

ATHLETE of the Week



presented by
capitol auto group

NATE MEITHOF Junior at McNary High School

At the three-game Medford Abby's Tournament (Dec. 26-28), Meithof set the new tournament scoring record with 109 points over the three game stretch.

He concluded the tournament with a career-high 39-point performance in a 64-43 victory over Forest Grove.

In the Celtics following contest, Meithof put up 36 points to help McNary to a 66-60 win over Canby on Friday, Jan. 3.

BBALL, continued from Page A12

made on SportsCenter's Top 10 list.

It was Meithof's fifth straight game over 30 points.

"I just work on my game every day and it's really been showing," Meithof said.

McNary held onto a 14-13 lead at the end of the first period thanks to a four-point play from Jaime Ochoa in the final minute of the quarter.

Canby came back to take

the lead in the second quarter, but back-to-back triples from Riley Flores put the Celtics on top 27-25 at the break.

McNary came out of half-time firing on all cylinders to begin the second half. After Meithof broke free for a couple of transition buckets to extend the lead to six, freshman point guard Jando Gonzalez knocked down back-to-back 3-pointers to give the Celtics their largest lead at 37-25.

Canby, however, went on a 10-0 run of their own to get the lead back within two

late in the period. A deep trey by Meithof put a halt to the Cougars run.

McNary kept their lead intact throughout the entire fourth quarter. The Celtics were on the verge of putting the game on ice when Meithof hit a pair of free throws to make the score 49-44 with 35 seconds left.

But Arredondo wasn't ready for his Canby team to give up just yet. The junior guard converted on a deep 3-pointer to cut the lead to two with 26.2 seconds left.

Meithof was fouled quickly when McNary inbounded the ball, but he could only hit one of two free throws, keeping it a one-possession game with 20 seconds left.

Canby air-balled a pair of shots on the ensuing possession, but each time they were able to corral the offensive rebound. After a hectic 20 seconds, Canby head coach Craig Evans elected to call timeout with 3.5 left on the clock to draw up the final shot of regulation.

Despite the ensuing play being well defended, Arredondo was still able to knock down the contested three to send the game in the overtime as Canby faithful celebrated wildly.

It would have been easy for the Celtics to hang their head at the blown opportunity. But instead, the Celtics kept on putting the pressure on the Cougars.

In the first possession of overtime, Gonzalez completed a nifty three-point play to put McNary back on top. After a Canby bucket, Meithof came back down the court and hit his fourth triple from the top of the key. Moments later, Meithof weaved through two defenders and finished off the glass to get the lead to 58-52.

"We kept the pressure up and we were a lot more calm with the ball. We didn't rush anything," Meithof said.

At this point, Meithof already had a spectacular game going. But he shut the gym down with the play he made in the final minute.

After getting a defensive stop, Ochoa secured the rebound and handed it to Meithof in the backcourt. Instead of trying to dribble time off the clock before getting fouled, Meithof hit the accelerator, getting past three defenders and putting himself in a one-on-one situation with Canby's Alexander Evans at the rim.

"He was just standing there on the fast break, so I was like 'if he not going to do nothing, I'm just going to go over him,'" Meithof said.

And that's exactly what Meithof did.

Evans tried to take the charge under the hoop, but the 6-foot-4 Meithof soared by the Canby post and threw down a ferocious slam, then flexed his mighty arms in jubilation, knowing that he had just helped his team clinch a huge victory. "We have given him freedom to go and do that kind of stuff and make plays. It looked like he almost jumped over the kid. It was a special play by a special player," Kirch said.

Meithof and the Celtics return to action in their final non-conference game at Forest Grove on Friday, Jan. 10. Game time is 7 p.m.



KEIZERTIMES/Matt Rawlings

Junior Nunez knocked down a pair of free throws down the stretch to seal the win for the Celtics.

KEIZER CLASSIFIEDS

DOG WANTED

Senior Vet in retirement community would like a free small dog for a companion. I have kennel and all dog supplies. Please call 503-364-9197. ONAC

SERVICES

Frontier Communications Internet Bundles. Serious Speed! Serious Value! Broadband Max - \$19.99/mo or Broadband Ultra - \$67.97/mo. Both Include FREE Wi Fi Router. CALL For Details! - 1-855-972-6641. ONAC

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc., Social Security Disability Attorneys, 1-855-548-1237! FREE Consultations. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar)]. ONAC

DENTAL INSURANCE from Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for 350 procedures. Call 1-844-239-9335 for details. www.dental50plus.com/256118-0219. ONAC

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-977-9436. ONAC

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-855-502-2578 or satellitedealnow.com/OR ONAC

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-888-651-5669. ONAC

SERVICES

DIVORCE \$130. Complete preparation. Includes children, custody, support, property and bills division. No court appearances. Divorced in 1-5 weeks possible. 503-772-5295. www.paralegalalternatives.com legalalt@msn.com ONAC

Become a Published Author. We want to Read Your Book! Dorrance Publishing- TruSted by Authors Since 1920. Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-844-803-4427 or visit http://dorranceinfo.com/ Oregon. ONAC

SERVICES

Financial Benefits for those facing serious illness. You may qualify for a Living Benefit Loan today (up to 50 percent of your Life Insurance Policy Death Benefit.) Free Information. CALL 1-855-284-5304. ONAC

Stay in your home longer with an American Standard Walk-In Bath. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-888-986-4285. ONAC

DIRECTV NOW. No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News, Live Events, Sports & On Demand Titles. No Annual Contract. No Commitment. CALL 1-833-600-6659. ONAC

Get a SMARTPHONE for \$0 DOWN* with AT&T Next@ and AT&T Next Every Year & #8480 1) Pick Your New Phone. 2) Pick Your Plan. (*Req's well-qualified credit. Limits & restr's apply.) CALL 1-855-593-4474 ONAC

SERVICES

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$14.95/month. Best Technology. Best Value. Smart HD DVR Included. FREE Installation. Some restrictions apply. Call 1-866-373-9175. ONAC

Medical-Grade HEARING AIDS for LESS THAN \$200! FDA-Registered. Crisp, clear sound, state of-the-art features & no audiologist needed. Try it RISK FREE for 45 Days! CALL 1-866-799-5056. ONAC

MISCELLANEOUS

GOT AN OLDER CAR, VAN OR SUV? Do the humane thing. Donate it to the Humane Society. Call 1-877-246-1527. ONAC

DONATE YOUR CAR TO UNITED BREAST CANCER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION. 1-855-252-2579. ONAC

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-844-533-9173. ONAC

LAWN SERVICES

JIM'S LAWN SERVICE - Complete lawn and garden care. Yard cleanups, mowing, pruning, bark dusting. Serving Keizer since 1984. Voted "Best in Keizer!" 503-304-8849. CR

ADOPTION

ADOPTION. California couple promises loving home for baby. Secure future, best education, devoted grandparents, gentle pets. Living expenses paid. Ken/Christine 1(909)701-9662 or attorney 1(310)663-3467. ONAC

Dental Insurance
Physicians Mutual Insurance Company

This is real dental insurance from Physicians Mutual Insurance Company that helps pay for over 350 procedures - cleanings, fillings, crowns, even dentures.

- No annual maximum, no deductible
- See any dentist you want - including your own
- Over 50? Coverage as low as \$1 per day

Call now to get this FREE Information Kit
1-877-599-0125 dental50plus.com/25

*Individual Plan. Coverage not available in all states. Appointment required for our insurance policy certificate of this type. Contact us for complete details about this insurance option. This special offer is not available in CA, HI and 11 other states. Coverage is subject to underwriting. Coverage is not available in CA, HI, CO, SD, IA, CT, ND, MN, WI, IL, IN, OH, PA, WV, KY, TN, MS, AL, GA, SC, NC, VA, MD, DE, NJ, NY, CT, RI, VT, NH, ME, HI, AK, VT, NH, ME, HI, AK. #ADP1018

Your Family Deserves The

BEST Technology... Value... TV!...

\$59.99 MONTH (for 1st month)

190 Channels America's Top 120

Add High Speed Internet **\$14.95** /mo.

CALL TODAY Save 20%!
1-866-373-9175

Imagine The Difference You Can Make

DONATE YOUR CAR

1-844-533-9173

FREE TOWING TAX DEDUCTIBLE

Help Prevent Blindness
Get A Vision Screening Annually

Heritage for the Blind

Ask About A FREE 3 Day Vacation Voucher To Over 20 Destinations!!!

ASK MR. TRASH

Q. I heard about China's ban on recycling. What IS recyclable now?

A. Be very careful to only recycle the things on your hauler's approved list. **PLASTIC BAGS, STYROFOAM, AND WAXY CARTONS WERE NEVER RECYCLABLE!**

PLEASE KEEP THE FOLLOWING GOOD RECYCLABLES EMPTY, CLEAN AND DRY:

- Cardboard and uncoated greyboard boxes (Shipping & cereal type). No frozen food boxes!
- Print-quality paper - newspaper, junk & office paper, and magazines;
- Tin & Aluminum Cans Only - NO foil, trays, or scrap metal;
- Plastic Bottles and Jugs Only - NO bags, tubs, clamshells, bubble Pak, or other plastics.

Serving Keizer for Nearly 50 years!

LOREN'S
SANITATION & RECYCLING SERVICE, INC.
503.393.2262

VALLEY
RECYCLING & DISPOSAL, INC.
503.585.4300

Worship Directory

These Salem-Keizer houses of worship invite you to visit. Call to list your church in our Worship Directory: (503) 390-1051

KEIZER CLEAR LAKE UNITED METHODIST CHURCH

a member of Open Door Churches of Salem-Keizer

REV. ALYSSA BAKER, Lead Pastor

Services are Sunday at 10 am (Nursery & Sunday School for Children)

7920 Wheatland Rd N • 503-393-2402 • www.kclumc.org

JOIN US FOR SUNDAY WORSHIP

8:30 am • 10 am • 11:30 am • 6 pm

PEOPLESCHURCH

4500 LANCASTER DR NE | SALEM
503.304.4000 • www.peopleschurch.com

SAINT EDWARD Catholic Church

393-5323

5303 River Rd. N., Keizer

Father Gary L. Zerr, Pastor

Saturday Vigil Liturgy: 5:30 p.m.
Sundays: 8:15 a.m. & 10:30 a.m.
La Misa en Español: 12:30 p.m.

John Knox Presbyterian Church

452 Cummings Lane North • 393-0404

Rev. Dr. John Neal, Pastor

Worship - 10:30 a.m.
Education Hour - 9:15 a.m.
Nursery Care Available

www.JohnKnoxPresKeizer.org

Faith Lutheran Church, ELCA

4505 River Road N, Keizer • 503-393-4507
www.FLCKeizer.org

Pastor Linda Matz Easterling

Sunday School - 9:00 am
Worship Service - 10:00 am

Keizer Christian Church (Disciples of Christ)

6945 Wheatland Rd. NE 393-6843
www.KeizerChristian.org

Worship and Children's Church • 10:00 a.m.
Office Hours 9 a.m. - 1 p.m. Mon. - Fri.

COUNTRYSIDE Christian Church

9:30 am & 11:00 am Sunday Worship Services

countrysidechristianchurch.org

Corner of Lockhaven and McLeod, KEIZER • (503) 540-1989