or more sides. The straw is thrown into it directly from the stack, and, if a ration of hay or straw be fed at noon, it will prove equally as valuable, the only objection being that it is located



WASTE IN STOCK FEEDING PREVENTED.

out of doors. It is far more economical than to throw the food upon the ground or in the nearest fence corner.—Farm and Home.

THE TURN OF LIFE.
Owing to modern methods of living, not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms. Those dreadful hot flashes, sending the blood surging to the heart until it seems ready to burst, and the faint feeling that follows, sometimes with chills, as if the heart were going to stop for good, are symptoms of a dangerous nervous trouble. The nerves are crying out for assistance. The cry should be heeded in time. Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. Mrs. DELLA WATSON, 524 West 5th St., Cincinnati, Ohio, says: "I have been using Lydia E. Pinkham's Vegetable Compound for some time during the change of life and it has been a saviour of life unto me. I can cheerfully recommend it to all women, and I know it will give permanent relief. I would be glad to relate my experience to any sufferer."

Boarding Trains in Motion.

Passengers are to have an opportunity to board and leave trains which are in motion at the Paris exposition of 1900 by means of a new system devised by a French civil engineer. The idea was suggested by the moving sidewalk at the world's fair. The outer circumference of a circular platform is to travel at the same rate as the passing train. There will be no danger upon entering the platform from a staircase in the center, where the speed is comparatively low. In advancing toward the edge the increase is gradual, and anticipated. The station attendant overlooks the entire platform from a tower in the center, and should there be a heavy crowd he causes the train, by means of switches, to run around the station, allowing ample time to discharge and take on all passengers. It is proposed to work trains and platforms at a speed of 7 1/2 miles an hour.

AN ABOMINABLE LEGACY.

A tendency to rheumatism is undoubtedly inherited. Unlike many other legacies, it remains in the family. The most effectual means of checking this tendency, or of removing it, is to maintain a regular habit of exercise in the blood or, not, is to resort to Hostetter's Stomach Bitters as soon as the premonitory signs are felt. Nullifying the influence of cold, exposure and fatigue, the Bitters not only fortifies the system against their hurtful consequences, but subdues malaria, liver and kidney complaint, dyspepsia and nerve disturbance.

The Illinois Central railway is about to experiment with electricity as a motive power, with a view to its adoption on all the suburban lines of Chicago. It is said that both the third-rail and trolley systems will be tried exhaustively before a decision is come to on equipment.

AN OPEN LETTER TO MOTHERS.

We are asserting in the courts our right to the exclusive use of the word "CASTORIA," and "PITCHER'S CASTORIA," as our Trade Mark. I, Dr. Samuel Pitcher, of Hymms, Massachusetts, was the originator of "PITCHER'S CASTORIA," the same that has borne and does now bear the fac-simile signature of CHAS. H. FLETCHER on every wrapper. This is the original "PITCHER'S CASTORIA" which has been used in the homes of the mothers of America for over thirty years. Look carefully at the wrapper and see that it is the kind you have always bought, and has the signature of CHAS. H. FLETCHER on the wrapper. No one has authority from me to use my name except The Centaur Company of which Chas. H. Fletcher is President. March 8, 1897. SAMUEL PITCHER, M.D.

New York's first public convenience station will be an elaborate underground affair. It will cost \$25,000, and will be built under Mail street and the Broadway side of City Hall Park. It will be finished in marble, and when completed will be the finest thing of the kind in the world.

Anthropologists have ascertained that the Andaman islanders, the smallest race of people in the world, averages less than four feet in height, while few of them weigh more than 75 pounds.

DEAFNESS CANNOT BE CURED

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube gets inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O. Sold by druggists. 75c. Hall's Family Pills are the best.

A new steering device for ships controls the rudder by pneumatic pressure, the air being forced into a cylinder on either side of the rudder post by means of the steering wheel in the pilot house.

My doctor said I would die, but Piso's Cure for Consumption cured me.—A. M. Kellner, Cherry Valley, Ill., Nov. 23, '95.

A bereaved widower in St. Joseph, Mo., took unto himself a second wife before his first spouse was buried. The body of No. 1 had been temporarily placed in a receiving vault.

In every mile of railway there are seven feet and four inches that are not covered by the rails—the space left between them for expansion.

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CHILDREN'S FEETTING.
Has your little boy or girl's feet become sore and chafed? Do you think of dressing them in the best ready-made shoes? Twenty-five cents a pair. It is the best of all.

\$1000.00

Who will get it?
Schilling's Best tea is not only pure but it is-----?-----because it is fresh-roasted.
What is the missing word?

Get *Schilling's Best tea* at your grocer's; take out the *Yellow Ticket* (there is one in every package); send it with your guess to address below before August 31st.
One word allowed for every yellow ticket.
If only one person finds the word, he gets one thousand dollars. If several find it, the money will be divided equally among them.
Every one sending a yellow ticket will get a set of cardboard creeping babies at the end of the contest. Those sending three or more in one envelope will receive a charming 1898 calendar, no advertisement on it.

Besides this thousand dollars, we will pay \$150 each to the two persons who send in the largest number of yellow tickets in one envelope between June 15 and the end of the contest—August 31st.

Cut this out. You won't see it again for two weeks.

Address: SCHILLING'S BEST TEA SAN FRANCISCO.

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Price, only \$185.

The New Postal Cards.
When Mr. Wanamaker was postmaster-general he put on the market three sizes of postal cards. Under the rule of succeeding officials less solicitous to meet the public taste, two of those sizes have become obsolete, and only the biggest survives. The little blue postal card, the best-looking of the lot, was favored by many patrons of the post-office, who have lamented its disappearance. They will be glad to know, says Harper's Weekly, that the department, in ordering a new lot of cards, has contracted once more for two sizes, and that if the smaller size proves popular it will continue to be kept in stock.

Bernhardt is Angry.
Sarah Bernhardt has instituted criminal proceedings for libel against La Presse and M. Schumann, a French impresario, for having said that she retained 93 per cent of the receipts at a performance given in aid of the fund for the erection of a monument to Alexander Dumas.

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Dr. Sander's Electric Belt.
LORELLA, Klamath Co., Or., June 6.
DR. A. T. SANDEN:
Dear Sir—In regard to the effects of the Belt, will say that losses have, I think, entirely stopped. I feel greatly strengthened. The pain I wrote you at the end of my spine has stopped. I hold my own weight, and my appetite is good. At first using of the Belt my sleep was considerably disturbed, but now sleep is sound and refreshing. Most respectfully yours,
W. H. COPELAND.

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