

Cyclists: Sign up for Monster Cookie

By ERIC A. HOWALD
Of the Keizertimes

The Salem Bicycle Club is now registering riders for the annual Monster Cookie Metric Century.

The ride, which takes participants from the Capitol to Champoeg State Park and back, is Sunday, April 28.

Pre-registration can be completed at www.salem-bicycleclub.org, for \$30 before April 22. Lunch and T-shirts are available for \$7.50 and \$18, respectively. Day-of-ride registration is \$40. All local bike shops and the Keizer Station REI have applications in stores.

Keizerite Hersch Sangster told the Keizer City Council that the Monster Cookie is one of the top-rated rides in

Oregon and, after 43 years, "a Northwest tradition."

The ride draws between 1,000 and 2,000 riders every year.

"We've always tried to involve the local community and the ride itself is a recreational ride, not a race. It's open to all riders of any ability," Sangster said.

There are assisting vehicles that can pick up riders who decide they can't complete the route.

Sangster and his wife, Mary Ann, started the ride in 1977 and named it after her fresh-baked cookies. Salem's Oregon Trail Bakery has since taken over making the cookies.

"We do everything local that we possibly can," Sang-

ster said.

About half the riders come from outside the Salem-Keizer Area.

"We always have some groups from foreign countries attend," he said.

The money that's raised supports the Salem Bicycle Club, which in turn sponsors local cyclist-focused improvements. In recent years, that's meant paying for the building and installation of improved bike racks at two spots in Salem. The racks were made by students at the Salem-Keizer CTEC program.

REI is sponsoring two riders who will tag along and offer on-the-spot repairs and technical expertise.

McNary musicians clean up at OMEA district competition

The Oregon Music Education Association District 4 2019 Solo and Ensemble Contest was held at McNary High School on Saturday, March 9. Band, orchestra and choir students from all Salem area high schools competed, as well as students from Blanchet, Dallas and Silver Falls School District.

Students that placed will move on to the state solo and state ensemble championships that will be held at the end of April. For students that won as first and second alternate, they will know in one week if they will also participate in the state championships.

The students from McNary High School that won in their divisions are:

Clarinet - First place: Nicholas Weathers.

French Horn - First place: Kacey Whitfield.

Flute - Third place: Eryne Ige.

Trumpet - First alternate: Danny Okada.

Small Woodwind Ensemble - First place: Cole Branson, Caleb O'Dell, Alivia Hart (bassoon trio).

Small Woodwind Ensemble - Second alternate: Rose Lelack, Grace Painter, Cassidy Steck-



Submitted McNary High School's Kacey Whitfield took first place in the French horn competition at the district level.

mann (flute trio).

Large Woodwind Ensemble - First alternate: Nicholas Weathers, Riley Smith, Hannah Kuper, Ana Diaz, Jemsa Cid,

Lillien Laetsch (clarinet sextet).

Small Brass Ensemble - Second Alternate: Dante Olivo, Nathaniel Eggert, Kyler McNaught (trombone trio).

Willamette Lutheran honored for Earthwise moves



On March 6, Willamette Lutheran Retirement Community was presented the Earthwise Large Business of the Year award by Salem Environmental Education (part of Marion County Environmental Services) at a special sustainability luncheon held at Mission Mill.

Accepting the award was Kay Hayes, director of marketing; Sam McDonald, groundskeeper/supervisor, Matt Meisenberg, maintenance supervisor (L); and resident Allan Freebury, a member of the original Green Team.



- SUNDAY, MAY 12
Mother's Day Breakfast
- TUESDAY, AUG 6
National Night Out
- WEDNESDAY, SEP 11
9/11 Ceremony
- MONDAY, OCT 7
Fire Prevention Open House
- SUNDAY, DEC 8
Santa Breakfast
- SATURDAY, DEC 21
Candy Cane Day

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