

Days You'll Never Forget



THE DAY YOU FANNED WITH TWO OUT AND THE BASES FILLED

RAYMOND TRILL

U. S. HEALTH SERVICE ISSUES WARNING

Increase in All Respiratory Diseases After the Influenza Epidemic Probable.

Influenza Expected to Lurk for Months. How to Guard Against Pneumonia. Common Colds Highly Catching—Importance of Suitable Clothing—Could Save 100,000 Lives.

Washington, D. C.—With the subsidence of the epidemic of influenza the attention of health officers is directed

to pneumonia, bronchitis and other diseases of the respiratory system which regularly cause a large number of deaths, especially during the winter season. According to Rupert Blue, Surgeon General of the United States Public Health Service, these diseases will be especially prevalent this winter unless the people are particularly careful to obey health instructions. "The present epidemic," said Surgeon General Blue, "has taught by bitter experience how readily a condition beginning apparently as a slight cold may go on to pneumonia and death. Although the worst of the epidemic is over, there will continue to be a large number of scattered cases, many of them mild and unrecognized, which will be danger spots to be guarded against." The Surgeon General likened the present situation to that after a great fire, saying, "No fire chief who

understands his business stops playing the hose on the charred debris as soon as the flames and visible fire have disappeared. On the contrary, he continues the water for hours and even days, for he knows that there is danger of the fire rekindling from smoldering embers." "Then you fear another outbreak of influenza?" he was asked. "Not necessarily another large epidemic," said the Surgeon General, "but unless the people learn to realize the seriousness of the danger they will be compelled to pay a heavy death toll from pneumonia and other respiratory diseases."

Common Colds Highly Catching.

"It is encouraging to observe that people are beginning to learn that ordinary coughs and colds are highly catching and are spread from person to person by means of droplets of germ laden mucus. Such droplets are sprayed into the air when careless or ignorant people cough or sneeze without covering their mouth and nose. It is also good to know that people have learned something about the value of fresh air. In summer, when people are largely out of doors, the respiratory diseases (coughs, colds, pneumonia, etc.) are infrequent; in the fall, as people begin to remain indoors, the respiratory diseases increase; in the winter, when people are prone to stay in badly ventilated, overheated rooms, the respiratory diseases become very prevalent."

Suitable Clothing Important.

"Still another factor in the production of colds, pneumonia and other respiratory diseases is carelessness or ignorance of the people regarding suitable clothing during the seasons when the weather suddenly changes, sitting in warm rooms too heavily dressed or, what is even more common, especially among women, dressing so lightly that windows are kept closed in order to be comfortably warm. This is a very injurious practice."

Could Save 100,000 Lives.

"I believe we could easily save one hundred thousand lives annually in the United States if all the people would adopt the system of fresh air living followed, for example, in tuberculosis sanatoria. There is nothing mysterious about it—no specific medicine, no vaccine. The important thing is right living, good food and plenty of fresh air."

Droplet Infection Explained in Pictures.

"The Bureau of Public Health, Treasury Department, has just issued a striking poster drawn by Berryman, the well-known Washington cartoonist. The poster exemplifies the modern method of health education. A few years ago, under similar circumstances, the health authorities would have issued an official dry but scientifically accurate bulletin teaching the role of droplet infection in the spread of re-

spiratory diseases. The only ones who would have understood the bulletin would have been those who already knew all about the subject. The man in the street, the plain citizen and the many millions who toil for their living would have had no time and no desire to wade through the technical phraseology."



COLDS, INFLUENZA, PNEUMONIA, AND TUBERCULOSIS ARE SPREAD THIS WAY

Copies of this poster can be obtained free of charge by writing to the Surgeon General, U. S. Public Health Service, Washington, D. C.

CHICHESTER'S PILLS
THE DIAMOND BRAND
Medical Aid from Berryman's
Cartoonist of Droplet Infection
Pills in Red and Gold Mosaic
Cases, Sold with Blue Ribbon.
Take as above. Buy of your
DRUGGIST. DIAMOND BRAND PILLS, 40
years known as Best, Safest, Always Reliable.
SOLD BY DRUGGISTS EVERYWHERE

CHRISTMAS CANDY

A Good Supply of Holiday Goods At John J. Price Confectionery

A good supply of candies of all kinds, including box goods, priced up to \$5.00, is being offered the Holiday trade this year by John J. Price. Cigars in a wide variety, stationery, and fruits for the holiday trade are to be had in every kind.

The people have learned to look to Mr. Price for the best things in these lines, and they will not be disappointed this year. Look the stock over before the season gets late. A stock of Christmas trees will be added in time for your selection.

TEACHERS' EXAMINATIONS

Notice is hereby given that the County Superintendent of Crook County, Oregon, will State Certificates at Prineville, as follows: hold the regular examination of applicants for Commencing Wednesday, Dec. 18, 1918, at 9:00 o'clock a. m., and continuing until Saturday, Dec. 21, 1918, at 4:00 o'clock p. m.
Wednesday Forenoon
U. S. History, Writing (Penmanship), Drawing, Music.
Wednesday Afternoon
Physiology, Reading, Manual Training, Composition, Domestic Science, Methods in Reading, Course of Study for Drawing, Methods in Arithmetic.
Thursday Forenoon
Arithmetic, History of Education, Psychology, Methods in Geography, Mechanical Drawing, Domestic Art, Course of Study for Domestic Art.

Is Your Money Supporting the Government?

At this critical period in our history our manufacturers are offering their mills and our young men are offering their services to the United States government. Would you like to do your share and help, by putting your money where it will support the new Federal Reserve Banking System, which the government has established to stand back of our commerce, industry and agriculture?

You can do this by opening an account with us as part of every dollar so deposited goes directly into the new system, where it will always be ready for you when wanted.

Member Federal Reserve System

FIRST NATIONAL BANK

Thursday Afternoon
Grammar, Geography, penmanship, American Literature, Physics, Typewriting, Methods in Language, Thesis for Primary Certificate.
Friday Forenoon
Theory and Practice, Orthography (Spelling), Physical Geography, English Literature, Chemistry.
Friday Afternoon
School Law, Geology, Algebra, Civil Government.
Saturday Forenoon
Geometry, Botany.
Saturday Afternoon
General History, Bookkeeping.
J. E. MYERS, Supt.

TOO LATE TO CLASSIFY

DEMAND FOR TELEGRAPH OPERATORS—Young men and women trained in few months under the supervision of a successful Dispatcher. Indorsed by Railroads. Opportunities to earn expenses. Write for Bulletin. Telegraph Dept., 218 Railway Exchange Bldg. Portland, Oregon. 315c

Dr. Turner, Eye Specialist of Portland, will be in Prineville again Saturday, Dec. 7. Dr. Turner will visit Prineville every two weeks in the future. He is a specialist of experience and standing and you will make no mistake in consulting him about your eyes and glasses. Headaches relieved, and cross eyes straightened. Satisfaction guaranteed. 315c

FOR SALE—Flat top desk and sewing machine cheap. Mrs. O. C. Claypool, City. 315c

LOST—Three-year-old blue jersey, with white spots. Branded L on right shoulder. Reward, John Luckey. 315c

NOTICE TO CREDITORS
NOTICE IS HEREBY GIVEN by the undersigned, the Administratrix of the Estate of Ernest E. Gunter, Deceased, to all creditors of said Deceased, and to all persons having claims against said Estate to present the same with the proper vouchers to the undersigned at the office of M. E. Elliott, in Prineville, Oregon, within six months from the date of the first publication of this notice. Dated and published the first time December 5, 1918.
CHRISTINA GUNTER, Administratrix of the Estate of Ernest E. Gunter, Deceased. 315c



WE BUY LIBERTY BONDS FOR SPOT CASH ANY ISSUE

\$50	\$100
\$500	\$1000

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SCOURING SOAP
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Gifts for Old and Young

CHRISTMAS HINTS

<p>Outing Flannels from 30 Cents Up</p> <p>Ladies and childrens Shoes special sale of odds and ends from \$1 to \$3.85</p> <p>Ladies Cashmere Hose 85c, \$1, \$1.25</p> <p>Ladies Silk Hose \$1.75 to \$2.25</p> <p>Stamped Linens, Crochet and Embroidery Threads, Ribbons plain and fancy. JOIN THE RED CROSS</p>	<p>Ladies Munsing Underwear from 25 Cents Up</p> <p>Childrens Munsing Underwear from \$1.00 Up</p> <p>Special lot of mens bib overalls at \$1.75</p> <p>Special lot of mens Work Shoes, all brands, some worth \$6.00 \$3.85</p> <p>All our Mackinaws same price as last year. JOIN THE RED CROSS</p>	<p>Mens Woolen Shirts from \$2.50 to \$6.00</p> <p>Mens winter Underwear in woolens, from \$3.00 to \$6.00</p> <p>Mens 1 piece heavy outing flannel Pajamas at \$2.75</p> <p>Mens outing flannel Night-gowns at \$1.75</p> <p>Mens Wool Sox from 50c to 85c JOIN THE RED CROSS</p>	<p>Mens Silk Sox from 50c Up</p> <p>Mens Bath Robes \$6.50</p> <p>Boys Suits, ages 6 to 16 \$7.50 to \$12.00</p> <p>Special lot of Men's Bib Overalls at a special price of \$1.75</p> <p>Special lot of Men's Work Shoes Some worth \$6.00 at \$3.85</p> <p>ALL OF OUR MACKINAW AT THE SAME PRICES AS LAST YEAR</p> <p>RUBBER SHOES OF ALL KINDS, INCLUDING ARCTICS, PRICED WAY DOWN</p> <p>MEN'S AND BAYS' HATS AND CAPS, PRICE RANGE VERY ATTRACTIVE</p> <p>Neckwear for men and boys in all the latest styles and colors, ranging in price from as low as 50c to \$1.00</p> <p>Boys' Lace Rubber Pacs with leather tops at \$2.25 JOIN THE RED CROSS</p>
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JORDAN & HYDE, PRINEVILLE, ORE.