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**Velo Integrative Massage**  
1010 13th Street SE • Salem • 971-361-6070  
Velo.MassageTherapy.com

The health benefits of massage cannot be overstated. Whether it is purely for relaxation or for physical well being, massage has helped to alleviate pain resulting from an accident or to aid those battling cancer.

Jay F. Krokenberger and Velo Integrative Massage LLC incorporate various massage modalities to help individuals recover from accidents. Each of us has a busy life and pain can slow us down.

Young parents need to be able to care for their children. And grown ups don't want to be treated like children. For both young and old, massage therapy can be a great aid to maintaining momentum in life.

Velo focuses primarily on medical massage and oncology massage. Clients will walk into a comfortable and professional setting; they will receive supportive massage therapy to help them meet their individual goals.


"Our best client is someone interested in reducing pain," said Krokenberger. "And, improving their range of motion to keep up with the activities of life they enjoy."

Krokenberger went on to say that Velo Integrative Massage takes great care to empower cancer patients and cancer survivors through recovery.

"My goal is to help individuals keep moving at the speed of life," he said.

He offers a wide choice of massage procedures: Swedish, reflexology and chair massage along with medical and oncology massage.

Velo Integrative Massage LLC is located at 1010 13th St., SE in Salem. Hours are 7:30 a.m.-7 p.m. on Monday, 8 a.m. to 6 p.m. on Wednesday, 7:30 a.m. to noon on Friday and 1 to 7 p.m. on Saturdays. To make an appointment call 971-361-6070 or visit veto.massagetherapy.com.



Jay F. Krokenberger, LMT 21156

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