

How to Utilize Stale Bread. HE bane of many a housekeeper's existence is stale bread.

Some women are such careful managers that they never have a piece of stale bread that they cannot find a use for, but others are not so

efficient. This mismanagement is more often due to want of thought and plan than to careless tendencies. It is well to know that when bread

begins to get stale it can be freshened by wrapping it in a wet cloth and placing it in a hot oven.

Instead of laying the slices left from a meal aside to dry, place them back against the loaf and wrap a piece of clean cloth about them. Turn the loaf on the slices of bread, and the moisture from the loaf will keep them so fresh that they can often be used the next day on the table. Wax paper can be used instead of the napkin or piece of linen.

It is a splendid plan to keep leftover bread and crusts that cannot be used any more in a bag of cheesecloth. The bag should be hung in some out of the way place, where the air can circulate around it, but where it will be protect-ed from the dust. When the bread is quite dry it should be rolled on the biscuit board with the rolling pin or run through the food chopper until fine.

Bread that has been hung in the air to dry in the cheesecloth bag should be ground into breadcrumbs at least twice week. It is well to dry the stale bread in the oven after it has been made into crumbs. They should be stirred to hasten the process. When they have been thoroughly dried and tonsted they should be set away in glass jars in the cupboard.

When cutting a loaf of bread place a piece of waxed paper on the bread board and after placing the bread in the pan pour the crumbs that have remained into the handy little jar that should be kept near by for the purpose. As the crumbs are toasting in the oven add those that come from cutting the bread.

Of course it is needless to tell the uses of breadcrumbs. They can be used in so many ways, not only in frying oysters, breading cutlets and sprinkling on top of baked dishes, but also in dry cleaning. New bread-crumbs can be used for cleaning gold and white lace. They should not be toasted if they are to be used in this way, but applied with a clean cloth. When they become soiled fresh crumbs should be used.

CARE OF CORSETS.

How to Prolong the Life of Expensive Pairs of Stays.

The care of an expensive corset pro longs its life for weeks and even months. So the woman who buys expensive corsets ought to know how to take care of them.

First a word about expensive corsets. They are real economy for the the electric cylinder. stout woman. She breaks a cheap corset in a week or two and never feels comfortable or looks well in it. An expensive corset, made of stronger materials, boned, perhaps more flex-

********************** HOW TO UTILIZE AN OLD RAINCOAT.

Rip it apart and wash it thoroughly and then fashion it into-A large apron for household use, good for scrubbing and washing wear.

A chemistry apron for the daughter in high school. Dusting cap and sleeve pro-

tectors. Cases for sponges, brushes and toilet articles

A cover to the over the laundry basket.

A lining for the laundry basket for the housekeeper who sends solled linen to the "wet wash." It will save uncomfortable drip from the basket and save mopping the floor.

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INSOMNIA RELIEF.

How to Rob Sleeplessness of Some of Its Terrors.

Insomnia and sleeplessness are rob bed of many of their terrors if their victim looks at them in a sensible way. The very worst thing to do when sleep fails to come is to worry about it and finally work yourself into such a state of nervousness that night and darkness seem all surrounding and never ending.

The victim of sleeplessness should make her wakeful hours as comfortable as possible. If she cannot train herself to lie still, relaxing and resting, she should provide herself with such comforts as are necessary to make the midnight vigil bearable, even pleasant.

Sometimes simple little devices bring the desired sleep. One remedy is this: Close the eyes and turn the eyeballs as far toward the top of the head as possible. This is their normal attitude during sleep, and this attitude, persistently held, often produces sleep. One woman cured herself of real insomnia in this way.

Sometimes a drink of warm water will produce sleep. There is now on

the market a little metal cylinder which is attached to the electric light socket by a wire. When the current is turned on the cylinder becomes hot, and if it is placed in a glass of water the water soon bolls. A glass of water, covered, and this cylinder on the bedside table would make hot water at any time in the night convenient.

Reading, of course, is the solace of the sleepless. The light should be good. Brackets to hold electric bulbs securely on the rungs of a brass bed are sold. Bedside lights on tall brass or wood standards are also sold. Reading in bed is not injurious if the light is good and if the book is held in the proper position. It should be so held that the light strikes full on the page without glaring in the eyes. It is usually more comfortable to slt in a half upright position than in a reclining one. A comfortable plilow or two should be ready at hand to support the back and head. Eating often induces sleep. Bread

and butter sandwiches, wafers, a little fruit-anything that has been found satisfactory-can be prepared beforehand and placed on the hedside table for the sleepless one's feast. If hot milk does the work it can be kept in a vacuum bottle, or it can be heated by

CARE OF THE BABY.

How to Make the Little One Comfortable and Happy.

*********************** THE SWINEHERD.

Keep the pigs warm. They will grow all winter if conditions are right, says the Farm Journal. With bacon at 25 or 30 cents a pound, it pays to keep pigs and keep them right.

If the hogs are warm and comfortable it takes less food to keep them thrifty.

The breeding sows should have a combination of foods and very little corn. They must have some succulent

foods-roots, vegetables, etc., and clover hay. The brood sows must have ex-

ercise to be healthy. Bad luck with them can always be traced to ignorant or careless handling by the owner.

Separate the breeding sows as they begin to grow heavy. A jam from a boss sow may

cause the loss of the pigs and the sow too. ************************

SHEEP ON SMALL FARMS.

Economical Meat Producers and Valuable as Weed Destroyers. In discussing the future meat supply in a recent government bulletin one of the writers said: "Sheep are not generally profitable to the farmer. Their numbers are slowly decreasing nearly everywhere except on the ranges, and the latter are so fully stocked that not

much increase is to be looked for in that direction. There is no probability of any considerable future increase in the number of these animals." It would seem that this writer is overlooking the possibilities along the line of sheep growing as a small farm industry, says the Kansas Farmer. Properly handled there is no more profitable farm animal. Another writer in this same bulletin seems to give the sheep more consideration as a meat producing animal. This writer takes up in detail the various ways in which the average farm can get into the meat production business. One of the pos-

sibilities he mentions is: "By raisin, sheep more extensively in the corn belt and in the eastern states. The impor tance of the wool industry causes farmers to overlook the value of shee, for mutton and as weed destroyers. A small flock of sheep of one of the mutton breeds should be kept on every farm to graze the roadways, the stub-



The Oxford Down sheep is very The Oxford Down sheep is very popular with those farmers who de-alre an aulmal that will produce a good mutton corease and at the same time give a good account of itself in wool. It is a ready fat-tening sheep and is seen at its beat when crossed with inother Down breed. Admirers of the Oxford say that it combines alwa setucts of that it combines size, weight of fierce and the thickness of fiesh of the Cotswold with the compactness and form of the Hampshire, from which it originally descended



Getting Rid of the Landlord.



First Suburbanite-What do you do when you haven't your rent when the landlord comes? Second Suburbanite-Untie the dog in the front yard.



14.602 Collector-I've been coming to this office for this bill for the past five VALUE DR.

Mr. Nopay-I want to compliment You dress so stylishly some peo-5011. ple think you're a wealthy customer of ours .- New York Globe.



Death by Spotted Fever Professecnal Cards.

Dr. Howard Gove

DENTISTS

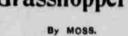
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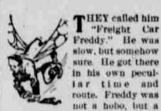
He and Dr. Marsden of Furns compared notes on the disease but no definite treatment was established.

Dr. Belknap said: "It is only in the last 10 or twelve years that physicians have got much information on the subject. The disease is endemic in the Bitter Root Valley of Montana, Idaho, Wyoming, Nevada and Central Oregon. It is especially virulent in Montana where 70 per cent of those bitten

die from the effects of the poison. In the other places mentioned the mortality varies from 2 to 3 per cent. The high dry valleys seem to add virulence to the poison. There is no known cure for the disease. Abstracts The tick probably feeds on sage rats and other vermin and when distended with blood drops off on Office in Morris Building three doors the ground and from there finds its south of Journal office. way to 'members of the human family. The bite effects all ages and both sexes alike and is dangerous from early March to July. The treatment is symptomatic.

Why Are Some **Folks Human** Grasshoppers?





rising young man in a class all his own. They also called him "Freddy.

the Human Grasshopper." You never knew where to find him. Freddy was the antithesis of himself-if you can get that.

He was the Dr. Jekyil and Mr. Hyde of motion. Now you see bim, as slow and deliberate as a freight car, and now you don't, as fast and clusive as a grasshopper. It needed a magician to keep tabs on this very real Freddy.

The land of newspaper renders hus a few Freddies. One time they start on their trip through the paper and proceed slowly, stopping at every way station. The next time they jump here and there through it in a way to make the average grassbopper green with envy.

Be a freight car if you must. but don't be a grasshopper. Better, be neither.

The sensible newspaper reader is MODERATE He's not a plodder or a skipper, bat a PICKER. Are you following CONSIST-ENTLY the ads. in this paper

By MOSS.

at.

Seeing is profitable. One way

it is profitable is in actually see-

ing what you look at when you

glance at the advertisements in-

serted in this paper by the busi-

KEEP YOUR EYES OPEN!

when a man marries he fully intends

A Boston man says mustaches ought

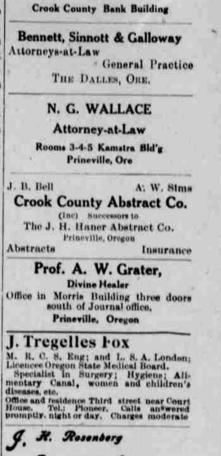
A million dollars is a large sum for

ness men of this community.

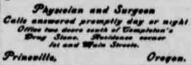
eves hard.

Sight?

life.



Dr. N. Morrison



Chas. S. Edwards H. P. Belknap OCCULISTS

Belknap & Edwards Physicians and Surgeons.

(County Physician.) Prinoville. Oregen

T. E. J. DUFFY

Attorney-at-Law Ofnecessor to W. A. Bell) PRINEVILLE · · · OREGON

C. C. Brix

Attorney-at-Law Roal Estate Cornett Building, Room 6 Prinoville, - -Oregon

D. H. PEOPLES Civil and Irrigation Engineer Room 11 Adamson Bld'g Prineville, Ore.

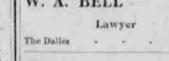
E. O Hyde

Physician and Surgeon LS ANSWEEND PROMPTLY DAY ON NIGHT OFFICE ONE DOOR SOUTH OF ADAMAGN'S DRUG STORE. Both office an resi-dence telephones. CALLS Prineville. -Oregon

Oregon

W. A. BELL

that appeal to you?



M. R. Elliott,



ibly, surely more serviceably, wears five or six times as long as the changer

The slim woman can well wear cheap corsets. If she is slight and of normal proportions, these will doubtless feel quite as comfortable and look quite as well as the more expensive sort. Then she can indulge in the luxury of getting a new one as soon as the old one is worn or solled.

The expensive corset must be sent to the professional cleaner occasionally. It is possible to clean a corset at home, although it will not look as well as one cleaned by professionals. The corset should be stretched out on a board and scrubbed with a brush dipped in soapy warm water to which a little borax has been added. It should be scrubbed until as much dirt as possible has been removed, and then it should be rinsed in clear water; then it should be pinned out flat on a board to dry in the air, but not in the SUL

The Frenchwoman follows a good She has several corsets all the plan. time and siternates wearing them. The ones not in use are aired and then wrapped about a wooden cylinder, to which they are neatly plnned or tied. They are then wrapped in tissue paper or in a muslin or silk case and laid away until needed.

How to Keep Your House Clean.

A shoe duster and a long handled overshoe remover are things that will add to the comfort of any family if they are hung in a convenient place near the hall entrance throughout the winter and early spring rains. They can be homemade. The duster may be made from a piece of old blanket or any thick woolen material, cut into a fringe and tacked to an old handle of a feather duster or just a stick, so that dust may be flicked from the shoes without any stooping.

The overshoe remover may be made by using a stick about a yard long and the lower end cut into a strong and capable shoe horn. In this form one rain stand upright instead of getting smeared by the dripping and mud inked shoe.

The crawling , buby should have creepers over the little dresses. These can be made of inexpensive materials that will wash, and it goes without saying that little dress articles of this sort are a great saving in the washing. There is a useful little supporter resembling the masculine suspenders worn by the small child to keep the undergarment in place. The strap extends to the waist, where it is provided with a clasp, to which the garment in question is attached. The clasp is easily adjusted when the garment needs changing. It gives more freedom to the limbs since the garment does not need to be planed so tightly to prevent it falling.

When the baby cannot wear the flannel band without causing irritation of the skin let him wear a soft linen shirt beneath the band. The linen is soothing to the skin.

Nursing bottles can be cleaned much easier if washed in cold water as soon as used and the nipples dropped in a cup of cold water that has a little sale ratus added and then washed with hot water before using.

Silencers made of Turkish toweling can be used under children's plates at the table. They are also useful in protecting the smooth surface of the serving table.

Serious accidents having occurred to babies through their catching hold of the blades of sharp instruments, the following hint will be useful: Do not try to pull away the instrument or to force open the hand; but, holding the child's empty hand, offer to its other hand anything nice or pretty, and it will immediately open it and let the dangerous instrument fall.

How to Fold a Man's Coat.

The right way to fold a man's coat when he is preparing to go on a trip. declares a housekeeper of experience. is to lay it out perfectly flat, with the wrong side down. Then sprend out the sleeves and fold back the elbow antil each end of the sleeve is even with the collar. Fold the revers back and then double the cost over, folding t directly in the center seam and then anoothing it out carefully.

ble fields after grain is cut and the cornfield after the corn is full grown. Both wool and lambs are salable."

Many a farm would be a more prof. itable enterprise as a whole if a small flock of sheep was added to the live stock equipment. Sheep reproduce more rapidly than cattle and come to maturity at an early age, rivaling swine in this respect. Being ruminants they handle the same class of feeds as cattle and are far more useful than cattle as gleaners of waste. The meat is very healthful and, as the carcass is small, furnishes possibilities in fresh meat, which would be most acceptable on most farms, especially during the summer season. This alone should give a few sheep a place on every farm. On some farms chicken is the only fresh meat available during the summer season. Even fried chicken becomes monotonous when it is "the only fresh meat appearing on the table for days at a stretch.

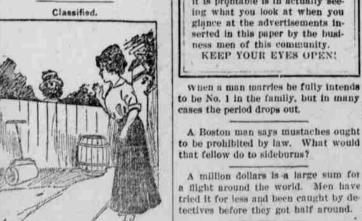
Tying the Herd Bull.

There are various ways of tying the herd bull. It is not an uncommon practice to keep him in a stanchion, and some the him to a low manger with one rope around the horns and another tled to the ring in his nose. We have always felt that it is a better practice to keep the herd bull in a box stall open at the sides, arranged so he can see the herd. This makes him feel that he is part of the herd. A stall of this character gives the bull an opportunity to move about, which we believe is to his advantage .- Hoard's Dalryman.

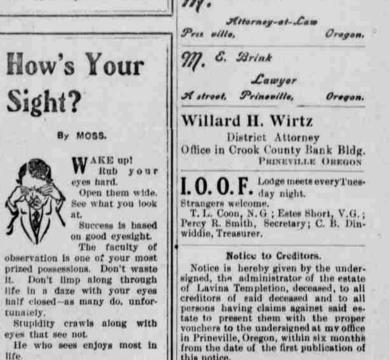
Ringworm In Calves.

Ringworm is very common in calves at this time of the year. Scrub and scrape the spot perfectly free from scales and scabs and then rub in some iodine ointment. Repeat the application each other day and the trouble will soon subside. Isolate the calf, as the disease is contagious. Clean up, disinfect, whitewash, perfectly ventilate and sunlight the stable, as ringworm is due to a vegetable parasite (Tricophyton tonsurans) which lives on damp walls and woodwork in insanitary stables as well as on animals.

Magistrate (to prisoner who has been before him many times) - Ebenezer Snookes, aren't you ashamed to be seen here so often? Prisoner-Bless yer eart, sir, this place is quite respectable ter some places where I'm seen!



Tramp-Lady, kin I do something to earn a breakfast? I'm a first rate town mower. Lady-Go away! You ook mure like an old rake.



this notice. ted and published first time May

28, 1914. A. R. BOWMAN, Administrator of the estate of Lavina Templeton, deceased.

Bids for Wood Wanted

Notice is hereby given that bids for 80 cords of four-foot body pine or juniper to be delivered at the Crook County High School, Prineville, Oregon, on or before Sept. 30, 1914; and also for 100 cords body pine or juniper to be delivered at the courthouse, Prineville, Oregon, on or before Sept 30, 1914, will be re-ceived by the undersigned.

Bids must be filed with the county clerk on or before July 1, 1914. The A million donars is a mrge sum tot a flight around the world. Men have bids. WARREN BROWN, County Clerk.

Jersey Cows for Sale

Anything from calves to milking will imppen a century or so hence does not run much risk of being personally contradicted by the course of events. All young stock of high grade. Prices reasonable. 'Phone or address, L. B. Lafoliette, Princyllie, Oregon,

The prophet who specializes on what contradicted by the course of events.

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