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KEIZERTIMES/Derek Wiley

McNary Youth Football's JV team defeated Sherwood 16-0 on Saturday, Nov. 10 at South Salem High School to win the Silver Bracket Tualatin Valley League championship.

Young Celtics win silver

By **DEREK WILEY**
Of the Keizertimes

SALEM—McNary Youth Football's defense carried the JV team to a championship.

Playing in the final game of the Silver Bracket, the Celtics shut out Sherwood 16-0 on Saturday at South Salem High School.

The victory came after McNary throttled Centennial 34-6 the week before.

"It was a group effort," Celtics head coach Dustin Ferrando said. "We have a

bunch of beasts on defense and they hold the team down for us."

McNary took the lead early in the second quarter on a 5-yard touchdown run by Izeyah Contreras.

Jesse Dyer, who was 2-for-2 on extra points, then added a 12-yard touchdown run late in the first half to give the Celtics a 16-0 lead.

Sherwood's best chance to score came early in the fourth quarter but McNary's defense held on fourth down at the



KEIZERTIMES/Derek Wiley

LEFT: Raider Cendejas tackles a Sherwood ball carrier Saturday at South Salem High School. ABOVE: Izeyah Contreras scored a 5-yard rushing touchdown for the Celtics.



Salang voted Player of the Year

By **DEREK WILEY**
Of the Keizertimes

Kalea Salang kept her shoulder together with tape, ice and Advil.

Nursing a strained bicep tendon, to go with tendinitis in both knees, she went to physical therapy twice a week.

And minus one weekend volleyball tournament in Dallas, Salang didn't miss a game for Blanchet Catholic.

"It was really painful to play with all season," Salang said. "I'd take Advil before and after practice, before and after games, Kinesio tape on it constantly, just trying to get through games the best I could. In games where we were pretty confident we were going to win, coach (Sher-

rie Bashaw) would tell me I could take a little bit off of my swing, just be confident with my shots. I did that a lot of the season."

Despite the injury, Salang finished her senior season with 251 kills, 36 aces, a 95 percent serve percentage, 263 digs and 32 blocks.

The PacWest Conference coaches voted her Player of the Year.

Salang was surprised. "I hold myself to pretty high standards and I just felt like I didn't really do as well as I thought I was going to because of my arm," Salang said. "It was holding me back. I'm a hitter and all I want to do is swing on the ball and hit it as hard as I can. But most

of the season I was just doing some smart shots and here and there I would get some good hits in."

She was also honored.

"It definitely meant a lot more to me knowing that these coaches, who may or may not know that I've been struggling with an injury, but knowing that they respect me as a player and the hard work I put into the sport," Salang said.

With Salang at outside hitter, Blanchet went 15-6 during the regular season to win its first league championship since 2011.

As the five seed in the 3A playoffs, the Cavaliers defeated Oregon Episcopal and Salem Academy 3-0 to reach the semifinals, even without

senior middle Ana Coronado, who missed the tournament with a sprained ankle.

Blanchet then took defending state champs and No. 1-seeded Cascade Christian five games.

"We played really well against them," Bashaw said. "At state, the ball can go either way. It didn't bounce our way. I think we could have taken them. We knew it was going to be a battle. The girls played a hard fought game all the way through."

Submitted

Jane Mulholland and Kevin Hohnbaum view the fight against a big box store in Keizer Station's Area C as taking a stand for their neighborhood.

