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Free cooking classes

St. Johns Main Street will be hosting the Oregon Food Bank's free cooking class series, "Cooking Matters," at Swapnplay this summer. The hands-on class is once a week for six weeks and is team-taught by a volunteer chef and nutrition educator. The classes will cover meal preparation, grocery shopping, food budgeting and nutrition. Participants will prepare meals together and get to take home a bag of groceries at the end of each class! Classes will be held at Swapnplay: 7535 N Chicago Ave., in St. Johns on Wednesday evenings, 5:30-7:30pm from July 29 to Sept. 9. Space is limited! Register by phone or email. Contact Sydney Leonard, Community Programs Manager: Phone #: 503-841-5522 or Email: sydney@stjohns-mainstreet.org. For more information, visit: www.stjohnsmainstreet.org/farmers_market

Assumption School All-Class Reunion

All class members and spouses are invited to attend a reunion to be held on Sun/ August 2 at the St Johns Bachelor Club at 2:00 PM. RSVP to John Sullivan Tel: 971-313-4056

Smoking not permitted in City Parks

Portland Parks & Recreation (PP&R)'s ban on smoking and tobacco use will expand to include the entire PP&R system on July 1, 2015. All City parks, natural areas, community centers, trails, golf courses, recreation areas, and all other sites where PP&R park rules apply will be smoke and tobacco-free.

The bureau continues to feel that education on this expanded policy is the best way to promote public health and protect Portland's parks and natural areas. PP&R currently prohibits tobacco use at Director Park, Pioneer Courthouse Square, and the portion of the South Park Blocks that is located on Portland State University's campus. Smoking is also prohibited within 25 feet of any play structure, picnic table or designated children's play area.

co-free policy throughout the entire PP&R system makes the rule consistent," says PP&R Director Mike Abbaté. "And Portland will join more than 500 cities and towns nationwide which already have laws mandating smoke-free parks. It furthers our mission of Healthy Parks, Healthy Portland."

On Wednesday, June 17, 2015, prior to the expanded policy going into effect, Portland Parks Commissioner Amanda Fritz is taking an amendment to City Council clarifying how the policy will be enforced: only by Portland Parks & Recreation staff who have the authority to enforce park rules (such as Portland Park Rangers), and not law enforcement or other personnel. Those smoking or using tobacco could be asked to leave the park where the violation takes place, for the rest of

the day. "The intent of the smoke and tobacco-free parks policy is to promote public health and protect Portland's parks and natural areas, not to criminalize those who smoke or use tobacco," says Commissioner Fritz. "We expect people to comply with the expanded policy because it's the right thing to do for our parks and for themselves, not solely because they're faced with major penalties."

The primary method of enforcement will be education, emphasized Fritz. Voluntary compliance is key in the expanded policy, which is designed to promote public health and to protect Portland's parks and natural areas from litter and fire danger, among other concerns.

Prohibited smoking and tobacco products include, but are not limited to: bidis, cigarettes, cigarillos, cigars, clove cigarettes, e-cigarettes, nicotine vaporizers, nicotine liquids, hookahs, kreteks, pipes, chew, snuff, smokeless tobacco, and marijuana. The expanded policy will also apply to events held at PP&R properties, with a provision for golf tournaments to allow smoking under permitted and certain conditions.

Free Tennis Lessons

There are free Tennis Lessons at Columbia Park for girls grades 6-9! The Roosevelt High School Varsity Tennis Team is putting on free clinics to teach tennis to our neighborhood. Session #1 was July 7, 8 & 9 Session but there is still time to get in on session #2 which will be held July 14, 15 & 16. 9 a.m. - 12:00. T-shirts and snacks are included! Please Call Coach Karey to register: 503-312-6103.

St. Johns Bridge Contest Rules:

- For each issue the editor will choose two pictures to be used as either a Masthead or as a Photo of the Week. A third picture may also be used as space allows.
- At the end of 2015 (most likely in November,) the pictures will be voted upon by readers for which photo reader's liked the best. The winner will receive a \$100 cash prize from the Review.
- Pictures must be:
 - *Sent in high resolution (200+) and sent to reviewnewspaper@comcast.net or reviewnewspaper@gmail.com in JPEG format.
 - * Pictures may be cropped (by the Review) to fit the paper's perimeters. For photos appearing in the Masthead they need to be vertical more than horizontal. Masthead pictures are 10.25" across, and 3" to 5" tall. Pictures of the Week can be vertical or horizontal and any size.
 - * Pictures appearing in the paper must belong to taker of the picture, but the Review has the right to use them in current and future issues.
 - * Color pictures are preferred, but outstanding black & whites might be used.
 - * Photos used in 2013 and/or 2014 may be sent and used again.
 - * If multiple photos are sent at one time by a photographer, the Review will use judgment for the picture (or pics) we think will print best in the paper.
 - * Since this is a first, these rules may change during the year, or more suggestions and rules added. (We'll learn as we go.)
 - * One vote per person. Voting begins in November where all the year's pictures will be re-shown.

(Disclaimer: Pictures appearing in the paper are reformatted to tiff's at 600 resolution for printing presses. After placement in the paper and being printed on newsprint, the photos may lose a certain amount of clarity. The Review cannot be responsible for lack of clarity or any other changes in the pictures. The Review is not responsible or liable for pictures sent in saying their author has taken them when in fact they may not have.)

UPCOMING 2015 REVIEW ISSUES

Issue #	Date Out:	Holiday:	Article/Ad Deadline	
15	July 24		July 15	
16	August 7		July 29	DEADLINE
17	August 21		August 12	DATES
18	Sept. 4		August 26	ARE
19	Sept. 18		September 9	STRICT.
20	October 2		September 23	
21	October 16		October 7	DON'T
22	October 30 (Halloween)		October 21	MISS
23	Nov. 13		November 4	THEM!
24	Nov. 27 (Thanksgiving)		November 18	
25	Dec. 11		December 2	
26	Dec. 24 (Christmas)		December 15	

*Dates are subject to change due to unforeseen circumstances

Moving?
If you subscribe to the Review please send us your NEW address ASAP.
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North Portland Meetings

The following free listings are meetings for North Portland organizations. Updated information is the responsibility of each organizations.

- ARBOR LODGE NEIGHBORHOOD ASSN:** Meet on the 3rd Thursday each month, 6:30-8pm, Kenton Firehouse, 2209 N. Schofield
- AMERICAN LEGION, ST. JOHNS POST #98** Meets 4th Tuesday, 11:00 AM, St Johns Community Ctr. 8427 N. Central. Contact Gerald 503-289-0855
- BOY SCOUT TROOP 52:** Meets Tuesdays from 7-8:30 p.m. at St. Johns Christian Church, 8044 N. Richmond. We welcome boys ages 11-17. For membership info, contact Anthony at 503-913-7085.
- BRIDGETON NEIGHBORHOOD ASSOCIATION:** General Meeting: 3rd Mondays at 8pm, Port Yacht Club, 1241 NE Marine Dr.
- CUB SCOUT PACK 52:** Meets Mondays at St. Johns Christian Church, 8044 N. Richmond.
- EAST COLUMBIA NEIGHBORHOOD ASSN:** Meets the second Tuesday of each month from 7-8:30pm at the Columbia Rvr RV Park Comm. Rm, 10649 NE 13th.
- FRIENDS OF CATHEDRAL PARK NEIGHBORHOOD ASSN:** General Meeting: odd months at BES Water Lab; 7pm. Board Meetings on even months at St Johns McMenamins, 7:30. All meetings on 2nd Tuesdays of the month.
- FRIENDS OF BALTIMORE WOODS:** General meeting: 3rd Tuesdays, 6:30pm at the BES Water Lab, 6543 N. Burlington.
- FRIENDS OF PIER PARK: MEETING:** Third Monday, 6:30pm at St. Johns Community Ctr., 8427 N Central
- HAYDEN ISLAND NEIGHBORHOOD NETWORK:** Meetings: 2nd Thursday, 7pm, at the Oxford Suites, 1226 N. Jantzen Beach Dr., Hayden Island.
- KENTON BUSINESS ASSN:** 1st Thursday of the month, 9am at Kenton Firehouse 2nd fl. 2209 N. Schofield
- KENTON NEIGHBORHOOD ASSN:** Board Meetings: 2nd Wed., 7pm, Kenton Firehouse, 8105 N. Brandon
- LINNTON NEIGHBORHOOD ASSN:** Meetings: 1st Wed. of odd mos; 7-9 at Linnton Comm. Ctr., 10614 NW St. Helens Rd.
- NORTH PORTLAND LAND USE GROUP:** Meets 4th Thursday of the month at Kenton Firehouse, 8105 N Brandon. 7pm
- NORTH PORTLAND SOROPTIMIST CLUB** meets the 2nd Wed at 6PM at the Lung Fung Restaurant, 2025 N Lombard Street. Public welcome to attend meetings to learn more about the club.
- OCCUPY ST. JOHNS:** Meets Weds. 7:00pm at Anna Bannanas, 8716 N Lombard
- OVERLOOK NEIGHBORHOOD ASSN.:** General Meetings: 3rd Tues of each month except Aug & Dec at Kaiser Town Hall, 7-9pm. Board Meetings: 1st Tues. each month at Overlook Hse, 3839 N. Melrose Dr.
- PENINSULA OPTIMIST CLUB:** Meets 1st and 3rd Mondays (except holidays) at noon at Christie's Restaurant, 5507 N. Lombard. General public is welcome to attend meetings to learn about the club. There will be a guest speaker at most meetings. Questions—contact Sharon at 503-490-2889.
- PORTLAND HARBOR COMMUNITY ADVISORY GROUP** Offers a gathering of thoughts on the Superfund. Concerns about the contamination in the Portland Harbor Superfund? Join the community to meet with the agencies in charge. Meetings include Informational presentations; Opportunity to render your opinion. Meet agency leaders in charge of clean up. 2nd Wednesday-Monthly at BES: 6543 N Burlington, beneath the St Johns Bridge 6:00 PM. www.portlandharborcag.info
- PORTSMOUTH NEIGHBORHOOD ASSN.:** Board Meeting: 3rd Tues of ea mo, 6pm, Bridge Meadows, Bridge Community Room, 8502 N. Wayland
- PUBLIC SAFETY ACTION COMMITTEE:** Meets 4th Wed. ea. mo., 7-9pm, Kenton Firehouse, 2209 N. Schofield.
- SAFETY AND LIVABILITY TEAM (SALT) MEETINGS** are the 1st Tuesdays at 7:00 p.m. at the St. Johns Main Street Office., 8250 N. Lombard.
- ST. JOHNS BOOSTERS:** Gen Meetings 3rd Tues at Central Hotel, 7:30-8:30. Meal provided. Board meetings: 1st Tues at 7pm at Central Hotel.
- ST. JOHNS LIONS CLUB:** Meets 1st & 3rd Tuesdays each month at Patti's Deli, downtown St. Johns
- ST. JOHNS MAIN STREET:** Meets at 8250 N. Lombard. Fore more info go to: stjohnsmainstreet.org
- ST. JOHNS NEIGHBORHOOD ASSOCIATION:** General Meeting is 2nd Mon. at the St. Johns Community Ctr, 8427 N. Central.
- UNIVERSITY PARK BUSINESS ASSOCIATION:** Meets in 2014: 2/25; 4/22; 6/24; 9/23; 11/18 at 7pm at Darcy's at the corner of Fiske/Lombard from 6-7:30pm.
- UNIVERSITY PARK NEIGHBORHOOD ASSOCIATION:** Meets: Jan., Apr., July & Oct on 4th Monday 7pm at the Chiles Center at the UP, 5000 N. Willamette Blvd..

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