Highest of all in Leavening Power.—Latest U. S. Gov't Report

Royal Baking Powder

ABSOLUTELY PURE

A TRUE FISH STORY.

It Is a Connecticut Product and Relates to a Lost Bracelet and an Eel.

Savilian Beebe of this place made a big haul with his eel spear a few days ago. Last July among the people who sojourned at Essex was a wealthy Cincinnati family. A young lady member of this family went out boat riding one evening, and during the trip she lost a valuable bracelet from her arm.

The bracelet was in the form of a gold chain that fastened with a hook. The young lady was very much distressed over the loss of the ornament, and she offered a reward of $20 for its recovery. Fishermen searched the river bottom for it in vain.

A few days ago Beebe, who usually makes about two eeling trips to the Connecticut river during the winter, hitched up his horse and drove down. The ice was rather thin on the old eeling ground, and Beebe was obliged to go about a mile up the river to Brockway's bend. Here the ice was soft, and Beebe began work. He worked all day like a beaver and succeeded in getting but one very small eel.

The next morning he decided to have fried eel for breakfast anyhow. He took the eel down from the nail on the side of the house, where he had hung it the night before. It was frozen as stiff as a marline spike, but he took it out into the woodshed, and in less than a minute he had its hide off.

He then ran his knife into the eel's throat and shoved it toward its tail. When about half way down, the point of the knife struck something that refused to be cut in two. He slashed into the eel's middle. To his astonishment, a long metal chain, as bright as if new, lay lengthwise of the stomach.

He showed the chain to his wife. Mrs. Beebe took the thing and examined it. On the heel of the clasp the name of the young woman who lost the bracelet last summer was engraved. The circumstances of the lost bracelet were known to the people of Salem, and after breakfast Savilian hitched up his horse and headed for Essex, where he delivered the bracelet to the people with whom the Cincinnati family boarded and received the $20 reward.—Salem (Conn.) Special.

PEACEABLE SNAKE INDIANS.

Young Chief Delivers an Eloquent Address Replete With Love For the Whites.

A delegation of Snake Indians visited the red men of the Umatilla reservation recently. When they started for home, Young Chief delivered the following eloquent farewell address to his visitors:

"We part tonight. Not as before, for once hate was between us. Now there is love. Once war; now peace. Once we swung the tomahawk and aimed the deadly rifle at each other's hearts. Now the pipe of peace we smoke to show that the past is passed and buried. In other ways it is different. There was a time when some of us lay in ambush against the whites. But we have all put aside the implements of war and cultivate the arts of peace. Our fathers swore eternal vengeance on the palefaces. This was because of the tradition handed us by them of an invasion of trappers and traders who valued not the Indian's life. They went to the sea and found their friends at Astoria by the great water and left some to mourn their Indian dead. But we live side by side with him now, and from the rising to the setting sun we know no foe for whom we would put on the warpaint and ride forth to return with scalps hanging at our belts. Our ponies no more carry us to bloody attack. We own the great father at Washington as our great chief. Him we obey. The past is forgotten. Major Jim, go to your people and say Young Chief sends them peace and good will."—Portland Oregonian.

MEDALS FOR BRAVERY.

King Oscar Sends Rewards to Two Gallant American Seamen.

F. K. Borden of 520 South Front street, formerly chief officer of the bark S. G. Bowart, was presented last week through the Swedish and Norwegian consul with the King Oscar medal of the second class for his gallantry in saving the crew of the Norwegian bark Anunda of Christiania, Captain W. J. Larsen. Seaman Patrick Mulvaney, who volunteered to row Mr. Borden off to the waterlogged wreck, received a medal of the third class from King Oscar.

The Bowart fell in with the Anunda off the coast in February, 1893. The latter was in a sinking condition, and although a heavy sea was running and it was hazardous to launch a boat even Mr. Borden volunteered to try to rescue the crew. Seaman Mulvaney offered to go with him, and the two managed to get alongside the derelict and took off Captain Larsen, his officers and crew. The shipwrecked men had given up all hopes when the Bowart hove in sight, and even then thought the sea too heavy for a rescue. The medals are of silver, with the head of King Oscar on one side, on the other the name with the motto "For humanity" in Norwegian.—Philadelphia Times.

Royal Flapdoodle.

The United States representative for the first time took his place in the highest rank this week at the royal social functions. Mr. Bayard stood last but one in the small group of embassadors that flanked the Prince of Wales at the queen's levee. The prince on formal occasions like this is no less strict than the queen herself in all matters of etiquette. He prescribes even the smallest details of dress. Americans who wear ordinary evening dress at levees were notified recently to wear white studs and plain white gloves instead of with black braid. His royal highness is quick to detect the slightest irregularity. He noticed some fault in the uniform of a British army officer presented on Monday and embarrassed the man beyond measure by remarking in a low tone when greeting him, "Nothing like that," indicating his meaning by a slight gesture.—Cor. New York Sun.

His First Visit.

"It seems very swampy along here," observed the New Yorker, looking languidly out of the car window. "How much farther is it to Chicago?"

"You've been in Chicago half an hour," said the conductor majestically.

"Good gracious! I don't see any residences."

"You must be nearsighted, sir. I can see the dwelling of one of the oldest families in Chicago not half a mile away."

"I—I can't see it at all. What's their name?"

"Muskrat."

"Bless my soul!"—Chicago Tribune.

TOTAL PARALYSIS.

PHYSICIANS ARE ASTOUNDED BY A PECULIAR CASE.

A Young Man Is Stricken With Landry's Paralysis and Is Cured In Eight Months.

From the Times, Philadelphia, Pa.]

Stricken with Landry's Paralysis and yet cured. That means but little to the averge layman but it means a miracle to a physician. Such is the experience of O. E. Dallimore, now a resident of Madison, N. J., and a rare experience it is.

"Yes, it's true that I had Landry's Paralysis," said Mr. Dallimore to a reporter, "or else the most celebrated physicians of London were mistaken.

"It was on the 15th of March, this year," he continued, "when I was in New York city, that I first felt the symptoms of my trouble. I had experienced difficulty in going up stairs, my legs failing to support me. I consulted a physician who informed me that I had every symptom of Locomotor Ataxia, but as the case dyeloped he pronounced it a case of Landry's Paralysis, and knowing the nature of the disease advised me to start for my home and friends. I gave up my work and on April 1st started for London, Ont. A well-known physician was consulted, but I grew rapidly worse and on Saturday, April 7, several eminent physicians held a consultation on my case and informed me that I was at death's door, having but three to six days to live, still I lingered on, by this time completely paralyzed, my hands and feet being dead, I could hardly whisper my wants and could only swallow liquids. Oh, the misery of those moments are beyond all description and death would really have been a welcome visitor.

"Now comes the part that has astounded the physicians. Rev. Mr. Gondy, a clergyman who had visited me in my last hours, as he supposed, told me of the marvellous cures of paralysis that had been performed by Dr. Williams' Pink Pills for Pale People. I started to take the pills about April 28 and a week after that felt an improvement in my condition. There was a warm, tingling sensation in the limbs that had been entirely dead and I soon began to move my feet and hands, the improvement continued until May 28 when I was taken out of bed for a drive and drove the horse myself. By the beginning of July I was able to walk upstairs alone and paid a visit to Niagara.

"Slowly but surely I gained my old health and strength, leaving Ontario for New York on October 11 and beginning my work again on October 26, 1894. Cured of Landry's Paralysis in eight months." To confirm his story beyond all doubt, Mr. Dallimore made the following affidavit.

Sworn and subscribed before me December 3, 1894. Amos. C. Rathbun,
(Seal.) Notary Public.

Dr. Williams' Pink Pills contain all the elements neacessary to give new life and richness to the blood and restore shattered nerves. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50 cents a box, or six boxes for $2.50.

HIS SILENT BRIDE.

She Vowed Never to Speak to Him Again, but Married Him Just the Same.

About 18 months ago Mrs. Cartell was Miss Fannie Brambley, a beautiful young lady of 18 years, and Jerry Cartell was her favored suitor. But, as is generally the case with young lovers, a quarrel arose between them, and in the heat of passion Miss Fannie angrily bade her lover leave her presence and vowed by high heaven she would never speak to him again. The disconsolate lover took his departure, but as he fairly worshiped the girl he ardently set about to effect a reconciliation. At last in answer to a pitiful, pleading letter Miss Fannie relented and penned to him a loving, forgiving message.

Overjoyed at the happy termination of affairs, he hurried to the home of Miss Fannie and was received warmly and affectionately, but without a word of welcome. Taking a tablet and pencil from a desk, she began a written conversation as though she could not speak a word. She is very devout, a member of the Methodist church, and was firmly impressed with the idea that if she should break her rash vow God would punish her by striking her dumb, when she could speak to no one.

The courtship proceeded with pencil and paper for several months, and then they were joined together in the holy bonds of matrimony. During their married life of nearly a year Mrs. Cartell never spoke to her husband until some days ago.

Last Christmas Mr. Cartell made his wife a present of a handsome and costly pair of vases. The other morning the husband was bringing in an armful of wood and struck one of the vases and knocked it to the floor, where it broke into a hundred pieces.

"Oh, Jerry, look what you have done!" cried Mrs. Cartell.

She was horribly shocked at speaking to her husband and believed that she had been stricken dumb. To ascertain the correctness of her belief she spoke to him again and was overjoyed to discover that her organs of speech had not been in the least impaired.

In the happiness of again hearing his wife speak to him Jerry folded her in his arms, wept tears of joy and thanked God for the breaking of the vase. Mr. and Mrs. Cartell feel as if a cloud had been lifted from their home, and there is not a happier couple today in Dyer county.—Trimble (Tenn.) Correspondent.

Saved His Money.

A notable example of Scotch thrift is recorded of a Mr. McCatarack, who was driving a fast horse in a trap with a friend. The horse bolted, and the friend exclaimed:

"I'd give £10 to be out of this!"

"Hold your tongue, man," replied Mac. "Ye'll be out for nothing in less than a minute!" a prediction which proved true.—Glasgow Exchange.

Kept Pace With the Country.

"When that man came to Chicago, sir, he couldn't write his name. And now he's worth millions."

"I suppose he has learned to write by this time."

"Write! That man, sir, wields the finest cattle pen in Chicago!"

WOMAN'S WORLD.

GOOD SHOWING MADE BY WOMEN IN THE CIVIL SERVICE.

Woman In Public Affairs—The Bicycle Made Useful—Women Doctors For Insane Women—Dressing the Bride—Legislation For Women.

Time, according to the latest—ninth—published report—1891-2—of the United States civil service commission, has brought about a decided increase in the chances for women who wish to enter the public service. The civil service law practically went into effect in 1883. The report for 1884 stated that while the "law" made no distinction on account of sex the "appointing power" had this far used its discretion in the selection from the list of eligibles of less than one-sixth as many women as men, although a larger proportion of female than male competitors passed. During the fiscal year 1890-1 147 women were appointed to the classified departmental service—exclusive of 122 printer's assistants in the bureau of printing and engraving. During the same period 776 men were appointed or a proportion of women to men of somewhat less than 1 to 5. In the year 1891-2—the period covered by the present report—the number of women appointed in corresponding departments was 86 and of men 245, showing a proportion of women to men of a little more than 1 in 3, a very decided gain for women. While the commission naively expresses itself as unable to account for this change of animus on the part of the appointing powers it comments on the fact as one of general interest and suggests that it "probably shows that the prejudice which has heretofore existed to some extent against the appointment of women to the classified service is gradually disappearing."

When, however, the lists of tables of promotions are scrutinized, we feel that the mystery is partly explained. By executive order December, 1891, promotions were put on the basis of the efficiency records kept in the departments and the close competitive tests which have supplemented these records. These show that when women in the public service have a fair and even chance with the men they win their full share of the more lucrative and responsible positions. It has been noticed that this is especially true with reference to those who have come into the service through the competitive examinations of the commissions.

That the extension of the merit system is the main explanation of the remarkable increase in the number of women appointed and promoted in the classified civil service is disclosed by the elaborate tables incorporated in this report. At the civil service examinations throughout the country a higher general average of marks is secured by women than by men, except in the more difficult technical examinations, where as a rule women do not compete—"when they do the showing is decidedly in favor of the men." The earlier reports of the commission did not always indicate the sex of competitors, but a table has been prepared which gives the ratio of women to the whole number examined, as well as their ratio to the whole number who passed the examinations for different branches of the service from January, 1886, to June 30, 1892. We find that whereas the women were only 12 per cent of the number examined, over 77 per cent of women passed as against some 60 per cent of the men. The men's record is improved, however, the general proportion being raised to 62 per cent, if we add the examinations for the railway mail service, for which women are ineligible.—New York Post.

Woman In Public Affairs.

The United States senate on Feb. 15 discussed a bill providing for town sites in Oklahoma. Senator Peffer offered an amendment to change the words "qualified electors" to "all citizens of the United States." Senator Blackburn opposed the amendment on the ground that "it would make every woman as well as every man in that territory a qualified voter." Senator Peffer said:

"Mr. President, my intention is very plain. I intend to avail myself of every opportunity to strike out the word 'male' where that word remaining would interfere in any way with the rights of females. The time has come when we need the help of women in public affairs. If there is any portion of the human family that more than another is interested in the home, it is the women—our mothers, our wives, our daughters. Every young man when he searches for a wife and makes a selection does it believing that he has not only selected the best woman in the world, but one who is his equal in every respect. There is not one man in a family in every 100,000, if he is worthy of the name of a man, who does not believe that his wife is fully his equal in taking care of all the interests of the family, in looking after the children while they are young, and who does not know that after the boy and the girl have left the parental roof her sympathy, her love, her affection, her prayers and her tears follow them wherever they go. I repeat, Mr. President, whenever I have a favorable opportunity I propose to avail myself of it and give to woman—God bless her!—every advantage, every right and every privilege that I enjoy."

The amendment was lost—15 to 42.

The Bicycle Made Useful.

I believe the wheel will yet be responsible for many changes and advancements in women's dress that we are not yet prepared for. And the time is soon coming when a woman on a wheel will excite no more comment, no matter how outre her dress, than would be excited by the same woman afoot. Women need this exercise more than men. There are many women who have more time to ride than men. There are thousands of women living near towns or villages who perhaps have horses, who do not get the exercise or go down town as often as they would. The men folks are away, "nobody to hitch up, got to dress, etc., and we'll let it go until tomorrow."

Even the short mile or less is more than she cares to undertake for the desire. But give that same woman a wheel, and the mile is reduced to less than a quarter. The little ride can be made a pleasure. She can do the shopping or go to the postoffice and take pleasure in it and not miss the time, and the bit of exercise, so different from any other, will do her good. Many women will get interested in riding by learning at seaside and summer resorts. When time hangs rather heavy and there is but little going on, they will learn to ride. And once knowing its practical side they will be loath to give it up, even if it has not the exact approval of their set. The middle aged women, so hard to get interested in anything that needs physical exertion, and at a time of life when they need it the most, will find this an interesting way of getting that exercise and doing something at the same time, for there is always something to do and somewhere to go.—Boston Herald.

Women Doctors For Insane Women.

A bill is pending in the Virginia legislature for the election of a woman physician for each of the insane asylums of the state, to have charge of the female departments therein. It is practically the same bill that passed the house two years ago almost without dissent. There is considerable agitation over the matter. Mrs. Sallie G. Gibboney of Tazewell, who for six years was matron and housekeeper in an insane asylum, has written a convincing letter to the Richmond Dispatch in behalf of the measure. It is strongly supported by the Norfolk Landmark, the Broadway Enterprise and the Staunton Vindicator. The latter paper says:

The movement in Virginia has grown in the two years that have passed since one house of the legislature delayed the reform, in opposition to the almost unanimous voice of the other house and of the people, and we look with confidence to the passage of the bill this session. Make the bill for the election of women physicians mandatory, make it fix their status as in charge of the female departments, and not to be subordinated by the superintendents by being placed under male assistants, and you will have no trouble getting southern women physicians. At one college alone, the Woman's Medical college of Pennsylvania, located in Philadelphia, there were five southern women graduated last June, and there are now there 13 women, four of them Virginians, completing their medical studies.

Dressing the Bride.

Very heavy white satin is used for the wedding gown, writes Isabel A. Mallon in The Ladies' Home Journal. The skirt, which is quite plain in front, has a flare about the lower part, the result of there being two full plaits on each side of the broad gore. In the back there are two double box plaits that fall far down, spread out and extend through the train, which is very nearly a yard long. The bodice is a pointed one, laced in the back, is high in the neck and has over its white satin collar folds of white tulle, caught at one side with a tiny bunch of orange blossoms. The sleeves have enormous puffs of the satin that reach quite to the elbows, and below that they fit in to the arms, and each comes down in a point over the hand. Folds of tulle outline this point. Over each shoulder is an elaborate epaulet of orange blossoms. The hair is arranged quite high and pinned closely and very firmly to the head, and the veil, which is fastened on under a wreath of orange blossoms, extends to the edge of the skirt in front and over the entire length of the train at the back. It is necessary in arranging this veil to remember that while it is worn over the face going up the aisle of the church it is thrown back after the ceremony in such a way that the bride may look her best when the veil is off her face.

Legislation For Women.

"Is Legislation Needed For Women?" is the title of a very agreeable and earnest paper read before the women's parliament of southern California at Los Angeles. Its author is Mrs. Mary Lynde Craig, editor of the women's department of The Citrograph of Redlands, Cal. Mrs. Craig suggests that it would be better if California women would read less of Greek and Roman history and more of the California codes. She calls for legislation by which women will be admitted to the ballot box as they are now admitted to the prison and the tax list. To show that they need to vote Mrs. Craig points out that under the California code (1) a married woman, in order to become a sole trader, that she may feed and clothe and educate her children, must first prove as much against her husband as she would have to prove to secure a divorce from him and must also tell why she does not ask for a divorce. (2) All property acquired by a woman after marriage, other than by gift, devise or descent, becomes community property, over which the husband has the sole management and control. (3) That mothers have no share in the ownership and control of the children.

Mme. Maria Deraismes.

Mme. Maria Deraismes, who for 30 years had been an obstinate defender of the principle of equality with man of woman "before the law, before society and before life," lately died in Paris. She was born in Paris in 1835. In 1872 she published "Eve Contre M. Dumas," in 1875 "Le Theatre de M. Sardou," wittily written protests against the parts given to women in the plays of these two masters of the bourgeois drama. She published in 1885 "Epidemie Naturaliste." She was an indefatigable contributer to L'Epoque, Le Grand Journal, Le Naino Jaune and Le Republican de Seine-et-Oise. She studied science, music and painting, she learned Greek and Latin, she accumulated information on a great variety of subjects, and her aim was to demonstrate by her individual evidence the universality of feminine inteligence. She was a member of the Societe des Gens de Lettres and honorary president of the United Societies of Libre-Pensee in the department of Seine-et-Oise.—Paris Letter.

Chicago's Woman Engineer.

Chicago now has a woman engineer, who has successfully passed the ordeal of a rigid examination. A contemporary says she was not let off easily either because she was a woman. In fact, the writer says her examinaiton was, if anything, a little more severe than usual. The young woman walked into the board of examiners' room in the city hall, presented her application in a manly way, deposited the official fee—$2—and then made her way into the line of the applicants to await her turn. Among other questions she was asked as to the size of the blowoff required for a seven horse power engine and what she would do if the valves stuck fast. When the examination was finished, the examiners wrote at the end of her paper "accepted," and Miss de Barr is now a full fledged licensed steam engineer.—Delaware Twilight.

Gentlewomen Required as Nurses.

One of the growing institutions of Pittsfield is the Bishop Training School For Nurses. The hospital has 50 beds and the training school accommodations for 40 nurses. The nurses enter for a two years' course, receiving the first year $8 per month and the second year $12 per month, besides board, washing and instruction. The junior, or first year nurses, take care of the patients, as the bedside instruction is the most important part of their training. The senior nurses, after being in the hospital one year, are sent out to care for sick people at the request of the physicians or where the superintendent shall choose to send them. Applicants must be at least 20 years of age, of sound health, good moral character and have a good common school education.—Pittsfield (Mass.) Letter.

At Homes.

The effect of being born to the royal purple is evidently enervating. At one of the English drawing rooms last year the heat and crowd were so great that the poor vice queen, Princess Christian, finished her duties in an almost fainting condition. To prevent any such disastrous result again the number of presentations this spring is to be limited to 200 at each reception. Meanwhile the first ladies of our republic set a brilliant example by holding weekly receptions, at which it is not unusual for thousands of persons to be received in a single afternoon.—Exchange.

Kansas Women Mayors.

Pleasanton, Kan., has elected a woman mayor. Several small Kansas towns have within the past three or four years chosen women for mayors, and there is no recorded instance of any of them having cause to regret it. In a short time the Kansas women will be full fledged voters, clothed with the complete regalia of citizenship, and then we shall have feminine mayors in some of the larger towns as well as women county clerks, treasurers, recorders, etc. The Kansas woman is the coming man, so to speak.—Kansas City Journal.

She Loves Doves.

Miss Louise Imogene Guiney, author of "A Roadside Harp," in giving the date of her birth for a biographical note recently, wrote playfully, "I am the only lady with a permanent date attached." Miss Guiney, who lately received the appointment of postmaster at her home village—Auburndale, Mass.—is a great admirer of pigeons. "I greatly love," she says, "both the sight and the sound of doves."—Boston Commonwealth.

The Twelfth Supreme Court Portia.

Miss Kate Pier of Milwaukee has been admitted to practice before the United States supreme court, making the twelfth woman for whom the bars of that forum have been let down, the first venturesome lady being Mrs. Belva Lockwood, who was admitted in 1875.—Milwaukee Correspondent

Gloveless Brides.

The innovation of no gloves for brides received fresh emphasis at the recent wedding of the Hon. Nellie Bass in England. She wore rings enough to almost cover her fingers, but no gloves. This is a very trying edict, for the whitest of hands are apt to look red against the snowiness of a bridal gown.

Revolving Headgear.

A diamond tiara composed of a great many stones and which may be wound up, setting all the diamonds revolving like a glittering rainbow, is a novelty which a woman of quiet taste would rather see upon some one else than wear herself.—Exchange.

What the opinion of college women is on the question of suffrage may be gathered from the fact that 500 Wellesley college women sent a congratulatory telegram to the Colorado Suffrage association when women gained the ballot in that state.

Fashionable hairdressers say that hair brushed to a satin finish will be worn in the near future, although the fringe of short curls about the face will be retained, as they make a woman look more youthful.

It is rumored that the new spring dress will be built with very long shoulders, sleeves flat in the head, but full about the elbow, and the skirt made heavy and fussy with ruffles and puffs.

An association of women has been formed in Liverpool for the purpose of petitioning shopkeepers to provide seats for their employees.

After 43 years' occupancy of the editorial chair of an English periodical Charlotte M. Young has been retired.

WANTS A COMFORTABLE COFFIN.

The Father of Congressman Brookshire Is Having One Made to Order.

A Crawfordsville (Ind.) correspondent says: "There is a man living nine miles south of this city who, though in the best of health, has given his orders for his coffin. His name is Drake Brookshire. He is the father of Hon. E. V. Brookshire, the Democratic congressman from this, the Eighth, district. Mr. Brookshire weighs 280 pounds, has always lived upon a farm, enjoyed the best of health, having never been sick a day in his life, and is now 67 years of age. The other day he came to town and went to an undertaking establishment and informed the proprietor that he wanted to purchase a coffin. The proprietor, after asking who was dead, was greatly astonished on being told that it was for the live man standing before him.

"Mr. Brookshire, however, quieted him by saying that he did not intend to die until he had to, but that he wanted to die with the knowledge that there was a coffin already made for him in which he would have plenty of room. The undertaker did not seem to know just what to do, and Mr. Brookshire, seeing his embarrassment, laid down upon the floor and ordered his measurement taken. The coffin will be made of two inch oak, firmly bolted together, and will be 6 feet 6 inches long, 3 feet wide and 2½ feet deep. After the coffin is made Mr. Brookshire will try it and see if it fits him. He also says that he desires to be taken to the graveyard in his farm wagon, drawn by his team of favorite mules."

Chicago's Bottle Craze.

A curious fancy in bric-a-brac has furnished one man the foundation of a moderate fortune within the last year. He has a store on State street, near Fourteenth, and used to limit his transactions to the purchase and sale of old bottles. Druggists and barkeepers were his principal customers, but now one may see fashionable carriages at the door on almost any bright day, and he will tell you that the wealthy and people whose tastes run to odd ornaments are regular visitors there. They buy odd shaped bottles and jugs of all sorts and pay handsomely for such treasures as old Dutch wares in blue or the quaint decorated bottles in which various liquors and mixtures are imported. Glazed jugs of fine finish and drinking mugs such as the Germans showed at Jackson park last summer have become almost a craze and bring three or four times their former value.—Chicago Record.

Married In Haste.

While the town board meeting of West Indianapolis was in session a few nights ago Justice of the Peace Allen, who was present, was summoned to perform a marriage ceremony. The contracting parties were Mr. John Perry and Miss Mary McGreevy. The ceremony was performed at the residence of the bride on Bridge street. When Mr. Allen entered the house, he was informed that it was desired by both parties that the ceremony be a short one. Mr. Allen promptly tied the knot. Mr. Wynne, who had taken his watch from his pocket to note the time consumed in the ceremony, startled them all by announcing that the world's record had just been broken.

"You have taken only 2½ seconds in the ceremony."

Another gentleman present affirmed Mr. Wynne's statement.—Indianapolis Journal.

Calisthenic Exercises.

A writer in a leading London paper says it is a mistake to think that we cannot undertake calisthenic exercises without attending a course and paying some one a fee for teaching us, and this fallacious notion prevents many of us from practicing daily a few exercises that would do an amount of good that we can scarcely realize without having experienced it.

She recommends all her readers to begin by devoting five or even two minutes every morning before donning the coat or bodice, or every night after taking it off, to three simple exercises for the expansion of the chest and the strengthening of the spinal muscles. Turn the palms downward and just meet the finger tips across the chest. Now extend the arms in a horizontal direction to their fullest capacity.

Repeat this movement somewhat slowly, drawing the breath in through the nose in throwing the arms out and exhaling it through the mouth in drawing them in. The result will soon be felt in a glow of heat. Again: Place the heels close together and the hands on the hips, fingers pointing toward each other and slightly downward. Now with the waist describe a rotary motion, keeping the rest of the body as free as possible from movement. The head and shoulders must describe the course, but they must be as stiff as if made of wood.

The development of the muscles of the back is the object of another exercise, performed by standing with the hands on the hips and the feet slightly apart. The knees must be kept perfectly straight. The body is then bent forward almost at right angles and again raised to a vertical position, leaning sufficiently far back to give an inward curve to the waist. The hands must be kept on the hips the whole time.

These exercises, practiced only a few minutes each day, will soon effect a wonderful improvement in the health and spirits of girls and women, and men, too, for the matter of that. But the exercise should not be overdone, and should be omitted, or at all events restricted, on headachy mornings.—Pittsburg Dispatch.

THE KEYSTONE OF THE ARCH

In the edifice of health is vigor, which means not merely muscular energy, but an active discharge of the various functions of the body, such as digestion, secretion of the bile, the action of the bowels, the circulation of the blood. Nothing more actively or thoroughly contributes to the united performance of these functions than the renowned tonic and regulator, Hostetter's Stomach Bitters. The result of its use is a speedy gain in strength, together with the agreeable consciousness that the tenure of life is being strengthened—that one is laying up a store of vitality against the unavoidable draughts which old age makes upon the system. The fortifying influence of the Bitters constitute it a reliable safeguard against malaria, rheumatism and kidney trouble. Appetite and sleep improve through its use, and it protects the system against the effects of colds and damp.

"Willie, have you been in another fight?" "No, mamma. This feller outclassed me, and I wasn't in it.

HOW'S THIS!

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

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