

ATA offers karate experience for all ages



Carson Clews, owner of ATA Martial Arts in Keizer, has been teaching classes at the facility for more than five years. Photo by BEE FLINT of Keizertimes

By BEE FLINT
Of the Keizertimes

Despite popular belief, martial arts is a lot more than just punching wood boards and learning to do cool kicks. For some it provides discipline, patience and self defense.

ATA Martial Arts provides all of that, while also allowing students to punch boards and learn to do cool kicks like a ninja.

Carson Clews, one of the instructors and owner of ATA Martial Arts, has been working there for five-and-half years after he bought the studio from a friend.

Before then, he worked for another instructor at a different studio.

“The opportunity came up and I knew I wanted to have my own school. There’s a big difference between teaching in someone else’s school and having your own school to decide what direction your program takes people,” Clews said.

One thing Clews believes sets ATA apart from other martial art studios is their focus on goal setting.

“Instead of telling the students what direction they need to go, as far as goals, we want the students to discover what goals get them pumped,” he said.

Although Clews and his team want students to succeed, they also encourage the idea of treating failure as a good thing and a way for students to challenge themselves.

“We want them to push themselves to a level until they experience failure. And when they experience failure, we want it to be guided,” Clews said.

Guided means providing a safe environment with padded equipment and instructors there to help students. Clews wants his students to view failure as a positive learning opportunity instead of a negative experience, he said.

ATA Martial Arts offers classes for all ages and even classes for families to take as well. The programs will focus on the basics of Taekwondo and some of the fundamentals of self defense as well.

Those interested can sign up for classes at <https://keizerata.com/>

Feel-Good STORY

Saluting the people that make us proud of our community

presented by



A look ahead in city events

The Keizer Community Library Book Sale will take place from 9 a.m. to 5 p.m. on Friday, Nov. 5 and Saturday, Nov. 6. The book sale will be located at the Keizer Community Center and will feature discounted books, CDs, games, movies and more.

City Council will meet on Monday, Nov. 8 to discuss possible funding options for the operation of their public broadcast on

KeizerTV. The work session will take place at 6 p.m. in the City Council Chambers.

The Parks Advisory Board will meet on Tuesday, Nov. 9 at 6 p.m. in the City Council Chambers. The meeting’s agenda will be posted on the city website beforehand.

A ribbon cutting ceremony for the new 7-Eleven at Keizer Station will take place at 3 p.m. on Tuesday, Nov. 9. It will be the third 7-Eleven in Keizer. The location of the new store is known as “the jug handle” between Ulali Drive Northeast and Chemawa.

A Greater Gubser Neighborhood Association meeting will take place Tuesday, Nov. 9 at 7 p.m. in the McNary Room C of Keizer City Hall.

West Keizer Neighborhood Association meeting will take place Thursday, Nov. 11 in the lobby of City Hall at 7 p.m.

KHT show debuts this month

Keizer Homegrown Theatre’s last live show of the 2021 season will be performed live Nov. 19 and 20 at the theater at the Keizer Cultural Center.

Together, Alone is an evening of three monologues performed by three of the region’s best known actors.

Pamela Abernethy will perform *Miss Havisham’s Wedding Cake*, by Don Nigro. The gothic character from Dickens’ *Great Expectations*, Miss Havisham, steps outside herself to examine her motives and the consequences of devoting her life to getting revenge upon men after being left at the altar. A sad and funny meditation on the nature of love and the satisfactions of revenge.

In *Palimpsest*, Tom Hewitt plays Ben, a writer in his sixties, driving through a blizzard in the middle of the night on New Year’s Eve, trying to come

to terms with his life, the women he has lost and the nature of love. A moving and intricate little labyrinth. The show is also written by Nigro.

The final monologue of the evening will be performed by Robynn Hayek in *Woman Caught Unaware* by Annie Fox. Hayek plays an art history professor who must decide what action to take when an unflattering naked photograph of her appears online.

Performances of *Together, Alone* are on Friday, Nov. 19 and on Saturday, Nov. 20 with a 2 p.m. matinee and a 7 p.m. evening performance. Tickets are \$15 (free with an Oregon Trail Card) and can be purchased at keizerhomegrowntheatre.org.

Masks and proof of COVID vaccination is required for admittance to the theater.

SUBSCRIBE

Keizer news in your mailbox only \$35 a year*

Call 503.390.1051
keizertimes.com/store

*Rate for inside Marion County

Your home is only as smart as your Internet.

AT&T Internet
\$40/mo.
12 mo. agmt., other qualifying service req'd. \$19/mo. & combined bill req'd. \$10/mo. equip. fee applies. Incl. 1TB data/mo. \$10 charge for each add'l 50GB (up to \$100/mo.).

- Plans up to 100 Mbps.†
- Free Smart Home Manager App¹ with Parental Controls.²
- The bandwidth to power multiple devices at once. Number of devices depends on screen size/resolution.
- Get a seamless whole-home Wi-Fi experience with AT&T Smart Wi-Fi.³

Limited availability. May not be available in your area. Call to see if you qualify.

Cut cable internet and switch to AT&T Internet. Call now! | Support Holdings LLC
888-486-0359

AT&T Preferred Dealer

Geographic and service restrictions apply to AT&T Internet services. Not all speeds available in all areas. Call to see if you qualify. †S40 INTERNET OFFER: Price for Internet (7-100) for new residential customers when bundled with another qualifying AT&T service (DIRECTV, U-verse TV, AT&T TV or AT&T Phone or postpaid AT&T wireless). Prorated ETF (\$180) applies if Internet is disconnected before end of 12 months. Must maintain all bundled services to receive advertised pricing. Additional Fees & Taxes: Excludes cost-recovery charges, where applicable and \$10/mo. equipment fee. Activ/Installation: \$35 activation fee (self-install) or \$99 installation (full tech install) may apply. Credit restrictions apply. Pricing subject to change. Subj. to Internet Terms of Service at att.com/internet-terms. Unlimited data allowance may also be purchased separately for an add'l \$20/mo., or maintain a bundle of TV & Internet on a combined bill and receive unlimited internet data at no add'l charge. For more info go to att.com/internet-usage. ‡ Internet speed claims represent maximum network service capability speeds. Actual customer speeds are not guaranteed and may vary based on several factors. For more information, go to att.com/speed101. ¹AT&T Smart Home Manager is available to AT&T Internet service customers with a compatible AT&T Wi-Fi Gateway. Features limited to home Wi-Fi network. ²Parental Controls and Data Usage features available with BGW210, S2684C, and NVG599 Wi-Fi Gateways. ³AT&T Smart Wi-Fi requires installation of a BGW210, S2684C, or NVG599 Wi-Fi Gateway. Standard with Internet plans (12M or higher). Whole-home Wi-Fi connectivity may require AT&T Smart Wi-Fi Extender(s) sold separately. Offers may not be combined with other promotional offers on the same services and may be modified or discontinued at any time without notice. Other conditions apply to all offers. ©2020 AT&T Intellectual Property. All Rights Reserved. AT&T, the AT&T logo and all other AT&T marks contained herein are trademarks of AT&T Intellectual Property and/or AT&T affiliated companies.

A Smarter Way to Power Your Home.

REQUEST A FREE QUOTE!

ACT NOW TO RECEIVE A \$300 SPECIAL OFFER!*
1 (844) 989-2328

*Offer value when purchased at retail. Solar panels sold separately.