OCTOBER 29, 2021, **KEIZERTIMES**, PAGE A21



presented by



JILL GUST Where and how do you volunteer?

"I am currently volunteering with the Keizer Network of Women (KNOW) and I am helping with the Annual Holiday Giving Basket Program this winter. This fall I helped with the KNOW Percey Auction. I helped out with the Keizer Chamber Golf Tournament which was a lot of fun. McNary Athletic Booster Club is also something I have been a part of the past few years and have dedicated a lot of time to.

Why do you volunteer?

"I grew up and have lived my entire life in Keizer. I love this community and being a part of the schools, supporting local people and businesses. Our community runs on volunteers and I am in the perfect place to do it."

What does volunteering do for you?

"Volunteering gets me actively involved in our community and makes me happy. I love meeting people through various events and helping out where ever I can. I have met some truly special and inspiring people through volunteering. Our community and its members keep me motivated in continuing the hard work and helping others."

How would you get others to volunteer in their community?

"Talking is the best way to get people to get involved. I feel that face to face communication is key to getting people motivated to volunteer. It lets people see how passionate you and others are about helping and it encourages them to want to help out as well."

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"I think it helped them kind of calm down. We knew if we could just tie the game, we liked our chances because we were getting a lot of shots on goal. It helped us pick up our intensity," Brouse said.

Once the momentum began to swing to McNary's side, Mountain View had a difficult time regaining possession of the ball as the Cougars went through a 30-minute stretch without a shot-on-goal.

"The girls were holding on to the ball for too long in the first half. Once we started moving the ball better, it made us far more dangerous," Brouse said.

Earlier in the game, Alfano missed out on a number of opportunities to put the Celtics on the board. But when she got another great look at a goal in the 62nd minute, she wasn't going to let the opportunity slip away.

Alston received a perfect through ball from Peyton Olafson while sprinting up the sideline, then crossed the ball over to Alfano, who played it off the short hop and fired a missile into the top of the goal for the score, giving the Celtics their first lead.

"Sydnee was due. She was bound to get one," Brouse said. "It was such a beautiful goal."

"I knew I couldn't take two touches because I would lose the opportunity, so I just tried to get in front of it and shoot," Alfano added. "It felt amazing to score because she had been making amazing saves. It just felt like we won the game right there."

While McNary looked to have the game in hand, disaster nearly struck for the Celtics in the final two minutes.

Mountain View forward Sydney Floyd attempted a deep desperation shot that ended up being a slow roller directed at the goal. Ferguson was in perfect position to make the stop, but somehow, the ball slipped between her legs.

Brouse was talking with an assistant coach during the play, so she didn't initially see the ball go underneath Ferguson's legs.

"I didn't see it, at first, which was good because I probably would have had a mini heart attack," Brouse said. "Everyone started freaking out."

Fortunately for the Celtics, Ferguson recovered to make the stop just before the ball crossed the goal line. McNary was able to run the final 90 seconds off the clock to secure the victory.

McNary will face Grant at Delta Park in Portland for their first round playoff matchup at 5:30 p.m. on Saturday, Oct. 30.

"I don't want these girls to overthink it, I want them to focus on themselves and play their game, because when they do that they are so much fun to watch," Brouse said. "I want them to prove that they are a team people should be scared of."

Photo by MATT RAWLINGS of Keizertimes

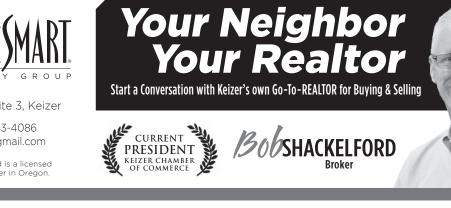


Junior midfielder Peyton Olafson prepares to send a ball downfield.



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brainfood ANSWERS

8	2	5	3	4	1	7	9	6
3	9	6	5	2	7	1	8	4
1	4	7	8	9	6	3	2	5
7	1	9	2	5	4	6	3	8
4	5	3	1	6	8	2	7	9
2	6	8	7	3	9	4	5	1
5	8	1	4	7	2	9	6	3
6	7	4	9	8	3	5	1	2
9	3	2	6	1	5	8	4	7
sudoku								



crossword