up on some of the mistakes moving forward.

"Those types of matches at this point in the season are really good. It gives us a feel for what we have coming down the road. But some of us had trouble wrestling for six minutes. We just kind of lost it in some matches and made some mistakes," Martin said. "It's good to have those matches, but you like it when it comes out the other way. If a match or two goes a different way, we are having a different conversation."

With the score tied at 15-15, Hunter Ruberto gave McNary the lead back with a dominant win in the 152-pound bout. Ruberto used a pair of takedowns to go up 4-1, then eventually got the pin in the second round.

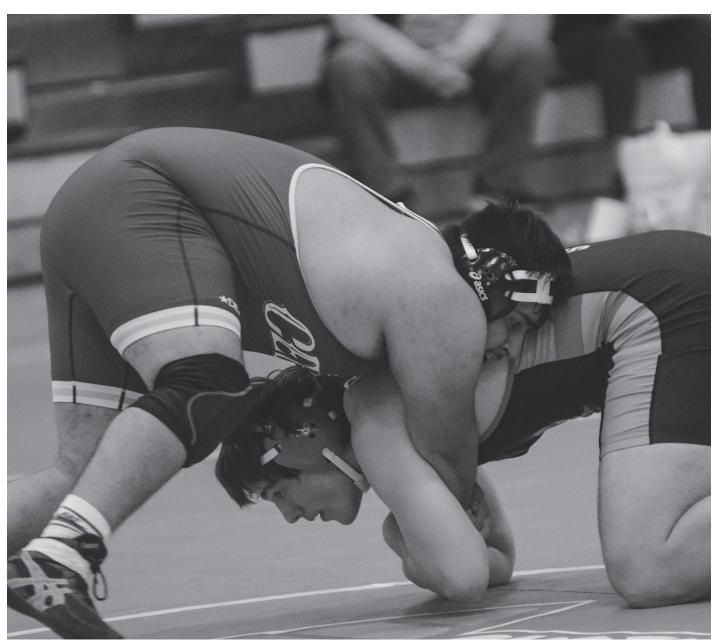
"I told Hunter that in order to stay in this dual we needed a pin. He got off to a little bit of a slow start, but he got down to business in the second round," Martin

Trailing 21-15, the Saxons won four straight matches, three of which came via pin, to earn the match victory. McNary, however, finished the night strong with second round pins by Aldo Villalvazo (220) and Anthony Cruz-Lopez (285).

With the Mountain Valley Conference district meet just over a month away, Martin hopes to get his team better prepared for the final stretch of the season.

"We looked a little out of shape today, so we are really harping on our conditioning and making sure we have good intensity and good focus in the wrestling room," Martin said.

McNary takes the mat again on Friday, Jan. 28 at North Salem. .



Anthony Cruz-Lopez won the final bout of the night in the heavyweight division.

Photo by MATT RAWLINGS of Keizertimes

# **brain** food answers

1	5	7	3	8	9	6	4	2
4	8	9	6	7	2	1	5	3
6	2	3	5	4	1	8	7	9
7	3	4	2	1	8	9	6	5
9	1	5	7	3	6	4	2	8
8	6	2	4	9	5	7	3	1
2	7	8	9	6	3	5	1	4
3	4	1	8	5	7	2	9	6
5	9	6	1	2	4	3	8	7

sudoku



crossword

## ASK MR.TRASH

Q. I heard about China's ban on recycling. What IS recyclable now?

Please keep the following good recyclables empty, clean & dry:

- boxes (Shipping & cereal type). No frozen food boxes!
- Cardboard and <u>uncoated</u> greyboard Print-quality paper newspaper, junk & office paper, and magazines
  - Tin & Aluminum Cans Only NO foil, trays, or scrap metal
- Plastic Bottles and Jugs Only NO bags, tubs, clamshells, bubble Pak, or other plastics.

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