cess of that shown by any other, and more than 40 per cent, above the average,

Hence Royal Baking Powder makes the lightest, sweetest and most wholesome food.

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THE MEXICAN MISSION.

Served Twenty-three Years as Senator.

minister to Mexico, is one of the veterans

and served three years. In 1858, 1859 and 1860 he was a member of the North Caro-

the war began, however, he followed the stars and bars and served as lieutenant colonel, colonel, brigadier general and

his men as he has since been in the senate.

brigade made a most heroic charge upon the breastworks of the town and carried

After the war the late Zebulon B. Vanc

was elected to the senate, but as his war

disabilities prevented him from serving

Mr. Ransom was elected to fill his term.

the belle and heiress of Northampton county, N. C. Mr. Ransom will be suc-

young Populist and Farmers' Alliance

The salary of the Mexican minister is

DIDN'T HAVE ANY USUAL BRAND.

How a Country Cousin Made Miserable

Newly Made Man About Town.

When an adaptive young man from the

far corner of some New England or west-

ern state lives for a time in New York

and absorbs enough of its atmosphere to

gain the prestige of a regular boulevard-

ier, it's protty hard now and again to

have old times thrust upon him in the

person of a primitive cousin or brother-

in law, whom he is bound in conscience

to entertain. A case of this kind occur-

red recently, in which the artless rel

ative saw nothing but a screamingly

funny lapse of memory, while the man

about town found a mortification there-

A complete deliverance of the bump-

kin into the hands of the outfitter made

him presentable, and then there was the

little bachelor dinner at a Fifth ave-

nue hotel given by the swell to all the

smart men, who wanted "to meet your

All went merry until the wine list

came forth. To be sure, the bumpkin

"What wine will you have?" said the

"Shall we begin on a bottle of Sau

"Lordy, how can I tell! Anything

you like!" shouted the red cheeked, bul-

People at adjoining tables pricked up

'What," said the swell, firmly plant

ing his index finger on the word "Me-

doc" and glaring at the youth mes-

merically, so that he might understand

and repeat it, "do you generally take?"

haw, haw! Isn't that great? Usually

nothing! Of course! Never see wine.

Dick, as well as I do. You never saw

wine at home, and now New York makes you forget all about it. Usually!

stretched out at full length and roared

satisfactorily for about five minutes,

recruits is concerned, at least .- New

Baltimore's New Monument.

Baltimore is about to put up another

onument. The young Irish are at the

haw!" and the terrible youth

"Usually!" shouted the youth. "Haw,

concerted at the bumpkin's noise.

talked too loud and refused to under-

said nothing too badly out of place.

cousin, don't you know."

cousin, addressing him.

have to settle that yourself."

through.

seeded in the senate by Marion Butler, the

Matt W. Ransom, the new United States

States senate.

tion, was graduated from the Uni-

versity of North Carolina in 1847

and became an at-

ROYAL BAKING POWDER CO., 106 WALL ST., NEW-YORK

## WOMAN'S NERVES

STORY OF A WOMAN TO WHOM NOISE WAS TORTURE.

She Says That She Was Prostrated by the Least Excitement-Physicians Baffled by Her Case.

From the Gate City, Keckuk, In.] Mrs. Helen Myers whose home is at 3515 Vernon avenue, Chicago, and be remembered, was at one time af flicted with a nervous malady which at times drove her nearly to distraction. Those terrible headaches are a thing of the past," she said the other day to a Gate City representative, "and there is quite a story in connection with it,

My nervous system sustained a great My nervous system sustained a great shock some fifteen years ago, brought on I believe through too much worrying over family matters and then aliminates and then aliminates and then aliminates and then aliminates are sustained a great lina legislature, and as a peace commissioner from North Carolina to the congress of southern states in Montgomery, Ala., in 1861, was a strong advocate of a peacelowing my love for my books to get the better of my discretion where my health between the north and the south." When was concerned. Why, whenever my affairs at home did not go along just as I expected, I would invariably beas I expected, I would invariably be-come prostrated from the excitement and I would consider myself fortunate and a hard fighter and was as popular with indeed if the effects of the attack would not remain for a week. I was obliged In the spring of 1864, when General Hoke to give up our pleasant home not far recaptured Plymouth, N. C., Ransom's from the Lake shore drive, because I could not stand the noise of the locality. I could find no place in the city them, but left 500 dead and wounded or the field. which I deemed suitable to one whose nervous system was always on the point of explosion. To add to my misfortunes my complexion uderwent a change and I looked so yellow and sallow that I was ashamed to venture from the house at all.

"Madam" 'said my doctor to me soon.

"Madam," said my doctor to me soon 24, 1872, and remained in the senatori after an unusually severe attack of the malady, "unless you leave the city and seek some place of quiet, you will for any diplomatic position. He is thornever recover." "So I concluded I would be seen to seek and the senatoris." never recover." "So I concluded I would visit my uncle, who lives in Dallas County, Ia., and whose farm would surely be a good place for one in my pitiable condition. I picked up the Gate City one day, and happened to kindness have made him one of the most come across an interesting recital of popular men in the senate. Mr. Ransom the recovery of some woman in New has six adult sons and one daughter, and York State who was afflicted as I had his handsome wife was Miss Hattle Exum, York State who was afflicted as I had been. This woman had been cured by Williams' Pink Pills for Pale Peo-I thought that if Pink Pills cured that woman they might do the same for me. I began to take the pills according to directions and I began to feel better from the start. After I had taken several boxes of them I was ready to go back to Chicago. My nervousness was gone and my complexion was fresh as that of any 16-year-old girl in Iowa and Pink Pills is what put the color in my cheeks. No wonder I am in such high spirits and feel like a prize fighter. And no wonder I like to come to Keckuk, for if it had not been for Pink Pills bought from a Keokuk firm I would not have been alive now, laughingly concluded the lady.

Dr. Williams' Pink Pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50 cents per box, or six boxes for \$2.50.

DON'T GORGE YOURSELF.

Some Sound Advice on the Subject of Fords and Feeding.

The vast majority of people are absolutely wrong on the subject of feeding. They think that rich and luxurious people, feeding on the richest and most luxurious foods, are the most fortunate and healthy people. I assure you it is just the reverse. I am the director of an nsurance company and am obliged often to form an estimate of the commercial value of life. If, then, two persons of the same age and constitutional build come for calculation as to the monetary value of their future lives, and if one be rich and luxurious and the other be competent and frugal, frugal even to abiousness, I would value the life of the frugal person as 20 per cent at least better than that of the rich and luxuri-

Dives dies in plenty, Lazarus in poverty. Do not die like Lazarus if you can help it, and do not die like Dives if you have the opportunity, but find the happy condition, easy enough to find if you determine to learn how on least food you can do the most and best work. Never eat until you are satiated, never eat in the day one heavy meal, but divide your food into three light meals, equally distributed as to time and quantity. Eat slowly, take small mouthfuls, masticate, or chew, your food well, touch your food with your fingers as lit-lick, as well as I do. You never saw tle as possible, do not cry out for animal food more than twice a day at most, have all animal food well cooked and

do not forget fruit as food. In Queen Elizabeth's time the orange, se golden fruit of the Hesperides, might its way to the queen's table, but his cousin, and the swells looked on in such fruit was indeed scarce. Joints of meat were cut up with the frill of pa-per round the end of the joint to hold to family ties in so far as dining social forks being unknown, and her loyal ets, a short lived race, knowing lit- York Herald. the how to make the most of life in the matter of feeding and drinking, suffered diseases which were of the most roidable as well as objectionable charscter. We, fortunately, live in a differ-head of the movement, and they have ent reign. We have fruit galore and not yet decided on the hero to honor. So an forks, instead of dirty finfar the vote favors, in the order named,

THE FENCING BELLES OF BOSTON.

The Boston girl more graceful grows, Her blood in healthler heart beats flows, Recause the arts of foll she knows. Dressed in becoming fencing clothes, Her broadsword ready for her foes, With the new exercise she glows. Far from the envious eyes of beaux,

## THAT PICTURE.

During five or six years Marcel had worked at that famous painting which he affirmed should represent the crossing of the Red sea, and for five or six Fifty crowns. That makes 150 francs. vegrs this musterpiece of color had been obstinately refused by the jury at the annual salon.

So, from force of habit in going and coming so often from the studio to the studio, the picture knew the road so well that, if one had set it on wheels, it well that, if one had set it on wheels, it would have been able to go all alone to Jew. "I'll not add a son more, but I

the Louvre.

Marcel, who had ten times repainted and rearranged this canvas from top to bottom, attributed to a personal hostility of the members of the jury against himself the ostracism which rejected it annually from the Square salon, and in his idle moments he had composed in honor of the Cerberuses of the institute a little dictionary of curses with some illustrations of a savage ferocity. This collection, which had become celebrated, had obtained in the studios and at the School of the Fine Arts the popular success which is attached to the immortal complaint of Jean Belin, painter in ordinary to the grand sultan of Turkey. All the daubers of Paris had a copy of it in their

For a long time Marcel was not discouraged by the determined rejections he represented his which he received at each annual exhibition. He was comfortably settled North Carolina. in the opinion that his picture was, in Warren county in its least proportions, the long sought for pendant to the "Marriage Feast at Cana," that gigantic masterpiece whose called it, "At the Port of Marseilles." academic educabrilliant splendor the dust of three centuries has not been able to tarnish. So, every year at the epoch of the salon, Marcel sent his picture to be examined by the jury. Only-in order to throw selor the same year. He was elected at-torney general of North Carolina in 1852 the examiners off the scent and to try to baffle them in their preconceived de termination to exclude it, which prejudice they seemed to have against the 'Crossing of the Red Sea"-without changing anything in the general composition of the painting, he modified certain details and changed the title of his picture. Thus, one year it came before the jury under the name of "The Crossing of the Rubicon." But Pharaoh, badly disguised under Cæsar's mantle, was instantly recognized and re-

jected with all the honors due him. The following year Marcel threw upon the foreground of his canvas a layer of white paint to represent snow, planted a tree in one corner, and dressing up an Egyptian in the uniform of the imperial guard of France he baptized his picture "The Crossing of the Beresina." The jury, which had rub-bed up its spectacles that day upon the tails of its green palmed coats-on official occasions the members of the institute wear dress coats having green palms embroidered on the lapels and collars-was not duped by this new ruse. It recognized perfectly the obstinate canvas, especially by a big devil of a many colored horse that pranced about on top of a wave of the Red sea. The dressing of this horse served Marcel for all his experiments in coloring, and in his everyday speech he called it "a synoptical tableau of fine tones," because it reproduced all the most varied combinations of color with their plays of light and shade. But once more, unmoved by this fine detail, the jury had not black balls enough to fully express their feelings in rejecting "The Crossing of the Beresina.

"Very well," said Marcel, "I'll wait! Next year I shall send it again under the title of the 'Passage des Panora-

mas. ' '' A few days later, and when Macrel had already forgotten terrible threats of vengeance he had uttered against his persecutors, he received a visit from Father Medicis. Thus the bohemians had nicknamed a Jew named Solomon, who at that epoch was well known to all members of artistic and literary Bohemia, with whom he was in perpetual relations, Pere Medicis did business in all sorts of brie-a-brac. He sold com plote sets of furniture at from 12 francs up to 3,000. He hought everything and knew how to sell it again at a profit.

The exchange bank of M. Proudhon was a very little affair compared to the system applied by Medicis, who possessed the genius of traffic to a degree in which was pretty hard to live never before attained by even the most able of his fellow believers. His shop, which was situated in the Place du Carrousel, was a fairyland where one found everything to be desired. All the products of nature, all the creations of art, all that comes forth from the bowels of the earth and of genius, Med-

icis made of it an object of negotiation. His business touched everything, absolutely everything that exists; deaft even in the ideal. Medicis bought stand any monitory wink, but then he ideas in order to exploit them himself or to sell them again. Known to all the litterateurs and all the artists, an intimate of the palette and a familiar "Haw! Haw! I don't know, Cousin friend of the writing desk, he was the Dick, anything about the wine. You'll Asmodeus of the art. He would sell you some cigars for the plot of a novel, ome slippers for a sonnet, some fresh fish for paradoxes; he chatted "by the bour" with writers whose business it was to relate in the newspapers the let headed youth, who couldn't make head or tail of the winks and looks of scandal of society; he would procure you places in the galleries of the house deadly warning emanating from the of parliament and invitations to private soirees; he lodged by the night, the week or the month the wandering daubtheir ears in amused curiosity, while the ers who paid him in copies of the works

guests at the table looked a trifle disof Flavius Josephus. On entering the home of the bohemians, with that intelligent air which distinguished him, the Jew divined that he had arrived at a propitious moment. In fact, the four friends found themselves at that moment met in conncil. and under the presidency of a ferocious appetite they were discussing the grave question of bread and meat. was on a Sunday, and the end of the month! Fatal day and sinister date! The entrance of Medicis was therefore greeted with a joyous chorus, for they knew that the Jew was too miserly of his time to spend it in visits of mere politeness. Therefore his presence alays announced an affair of business.

while a sense of frozenness stole over 'M. Marcel," said Medicis, "I have come here solely to make your fortune. That is to say, I've come to offer you a superb chance to enter the artistic world. Art, as you well know, M. Marcel, is an arid road of which glory

is the oasis. "Pere Medicis," said Marcel, on the hot coals of impatience, "in the name of 50 per cent, you venerated patron

saint, be brief!" "This is the affair," said Medicis. you an entrance into that gallery of art. In a word, I have come to buy your 'Crossing of the Red Sea.'"

'Cash?' said Marcel. "Cash," responded the Jew, making the orchestra in his breeches pocket play a lively tune.
"Go on, Medicis," said Marcel, dis-

playing his painting. "I wish to leave to yourself the honor of fixing the price of this work, which is beyond all The Jew placed on the table 50 crowns in beautiful new silver pieces.
"Go on," said Marcel; "that is only

the advance guard.' "M. Marcel," said Medicis, "you well know I shall add nothing. Reflect!

"A feeble sum," replied the artist.
"Why, know that my first word is always my last, merely in the robe of my Pharaoh there are 50 crowns' worth of cobalt. Pay me at least the material. musee and from the musee to the Equalize those piles round up the figures, and I will call you Leo X."

> offer a dinner to all of you, various wines at your own discretion, and at the dessert I'll pay in gold." "Does any gentleman wish to make any further bid?" yelled Colline, rapping three times with his fist on the

"Going, going, gone!" "Agreed," said Marcel.
"I will send for the picture tomorrow," said the Jew. "Now let us start, gentlemen; the table is laid." The four friends descended the stairs, singing the chorus from "Les Hugue-

"A table, a table!"

Eight days after that feast Marcel learned in what gallery his picture had taken its place. While walking through the Faubourg Saint Honore he stopped in the midst of a group that was gazing with curiosity at the hanging of a sign over a shop. That sign was none other than Marcel's famous picture, sold by Medicis to a dealer in provi-Only the "Crossing of the Red had once more suffered a modification and bore a new title. Some one had added to it a steamboat and had A flattering ovation arose among the loungers when they discovered painting. So Marcel turned away, delighted by this triumph, and murmured,"The voice of the people is the voice of God!"-Boston Transcript.

IN FAVOR OF HORSE MEAT.

Veterinarians Say They Know of No Objection to Its Use. "Shall we eat horse?" is a question While none of them answered squarely in the affirmative, there was general concurrence in the opinion that horse meat makes rather good eating at a that of the bovine, and I see no good fasten a small weight, such as a metal ox flesh," he said. S. J. J. Hargar, who had once eaten a mule tenderloin,

E. M. Michiner thought that horseflesh was not injurious to "human on releasing the hoop it will be found health," and he pointed out that neito at once roll up the incline, in seemchina was found in the horse, the ex- will increase the mystery if instead of tuberculosis had been recorded. John having a similar weight on the inside. W. Gadsden believed that the flesh of | -Once a Week, young horses properly cooked was good for man, and he thought that if horses got much cheaper "there would be a great temptation to try it." Sampel C. seems to remain tender with age and has a more pungent savor than that of other animals. From these superior qualities it may readily be seen why it should be more digestible than other meat, which often comes from animals which are prematurely as well as excessively fattened. In Europe, where raw meat is prescribed by physicians, it claim it is more healthy for those undergoing severe muscular exercise and more nutritious for the weak and anæ-

Alexander Glass sounded a warning in the following experience: "In two instances, when I ate horseflesh, I found the meat very tender and rather pleas ant to the taste. At the time I could not shake off the thought, 'What if this horse had incipient glanders?' for some of that meat was very rare." Several years ago Dr. Huidekoper of Philadelphia invited some members of the Philadelphia club and of the City troop to a dinner, at the conclusion of which he announced to his guests, who were much pleased with the repast, that they had dined off the carcass of his old white borse Fedora.

Willy Reynard.

Those familiar with the "Fables of Æsop'' will remember the reputation which Reynard bears among the rest of the animals. It is questionable whether any wild creature can compete with the will do, in endeavoring to worry his picture of the young peer. prey. He merely rolls him to the nearest water, knowing that a drop or two will cause the animal to relax his hold It is a rare thing to catch one in a

trap laid at the door of his "earth" even. If he is inside when the trap is set, he waits until some other animal springs it and then emerges to eat the victim and the bait. Only when driven by the terrible pangs of hunger will he tempt fate in his own person. Most animals gorge themselves when they are fortunate enough to come across a superabundance of food. Not so with Reynard. Should be find a poultry yard well stocked and ill protected he fills his larders first. Nor does he, as the proverb says, "put all his eggs in one bas-He puts one fowl in a hedge, hides another in a bush, places a third ding appearance of their parents. Their in a hole in a tree, rapidly digs a cavity for a fourth and covers it up again, remembering in each case where his stores are concealed. And when his supplies young antelope. Their color is a bright fawn or a rich tau, with longitudinal

'earth" for present enjoyment.

looking backward or returning is a tle orange striped pigs depend on their very ancient one, originating doubtless from Lot's wife, who "looked back of visitors or each other. from Lot's wife, who "looked back from behind him" when he was led by an angel outside the doomed city of the plain. In Roberts' "Oriental Illustrations" it is stated to be "considered axceedingly unfortunate in Hindoostan for
men or women to look back when they
leave their house. Accordingly, if a

gas in the Zoo, the old sow and bear setleave their house. Accordingly, if a man goes out and leaves something behind him which his wife knows he will little pigs. The whole family stand upwant, she does not call him to turn or right on their hind legs in a row, like her Emmet, O'Connell, Grattan, Tone, Burke "A wealthy lover of paintings who is and Parnell, and the choice will be made making a collection of pictures destined him, and if some great emergency obliges their fore feet against the rails, and sequally sweet and wholesome, and Parnell, and the choice will be made making a collection of pictures destined to make the tour of Europe has order-lardson in Longman's Magazine.

In this half dozen. Contrary to the to make the tour of Europe has order-look back he will not then prospect their force for thim a series of representation.

In this half dozen. Contrary to the to make the tour of Europe has order-look back he will not then prospect of the business he was about to netting for contributions.—London Spectransact."—Exchange.

FOR LITTLE FOLKS.

A MESSAGE FROM SANTA CLAUS.

He Sends an Illustrated Apology to All Disappointed Children. Hello! Hello! This is the North Pole and I am Mr. Claus-Santa Claus, you know. Have I got the United States? I have? Well, that's what I want, for I wish to tell the children all about something. What's that? I cannot hear you. Please do not yell so in the 'phone. There, that's better. What I wish to tell the children is that am very, very sorry they did not find in their stockings all the presents they asked me for before Christmas. I remem bered every one of them and had them ill down in my books. Have you got all that? All right. I made the most careful preparations so that not a sin-



le child should be disappointed. had 20,000,000 of little birds distributed through every town to report to me what presents the children were wishing for, and my books up here at the pole were kept by 10,000 of the best polar bear bookkeepers in the arctic

But you know accidents will happen even in the very best regulated Santa Claus family. I came zipping down from the pole in my sledge drawn by 50 reindeer, and was making very good e-about 20 miles a minutethe forty-seventh reindeer cast a shoe, and I had to drop down into the Maine woods to have the shoe put on again.

I left my reindeer tied to a big tree and was walking through the forest for a blacksmith when something dreadful happened. It would take too long to you about it, and as my artist friend, Frank Ver Beck, has made a picture showing just what happened, I send it to you by telephone.

Just take a good long look at the picture and then you will understand why that horn, and that drum, and that sled, and those mittens, and that candy, and all the other presents you wished which a Philadelphia newspaper has for were not in your stockings Christbeen putting to leading veterinarians mas morning. Goodby! Ting-ling-ling!

A Simple Trick.

Cut out a narrow strip of pasteboard pinch. Francis Bridge said, "The flesh and join the ends together to form a is as nutritious and in flavor as good as hoop. On the inner side of the hoop reason to interdict its use as human button or a bit of sealing wax. Con-W. L. Zuill declared that he struct an inclined plane by placing a would eat it in preference to pork. It flat ruler on a table, with one end restis "more juicy and of better flavor than ing on a slight elevation, such as a pile of books. Place the hoop on the incline in such a position that the weight may found it inferior in fiber and taste to be slightly in front of the highest point of the hoop, in the direction of the top of the incline.

ther tuberculosis, actinomycosis or tri- ing defiance of the law of gravity. It ception being noted that rare cases of a hoop a round pasteboard box is used.

When frogs and toads are very young, they are called tadpoles. They first appear to be nothing but head and tail;

is generally that of the horse. They near Maynooth, is succeeded by his eld-



fox in craftiness. To look at him gen- who was born on March 1, 1887. There erally, even in his ordinary habits, he are three other children-a daughter exhibits an amount of cleverness which and two sons. The new duke succeeds astonishes one. Should a fox catch a to the position of premier duke, marhedgehog, whose spines effectually protect him from most of his enemies, he land. For the benefit of our little readdoes not waste time, as a fox terrier ers we present herewith a full length

> Dolly's lovely hair Floats toward her feet, Dolly's girlish skirt Shows her ankles neat: She will always taste Sorrow in her cup, Till her skirt is down And her hair is up!

Dolly waits and waits, With impatient pain, Till she sees herself Glorying in a train;

Till the happy hour
Fills with Joy her cup,
When her skirt is down
And her hair is up!

-New York Tribune. A Family of Wild Boars.

Young wild boars are far prettier than might be expected from the rather forbidbodies are slim and elegant, their snouts fine, their ears short and their legs and feet almost as finely shaped as those of a are sufficient in his own estimation he takes a fine fat chicken or duck to his place of the thick bristles of the older pigs their bodies are covered with a long and thick coat of rough hair. Family life in Looking Backward.

The superstition of the ill luck of and amusing. For the first month the lit-

Two St. Patrick's days in succession hat of 1804 and 1805-have been remarks ble for being clear end cloudless. Never theless, there were typical wind flurries. and while the old Saint is supposed to have and while the old Saint supposed to have driven out serpents, he has never succeeded in driving out rheumatism and like pains and aches, which hold their own at this time of year. No, it has be nelf to another Saint to accomplish this; St. Jacobs Oil, and whenever used for rheumatism it cures promptly. Don't treat the weather, but have a bottle handy all the time.

DEER HORNS AS MEDICINE.

This Queer Remedy Is In Use In the Flow

Deer horns are used by the Chinese for medical purposes, and consequently the value to a Chinaman of a pair of horns depends upon the quantity of the medicinal property contained in them. This property, which may almost be called the "virtue," is said to be greater in the young horns, and to get rarer as the horns grow older. The deer from which the horns are obtained are a true species of deer, the females having no only excepted. In substance the horns are not horny like the horns of a cow or an antelope, but are, when young, com-posed of a very delicate venous sub-For some months after they begin

growing they are very tender, and the deer, not liking to touch them against branches of trees or bushes, a thing they are almost sure to do in the forest, will remain in the open, deserting cover, and so many times exposing themselves to greater dangers than the ones they fleo from. After a time, as the horns grow older, the velvet covering begins to peel off, and while doing so causes an irritat-ing, itching feeling, that makes the deer rub them against twigs, mossy bark or any other yielding substance not hard enough to hurt. This rubbing assists the velvet to peel off, and the horns then enter the second or intermediate stage. They are no longer tender, nor are they so hard as they eventually become, but are still going through a process of de velopment.

Eventually their growth is perfected, they stand for a time, are shed, to be replaced by new ones, and become the property of the first forester or hunter who has the good fortune to find them. These shed horns, together with any horns taken from deer when they were approaching the time of shedding, have reached the third or final stage and are the least valuable.-Chinese Imperial

POOR INDERD!

The prospect of relief from drastic cathartics for persons in ab ed with constitution is peofindeed. True they act upon the bowels, but this they do with violence, and their operation tends to weaken the intestina, and is prejudicial to the stomach. Hostetter's Stomach Bit ters is an effectual laxafive, but it n, i he grips not call close. Furthermore it promotes digestion and a regular action of the liver and the kidneys. It is an efficient barrier systems and remedy for malarial count) ints and theumatism, and is of great benefit to the weak, ner cours and aged. As a medicinol stimulant it cannot be surpussed. Passicials condising recommend it, and its professional indorsement is fully borne out by ropular experience. Appetite and sleep are so b improved by this agreeable invigorant and alterative.

Forty uinth Irieud (since be kisst time)—M, Morton, what a dreadful cold y uive got What are you taking for it? Morion (Hoarsel)—Advice.

ATHLETES.

POROUS PLASTERS as invaluable for

FRED T. MERRILL CYCLE CO. purposes. James Robinson, the athletic trainer a Princeton College, Princeton, N. J., says

pear to be nothing but head and tail; then, in a few days, four legs appear, and then the tail disappears and the little creature becomes a perfect frog. In the tadpole state they live under water, but when they become frogs they can only stay under the water a short time.

The Little Peer of Ireland.

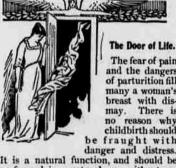
The late Duke of Leinser, who died of typhoid fever on Dec. 1, at Carton, near Maynooth, is succeeded by his eldest son, Maurice, marquis of Kildare, legs and feet sometimes weaken. This can evaluation to be nothing and Wasting Diseases. CREAM BALM. - Apply particle of the Balm well up into the nostrils. After a moment draw strong breath through the nose. Use three times a day, after meals preferred, and before nvariably be relieved by outling the plas-ter in narrow strips, so as to give free mo-tion, and applying on muscles affect d." Bandern's Plus rectify the secretions.

Editor-What makes you speak of the crowd t a variety show as a "pollshed audience"? er bbler - I got a peek at the bald heads in the

\$10 Reward for information as to the present whereabouts, or death of Ansel Wite, who left Santa Cruz, Cal., in 1865, Address Wm. Pt repont White, Palace Hotel, San Francisco, Cal.

NEW WAY EAST-NO DUST.

Go East from Portland, Pendleton, Walla Walla via O. R. & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Northern Railway to Monday, Omaha, St Paul, Minneapolis, Chicago, Omaha, St Louis, East and South. Rock-ballast track Louis, East and South. Rock-ballast track Louis, East and South. Rock-ballast track time scenery; new equipment. Great North ern Palace Sleepers and Diners; Famil Tourist Cars; Buffet-Library Cars. Writ C. C. Donovan, General Agent, Portland Oregon, or F. L. Whitney, G. P. & T. A. St. Paul, Minn., for printed matter and ir formation about rates, routes, etc.



The fear of pain and the dangers of parturition fill

Lipman= Wolfe & Co.

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## Weak Nerves

symptom shows anything, that the or-gans and tissues of the body are not For several months I could not lie down to satisfied with their nourishment.

They draw their sustenance from the

Prostration of the Nerves.

blood, and if the blood is thin, impure For three years I have been doctoring, but or insufficient, they are in a state of revolt. Their complaints are made to the brain the king of the body through the brain, the king of the body, through the was a change for the better. In a short nervous system, and the result of the time I was feeling splendidly. I now rest mervous system, and the result of the general dissatisfaction is what we call Nervousness.

This is a concise, reasonable explanation of the whole matter.

The cure for Nervousness, then, is simple. Purify and enrich your blood by taking Hood's Sarsaparilla, and the nerves, tissues and organs will have the healthful nourishment they crave. Nervousness and Weakness will then give way to strength and health.

That this is not theory but fact is proven by the voluntary statements of thousands cured by Hood's Sarsaparilla.

The cure for Nervousness, then, is simple. Purify and enrich your blood by taking Hood's Sarsaparilla, and the nerves, tissues and organs will have the healthful nourishment they crave. Nervousness and Weakness will then give way to strength and health.

That this is not theory but fact is proven by the voluntary statements of thousands cured by Hood's Sarsaparilla. I nave highly recommended taking it. I recommend Hood's Sarsaparilla at every opportunity."—Mrs. S. Braddock, 404 Eris Avenue, Williamsport, Pennsylvania.

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## and this, as Darwin has pointed out in "The Descent of Man," is the case with all kinds of deer proper, the reindeer Hood's Sarsaparilla Is the Only stance, covered with a velvety coating, and when old are osseous rather than callus. True Blood Purifier

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HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarra Cure. FRANK J. CHENEY. Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

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