

# Business & Service Directory



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## POLICE & FIRE REPORTS

**SUSPECT USES PEPPER SPRAY DURING ROBBERY OF UNIVERSITY PARK BAR**  
 News Release from Portland Police Bureau  
 FlashAlert: May 6th, 2015 7:32 AM  
 On Wednesday May 6, 2015, at 2:12 p.m., North Precinct officers responded to the report of a robbery at Darcy's Bar, located at 4808 North Lombard Street. Officer arrived in the area and contacted the employee and two customers who told police that the suspect entered the bar, sprayed pepper spray, then

stole an undisclosed amount of money. After obtaining the cash, the suspect left the bar and possibly got into a vehicle. The suspect was described as a male, possibly white, wearing a blue hoodie. Officers checked the area but did not locate anyone matching the suspect's description. Anyone with information about this incident should contact Robbery detectives at (503) 823-0405.

Fire has a diverse fleet of water based units each with a specific technical use. This is one example of effectively deploying those resources in a rapid manor that resulted in a positive outcome.

**NORTH PRECINCT INVESTIGATES DEATH AFTER WOMAN JUMPS FROM ST. JOHNS BRIDGE**  
 News Release from Portland Police Bureau  
 FlashAlert: May 1st, 2015 10:59 AM

On Friday May 1, 2015, at 10:38 a.m., North Precinct and Traffic Division officers responded to the report that an elderly female jumped from the St. Johns Bridge and landed on the road below. Officers and medical personnel arrived on North Crawford Street, below the bridge, and found the woman deceased. The Medical Examiner is responded to the scene and took custody of the body for an autopsy and identification. Help is available for community members struggling from a mental health crisis and/or suicidal thoughts. Suicide is preventable. The Multnomah County Mental Health Call Center is available 24 hours a day at (503) 988-4888.

If you or someone you know needs help with suicidal thoughts or is otherwise in an immediate mental health crisis, please visit Cascadia or call (503) 963-2575. Cascadia Behavioral Healthcare has an urgent walk-in clinic, open from 7:00 a.m. to 10:30 p.m., 7 days a week. Payment is not necessary. Lines for Life is also available 24 hours a day at (800) 273-TALK (8255). Information about the Portland Police Bureau's Behavioral Health Unit (BHU) and additional resources can be found by visiting <http://portlandoregon.gov/police/bhu>

past them, so you can recognize them if you need help finding your way.

2. Dress appropriately. This may not sound like a safety rule, but it will actually keep you safe and healthy if you do it right. Make sure you have rain gear and are dressed in layers, so you can adjust to the surrounding temperatures as they change.

3. Bring a first-aid kit along. Learn how to treat basic injuries and how to prevent dehydration and heat stroke or hypothermia.

4. Know where to get help. Most hiking trails have exit points that allow you to take a side path and reach a main road or a wilderness stop. Knowing where those side roads are can make a world of difference if you are seriously injured and alone.

**PORTLAND CITY WORKER RESCUED FROM TRENCH (4119 N ALBINA AVE.)**

News Release from Portland Fire & Rescue  
 FlashAlert: April 28th, 2015 4:16 PM  
 4/28/2015- At 1:30 PM Portland Firefighters were called to 4119 N Albina Avenue. Reports indicated that a city worker had fallen from a large city truck into a 12' deep trench.

PF&R's technical rescue team responded to the scene along with firefighters from the nearest station. Firefighters used wood panels to prevent the trench walls from collapsing. Two rescuers then entered the trench to assess the patient and to prepare him for rescue from the trench. The man was placed on a backboard and hoisted out of the trench using a rope and pulley system. The patient was taken by ambulance to Legacy Emanuel Medical Center and was entered into the Trauma System. Patients are entered into the trauma system when they have a high potential for severe traumatic injury.

**SUSPECT ENTERS CHILD'S BEDROOM IN CULLY NEIGHBORHOOD**

News Release from Portland Police Bureau  
 FlashAlert: April 28th, 2015 2:16 PM  
 On Monday April 27, 2015, at 5:29 a.m., North Precinct officers responded to a residence in the area of Northeast Cully Boulevard and Killingsworth Street after the report that an unknown person broke into a child's bedroom and climbed into bed with the child. Several officers responded to the area and contacted the child's family who told police that the suspect broke into the residence through a window and climbed into bed with an 11-year-old girl. The child awakened to the stranger in her bed, and the stranger ran away and fled the residence out the window of entry. The suspect did not touch or injure the child. Several officers checked the neighborhood but did not locate anyone matching the suspect's description. The suspect is described as a Hispanic male in his mid-20s, 5'7" tall, medium build, piercings in both ears, wearing dark clothing. At the time of the incident, the child reported that the suspect smelled of alcohol. A forensic sketch of the suspect is being released to aid with this investigation. Anyone with informa-

**WATER RESCUE IN COLUMBIA RIVER FROM MARINE DRIVE**

News Release from Portland Police Bureau  
 FlashAlert: May 4th, 2015 9:01 AM  
 On Monday May 4, 2015, at 8:27 a.m., North Precinct officers responded to the report of a vehicle that drove off the roadway in the 7000 block of Northeast Marine Drive. Officers arrived and spoke to witnesses who confirmed a vehicle was submerged in the river. Firefighters from Portland Fire & Rescue and the Port of Portland Fire Department responded, along with the Multnomah County Sheriff's Office to put divers in the water to locate the vehicle. Northeast Marine Drive was closed in both directions, from 33rd to 122nd Avenues. The deceased driver has been identified as 49-year-old Cynthia Marie Boone. Her family has been notified of her death. Investigators are looking into the possibility that Boone drove into the river as an intentional act after learning that she has a history of mental health crisis, including prior attempts to end her life.

**PORTLAND FIRE PULLS MAN FROM WILLAMETTE RIVER**

News Release from Portland Fire & Rescue  
 FlashAlert: May 3rd, 2015 2:47 AM  
 At 2 A.M. Portland Fire & Rescue was dispatched on reports of a man in the Willamette clinging to a piling on the Morrison Bridge. Multiple land and water units responded. The patient was spotted and initially secured by Portland Fire Rescue Craft 1 (a small, highly mobile 2 man craft with a floating sled behind). The patient was immediately transferred to Rescue Boat 21 and subsequently taken to PF&R station 21 dock where medical crews transported the man to the hospital. It is unclear how the man in his 20's came to be in the water or how long he had been in the water. The man had no apparent injuries and was transported as a precautionary measure. Portland

**PORTLAND FIRE & RESCUE RESCUES INJURED MAN AT FOREST PARK**

News Release from Portland Fire & Rescue  
 FlashAlert: April 29th, 2015 11:35 AM  
 Firefighters were dispatched to Forest Park (10:45A) to rescue a man that damaged his hamstring while hiking. Due to the narrow hiking roads, special utility vehicles from Station 22 had to be used to reach the patient. The patient was transported to the hospital with non life threatening injuries. Portland Fire & Rescue would like to remind all that when hiking:

1. Pay attention to natural landmarks around you as you walk

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**A Real Light Story**

It was a normal Portland gray Spring day. Mrs. H was having a good day doing Saturday chores around the house when she noticed she was out of Neodymium bulbs. Soon she arrived at the Lightbulb Playroom. She walked in and said, "I was in such a good mood at home. Now I feel depressed and grumpy. This gray weather gets to me." She then spent some time selecting her replacement lamps and adding some special lights for decoration. During the time she spent under the full spectrum lights in my store, she began to feel better. When she was ready to leave, she turned around and said, "Your lights restored me." Come to the playroom and see how just a short time under these lights can help you feel better.

*The Lightbulb Lady*

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## Worship Directory

**Holy Cross Catholic Church**  
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Sun: 8am & 10am; Sat Mass: 5pm  
 Spanish Mass: Sun Noon  
 Daily Mass: M-F: 8:30am  
 5227 N. Bowdoin \* 503-289-2834

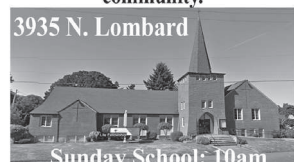
**Portsmouth Trinity Lutheran Church**  
 "Where All Are Welcome"



10am each Sunday  
 7119 N. Portsmouth  
 503-289-6878

**Life Fellowship Church**

"We are extending an invitation to come & worship with us, so we can get to know you, the people of our community."



3935 N. Lombard  
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 503-289-8636

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