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Mt. Vernon Springs
 Free board, lodging and baths for any person afflicted with rheumatism, that the Mt. Vernon Warm Springs will not cure. H. A. MURPHY, proprietor, Mt. Vernon, Ore.

Moral Effect of Athletics.
 Aside from its physical effect, the moral effect of athletics, in the case of the soldier at least, is of no small value. My experience has been that men are less likely to drink in the football or baseball season, even though they may be addicted to the use of intoxicants. And this though no special effort may have been made along these lines by those in charge of the sports. The class of men who go in for athletics and excel in such contests are the most desirable soldiers and the best all round men. Still another advantage of athletics is that good athletic teams and the reputation for a post of having champion teams draw good recruits and soldiers to enlist there.—Army and Navy Life.

Profanity.
 The more ignorant the man the more he swears. When you hear a man swearing it is a sign that he is an ignorant man and has lived in uncultured surroundings all his life. A well known writer on the development of language asserts that the use of expletives has been steadily diminishing as a result of the cultivation that renders coarseness generally distasteful. Apart from the moral aspects of the case, it is held that what may be called the explosive of talk not only repel the listener, but weaken the argument. An excess of gestures or facial expression, of grimaces, shrugs and manual flourishes, either shows the poverty of the tongue or the lightness of the cause advocated.—Athenian Globe.

The Thrifty Chinese.
 On a visit to one of the United States feet to Hongkong one of the coolies engaged in passing coal was accidentally caught in the machinery and had his leg so badly crushed that it was decided necessary to amputate it. This was explained to the fellow, and after much persuasion he was induced to submit to the sleeping medicine and have the leg taken off. He recovered in remarkably quick time and when able to leave the ship where he was confined was given a handful of money the officers had collected for him, amounting to about \$50 gold. In less than a day's time the ship was besieged by an army of Chinese, all clamoring to have a leg taken off.

A Point on Your Pencil.
 "A Bavarian pencil? Yes, sir," said the stationer's clerk. "You find the wood so much better in these imported pencils? Well, it is undoubtedly a fine quality of cedar. But"—the clerk smiled—"but all the cedar for foreign pencils," he went on, "comes from this country, sir. It comes from Florida. Florida produces the finest lead pencil cedar in the world. Thousands of acres of rich Florida land are given over to cedar production. Ah, so you'll take a dozen domestic pencils, then, sir? Well, I assure you that the same quality of Florida cedar is used in them as in the more expensive foreign article."—New Orleans Times-Democrat.

Reduced Size.
 After a concert at Manchester, England, Joachim, the great violinist, was at a station, waiting for a train.

A respectable looking man, apparently a navy in his best clothes, paced at his side awhile, watching him with close interest. Finally he asked for a light, and got it. As he drew at his pipe to get it started he looked Joachim full in the face. Then, just as he was about to go on, he tapped the violinist's chest impressively.

"But Paganini was the man," said he.

Joachim used to say, declares the narrator of this story, that he never felt so small in his life. Whole pages of learned musical criticism had never begun to whittle him down so fine.

An Unpleasant Office.
 The task assigned to the bellboy at a small New England hotel was no sinecure, and he realized it, for the old gentleman who had requested that he be wakened for an early breakfast was extremely deaf.

"I don't know what I'll do about the man in No. 41 that wanted to go off on the 7 o'clock train," the bellboy announced breathlessly to the proprietress.

"Haven't you waked him up yet?" demanded that brisk person.

"I've waked him three times," said the boy sulkily, "but he hasn't heard me yet. Everybody else has, though, on that floor. I know, because they've all hollered to me to stop battering on their doors."—Youth's Companion.

Sleep Fasting Contests.
 "Sleep fasting matches, before the law put a stop to them, took place frequently in this country," said a specialist in insomnia. "Yes, back in the fifties and sixties sleep fasting was as popular a form of sport as football. Champion sleep fasters were idolized by the girls in hoopskirts and waterfalls. The ordinary youth who had to sleep once in twenty-four hours wasn't one, two, three, in those days."

"W. C. Woodford of San Francisco was the champion of all the sleep fasters. In the famous contest of 1890 this man kept awake for 108 hours and 48 minutes—over a week. He was a little, thin man of a nervous temperament."

"Henry K. Jackson of Detroit held the next best record—144 hours and 17 minutes. Third came Adolph Mueller of Milwaukee, whose record was 142 hours and 57 minutes."

"Why were sleep fasts so popular with our fathers? Besides their unhealthiness, they were tame beyond belief. What, when you think of it, could be tamer than merely 'vating' a lot of men keep awake?"—New Orleans Times-Democrat.

Barley for Sale
 Chopped barley, without sacks, \$18 per ton. Sacked \$21. Inquire of Helrich Bros., O'Neil, Ore. 2-6tt

Attention Homeseekers.
 People coming to Crook county with the intention of locating on government land should first write or call on Cady & Jones, Prineville, Ore.

Stock for Sale
 90 head of stock cattle. Young, and in good condition. Call on PHILIP GRAMM, Hay Creek, Or. 3-19-1mp

Onion Sets
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