

# McNary lacrosse lands new coach

By **HERB SWETT**  
For *Keizertimes*

McNary boys' lacrosse has a new head coach, Sean Litrakis.

Litrakis has won several championships, including three North Valley Conference titles at West Salem High School, and was named the conference's Coach of the Year for 2016 and 2017.

After playing four years of varsity lacrosse at St. Joseph's High School in Metuchen, New Jersey, with the school making its first playoff ever during his senior year, he played for Rutgers University under famed coach Tom Hayes.

"I appreciate this opportunity to bring light to this program," Litrakis said. "I look forward to McNary's renaissance and the first conference title in McNary's history."

Litrakis graduated from Oregon State University in 1998 and in 2010 became defensive coordinator at Corvallis High School. He held that position for four years and in 2013 was named Assistant Coach of the Year. Also that year, he assisted Bob Fan of West Salem, Conference Coach of the Year, in the North Valley vs. High Desert All-Star Game.

He was head coach at Corvallis High in 2014 and 2015 and in 2016 took the West Salem head coaching job, succeeding Fan.



SEAN LITRAKIS

He led the Titans to three consecutive North Valley Conference titles in 2016 through 2018 and was voted North Valley Conference Head Coach of the Year for 2016 and 2017.

The 2017 Titans defense ranked first in the state for goals allowed, and the team overall was rated 17th in the state, its highest ranking ever. He then was assistant coach at Tualatin for three years.

Assisting Litrakis will be JV coach Carter Norman and assistant coach Taylor Kunke.

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