



KEIZERTIMES/Matt Rawlings
McNary junior Ethan Whalen finished 30th at the Mountain Valley Conference District meet on Saturday, Nov. 2

Celts place 7th at districts

The McNary boys cross country team took seventh place at the Mountain Valley Conference District meet on Saturday, Nov. 2 at Bush Park in Salem.

Junior Ethan Whalen was the Celtics top runner on the afternoon, finishing in 30th place with a time of 17:11, which was a new personal-best.

Right behind Whalen was freshman Connor Ropp, who also reached a personal-record (17.14.9).

Benjamin Standley came in 40th with a time of 17:42.10

Howard wins prestigious military award

Minor League Baseball (MiLB) announced today that Jerry Howard of the Salem-Keizer Volcanoes is the recipient of the fourth annual Charles K. Murphy Patriot Award. Howard will receive the award at the Baseball Winter Meetings Banquet on Sunday, Dec. 8, at the Hilton San Diego Bayfront.

The Charles K. Murphy Patriot Award is presented to a team or individual in Minor League Baseball for outstanding support of the

United States Armed Forces and veterans, both at the ballpark and in the community. The award was created in 2016 in honor of Murphy, the longtime Florida State League president and U.S. Army veteran who passed away Feb. 21, 2015, at the age of 83.

A retired Lieutenant Colonel after 21 years in the U.S. Army, Murphy broke into professional baseball in 1975 and led the Florida State League from 1990 until

his passing. He received the Warren Giles Award for outstanding service as a league president in both 2011 and 1991 and the Friends of Baseball Chapel Award in 1994.

"It is a tremendous honor to accept this very prestigious award on behalf of those who truly deserve it — the 2,000-plus outstanding and very brave men and women of the Armed Forces who have attended our annual patriotic tributes to be thanked, honored and saluted for their service to our nation," said Howard.

For winning the award, Minor League Baseball charities will split a \$5,000 donation between the Oregon Paralyzed Veterans of America and Serving Our Veterans at Home, two organizations that have been participants in Salem-Keizer's patriotic tributes.

Perennially committed to honoring and serving veterans, active military and their families, the Volcanoes once again hosted their 12th annual Patriotic Tribute on July 4. Led by Howard (U.S. Air Force, 1961-66), the theme of this year's event was "A Time to Recognize and Honor the Youth of Our Military Families."

For his efforts in coordinating both the patriotic tribute and the fallen warrior ceremony, Howard himself was awarded the 2019 national award for distinguished service by the Asso-

ciation of the United States Army. The honor is the association's highest civilian award and shows appreciation for Howard's efforts in thanking, honoring and saluting veterans and active military for several years. He was also honored by the Volcanoes during the patriotic tribute through the unveiling of a fallen warrior statue at Volcanoes Stadium on the main concourse behind home plate, which is dedicated to fallen soldiers in Howard's honor.

"Jerry Howard's efforts to acknowledge, thank and honor our servicemen and women, as well as their families, are exemplary of the type of passion deserving of the Charles K. Murphy Patriot Award," said Minor League Baseball President and CEO Pat O'Conner. "He is very deserving of this award, and as a veteran himself, it is my honor to, on behalf of Minor League Baseball, present him with this award."

"Honor, service and community are the foundation of all that the Salem-Keizer Volcanoes stand for," said Volcanoes owner Jerry Walker. "I am proud of what Jerry Howard has selflessly achieved with this program, and equally proud of all our active servicemen, servicewomen and all veterans who give so much in the defense of freedom and liberty. This award recognizes, at its purest form, the power of public service."



Submitted
Jerry Howard, a front office staff member of the Salem-Keizer Volcanoes, will receive the Charles K. Murphy Patriot Award on Sunday, Dec. 8.

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Faith Lutheran Church | 4505 River Rd N Keizer

Save a little cash and reduce your environmental impact this holiday season. Marion County Environmental Services is hosting a **FREE** toy swap! Bring any gently used, clean toys Friday, December 6th to Faith Lutheran Church from 9am to 1pm. Then on Saturday, December 7th from 9 am -11 am shop for free to find toys and gadgets for your loved ones.

mcrecycles.net

OH, WHAT A TEAM!

Brooke Renard, MD, OB/GYN

- Medical degree from University of Nebraska College of Medicine
- Board Certified in Obstetrics & Gynecology

Dr. Renard is a skilled OB/GYN with over 19 years of experience. Please join us as we welcome to our Santiam Women's Clinic family, a great provider who offers a wide range of obstetric and gynecologic services for women of all ages including gynecologic surgery.

SANTIAM WOMEN'S CLINIC

Jennifer Brewer, MD, OB/GYN

- Medical degree from Oregon Health & Sciences University
- Board Certified in Obstetrics & Gynecology

Jennifer Brewer, MD, OB/GYN joined Santiam Women's Clinic, part of Santiam Hospital in 2016. She enjoys providing patient-centered prenatal care, delivery and postpartum care, breast feeding and infertility assessments.

SANTIAM WOMEN'S CLINIC

Melissa Sheffield, ARNP, CNM

- Nurse midwife degree from Frontier School of Midwifery & Family Nursing in Kentucky.
- Member of the American College of Nurse Midwives, American College of Obstetricians & Gynecologists and the American Midwifery Certification Board

SANTIAM WOMEN'S CLINIC

Emily Alvale, MD

- Medical degree from Oregon Health & Sciences University
- FP-OB Fellowship, Natividad Medical Center, Salinas, California. Hospital-based obstetric training with highlight on high-risk OB and procedural training.

SUBLIMITY MEDICAL CLINIC

Eva McCarthy, DO

- Doctor of Osteopathy degree from Des Moines University in Iowa
- Board certified by the American Osteopathic Board of Family Physicians and the American Osteopathic Association

SUBLIMITY MEDICAL CLINIC

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