Mountain Valley's top runners meet Saturday

By DEREK WILEY Of the Keizertimes

With five of the six fastest times, the Summit girls are the heavy favorites to win the Mountain Valley Conference cross country championship.

The only question is which team will finish second on Saturday, Oct. 27 at Central Oregon Community College in Bend.

South Salem has as good a chance as anyone.

Chau, who won the Greater Valley Conference meet as a freshman and then placed third as a sophomore and sec-

ond as a junior, has the second fastest time in the Mountain Valley Conference this season, finishing in 17 minutes and 44 seconds at Bush Park on Sept.

Two South Salem freshmen, Taitum Schaap (19:17) and Paige Trautman (19:30), are in the top 20.

Summit, which dominated the 5A state cross country Led by senior Anna Chau, meet last season, has 10 of the top 14 times.

The Storm are led by Fiona Max, a junior who finished second in the state last year, and has the fastest time in the Mountain Valley Conference

this season in 17:28.

Sprague senior Elise Abbott has the 11th best time in the conference, finishing in 18:48 on Sept. 21.

McKay is led by Jazmine Liebl in 19:43 and West Salem by Ella Repp in 19:56.

Sabella Alfaro has the fastest McNary time-22:43.

Summit is also the favorite to win the Mountain Valley Conference boys title as the Storm, led by Zachry Weber's 15:45, have three of the top five times this season.

Bend, South Salem and Mountain View should battle for second.

The Saxons are led by Jay Grant (16:05) and Evan Gonzalez (16:28).

Josh Dixon has paced Sprague this season with a best time of 17:08 and Ramiro Gonzalez will lead McKay with a PR of 17:09.

Ethan and Brennan Whalen have McNary's best times this season, finishing in 17:50 and 17:58 at the Meriwether National Cross Country Classic in Hillsboro on Sept. 21.

The Mountain Valley Conference varsity boys race will begin Saturday at noon, followed by the varsity girls race at 12:45 p.m.



KEIZERTIMES/Derek Wiley

South Salem senior Anna Chau has ran the second fastest time in the Mountain Valley Conference this season

By DEREK WILEY Of the Keizertimes

In its final race before the Mountain Valley Conference Championships. McNary's cross country team hosted a 3K at Keizer Rapids Park on Wednesday, Oct. 17.

Senior Francisco Orta led the Celtics, finishing third in the boys race in 9:56.93.

Ethan Whalen placed sixth in 10:03.30 and Andrew Goemaere took seventh in 10:04.34.

Not far behind, David Allen finished ninth in 10:12.68, Gavin Gasperini placed 10th in 10:28.64 and Caleb McCoy took 11th in 10:28.96.

McKay junior Ramiro Gonzalez easily won the race in 9:39.05. West Salem sophomore Ryan Griffin also finished in under 10 minutes in 9:55.42 to place second.

McKay sophomore Jazmine Liebl won the girls race in 11:20.27. West Salem sophomores Ella Repp and Nyana DeBerry placed second and third in 11:24.52 and 11:51.55.



McNary runners Francisco Orta, right, and Andrew Goemaere finished third and seventh at Keizer Rapids Park last week.

Cielo Hermenejildo Chavez was the first McNary girl to cross the finish line in 12:30.11, which was good enough for ninth.

Sabella Alfaro placed 11th in 12:37.05.

crossword

Contact

The Mountain Valley Conference Championships are Saturday, Oct. 27 at Central Oregon Community College in Bend. The varsity boys race begins at noon followed by the girls at 12:45 p.m.

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McNary hosts Keizer Rapids 3K McNary High hosting youth wrestling camp

holding a youth wrestling 7 and 8 in the McNary wrescamp beginning Tuesday, Oct. tling room in the upper gym. 23 from 6:30 to 8 p.m.

McNary High School is Oct. 24-25, 29-30 and Nov. 5, cludes a camp T-shirt. Cost is \$25 per individual

The camp will continue or \$40 for a family and in-

Online registration is available at www.tinyurl.com/ wrestlingcamp2018 or in person at the camp.

Change hurt



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