

Aicher



B. Copeland





Allen

Although the Center is now open for scheduled classes and activities we know some people are not ready to join in on group activities — WOW Van is here to support you!





Services Delivered from The WOW Van:

Fitness & Wellness Programs, personal training, improving mobility, nutrition education and more

Activities such as arts and crafts, brain health, puzzles, games, lifelong learning and more

Fix-it Brigade, fall prevention and home safety inspections (Currently restricted to outdoor projects)

Friendly Visitor (front door/front porch short visits-masks required)

Technology Tutoring (front door/front porch service)

Connection to Volunteer Opportunities you can even do from home

Activities that Combat Isolation and Loneliness — meet new friends



www.cityofsalem.net/center50 | 503-588-6303 | 2615 Portland Road NE

Smedema

recovered fumbles.

Gunner Smedema, a senior receiver, received a second-team nod. Despite missing time due to a leg injury, Smedema still caught 19 balls for 319 yards and seven scores. Additionally, Smedema, was a first-team selection at cornerback, leading the team with five interceptions. Sage Allen, a senior cornerback who played on the opposite side of Smedema, was named an honorable mention with 19 tackles and five pass breakups.

Senior running back Zane Aicher also was named to the second team.

A swiss-army knife for the McNary offense, Aicher rushed for 636 yards and seven touchdowns on 121 carries to go along with his 23 catches for 237 yards and two scores. Along with Tyler Copeland, Braiden Copeland and Smedema, Aicher also got recognition for his play on the defensive side as a first-team safety, recording a teamhigh 77 tackles, two sacks, two forced fumbles, eight pass breakups and three interceptions.

Senior kicker Logan Ready rounded out the all-conference picks by receiving second-team all-league status.



Learn about Rotary at keizerrotary.org