

TRAUMA: 'We have to look at each other first as human'

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trained by Sandra Bloom, who started the Sanctuary model in 2012, at the Sanctuary Institute in Yonkers New York.

"It sounds religious but it's not at all," Linden said. "The idea of being trauma informed is pretty universal. We know that at least two-thirds and possibly more of the population has experienced childhood adversity which impacts the way that you interact and perceive the world."

One of the goals of the training is to give people a frame of reference for why people act the way they do. The initial reaction when someone has a bad interaction is to take it personally. The training is designed to help people think of others and what stressors in their lives caused them to act like they did.

"Organizations today are under so much stress and so much intensity that this really helps bring some of that personalization back into it," Linden said, "we have to look at each other first as human to human."

She offer a follow-up training, which has been postponed from July 9 is called *Training of Trainers*, that session is also open to anyone who's interested in gaining more knowledge, though it does require an application.

"Training of trainers just allows people to build their skill and knowledge so they can go back and train the workforce

in their organization," she said. The application helps Linden understand the motivation behind perspective participants.

Trauma informed training was something she wanted to bring to Salem, so much so that she formed her own consulting business, Linden Consulting.

"Really, if you want to get training you have to go to Portland or Eugene or even further down to Medford," she said. "I saw it as a need here in the Willamette Valley. That's what drove me to get this going."

The United Way is partnering with Linden to sponsor her trainings in the area.

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Tryon during the June 2 crash. Palacios Rodriguez was allegedly driving under the influence of alcohol.

The case has been assigned to Judge Thomas Hart of Marion County Circuit Court. A status hearing is slated in late July.

Officers were able to defuse the situation on the Salem Parkway, and the parties separated.

At this time, it is not believed the car fire victim, and those associated with the crash victims know each other. Anyone with information is asked to call Det. Tim Lathrop at 503 856-3481.

Council makes new volunteer appointments, more needed

The Keizer City Council approved four new volunteers for city roles and committees at its meeting Monday, July 1.

Christopher Wolfert was appointed to the youth councilor position beginning this fall. Natalie Janney was appointed to the Stormwater Advisory Committee. Jeremy Vargus and Lore Christopher were appointed to the Public Art Commission. Bob Shackelford was appointed to the Festival Advisory Board.

VOLUNTEERS NEEDED

The city is still seeking to fill vacancies on other committees.

- Two volunteers are need for the Keizer Points of Interest Committee that researches and identifies Keizer locations with historical, geographical, botanical, or unusual significance.

- Two volunteers are also needed for Budget Committee. The committee meets only in May of each year to review proposed budgets.

- Three volunteers are needed for the Keizer Planning Commission. The city has guidelines for the composition and organization of this group and members are required to file a disclosure of economic interests.

- There are also several openings for youth liaisons and pages and are available to Keizer-area high school students.

Volunteer applications can be picked up at the Keizer Civic Center or downloaded from the city's website, www.keizer.org. Application received by July 10 will be considered at the July 18 meeting of the Volunteer Coordinating Committee.

Avamere Ct hosts annual BBQ July 12

Avamere Court at Keizer is inviting the community to join its residents for a Western BBQ on Friday, July 12, from 11 a.m. to 2 p.m. to show appreciation to the Salem-Keizer community.

The barbecue is just the beginning of the fun.

There will be live music by the Jefferson Parks Band, horse drawn wagon rides provided by Chafin Farms and the Oregon Dream Ponies will be giving rides. It is a free event that welcomes all ages.

The barbecue will be at Avamere Court at Keizer, 5210 River Road N. Parking will be available across the street, courtesy of Quality Inn Suites.

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