IMPROVE THE TOWN.

ONE OF THE PRIME REQUISITES IS CLEANLINESS.

Beauty and Neatness Tend to Promote Good Health—Southampton, N. Y., Sets a Good Example—Benefits of Organized Effort—A Model Village.

One of the most active and beneficent village improvement associations in New York, if not in the country, is to be found at Southampton. The association was formed in 1884, and most of the prominent business men of the place are included in its membership. The object of the association is clearly stated in its bylaws:

"The Southampton Village Improvement association is formed to encourage, promote and carry on projects for the beautifying of the village of Southampton.

"The village being now noted for its salubrity, and for the existence of conditions in a high degree favorable to health, it will be a primary object of the association to take all necessary measures to keep its high sanitary reputation. To that end it will make efforts to exclude any source of disease or contagion, to especially insist that the lake and waters are kept pure and free from possible contamination by erroneous plans of sewerage, and to aid in enforcing all regulations of the local or state board of health.

"It is further the object of the association to encourage and promote measures for local improvement in the building or laying out of walks or roads, the planting and preserving of trees and turf, the adoption of other plans for beautifying the village and for increasing its facilities of access.

"The association depends for its funds upon small annual or other dues from its members, and upon donations from those interested in the maintenance of its plans."

How well the association has succeeded in its work is evidenced in the model village, which is the result largely of its labors. Sidewalks in perfect condition, streets sprinkled, roads kept in repair and beautified with shade trees, pavilions and docks built around the Agawam lake shore, signboards erected at street crossings, are among some of the results of the society's work. Points of interest in the village and vicinity are designated by signs, bearing a brief inscription of historic facts. For instance, the original settlement of the village called Old Town, where the first settlers of the town erected houses in 1640, is marked with a sign telling of that fact. The first cemetery in the town is thus designated: "Old Southampton Burying Ground. Opened 1640." The site of the first church, which was erected in 1642, is also described to visitors in the same manner, and the old fort used during the Revolutionary war also bears a tablet marking its location. The wood drives north of the village are also provided with guideboards.

Besides these, several of the society's employees were kept busy during the summer months patrolling the principal streets in the village for the purpose of removing waste paper, stones and other objectionable matter, and neatly painted barrels are placed at convenient points about the village bearing the inscription, "For the sake of neatness, deposit waste paper herein."

The average annual amount paid in by members of the society during the past ten years is about $400, but during the past season the funds were materially increased by an equestrian exhibition, given by the cottagers, the sum netted being nearly $600, and further by a bicycle meet, which added $430 to the treasury. With these additions to its funds, the executive committee has been enabled to add largely to its field of improvements. Street sprinkling carts were purchased, and the sprinkling of the streets added greatly to the public comfort, and the sidewalks, docks, pavilions and other property of the association were put in perfect order. After paying all indebtedness, the treasurer reports a balance on hand of $588.58 with which to commence the work of improvement next season.

One Town's Proud Record.

It is the proud boast of the people of the northern section of Cass county, Mo., the commercial center of which is the town of Pleasant Hill, that a mortgage has never been foreclosed on a farm in that part of the county and that no money lender has ever lost one dollar by investment there. It is a glorious record, bespeaking not only the great wealth of the soil, but the sterling honesty of the people.

Pleasant Hill is one of the sturdy little cities that go to make up Missouri's greatness. It is one of the most important shipping points in the state. Her citizens are wide awake and progressive, standing in the front rank of the army that is making the new Missouri.

He Read Newspapers.

"Have you observed," said a merchant to a customer, "the handsome advertisement I have on a fence between Red Cloud and Inavale?" "No," replied the customer, "but if you will send the fence around to my house I will try to read the announcement. I read the papers, and I haven't time to go around reading billboards." And the merchant scratched his head.—Red Cloud Chief.

The Road to Success.

Good soldiers don't cease firing as soon as an advantage is gained. Good advertisers keep "everlastingly at it" so long as there are customers to procure and new goods or special values to announce.—Printers' Ink.

A Good Definition.

An advertisement is a thing that represents a business man's goods and business at a place where the man and the goods are not.—R. L. Curran.

Republican Club Delegates.

Oswego—F. L. Mintie, G. W. Prosser, J. C. Haines, Dr. A. L. Saylor, A. J. Monk and J. W. Thomas.

Oregon City—C. H. Dye, H. E. Smith, J. U. Campbell, F. A. Toepelman, T. P. Randall, Charles Meserve, Geo. F. Horton, S. M. Ramsby, C E. Cross, E. E. Charman, T. F. Ryan, Thomas Campbell, W. H. Howell, Charles Babcock and Bruce Zumwalt.

Milk Creek—W. E. Bonney, F. M. Manning, Chas. Holman, C. T. Howard.

Maple Lane—Jas. Watkins, John Davis, John Darling, J. Priester, J. L. Swafford.

Leland—Geo. C. Brownell.

Clackamas county has 14 clubs and is entitled to 65 delegates to the state convention at Portland next week.

Daily Health Laws.

Don't eat so rapidly.

Sit on a chair and be quit after eating. Your stomach is not a cool bin.

When you feel uncomfortable after eating you have eaten too much, and you need Joy's Vegetable Sarsaparilla.

If you suffer from rheumatism watch the sheets. Don't get between them; if damp dry them.

Cure your rheumatism with Joy's Vegetable Sarsaparilla.

Keep flies out of your house; they are germ carrieas.

Wear flannel undergarments.

Keep your feet warm; your head cool.

When your blood is thin you feel cold in he st change. When your blood is thin take Joy's Vegetable Sarsaparilla; it will make your blood red, rich and thick.

Yes, it will do to take Joy's Vegetable Sarsaparilla now.

When you get off your bicycle after a long warm run, put on a coat.

If you are going on a trip take Joy's Vegetable Sarsaparilla.

Strange food mades strange stomachs. Joy's Vegetable Sarsaparilla reaches the stomach, cleanses the stomach, and renews the stomach.

No appetite? Take Joy's Vegetable Sarsaparilla. Keen appetite.

Accept nothing but the genuine when you ask for Joy's Vegetable Sarsaparilla.

Consumption Can be Cured

by the use of Shiloh's Cure. This great Couge Cure is the only known remedy for that terrible disease. For sale by G. A. Harding.

Karl'slover Root Tea purifies the blood, and gives a clear and beautiful complexion

An Old Soldier's Recommendation.

In the late war I was a soldier in the First Maryland Volunteers, Company G. During y of service I contracted chronic diarrhœa. Since then I have used a great amount of medicine, but when I found any that would give me relief it would injure my stomach, until Chamberlain's Colic, Cholera and Diarrhœa Remedy was brought to my notice. I used it and will say it is the only remedy that gave me permanent relief and no bad results follow. I take pleasure in recommending this preparation to all of my old comrades, who while giving their services to their country contracted this dreadful disease as I did, from eating unwholesome and uncooked food. Yours truly, A. E. Bending, Halsey, Oregon. For sale by G. A. Harding, Druggist.

Captain Sweeney, U.S. A.

San Diego, Cal., says: "Shiloh's Catarrh Remedy is the first medicine I have ever found that would do me any good." Price 50c. For sale by G. A. Hardtng.

A Great German's Prescription.

Diseased blood, constipation, and kidney, liver and bowel troubles are cured by Karl's Clover Root Tea. For sale by G. A. Harding.

All Recommend It.

Ask your physician, your druggist and your friends about Shiloh's Cure for Consumption. They will recommend it.

Some time ago Mr. Simon Goldbaum of San Luis Rey, Cal., was troubled with a lame back and rheumatism. He used Chamberlain's Pain Balm and a prompt cure was effected. He says he has since advised many of his friends to try it and all who have done so have spoked highly of it. It is for sale by G. A. Harding, Druggist.

Economy is something that everybody tries to practice, and yet just a little oversight will sometimes rob the most frugal and thrifty family of a year savings. You want to do as J. P. Hickman, of Monticello, Ga., did. He writes, "For six years I have kept Simmons Liver Regulator in my home, and used it in my family and have had no need for a doctor. I have five as healthy children as you can find.".

Catarrh Cured.

Health and sweet breath secured by Shiloh's Catarrh Remedy. Price 50 cents. Nasal Injector free.

The Best Cough Cure

is Shiloh's Cure. A neglected cough is dangerous. Stop it at once with Shiloh's Cure. For sale by G. Harding.

For 50 Cents.

The Oregon Courier will be sent to any address from now until after the votes are counted at the June election. Now is the time to subscribe as the committees and nonimating conventions will soon meet.

It is easy to humbug a man once. When he has been persuaded into buying cheap, inferior whiskey he never does it again if he can help it. Inferior whiskey is disgusting, poisonous and unsatisfactory in every way. Besides it is dangerous to health and comfort. Don't buy whiskey at random. The risk is too great. Get a high-grade liquor that has been tested and proved. The I. W. Harper, Nelson county, Ky., whiskey has made a reputation by its excellence. It is invariably good and can always be depended upon. Sold by Hill & Cole, Oregon City, Oregon.

TEACHERS' MEETING.

The regular monthly meeting of the Clackamas County Teachers' Association was held in the schoolhouse at Barlow Saturday, January 25.

Following is a list of teachers present:

Supt H S Gibson,	S W Holmes,
Geo L Story,	A C Strange,
J W Gray,	T J Gary,
W G Beattie,	E M Ward,
W H Dobbyns,	Arthur Holden,
T L Coleman,	C E Cone,
W L Keiser,	Katie Runke,
Bertha Sumner,	Maggie Williams,
Joanna Peter,	Aletha Phelps,
Helen Taylor,	Jennie E Rowen,
Mollie Talbert	Agnes Matlock,
Fannie G Porter,	Hattie Wetherell,
Hattie Monroe,	Nellie Younger,
Elgiva Mullan,	Laura Beatty,
Maggie L Hampton,	Bertha M Gibson.

The meeting was called to order at the usual time by Supt. Gibson.

The minutes of last meeting were read by the secretary, Fannie G. Porter.

The semi-annual election of officers resulted as follows:

Vice-president, E. M. Ward; secretary, Fannie G. Porter; treasurer, A. C. Strange; editor, Bertha M. Gibson.

Miss Mullan and Mr. Ramsby played a beautiful violin and organ duet.

A. C. Strange spoke on "Results to be Secured in School." "The results we hope to attain comprise every hope of the profession. It is not possible to measure the work of a real teacher. It is possible to spend a great deal of time in reading, yet acquire very little knowledge thereby. One should read something good to remember. One of the greatest results of teaching is the development of mind. 'Habit is but another name for character.'"

Miss Jennie Rowen recited "Ben, the Waif" in her usual pleasing style.

"How to Teach Writing" was the subject assigned to T. L. Coleman. "The pupils should be taught to write well, and to write rapidly." Mr. Coleman illustrated his method of teaching the formation of different letters.

C. M. Ramsby sang "A Letter from Home" with much expression.

It was decided to hold the next association meeting at Parkplace, and Mr. Gray, Miss Phelps and Miss Monroe were asked to prepare a suitable program.

Association adjourned until 1:30 p. m.

AFTERNOON SESSION.

Called to order by Supt. Gibson.

The audience were delighted with instrumental music furnished by Miss Mullan and Mr. Ramsby.

Miss Bessie Shephard recited "Alaska."

"History" was the subject assigned to Geo. L. Story. "The principles of our government demand that the masses of the people shall be educated. The study of history teaches the struggles of our forefathers for constitutional liberty. History comprehends all that is best and greatest in human development. Cromwell and John Hampden paved the way for the American Revolution." Mr. Story believes that history is one of the most important bratches of study. "The knowledge of what has been done in the past should prove a safe guide for the future."

Messrs. Keiser, Gary, Gray, Holmes, Ward, Strange and Supt. Gibson also spoke on this subject.

Miss Veva Tull sang a beautiful song.

T. J. Gary spoke on "The Best Discipline." "If it were possible for a teacher to read the character of each of his pupils, the use of the rod would be unnecessary. It is something necessary to enforce order. The best discipline is an active means to the improvement of the mind and mora s of the pupils."

Messrs. Strange, Story, Holmes, Gibson and Ward spoke briefly on this subject.

Messrs. Parmenter, C. U. Barlow, Kocher, Irvin and others spoke words of encouragement to the teachers.

On motion association adjourned to meet at Parkplace the last Saturday in February.

BERTHA M. GIBSON.

Before Subscribing for a Magazine

See the Best,

DEMOREST'S

AN UNPARALLELED OFFER.

DEMOREST'S CUT PAPER PATTERNS are the most practical on the market. They are of any size that any member of a household could require. In each copy of the magazine is printed a coupon entitling the subscriber, or purchaser, to a pattern (worth and regularly sold for 35c.) or any number of patterns for four cents each to cover package and postage. When the value of the patterns is considered actually gets

DEMOREST'S MAGAZINE FREE

And what a magazine it is! For 1896 it will be more brilliant than ever before. New management, new methods, new ideas. Each copy contains an exquisite reproduction in colors of some celebrated picture by a famous artist, worthy to adorn the walls of the most refined home. It is affirmed that DEMOREST'S is the only complete family magazine published combining all of the most excellent points of its contemporaries besides having inimitable features of its own. DEMOREST'S is actually a dozen magazines in one.

It is a Digest of Current Events and Ideas for the busy man or woman, a Review and Storehouse of Interest for all. Wives, mothers, sisters and daughters can find exactly what they need amuse and instruct them, also practical helps in every department of domestic and social life, including the furnishing and ornamenting of the home, embroidery, bric-a-bac, artistic and fancy work of all kinds, etc., and suggestions and advice regarding the well-being and dressing of their own persons.

The scope of the articles for 1895 and 1896 will cover the whole country and its varied interests, and the articles will be profusely illustrated with the finest engravings, and, in addition, it will publish the best and purest fiction. It treats at length Out-of-Door Sports, Home Amusements and Entertainments; it gives a great deal of attention to the Children's Department, and "Our Girls," and has a monthly Symposium by Celebrated People, in which are discussed important questions of the hour of interest to the oldest readers.

Let us have your subscripiion at once. You get more value for your money than it is possible to secure in any other magazine.

The Magazine one year for $2.00,
Or Six Months for - - - $1.00.

(Over 250 different garments are shown each year, patterns of all of which are obtainable by subscribers at 4c each.) Sample copy (with pattern coupon) sent for 10c.

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110 Fifth Avenue, New York.

A LIBERAL OFFER: Only $3 for the OREGON COURIER and Demorest's Family Magazine. Send your subscriptions to this office.

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BERTHA M. GIBSON.

is a sure cure for Headache and nervous diseases. Nothing relieves so quickly.

Dr. Price's Cream Baking Powder
Awarded Gold Medal Midwinter Fair San Francisco.

A Fact Worth Knowing.

Consumption, LaGrippe, Pneumonia, and l l Throat and Lung diseases are cured by aShiloh's ure.

For Dysepepsia.

dLiver Compla a teeon every bot neer tail. Shilh'Vialn cure.

The Ills of Woman.

onstipation, causes more than half the ills of women. Karl's Clover Root Tea is a pleasant cure for Constipation.

It Saves Lives Every Day.

Thousands of cases of Consumption. Asthma, Coughs, Cold and Croup are cured every day by Shiloh's Cure.

h n o r h o u n d s y r u p R e m e d y is famous or its cures of bad colds. It opens the secretions, relieves the lungs and aids nature in restoring the system to a healthy condition. If freely used as soon as the cold has been contracted, and before it has become settled in the system, it greatly lessens the severity of the attack and has often cured in a single day what would have been a severe cold. For sale by G. A. Harding, Druggist.

All parties knowing themselves in debt to Charman & Son will please call and settle.

When Baby was sick, we gave her Castoria.
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria

CURED AT 73 YEARS.

Dr. Miles' New Heart Cure Victorious.

No other medicine can show such a record. Here is a veritable patriarch, 73 years of age, with strong prejudice to overcome, who had *Heart Disease 15 years.* He took the New Heart Cure and is now sound and well.

SAMUEL O. STONE.

Grass Lake, Mich., Dec. 28, 1894.

I have been troubled with heart disease 15 years or more. Most of the time I was so bad it was not safe for me to go out alone, as dizzy spells would cause falling. I had severe palpitation, shortness of breath and sudden pains that rendered me helpless. All physicians did for me was to advise keeping quiet. In August last I commenced taking

Dr. Miles' New Heart Cure,

and before I had finished the first bottle I found the medicine was a God-send. I have now used four bottles in all and am feeling entirely well I am 73 years of age and have held a grudge against patent medicines all my life, but I will not allow this to prevent giving my testimony to the great cure your valuable remedy has wrought in me. I do this to show my appreciation of Dr. Miles' New Heart Cure. SAMUEL O. STONE.

Dr. Miles Heart Cure is sold on a positive guarantee that the first bottle will benefit. All druggists sell it at $1, 6 bottles for $5, or it will be sent, prepaid, on receipt of price by the Dr. Miles Medical Co., Elkhart, Ind.

Dr. Miles' Heart Cure Restores ...Health.

Oregon Central & Eastern R. R. Company.

Proceeding of December Term Last Week.

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Steamship "Faallon"

A 1 and first-class in every respect. Sails from Yaquina for San Francisco about every eight days.

Passenger accommodations unsurpassed.

Fare from Albany or points west to San Francisco:

Cabin	$12 00
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EDWIN STONE, Mgr.,

CASTORIA

for Infants and Children.

MOTHERS, Do You Know that Paregoric, Bateman's Drops, Godfrey's Cordial, many so-called Soothing Syrups, and most remedies for children are composed of opium or morphine?

Do You Know that opium and morphine are stupefying narcotic poisons?

Do You Know that in most countries druggists are not permitted to sell narcotics without labeling them poisons?

Do You Know that you should not permit any medicine to be given your child unless you or your physician know of what it is composed?

Do You Know that Castoria is a purely vegetable preparation, and that a list of its ingredients is published with every bottle?

Do You Know that Castoria is the prescription of the famous Dr. Samuel Pitcher. That it has been in use for nearly thirty years, and that more Castoria is now sold than of all other remedies for children combined?

Do You Know that the Patent Office Department of the United States, and of other countries, have issued exclusive right to Dr. Pitcher and his assigns to use the word **"Castoria"** and its formula, and that to imitate them is a state prison offense?

Do You Know that one of the reasons for granting this government protection was because Castoria had been proven to be **absolutely harmless?**

Do You Know that **35 average** doses of Castoria are furnished for **35 cents,** or one cent a dose?

Do You Know that when possessed of this perfect preparation, your children may be kept well, and that you may have unbroken rest?

Well, these things are worth knowing. They are facts.

The fac-simile signature of Chas. H. Fletcher is on every wrapper.

Children Cry for Pitcher's Castoria.

NERVE SEEDS FOR WEAK MEN

This Remedy cures quickly, permanently all nervous diseases, Weak Memory, Loss of Brain Power, Headache, Wakefulness, **Lost Vitality,** Nightly Emissions, evil dreams, impotency and wasting diseases caused by youthful errors or excesses. Contains no opiates. Is a **nerve tonic** and **blood builder.** Makes the pale and puny strong and plump. Easily carried in vest pocket. $1 per box; 6 for $5. By mail, prepaid, with a written guarantee or money refunded. Write us, free medical advice, sealed plain wrapper, with testimonials and Physicians' opinions. No charge for consultations. Beware of imitations. Address NERVE SEED CO., Masonic Temple, Chicago.

For sale in Oregon by HUMAN & CO.

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MANHOOD RESTORED "CUPIDENE"

This great Vegetable Vitalizer, the prescription of a famous French physician, will quickly cure you of all nervous or diseases of the generative organs, such as Lost Manhood, Insomnia, Pains in the Back, Seminal Emissions, Nervous Debility, Pimples, Unfitness to Marry, Exhausting Drains, Varicocele and Constipation. It stops all losses by day or night. Prevents quickness of discharge, which if not checked leads to Spermatorrhœa and all the horrors of Impotency. **CUPIDENE** cleanses the liver, the kidneys and the urinary organs of all impurities.

CUPIDENE strengthens and restores small weak organs.

The reason sufferers are not cured by Doctors is because ninety per cent are troubled with **Prostatitis.** CUPIDENE is the only known remedy to cure without an operation. 5000 testimonials. A written guarantee given and money returned if six boxes does not effect a permanent cure. $1.00 a box, six for $5.00, by mail. Send for FREE circular and testimonials.

Address **DAVOL MEDICINE CO.,** P. O. Box 2076, San Francisco, Cal. *For Sale by* George A. Hardingru

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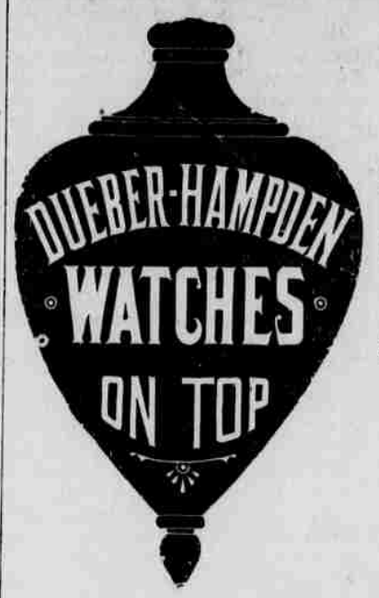

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The New Way East.

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The Short Route To Points In

Washington, Idaho, Montana, Dakotas, Minnesota and the EAST.

Through Tickets On Sale To and From Chicago, Philadelphia, St. Louis, Washington, Boston, New York

And ALL POINTS in the U. S., CANADA and EUROPE

The Great Northern Railway is a new Transcontinental Line. Runs Buffet-Library Observation cars, Palace Sleeping and Dining cars, Family Tourist Sleepers and first and second-class coaches. Having a rock ballast track the Great Northern Railway is free from dust, one of the chief annoyances of transcontinental travel. Round trip tickets with stop over privileges and choice of return routes.

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ONE GIVES RELIEF.

Children Cry for Pitcher's Castoria.