

## BABE'S MEAL-PLANNING CORNER



MRS. MABEL JOYNER,

This week we have another recipe sent to us by one of our readers that will make any family have a swell dinner, and make any family be able to smile and talk all through the mealtime (or maybe you will be so busy eating that you will not have the precious time to talk.) I started the meal-corner off with something to help keep us slender, and contribute to making those who want to be slender as a bean slender. BUT I HAVE GOTTEN OFF ON FOODS THAT HUBBY AND THE KIDDIES like most . . .

This recipe will go good with the surprise apple-sauce cake recipe we had for you last week. In this we have our starches, sugars, and vitamins, plus other food values that we are failing to mention. The family can eat all it wishes and you need not worry about it.

### NEW CONTROLS FOR MEAL PRICES

Plans for administration of the new national restaurant price regulation which goes into effect on July 31 are now being completed for the Portland OPA district. Earl C. Hald, district OPA price officer, announced today. The new regulation is expected to strengthen controls in areas throughout the country where meal prices have soared, Hald explained.

By August 16 every restaurant must post prominently ceiling prices of 40 basic items to be selected by the district OPA price division in cooperation with a local restaurant advisory council yet to be appointed.

In addition to the 40 basic items, the new regulation extends to the entire nation the present April 4-10, 1943, freeze date for restaurant prices now in effect in most of the country.

Five-cent coffee will return to most restaurants beginning July 31. No eating or drinking establishment may charge more than five cents for a cup or pot of hot coffee, including cream and sugar, unless it charged a higher price during the seven-day period October 4-10, 1942, and has filed a statement to that effect with the local OPA board. Iced coffee remains under the April 4-10, 1943, freeze date.

The new regulation covers meals, food items and beverages sold by a restaurant, hotel, cafe, cafeteria, delicatessen, soda fountain, boarding house, catering establishment, field kitchen, luncheon wagon, athletic stadium, hot dog stand, or any other public eating or drinking establishment.

## Marriage Licenses

Louis Forthan, Unit 2905, apartment 1401, and Evelyn L. Taylor, 4210 Cottonwood, Vanport City, Ore.

Did I fail to mention that we are trying to (with the aid of our good readers) go easy on those precious ration points. How do you like that?

### LADIES, WE ARE STILL ASKING YOU FOR YOUR RECIPES

Why not send us oodles of them by the end of this week?

This recipe is sent to us by Mrs. Mabel Joyner, Boston, Massachusetts, who is here on a visit in the city.

### BOSTON BAKED BEANS

Soak 2 cups California P. beans in cold water until shriveled. Drain and place beans in bottom of deep pan. Add one medium sized onion, half cup sugar, Teaspoon salt, half teaspoon pepper; about 3/4 cup molasses, speck of dry mustard, half pound of pork (diced). Place on top of beans, center of pan. Pour boiling water over top of pan. Add hot water as needed (be sure water is hot, cold water will keep beans from softening). Cover and cook in moderate oven 350 degrees for 3 hours, adding water all the time. Taste for sweetness, as sugar brings out flavor of beans. Beans should be soft and a rich brown after 3 hours. If not continue to cook.

Now who would not enjoy this recipe on Boston Baked Beans? Try it sometime in the very near future and I am certain that you will continue to be called beautiful by the kiddies, and the "hubby" will continue to kiss you when he leaves for work, and when he returns, too.

## New Canteen Opens at Y. W. C. A.

(Continued from Page One) quarters. Although it seemed all available space was already in use in the building, it was discovered that one large end of the kitchen was not in use. It was remodeled, redecorated and converted into the beautiful, harmonious lunch room which the public viewed at the open house Friday.

"The success of the project is due to the tireless efforts of the volunteers," Mrs. Farrell says. "They come down faithfully at the appointed time to serve the girls and operate the Canteen. Many of them were recruited from the First Baptist church."

Mrs. John R. Leach, a volunteer, who also works with the Rooms Registry department, has brought down flowers from her own gardens regularly each week to add to the attractiveness of the room.

Some of the volunteers who have served since the Canteen service first started in January of this year are, including Mrs. Leach, Mesdames D. W. Hoffman, William Whitfield, Leila Landess, T. F. Krause, J. E. Burch, Fred Kerr, P. C. Shepherd, Delia D. Griffith, John McGuire, Francis Vrooman, and O. Larsell.

Open to all employed girls of all races who work in the downtown area and carry their lunches with them, the Lunch Box Canteen is available every day of the week except Saturday and Sunday between 11:30 a. m. and 2 p. m. Coffee, tea, or milk is served to the girls, if desired.

## The Medley Hotel

2272 N. Interstate Ave.

Portland's Leading Colored Hotel

MURdock 9533

## YOUNG PEOPLE'S PAGE

RICHARD WINSLOW, Editor

### Charming Visitor

Portland was greatly honored when a charming and lovely young lady of seventeen years decided to again pay a visit to our fair city. Miss Dolores Bell, Dodie to her friends, is from Old Greenwich, Conn., and is the guest of her grandmother, Mrs. Clara Pickett. Dodie (you see I'm one of her friends, too) states that she likes Portland very much and the kids here have more fun than they do in Old Greenwich. Swimming is one of her pet sports but she enjoys all sports to a great extent. Dodie finished high school last term and is planning on attending Cornell in the fall. Glad to have you with us, Dodie.

### Henderson Hop Success

The Fletcher Henderson hop on the 12th! was a great success, at least thought the younger set. The music and the jitterbugs were jumping throughout the entire evening. The usual set attended, and there was a large turnout which really got a thrill when Ivy Anderson sang "Rocks In My Bed." I'm hep.

### Left for Navy

The war should really be over soon now since Theodore Dixon, resident of Vanport, left for the navy last week. Ted, who attended Jefferson High, was one of the best liked young men in the whole school. He was also Secretary of the International Club, track man, until he hurt his foot, and an all around swell fellow. We of Portland and Vanport hate to see you leave, Ted, but we know that you'll be back soon. Best wishes.

### New Club

Another new club is in the making for the younger set. This club will be for the teen-agers of both races who live in the Albina District. At the first meeting held at the Albina Branch Library last Wednesday, July 12, there wasn't much accomplished as is always at the first meeting. For all of you who are interested in knowing about the club further either contact me or be at our next meeting Wednesday, July 19. It is a social club, and their first dance will be held in a few weeks. All of you who already belong be sure to bring your ideas at the next meeting. Miss Marjorie Anderson is in charge, but after the club gets started she will turn it over to the kids. The time of the next meeting will be 7:45 to 8:45.

### Recovering

Miss Dolores Wilkinson, one of Portland's loveliest and most charming debutants, is recovering from tonsillitis. On the 12th of July the doctors went into a huddle and decided to go through with one of the most deadliest of all operations, having one's tonsils removed. De stayed in the hospital for one and a half days, went on a diet of nothing else but ice cream. (Oh, how awful!) For some reason or other De says that she is going to preserve her tonsils, so if any of you would care to see some tonsils, just ask De. Miss Wilkinson is now feeling much better for those wolves of you who have been inquiring.

### Interviews

I'm sorry to report that this week, due to circumstances beyond my control, I was unable to print my regular weekly interview, but next week and every week hereafter if you want to know all about your friends be sure to see my column. I give you my promise that next week I'll give you all of the lowdown on one of your own friends and maybe neighbors.

### Friendly Rivals

The charming and talented journalist, Miss Gertrude Williams, and I are, or will be in the near future, friendly rivals. Gertie will be writing for another newspaper in our fair city, the name of which I will not disclose for one reason or an-

other. She already has the able assistance of two of her friends, Connie Maney and Ellen Woods, so between the three of them they should do very nicely. Here's wishing you all of the luck in the world.

### Inside Scandals

R. W. since he was seen in the street with a certain young lady from out of town is said to be twitting M. W. Your reporter doesn't have but one thing to say to that. "Even, mind you, I said even, even if it were true, whose business is it anyhow but the individual to whom the affair concerns in the first place!"

There's a little inside dope going around that T. W. E. really does care for one R. B. (How true is this?) How is the Jackie Dotie affair coming along now-a-days? Mr. E. F. how are you and De getting along, or is it Dodie now? (Man, where do you get all of those D's from?) E. M. and H. R. certainly have been feeling good lately, but where they get all of that jive from is beyond my reach. (Gee, but I'm thirsty.)

### Sam's House Saturday Nite

Sam Wilkinson's house was really rocking last Saturday night, and all of the katz with their hens were simply knocking themselves out like a blackout. You know as usual Sammy was the perfect host. (You could hear him howling all over the place.) Everyone had one fine time though, and jumped to the wee hours.

### Connie's

July 13, at the residence of one Miss Constance Maney, the lovely and graceful young deb, who recently returned from Sunny California, there was a small get-together for a few of the gang. There was a little confusion that night among a few people, and as usual Mr. W. tried to eat up everything in the ice box. (It was good, too, or was I just real hungry.)

### Jodys

Will you please contact me if you have news or views of interest. Get me either at my home or the Paper's office. Richard E. Winslow, 511 N. E. Roselawn, GARfield 4978. Thanks.

## U. S. O. NEWS

By M. Belle Dunn

July 16—Quinn Program  
July 17—Game Nite  
July 18—G.S.O. Dance  
July 18—Entertainment Committee.  
July 20—Senior Hostesses  
July 21—P.A.A.B.  
July 22—Request Dance  
July 23—Singing  
July 25—G. S. O. Square Dance.  
July 26—Entertainment Comm.  
July 27—V. S. O., 8:30 p.m.

### VOLUNTEER SERVICE

The Volunteer Service Organization Plan provides for the formation of local Auxiliary, Hostess, Club or Committee units for the purpose of supplying a program of service to the men of the Armed Forces in cooperation with the U.S.O. program of the Y.M.C.A. In planning such a group, the following factors should be taken into consideration:

**MEMBERSHIP**—Membership should be on an invitational basis representative of all women of the community. Adopt an application blank and require the signature of those who signify their willingness to aid in the program. See that the blank calls for such pertinent facts as (a) Name, (b) Date of application, (c) Address, (d) Telephone, (e) Time available—regular days of the week, day or night and special call, (f) Local church and club affiliations. It is also advisable to list definite assignments according to suggested activities of the organization with the request that the individual applying for membership designate her special interest and abilities. Individual membership cards may be issued but are not necessary for groups of this type if an up-to-date membership record is kept by those in charge of the local unit.

**PLAN**—Groups should function entirely on a local basis in line with the purpose and suggestions outlined in this manual. There are no national governing rules. The local need should be the determining factor in establishing the organization's plan of work. While the name "Vounteer Service Organization" is preferable, it is not compulsory. **SLOGAN**—The slogan of the organization is "V.S.O. for the U.S.O." thus identifying it with the United Service Organizations of which the Y.M.C.A. is one of six member agencies.

Louis Armstrong entertained at the U.S.O. last Sunday for one hour and the jive was plenty hot.

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Apply at Personnel Office, main Post Office Building, Room 225, Broadway and Glisan.

## NEWSBOYS

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The Portland Inquirer