SIDE from the fact that the cheap baking powders contain alum, which causes indigestion and other serious ailments, their use i extravagant.
It takes three pounds of the bes of them to go as far as one pound of the Royal Baking Powder, be cause they are deficient in leavening gas.

There is both health and economy in the use of the Royal Baking Powder

## Mo por ivero ortio poom 



## Cerms

## Scott's

## Emulsion

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ma't bu deceived by Substithte!


