

'Business as usual' tactics help students succeed in online school

By **LAUREN MURPHY**
Of the Keizertimes

Finding a quiet place to study on campus is no longer an option. Gone are the days of settling down in a nook of the sprawling school campus to read the most expensive book you've ever hated. Instead students are faced with the task of finding a way to study, go to class and take tests all from home.

While this is a new and uncertain time for all of us, there are certain things that can help us be more successful.

Designate a certain space, that is not your bed, to be your "work-zone." Similar to studying on campus, picking a physical space

to go to while you're doing school work can help focus your mind.

Change out of your pajamas, even if you're not having a video meeting. As comfortable as going to school in pajamas may seem, it makes it difficult to focus. By getting dressed you help your brain distinguish between mindlessly surfing the internet and going to class. It also gives you a chance to wash your pajamas.

In addition to creating a physical space, make a calendar. Schedule out what days and times you are going to do your school work. Getting organized will lessen the chances of any assignments or meetings falling

through the cracks. It will also help your family/roommates know when you're "at school" and when you're actually home.

Though most colleges and universities have moved their spring terms entirely online, maintain a normal sleep schedule. It is possible to stay up until three in the morning, get nine hours of sleep and then do school in the evening, but it is not beneficial in the long run.

Sleeping on the same schedule you used to will not only prep you for reentry to society, but also increase the chances of your professors emailing you back quicker than they would at midnight.

The hardest thing to do in order to be successful at distance learning is to talk to your family or roommates. Explain to them where and when you plan on doing school work and ask them politely to respect your school time as if you were actually out of the house and on campus. If needed, create a

physical sign to let them know when you are working.

Communicate with your professors. Most of them are understanding of problems that are arising in light of COVID-19 because they are living through the pandemic, too.

Take care of your basic needs. Sleep, drink water, eat regularly and spend time resting.

College students tend to pack their schedules full between class, work and homework, not to mention social activities. Use this time of self

isolation to establish new patterns of self-care.

Remember to be patient and understanding with yourself, your housemates, classmates and professors as we're all in new territory and adjusting to a new "normal."

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Chemeketa offers help as distance learning becomes the norm

Amid the social distancing efforts to help curb the spread of COVID-19, colleges nationwide are switching to distance learning. Students who once met in a classroom now find themselves needing to navigate online resources and tools from their own homes.

Chemeketa Community College has created a remote learning hub for students to help them be successful in their classes. The hub has information about remote learning and links to resources and services for students.

Under the information tab, students can find answers to questions on topics such as: how to access courses; how class attendance is managed, testing plans, a brief overview of how to use Zoom – an app that lets students attend class meetings virtually – and more.

This part of the hub also offers a remote learning checklist to help students prepare for the beginning of the term.

Courses can be accessed

through eLearn. Students can log in with their My Chemeketa username and password.

Zoom meetings and assignment deadlines are up to the discretion of instructors, the hub advises reading the syllabus and checking in with individual instructors to see what it expected. Zoom meetings should be, if at all, held on the same dates and times classes would've been held on campus.

Students are also advised to email their professors about testing procedures.

The second part of the hub offers services and resources for students. Textbooks and course material can be bought online with free shipping, there are no in-person purchasing options for this term.

Here, students can find information about how/when to access the writing center, student retention and life, counseling services and academic advising.

Additionally Chemeketa will not be assessing late fees

for spring term charges.

"Classes and services will be offered virtually for all of spring term," Chemeketa President Jessica Howard said in an all student email that went out on Friday, April 3.

There is free wifi outside of Building 14 on the Salem campus. Students are asked to maintain social distancing and stay inside their cars as the campus itself is closed. An all student email said the college is working to create other outdoor wifi locations.

"[We] are taking on new responsibilities and learning new ways to keep our college moving forward," Howard said in her message to students.

To access the remote learning hub visit www.chemeketa.edu/remotelearninghub/.

SAIF stand up assistance fund

Oregon's worker compensation insurance company is creating a \$10 million coronavirus worker safety fund to limit the exposure some businesses are feeling as a result of the pandemic.

The fund, established by SAIF, is designed to support employee safety, reduce injuries, and decrease exposures by helping businesses impacted by the coronavirus. More than

53,000 SAIF policyholders across the state are eligible for funds.

The fund will help businesses pay for expenses tied to making workplaces safer against the virus and dealing with the impact of the pandemic on workers. Eligible expenses could include worksite cleaning and disinfection supplies; resources to reopen businesses safely after a coronavirus-related closure;

resources to redesign or modify workspaces to encourage social distancing; and mental health and wellness initiatives.

Expenses incurred on or after March 1 will be considered. The application, along with additional details about the fund, can be found at saif.com/safetyfund. SAIF will accept submissions until all funds have been expended or until the fund is no longer needed.

public notices

NOTICE TO INTERESTED PERSONS

NOTICE TO INTERESTED PERSONS

The Circuit Court of Marion County, Oregon, has appointed David Brutsch as personal representative of the Estate of Trudy Jean Brutsch, also known as Gertrude B. Brutsch, deceased, Case No. 20PB02127. All persons having claims against the estate must present them, with vouchers attached, to the personal representative in care of the lawyer for the personal representative, Jennifer B. Todd, 1855 Fairgrounds Rd. NE, Salem, OR 97301. Claims must be presented within four months after March 27, 2020, the date of first publication of this notice, or the claims may be barred.

All persons whose rights may be affected by the proceedings in this estate may obtain more information from the records of the Court, the personal representative, or the attorney for the personal representative.

Jennifer B. Todd, Lawyer
3/27, 4/3, 4/10

NOTICE TO INTERESTED PERSONS

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF MARION PROBATE DEPARTMENT

Case No. 20PB01975
NOTICE TO INTERESTED PERSONS
In the Matter of the Estate of DANA RAE STONE, Deceased.

NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the above-captioned estate. All persons having claims against the estate are required to present them to the undersigned Personal Representative at the address shown below within four months after the date of first publication of this Notice. All persons whose rights may be affected by the probate proceeding may obtain additional information from the court records, the Personal Representative or the attorney for the Personal Representative.

DATED AND FIRST PUBLISHED this 27th of March, 2020.
Leslie L. Stone,
Personal Representative

PERSONAL REPRESENTATIVE
Leslie L. Stone
4875 Elizabeth Street N
Keizer OR 97303
(503) 510-1817

ATTORNEY
Monica D. Pacheco,

OSB # 064600
DOUGLAS, CONROYD,
GIBB & PACHECO, P.C.
528 Cottage Street N.E.
P.O. Box 469
Salem, OR 97308-0469
(503) 364-7000
Facsimile: (503) 585-0699
monica@dcm-law.com

3/27, 4/3, 4/10

NOTICE TO INTERESTED PERSONS

Estate FAY ANN PIERRE
Notice to Interested Persons
(Marion County Case No. 20PB01451)

In the Circuit Court of the State of Oregon for the County of Marion, Probate Department.

In the Matter of the **Estate of Fay Ann Pierre, Deceased.**

Notice is hereby given that Donald Pierre has been appointed as the personal representative of the above estate. All persons having claims against the estate are required to present them to the undersigned personal representative in care of the undersigned attorney at: 946 SE Uglow Ave., Dallas, OR 97338 within four months after the date of first publication of this notice, as stated below, or such claims may be barred.

All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the Court, the personal representative, or the attorney for the personal representative.

Dated and first published March 27, 2020.

Donald Pierre,
Personal Representative of the Estate of Fay Ann Pierre, Deceased

Stan Butterfield,
OSB No. 040535
Attorney at Law, P.C.
946 SE Uglow Ave.
Dallas, OR 97338
Attorney for Personal Representative

3/27, 4/3, 4/10

NOTICE TO INTERESTED PERSONS

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF MARION PROBATE DEPARTMENT

Case No. 20PB02043
NOTICE TO INTERESTED PERSONS
In the Matter of the Estate of CAROL LEE ROHDE, Deceased.

NOTICE IS HEREBY GIVEN that KRISTEN LEE ROHDE has been appointed Personal Representative

of the above-captioned Estate. All persons having claims against the Estate are required to present them to the Personal Representative at the address shown below within four months after the date of first publication of this Notice. All persons whose rights may be affected by the probate proceeding may obtain additional information from the court records, the Personal Representative or the attorney for the Personal Representative.

DATED AND FIRST PUBLISHED this 27th day of March, 2020.
Ryan E. Gibb, OSB #972693

PERSONAL REPRESENTATIVE
KRISTEN LEE ROHDE
11811 SE Koala Drive
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(503) 475-3829

ATTORNEY
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Facsimile: (503) 585-0699
Email: Ryan@dcm-law.com

3/27, 4/3, 4/10

NOTICE TO INTERESTED PERSONS

In the Circuit Court of the State of Oregon for the County of Marion

In the Matter of the Estate of Della Lewis, Deceased.
No. 20PB01855 - Probate NOTICE TO INTERESTED PERSONS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the estate of the above-named decedent. All persons having claims against the estate are required to present such claims within four months after the date of first publication of this notice, to Michelle M. Morrow, PO Box 3257, Salem, OR 97302, or the claims may be barred.

All persons whose rights may be affected by the proceeding may obtain additional information from the records of the court, the Personal Representative, or the attorneys for the Personal Representative.

Dated and first published April 10, 2020.
Michelle M. Morrow
Personal Representative

Michelle M. Morrow
Michelle M. Morrow, P.C.
PO Box 3257
Salem, OR 97302

4/10, 4/17, 4/24



ESSENTIAL WORKERS,

THANK YOU FOR ALLOWING MY FAMILY TO BE SAFE AND INSIDE.

STAY HOME. SAVE LIVES.

crossword

Straight Forward

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CREATORS NEWS SERVICE

By Charles Preston

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