



A staff nurse from the Portland Visiting Nurse Association demonstrates the proper way to bathe a baby. The baby's brother has been attending the well-baby clinic in the Sellwood Community house and the baby will be enrolled there soon.

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One of the most reassuring and helpful aides that our community has at its disposal is the Visiting Nurse association.

The services offered by this association should be more widely known and used.

In my practice of medicine in this community I have found the Visiting Nurse Association of Tuberculosis contacts is valuable. The nurses'

I have made it routine in my practice to ask the visiting nurse to go into each home to assist the new mother in her parental and post-natal problems.

It is wise for all mothers possible to avail themselves of the educational and practical value of the well baby clinics.

The cheerful follow-up work rendered by the nurses to house-confined and bed-confined patients is of value, that in these busy times, is difficult to estimate to both doctor and patient.

The follow-up work rendered in the cases of Tuberculosis contacts is valuable. The nurses' suggestions and instructions should meet with your utmost co-operation.

Know the services rendered by THE VISITING NURSES ASSOCIATION.

In liberally supporting the War Chest you are assuring the continuation of this good work.



Dr. DeNorval
Unthank,
M. D.

The Visiting Nurse Association is a beneficiary of the Community Chest.

CALL A VISITING NURSE

Many newcomers to Portland do not know what the Visiting Nurse Association is, or how they can make use of it. It is important that every Portland Resident should know about this organization, particularly during wartime, when the city's rapid growth of population has created a public health problem because of the temporary shortage of doctors, trained nurses and hospital facilities.

The VNA is a public health organization which maintains a staff of 20 public health nurses available to any Portland home where sickness strikes. These graduate registered nurses are particularly well equipped to give skilled nursing care in the home, always under the direction of a physician, for the following types of illness:

MATERNITY SERVICE . . . Nursing care and advisory service to expectant mothers and further care when they return home from the hospital and need help in the care of the baby and in following the doctor's instructions.

THE ACUTELY ILL . . . Patients suffering from heart disease, pneumonia and other diseases.

THE CONVALESCING . . . Patients who have returned from the hospital and need part-time nursing, surgical dressings or treatments every day, every week, or at other intervals.

THE AGED OR CHRONICALLY ILL . . Patients partially or wholly bedfast who need expert care occasionally.

WHAT ELSE DO THE VISITING NURSES DO?

They conduct eight weekly Infant Welfare and Preschool conferences in various parts of the city, where mothers are given advice by the doctors in charge, concerning health, diet, and habit training of their children.

They care for tuberculosis patients, help prevent further infection in the families or patients, and educate the public toward prevention of the disease. Six weekly tuberculosis clinics for adults and children are held at the University State Tuberculosis Hospital.

They supervise field work in public health nursing for graduate and undergraduate nurses.

They cooperate with the state and federal governments in the Emergency Maternity and Infant Care plan, through which wives of service men receive the medical and nursing care they need.

THE COST OF VISITING NURSE SERVICE

A nurse's visit costs the Association \$1.50. Those able to pay this are expected to do so. Those who cannot, may pay in proportion to their resources.

WHO MAY USE VISITING NURSE SERVICE?

Any person who is sick at home and needs skilled nursing care may secure this service. A nurse answers every call, but care is continued only under the direction of a physician.

Remember, when sickness strikes in your home . . . CALL A VISITING NURSE . . . BR. 0551