Celtics earn 14 top-3 finishes at West Salem in three-way dual meet with West Salem and Cascade

BY JOSHUA MANES

Of the Keizertimes

The Celtics took part in a two-way dual meet at West Salem High School against West Salem and Cascade High School. In the meet, the three schools competed against each other with results being used to determine two dual meets.

McNary's men lost to Cascade 80-55 and West Salem 112-28. West Salem defeated Cascade 89-46. The women lost to Cascade 70-39 and to West Salem by a score of 102-20. West Salem's women beat Cascade 88.33-38.67.

Even with the difference on the scoreboard, McNary had 14 top-3 finishes, and recorded 18 personal records.

Celtic athletes took first in four events.

Caleb McCoy won the 400-meters with a personal record time of 53.69 seconds. Zachary Harrington also set a personal record at 56.72, good enough for fourth place.

They swept all three spots in the mens 3000-meters. Josiah Ziesemer finished first at 11 minutes, 30.47 seconds, a personal record. Derek Jones' 11:30.50 was also a personal record, and third place finisher Shawn Sunn has a season record 12:43.93.

The mens 4X400 relay team of Pawit Potisuk, Axel Zapien Sanchez, Johann Singh Sanchez and Caleb McCoy won with a time of 3 minutes, 45.07 seconds.

The final first place finish for the Celtics came from Mary Jespersen in the long jump. Her leap of 14 feet, 2.25 inches was a personal record. So was her triple jump leap of 28 feet, 6.5 inches, good enough for second place.

Mens

100-meters:

- 1. Caeleb Hensley, West Salem, 11.69 PR
- 3. Pierce Walker, 11.90
- 4. Pawat Potisuk, 12.01 PR

400-meters:

- 1. Caleb McCoy, 53.69 PR
- 4. Zachary Harrington, 56.72 PR

1500-meters:

- 1. Ryan Newton, West Salem, 4:20.63 PR
- 7. Derek Jones, 5:12.90 PR
- 8. Josiah Ziesemer, 5:13.64 PR

3000-meters:

- 1. Josiah Ziesemer, 11:30.47 PR
- 2. Derek Jones, 11:30.50 PR
- 3. Shaun Dunn, 12:43.93 SR

100m Hurdles:

- 1. Judah Aliifua, West Salem, 17.80
- 4. Liam Koenig, 20.54 PR
- 5. Aiden Doyal, 21.80

300m Hurdles:

- 1. AJ Xiong, Cascade, 47.50
- 4. Aiden Doyal, 50.62 PR
- 5. Liam Koenig, 52.57

4X100 Relay:

- West Salem (Miciah O'Connor, Caeleb Hensley, Carson Evenson, Mihaly Akpamgbo) 44.27
- 2. McNary (Tyler Copeland, Pawat Potisuk, Pawit Potisuk, Axel Zapien Sanchez) 46.10

4X400 Relay:

 McNary (Pawit Potisk, Axel Zapien Sanchez, Johann Singh Sanchez, Caleb McCoy) 3:45.07

Shot Put:

- 1. Cole Records, Cascade, 44'2 PR
- 6. Layne Runyan 38'3 SR
- 8. Spencer Millis, 32'8 SR
- 9. Roman Eggert, 27'9.5

Discus:

- 1. Jesse Goodwin, West Salem, 119'1
- 7. Roman Eggert, 80'11
- 9. Corban Ibarra, 62'1

Javelin:

1. Spencer Horne, Cascade, 149' PR

6. Axel Zapien Sanchez, 122'7 PR

Pole Vault:

- 1. Eli Atiyeh, Cascade, 9'6
- 6. Caleb Matthews, 7'6

Long Jump:

- 1. Grant Powell, West Salem, 19'10.75 PR
- 4. Benjamin Anderson, 18'4.25 PR
- 6. Benjamin Sheets, 17'2.25
- 7. Liam Koenig. 15'6

Triple Jump:

- 1. Grant Powell, West Salem, 40'2.5 PR
- 2. Benjamin Sheets, 36'1.75 PR
- 6. Noe Baltazar, 30' 8.5 PR 7. Benjamin Wood, 29'4.5

Womens

100-meters:

- 1. Lillian Pickett, Cascade, 13.71 PR
- 4. Kiana Olivo, 14.20
- 6. Sydney Smith, 14.96

200-meters:

- 1. Sophia Johnson, West Salem, 28.59
- 2. Kiana Olivo, 28.88

4X100 Relay:

- 1. West Salem (Emorie Loewen, Sophia Johnson, Lola O'Brien, Megan Tout) 53.13
- McNary (Isabella Lucas, Brooke Moreland, Paisley Kenitzer, Sydney Smith) 57.38

Shot Put:

- 1. Natalie Cunningham, West Salem, 41'9
- 6. Anna Sponable, 26'9.5 PR
- 7. Lillian Besa, 26'
- 9. Hannah Beadle, 19'9

Discus:

- 1. Natalie Cunningham, West Salem, 117'10 SR
- 3. Lillian Besa, 86'9
- 6. Bahvneet Kaur, 65'1 PR
- 8. Hannah Beadle, 62'6

Javelin:

- 1. Olivia Frizelle, Cascade, 92'6
- 5. Anna Sponable, 79'2

7. Kyra Norstrom, 56'7

Pole Vault:

- 1. Alessia Lemeza, West Salem, 7'6
- 2. Lisa Hoang, 6'6

Long Jump:

- 1. Mary Jespersen, 14'2.25 PR
- 2. Lisa Hoang, 13'8.25

Triple Jump:

- Alison Calvin-Stupfel, West Salem, 33'4.5
- 2. Mary Jespersen, 28'6.5 PR



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Cat of the Week





Name: YOSHI

Age: 1.5

HISTORY: Yoshi is a silver and black domestic short hair. She is a ticked tabby.

PREFERRED HOME: Yoshi likes to jump around and is very talkative. This cat is only available for pre-adopt at the moment. She doesn't do the best around other cats but is very friendly around people.

WE HAVE MOVED >>> Our new location is 4157 Cherry Avenue, Keizer <<< 503-362-5611

