The dictionary says the word means 'literally, absence of ease.'' Recryone who ever rode a bicycle, an automobile or a street car, knows well the difference between a smooth running machine and friction. When there is friction, something is not right. In the body we call it disease, and it is usually accompanied with congestion or inflammation.

An increased blood supply in any part, when natural, is a source of great blessing. It aids digestion after meals, prepares the body for its various normal functions, and supplies the brain with thinking power when in special efforts. It heals our wounds, and, rightly directed, wards off or cures disease. But, like fire, water and electricity
-inestimable blessings in their proper spheres, but terrible when let loose-inflammation is often a destructive foe. It is represented in the simple "cold in the head," and in the various forms of catarrh which afflict every organ of the body. A sudden attack we call scute disease, a prolonged continu-

Barring accident, the great cause of disease is, we are told by highest authority, "physical sin." One cannot put his finger in the furnace without feeling fire. Nor can one put fiery food in his gastro-enteric apparatus without getting inflam-

mation.

To be sick one must live for it.

He must eat bad food, drink bad water, (or other liquid) breathe bad air, think bad thoughts. He must refrain from healthful exercise, from fresh air, sunlight, bathing, restful sleep, and from thoughts that make for human welfers research and public. fare, personal and public.

The road to health is the road of

right living, and while there are some "keep off the grass" sign boards along the way, yet it leads through vales resonant with music. through woodland meadows where softest breezes blow, and to a perfectly finished maturity as a result of right habits in early life. Be then at ease,

Life's struggles please
When life's pure blood runs clear;
And happiness,
And healthfulness,

Where right thoughts know no fear. -Albert Carey, M. D.

FOR SALE

Good 6-room house, 50 x 100 lot, South St. Johns. Can sell for what the house cost. This is a map at \$1250.

5-room plastered house, close in, 3-room house, North Edison, 50

z 100 lot, fine river view, at bargain price for the lot alone; \$750— If you want real bargains, we

MCKINNEY & DAVIS. Phone, Jersey 216.

### The Circus

erobat finds it necessary at all imes to keep his muscles and joints supple. That is the reason that dreds of them keep a bottle of cuts, sprains, sore throat, lame back, contracted muscles, corns, bunions and all pains. Price 25c, 5oc and \$1.00 per bottle. Sold by North Bank Pharmacy.

All our meats are government inspected and the best that money can They are neatly and carefully handled. Come in and leave your order for free delivery. Ward's Central Market.

Don't be Snobbish, but be particular. Have your clothes cleaned and pressed at the St. Johns Cleaning, Pressing and Dyeing Works, 116 Philadelphia Street. Phone Jersey 1131.

Wanted-Girl for general house work in a small family. Good wages. Call at 910 Stafford street, St. Johns Heights.

### **Eminent Authorities Say**

that out-door exercise is needed by the American People. That's all very well, but how can people with rheumatism follow that advice? The answer is very simple-use Ballard's Snow Liniment and the rheumatism will go, leaving you as spry as a colt. Gives quick and permanent relief from rheumatism, neuralgia, lame back and all pains. Sold by North Bank Pharmacy.

### Dressmaking.

Tailored and fancy waists and

519 South Jersey Street, Phone Jersey 1351.

You got full weight and first sality at the Central market. Just

The REALLY BIG secret of With this you can grasp wach opportunity as it comes. Are YOU strong enough to do this? The First National Bank helps. Pays 3 per cent.



Quality - Comfort - Style

## **Bradley Shoe**

ALL the good points you've wished for in a shoe and have sever been able to find—are in The Bradley Shoe

It has the right look—and the right feel—and the right stuff in it to give you the worth of your

The Bradley Shoe is the "just right" shoe all around. Come in and try it on on the foot is the one sure way of

BRADLEY SHOE FOR MEN \$3.50 to \$5.00

ALL STYLES FOR ALL OCCASIONS Shoes In All Styles for Women &- Children



ORDINANCE NO. 286.

An Ordinance to Amend Ordinance 130 of the City of St. Johns Entitled "An Ordinance to License Vehicles," Passed by the Council November 13, 1906, and Approved by the Mayor Nov. 13, 1906.

The City of St. Johns does ordain a

follows:

That Ordinance No. 130 of the City of
St. Johns entitled "An Ordinance to
License Vehicles," passed by the Council and approved by the Mayor November 13, 1906, be and the same is hereby
amended to read as follows:

Section I. That the owner or keeper
of every stage coach, back, carriage.

of every stage coach, back, carriage, dray, truck, cart, wagon or other vehicle which shall be used for the conveyance of passengers, packages, goods or freight from place to place within the city of St. Johns (except hand carts and the vehicles used by the merchants, dealers, and manufacturers exclusively for the free delivery of their wares to their customers) shall pay a quarterly license of delivery of their wares to their customers) shall pay a quarterly license of Three Dollars (\$1.00) in advance for each wehicle drawn by one animal, and for each sdditional animal used in drawing such vehicle, the additional sum of Two Dollars (\$2.00) per quarter, and the sum of Five Dollars (\$5.00) per quarter for each automobile or vehicle propelled by steam, electric or any other than animal power. The owner or driver of vehicles conveying passengers or merchandise, or conveying passengers or merchandise, or anything as above mentioned, shall place the number of his vehicle, as named in the license, spon each side of his vehicle in a conspicuous place, or by placing the number of his vehicle, as named in the LICENSE MONEY FOR STREET

Section II. The money derived from the issuance of such licenses shall be placed in a separate fund to be used under the direction of the Council ex-clusively for the keeping of the improved streets of the City of St. Johns in repair.

DATE OF LICENSE. DATE OF LICENSE.

Section III. That this Ordinance shall take effect and be in force from and after its approval by the Mayor and publication in the St. Johns Review, and all licenses issued under this Ordinance shall be dated on the day of issuance of the same, and shall cover the period of time from the first day of the month in which the liability therefor accrued, and shall be issued only upon the payment to the City Recorder of the proposition therefor, computing said amount from the first day of the month in which the liability therefor accrued until the end of the current quarter.

PENALTY. Section IV. That any person who shall use any of the vehicles described in Section I of this Ordinance without hav-Section I of this Ordinance without having first secured the license mentioned therein, shall, upon conviction thereof in the Municipal Court of the said City of St. Johns, be punished by a fine of not less than Ten Dollars (\$50.00) nor more than Pifty Dollars (\$50.00), or by imprisonment in the City jail not less than Pive (5) days nor more than Twenty-five (25) days.

REPEAL.

V. All Ordinances or parts of in conflict herewith are here-Passed by the Mayor this 12th day Appril, 1910.

J. P. HENDRICKS. A. M. ESSON, Recorder

Published in the St. Johns Review April 15, 1910.

Bring in your job printing while are entirely out. We are equippe to turn out nest and tasty pr promptly at Portland prices or less.

For Sale.—Hatching eggs, Wheelborn, \$1.00 per setting. horn, \$1.00 per se

# King & Brodah

toilet; lot 50x100.

No. 154-\$1700; \$250 cash, balance \$10 per month; 6 room house, nice lot fenced, some furniture.

ment; on easy terms.

balance \$5 per month.

Lot 25x100, business corner on Jersey Street; a snap at \$5500. Lots in all parts of the city, cash

Most complete line of COLLARS and SWEAT PADS on the market, See them.





St. Johns Harness Shop

SUMMONS.

In the Circuit Court of the State of Ore-gen for the County of Multnomah. Daniel G. Huron, plaintiff; vs. Cora

Huron, defendant.

To Cora Huron, defendant above named:
In the name of the state of Oregon
you are hereby required to appear and
answer the complaint filed against
you in the above entitled court in the
above entitled suit on or before Saturday,
the 21st day of May, 1910, which is subsequent to the expiration of aix weeks
after the 1st day of April, 1910, the date
of the first publication of this summons,
it being prescribed in the order for said
publication that said summons be published once a week for six consecutive

it being prescribed in the order for said publication that said summons be published once a week for six consecutive weeks, in the St. Johns Review. If you fail to so appear and answer, for want thereof, the plaintiff will apply to the above entitled court for the relief prayed for in his complaint, to-wit:

A decree dissolving absolutely the bonds of matrimony heretofore and now existing between the plaintiff and the defendant; for the custody of the children of plaintiff and defendant, namely: Lyun, 17 years of age; Charles, 9 years of age; Joe, seven years of age, and that defendant be declared to have no right, claim or interest in any of the household goods, personal effects, furniture or other personal property of the plaintiff, and for such other, further or different relief as the court may deem proper.

This summons is published in the St. Johns Review pursuant to an order of Hon. Robert G. Morrow, presiding judge of the above entitled court, made and entered the 26th day of March, 1910. Date of first publication is April 1, 1910, date of last publication is May 20, 1910.

GEORGE J. PERKINS,

Attorney for Plaintiff.

One-quarter of Pound a Week

at least, is what a young baby ought to gain in weight. Does yours? If not, there's something vrong with its digestion. Give it McGee's Baby Elixir and it will begin gaining at once. Cures stomach and bowel troubles, aids digestion, stops fretfulness, good for teething babies. Price 25c and 50 c. Sold by North Bank Pharmacy.

well dressed man. Bring them to their being well pressed. All work Cleaning, Pressing and Works, 116 Philadelphia Phone Jersey 1131.

I will sell for a small payment down the Maples Property, corner of Lively and Fessenden streets. E. C. Huribert, 303 Portland Boule-

FOR BARGAINS with or without CASH

No. 20-\$1650; \$250 cash, balance mortgage to run to Nov, 1911. 5-room house, plastered, basement, all complete, except bathtub and

No. 00-\$1850; beautiful new modern house, plastered, full base-

No. 29-\$1059; 4-room plastered house, full lot in fine shape, on Jersey Street; part cash. No. 27—Full 50x100 lot in Hol-brook Addition, \$325; \$156 cash,

No. 143—100x100 corner, on Portland Boulevard, \$1200; street improvments all paid.

or terms.

RESOLUTION

light Overalls, Wonder Hose, Rothchild Men's Clothes.

SUMMONS

In the Circuit Court of the State of Oregon, for the County of Multnomah.

Amanda F. White, Rlizabeth M. Cadwell, Parker F. Morey, Lettie Lyons and Mary Norton, Plaintiffs.

Prederic Probetel and Media Proebstel, his wife, Marie B. Snodgrass, Joseph H. Snodgrass and Bell Snodgrass, Joseph H. Snodgrass and Bell Snodgrass, Joseph H. Snodgrass and Grace Snodgrass, his wife, Margaret Abbett and Frank T. Abbott, her husband, Jessis M. Bartlett and R. W. Bartlett, her husband, Sarah E. VanBuren and J. VanBuren her husband, James G. Snodgrass, John Francis Snodgrass, James G. Snodgrass, of the defendant above named, and cach of you, are hereby summonsed and required to appear and make answer to the complaint filed against you in the above entitled auit, on or before Saturday, the 16th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent to the expiration of six weeks after the 4th day of March, 1910, which date is subsequent

Pirst.—That the claim, or pretended claim of each of said defendants to the real property of the plaintiffs', to-wit:

Lots numbered four and five in block numbered eleven, is the Griswold tract, in city of Portland, Multnomah County,

Published in the St. Johns Review

## Proposals for Street World

Second.—That a deed from Frederich Probstel to Wendell Probstel, dated Sept. 24, 1857, recorded in book A, at page 488, Multnomah county, Oregon, deed records, on Sept. 26, 1857, be reformed so as to describe the property therein conveyed, or attempted to be conveyed as follows, to-wit:

"All of river lot numberous (1) in motion 20, and lots numbered one, two, three and five, and the east half of the northwest quarter of section 21, all in township one north, singe one east of Willemette meridian, in Multnomah county, Oregon, containing 159.39 acres, more or less." Dregon, containing 155.59 acres, more or less."

Third.—That the deed from Frederick Prophetel and Media Prophetel, his wife, to J. W. Snodgrass, dated Oct. 8, 1908, recorded at page 138, in book 435, Eultnoman county, Oregon deed records, on October 9, 1908, covering the lota herein first described, and other property, and the deed from J. W. Snodgrass and M. B. Smodgrass dated Nov. 4, 1908, recorded Oct. 18, 1909 in book 466, at pages 395, and 396, to F. Prophetel covering an undivided one-half interest in the lots herein first described, with other property, both be cancelled and held for naught, as to the real property of these plaintiffs. No proposale or bids will be consider unless accompanied by a certified the payable to the order of the mayor of city of St. Johns, certified by a respable bank for an amount equal to cent. of the aggregate proposal.

The right to reject any and all bids hareby reserved.

hereby reserved.

By order of the city council,

A. M. ESSON, Recorder.

Published in the St. Johns Revie
April 1, 8, and 15, 1910.

EXCAVATING

asement and all other kinds of excavating Call for Bandell Phone Richmond 61

A Knocker

s a man who can't see good in any person or thing. It's a habit caused by a disordered liver. If you find hat you are beginning to see hings through blue spectacles, rest your liver to a good cleaning out process with Ballard's Herbine
A sure cure for constipation, dys
pepsis, indigestion, sick headache
billiousness, all tiver, stomach and
bowel troubles. Sold by North Banl
Pharmacon

TICE TO ADVERTIGERS.

### THINKING INVESTO FOR

Half Interest, REAL ESTATE BUSINESS This is an exceptionally good, and cheap investment and will prove very profitable See us about this at once.

WHY DOES ONE ARCHITECT BUILD A HOUSE BETTER

IT IS OUR UTMOST DESIRE TO BUILD UP A BUSINESS AND REPUTATION IN

WE INVITE YOUR PATRONAGE. WE COURT AN OPPORTUNITY TO MAKE GOOD.

ST. JOHNS TO AN EXTENT THAT WHATEVER A PERSON NEEDS MAY BE FOUND

**BONHAM & CURRIER** 

Stootman, Star Brand, Huiskamp Shoes. Warner Washable Corsets. Head-

THAN AN OTHER? HE KNOWS HOW. WHY DOES ONE

STORE HAVE MORE BUSINESS THAN ANOTHER? BE-

CAUSE THE MANAGEMENT KNOWS WHAT TO BUY THAT

PLEASES BEST THE CUSTOMERS IN HIS COMMUNITY:

KNOWS SOMETHING OF HOW HE WOULD LIKE TO BE TREATED WHEN IN A STORE AND ENDEAVORS TO

HAVE CUSTOMERS TREATED ACCORDINGLY.

IN OUR OWN COMMUNITY AND HE WILL THINK OF OUR STORE FIRST

8300—Excellent list; capable partner; an opportunity.

Roeming house, 10 rooms on Thirteenth street, 8550—Nice location, rent only \$40; in money-maker.

Restaurant Washington street, good partronage, \$550—Well equipped and rent wonly \$42,50; bargain.

Half acre Tremont Station Mt. Scott carline, \$525—Needs but \$225 to secure this you'll want it.

only \$42.50; bargain.

Half acre Tremont Station Mt. Scott carline, \$325—Needs but \$225 to secure this; you'll want it.

Corner lot East Night street, North and Beech, \$800—Best bargain in town for an inside homesite.

Market and Grocery on First street, half interest, \$1350—Fish, poultry, butter, eggs, cheese. This is a live, busy and very profitable place, with a permanent and ever growing business; well equipped; rent only \$87 and a thoroughly up-to-date partner.

Nice 6-room house and lot, 100x100, \$1400—Bearing fruit trees and small fruits. At Newport on the St. Johns carline; one block from school and car; half cash takes it.

Corner, 100x100, on W-W carline, \$1800

—Habitable shack, and 60x100 cultivated; fruit trees; a bang-up good investment.

19 Acres Fine Bottom Land with bouse cash.

Choice five-room moders bungalow and nice lot, \$3200—Situated on East Washington street; full basement; first class plumbing; gas and electricity; porches front and rear; two rooms can be furnished in the attic; a bargain at the price. Let us show it to you; \$1200 cash will secure you a warranty deed to it.

Here is a modern home; half cash.

Choice five-room moders bungalow and nice lot, \$3200—Situated on East Washington street; full basement; first class plumbing; gas and electricity; porches front and rear; two rooms can be furnished in the attic; a bargain at the price. Let us show it to you; \$1200 cash will secure you a warranty deed to it.

Here is a modern home that will tickle the taste of discriminating investors who appreciate the best in architecture, finish, intrinsic merit and environment; 9-room up-to-date residence on East Eighteenth street; lot 100x100; stone foundation; hot water plant; cement walks, set laundry tubs, sewer connection, large conservatory, good barn, bearing fruit trees, flowers and small fruits, no incumbrance; and street lot 20x100; stone foundation; hot water plant; cement water, not cash.

Choice five-room moders bungalow and nice lot, \$3200—Situated on East Washington into the plumb

ment.

19 Acres Fine Bottom Land with house gon we can supply your requirements, and lot situated on Baker's Ferry Road, and it will certainly prove profitable close to Goldstons, on south bank of Clackamas river, only \$2300.—half cash, definitely.

One acre and very desirable 4-room house, \$2700—Situated at Firland on the Mt. Scott carline; 23 bearing fruit trees; an abundance of small fruits; excellent

water; nice property and home;

American-Scandinavian Realty Co. New Address. 212 HENRY BUILDING

Merchants! Manufacturers! Farmers! Everybody! We are hunting for your business and have been on your trail for some time. Our aim is to serve you

The adoption of our service offers a complete solution to the transportation problem.

Our rates are reasonable and our service

unsurpassed. Two trains between St. Johns and Portland

We deliver Anything, Any Place, Any Time. Call and get our rates before shipping.

PORTLAND & SUBURBAN EXPRESS CO. C. W. STEARNS

Phones: Portland Office, Main 358





HEMSTOCK BROS Undertaking and Embalming

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