

ATHLETE *of the Week*

presented by



LEAH DOUTT
Junior at McNary High School

#14 - Point Guard, Varsity Girls Basketball

Despite missing eight games due to injury and illness, Douitt was still able to establish herself as one of the best guards in the league, earning first-team all-league honors. She averaged 13.3 points per game and led the team in assists and three-point field goals.

WHAT HER COACH SAYS

"Leah takes care of the ball, has great court vision and is our leading offensive threat. She is instrumental to our team..."

— Elizabeth Doran,
McNary Varsity Girls Basketball Head Coach



Meithof tops MVC list of all-league honors



Meithof

By **MATT RAWLINGS**
Of the Keizertimes

After finishing third in the Mountain Valley Conference standings, the McNary boys basketball team had four players receive all-league recognition.

However, it was McNary junior shooting guard Nate Meithof that received the league's highest honor.

Meithof was named the MVC co-player of the year after averaging over 23 points and 9 rebounds per game — both of which were the fourth best marks in the state.

Despite being doubled, and even tripled teamed in most games, Meithof found a way to produce on a nightly basis and even had five consecutive games of over 30 points.

Meithof also increased his scoring average by more than six points per game from the previous season.

According to McNary head coach Ryan Kirch, Meithof has a chance to become the school's all-time leading scorer next season.

"Nate had one of the best seasons ever for a McNary basketball player."

He wants to be great. Oftentimes I have to tell him to take time off. A lot of guys say they want to be great, but not many put in the time necessary to

achieve it. Nate does. He is fearless and wants the ball in his hands when the game is on the line," Kirch said. "In a stretch of six wins in a row by one point or overtime, Nate always made a play in the final minute to help us secure a victory. That is big time. I'm proud of his growth as a player and more importantly as a person. We know he will continue to work this off-season, and will again be considered as one of the best players in the state next season."

"Nate had one of the best seasons ever for a McNary basketball player..."

— Ryan Kirch
McNary head coach

In his nine seasons as the



Gonzalez

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