

How to Grow Tall.

A man's organs and those of his bones which are not subjected to pressure grow continuously until he is forty years old—that is to say, the heart should become stronger, the capacity of the lungs increase and the brain should develop steadily until the fourth decade of life. Also one should wear a larger hat at the age of forty than at thirty. A man ceases to grow tall, however, at the beginning of the third decade, because after that time the downward pressure exerted by the weight of the body while in the erect position compresses the vertebrae or small bones in the spine, the disks of cartilage between them, the pelvis and the thigh bones, and this pressure overcomes the natural elasticity of the disks and the growth of these bones. However, a British scientist contends that were man a quadruped and therefore freed from the downward pressure produced by his weight upon his spinal column he would continue to grow in height for ten years longer than he does at present, since it has been found that bones not subjected to compression increase up to the fourth decade.—Chicago Tribune.

Pretty Names For Books.

The following are some of the curiously titled old English books:

"A Most Delectable Sweet Perfumed Nougat For God's Saints to Smell At."

"Biscuit Baked in the Oven of Charity, Carefully Conserved For the Chickens of the Church, the Sparrows of the Spirit and the Sweet Swallows of Salvation."

"A Sigh of Sorrow For the Sinners of Zion Breathed Out of a Hole in the Wall of an Earthly Vessel Known Among Men by the Name of Samuel Fish" (a Quaker who had been imprisoned).

"Eggs of Charity Laid For the Chickens of the Covenant and Boiled With the Water of Divine Love. Take Ye Out and Eat."

"The Spiritual Mustard Pot to Make the Soul Sneezes With Devotion."

Most of these were published in the time of Cromwell.

The Wearing of Hats.

More or less of a modern habit is the constant wearing of hats. Even as late as 1750 Horace Walpole mentions as a matter of course that he never wears a hat. "Remember," he says, writing to a friend notoriously careless about his dress, who was expected home from Holland, "everybody that comes from abroad is supposed to come from France, and whatever they wear at their first reappearance immediately grows the fashion. Now if, as is very likely, you should, through inadvertence change hats with the master of a Dutch man-of-war in a week's time we shall all be equipped like Dutch skippers. You see, I speak very disinterestedly, for, as I never wear a hat myself, it is indifferent to me what sort of a hat I don't wear."

A Grand Scheme.

Mr. Higgins had a scheme for protecting his house against burglars during his absence from home, but in spite of that his friend Mr. Higgins met him recently looking very down cast.

"What's wrong?" queried Mr. Higgins.

"Oh, everything," groaned Mr. Higgins. "You remember my scheme for keeping off burglars? Well, the secret of it was to leave a gas jet turned on, so that any burglar who entered would be asphyxiated by the fumes."

"Didn't it work, then?"

"Oh, yes, it worked well enough—too well. The burglar came in with a lighted match, and we haven't been able to find him or the house since."

The Privilege of Peers.

There is a curious case in Fortescue's "reports" relating to the privilege of peers, in which the butler who many years ago arrested a lord was forced by the court to kneel down and ask his pardon, though he alleged that he had acted by mistake, for that his lordship had a dirty shirt, a worn-out suit of clothes and only sixpence in his pocket, so that he could not believe that he was a peer and arrested him through inadvertence.—Green Bag.

He Changed.

"Greyhair's wife brought him home a suit of clothes, but I understand he mustered up the courage to tell her that he had made up his mind to change it."

"Did he change it?"

"Oh, yes; he changed his mind."

Hit It.

"You can't guess what sister said about you just before you came in, Mr. Higbollar," said little Johnnie. "I haven't an idea in the world, Johnnie."

"That's it. You guessed it the very first time."

Domestic Bliss.

Mr. Wyborn—Ever since I married you I've drunk the cup of bitterness to the drugs. Mrs. Wyborn—Yes, inarguable you leaving a drain of anything in any cup!

In the Same Class.

"I have a fishing boat and a chauf-four that are both in the same class."

"How do you mean?"

"I am always telling them out."

So It Does.

We are told that the "smallest hair throws a shadow." And so it does. It throws a shadow over your appetite when you find it in your food.

Inconsistency with ourselves is the greatest weakness of human nature.—Addison.

We wish to call your attention to the fact that most infectious diseases such as whooping cough, diphtheria and scarlet fever are contracted when the child has a cold. Chamberlain's Cough Remedy will quickly cure a cold and greatly lessen the danger of contracting these diseases. This remedy is famous for its cures of colds. It contains no opium or other narcotic and may be given to a child with implicit confidence. Sold by all dealers.

Whence and Hither?

A sublime passage is Carlyle's vision of history as a stupendous procession forth-leaping from Cimmerian night and vanishing into pathetic and faithless silence, which is given as follows in "Rartor Reartus": "Like some wild flaming wild thunder train of heaven's artillery does this mysterious mankind thunder and flame in long drawn, quick succeeding grandeur through the unknown deep. Like a God-created, fire breathing spirit host, we emerge from the inane, haste stormfully across the astonished earth, then plunge again into the inane. Earth's mountains are leveled and her seas filled up in our passage. Can the earth, which is but dead and a vision, resist spirits which have reality and are alive? On the hardest adamant some footprint of us is stamped in; the last rear of the host will read traces of the earliest van. But whence? O heaven, whither? Sense knows not, faith knows not, only that it is through mystery to mystery, from God to God."

Cruel but Necessary.

The Eskimos dread the winter and take early precautions to provide against famine. As the season approaches the great herds of reindeer migrate southward, and the walrus or the seal are all that remain for food. When an in wind is blowing the walrus is easily found on the outer edge of the ice packs. When it is blowing off the shore, however, the ice packs sail out to sea with the walrus on them. The natives then class their numbers in a list from the strongest to the weakest. The food that is in store is divided up, the weakest having the smallest quantity, the strongest the largest. Thus the mightiest hunters have strength to provide for the others. It is a cruel system, but nevertheless a necessary one. If all were weak, all would die; if some are strong, they will save many of the weak.

The Sea Lifts the Grindstones.

From the bottom of the Bay of Fundy come some of the finest grindstones in the world, and the manner in which they are procured is simple and ingenious, the stonecutters making the exceptional tide perform the hardest part of the work. When the tide is out, which happens twice every day, the workmen quarry the stones from the solid rock and fasten them to a big flatboat. Then in comes the tide, a mighty flood rushing in, as though the great ocean had suddenly changed its mind. A wonderful sight it is—rising often as high as a house! And now the men have nothing more to do. The tide lifts the boat, and up comes the stone with it. Boat and stone are then brought close inshore, where the stone is removed at leisure when the tide is out.—Argonaut.

A Fitting Reply.

Major Lomax of the United States army was visiting in Canada soon after the war of 1812. He was entertained in Quebec by the officers of one of the royal regiments. After dinner, speeches and toasts being in order, one of the British officers, having imbibed too generously of the champagne, gave as a toast, "The President of the United States, Dead or Alive!" The toast was accepted with laughter. Major Lomax rose to respond, saying, "Permit me to give as my toast, 'The Prince Regent, Drunk or Sober!'" The British officer sprang instantly to his feet and in angry tones demanded, "Sir, do you intend that remark as an insult?" To which Major Lomax calmly answered, "No, sir; as the reply to one."

Don't Get Up in a Hurry.

Don't jump up the first thing your eyes are open. Remember that while you sleep the vital organs are at rest. The vitality is lowered and the circulation not so strong.

A sudden spring out of bed is a shock to these organs, especially to the heart, as it starts pumping the blood suddenly. Don't be in such a hurry. Stretch and yawn and yawn and stretch. Stretch the arms and legs, stretch the whole body. A good yawn and stretch are better even than a cold bath. Take time. It will keep you young and add years to your life.—Family Doctor.

Golf.

A writer in an English paper has this to say regarding the game of golf: "Golf is a great game, but shiver me gibbets if I think it comes up to old dandywinks. It is played with a couple of farms, a river or so, two or three sand hills, a number of implements resembling dentist's tools, a strange language much like Hindustani, any old clothes and a large assortment of oaths."

Overheard in the Art Gallery. They were making the usual round of exhibitions. "Oh," he exclaimed, "do look at that beautiful Apollo Belvedere!" "Sh!" she returned. "Don't say dear!" so loud. Everybody'll know we're just married.—Judge.

Sounds So.

"How oddly the man cleaning the machinery talks."

"How do you mean?"

"I heard him telling his helper to save the waste."—Baltimore American.

Nose For News.

"That man is an inveterate gossip, and he has a perfect genius for smelling out equally times in families."

"Then he is something of a storm sealer."—Exchange.

Acrobatic Diplomacy.

Elihu Root once defined a real diplomat thus: "A real diplomat, you know, is a man who can stretch hands across the sea without putting his foot in it."

REVIEW'S LEGAL BLANKS

The following list of legal blanks are kept for sale at this office and others will be added as the demand arises: Warranty deeds, Quit Claim Deeds, Realty and Chattel Mortgages, Satisfaction of Mortgages, Contracts for Sale of Realty, Bills of Sale, Leases. All these blanks at the uniform price of 50c per dozen.

To Our Subscribers

Owing to the fact that free mail delivery service will be inaugurated in St. Johns on January 1st, 1913, and that thereafter the Review will be delivered by carriers, it is imperative that we should secure the address of each subscriber. Therefore, we ask each subscriber residing within carrier limits to cut out and fill in the blank form below, and send same to the Review office.

Name.....
Street Number.....
Street.....

PROPOSALS FOR IMPROVEMENT BONDS
City of St. Johns, Ore.

Sealed proposals will be received by the undersigned at his office in the City of St. Johns, Oregon, until six p. m. on the 31st day of December, 1912, for the sale of the whole or any part of improvement bonds of the City of St. Johns, issued under Ordinance Number 518, at not less than par and accrued interest. Said bonds to be dated as follows: \$5,837.01 Oct. 12, 1912. \$3,420.53 Nov. 1, 1912. \$1,234.25 Nov. 23, 1912. \$2,142.73 Oct. 25, 1912. \$4,705.46 Nov. 16, 1912. Amounting in all to \$17,339.98. All of said bonds are issued in denominations of Five Hundred Dollars or less, and all of the said bonds are payable ten years after date of said bonds. All of the said bonds are coupon bonds bearing interest at the rate of Six per cent payable semi-annually, subject to all the conditions imposed, directed and stipulated by section 131 of the Charter of the City of St. Johns.

The right is reserved to redeem any and all bonds at any interest period at or after one year from date.

All bids must be accompanied by a certified check for two per cent of the amount of the bid, and said check shall be payable to the City of St. Johns, and the said check shall be retained by the City of St. Johns as damages in case the bidder to whom the bonds are awarded fails to accept and pay for the same within Fifteen days after the acceptance of the bid. The money is to be paid and the bonds are to be delivered at St. Johns, Multnomah county, Oregon.

The right is reserved by the Council to reject any and all bids.
F. A. RICE, Recorder.

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1.25 "	.84				

New goods will soon be coming; we must have the space; must have the money to pay for them. So we offer you these special prices that you may have the benefit as well as ourselves. Goods on our shelves do you no good; do us no good. Remember Monday and Tuesday, December 30 and 31.

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