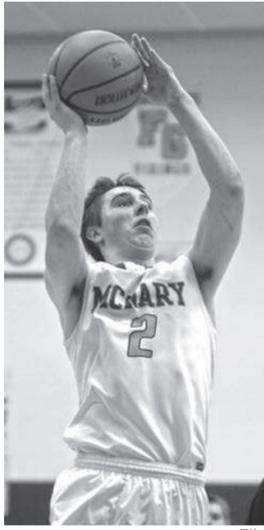


ISMAY, continued from Page 13

"He's incredibly smart, incredibly physical. He knows his angles well. Guys who really understand the game see how important and critical he is. It's a lot of hard work. He's tough. He's athletic and he prides himself on it."

Along with winning his third straight Defensive Player of the Year award, Ismay was also voted First Team all-league. He led the Celtics in points (13.6), rebounds (5.08) and assists (4.92) per game.

"It's a real honor to get First Team," Ismay said. "I've taken a lot more shots and scored a lot more this year than in the past."



File Matthew Ismay was again voted GVC Defensive Player of the Year.

#8 McNary football wins playoff game

McNary came from behind to defeat Grants Pass 22-20 in the first round of the state playoffs.

"It's a nice step for us," head coach Jeff Auvinen said after the game. "We're going to enjoy tonight. It's been a while."

The Celtics trailed 20-10 late in the third quarter when quarterback Erik Barker connected with Junior Walling on a wheel route for a 30-yard gain to get the Celtics inside the Cavemen 20-yard line.

Barker then found Jakoby Duke for a 12-yard touchdown to cut the deficit to 20-16.

Forcing just its second three-and-out of the game, McNary's defense got the ball back to its offense and Barker needed only one play to throw the winning touchdown, finding senior Kyle McCallister for a 48-yard score with 3:21 remaining.

"I just extended that route because I knew there was nothing," McCallister said. "Jonny (Williams) had a great block on the outside for me to get to the end zone. I've only had one other touchdown this year. That felt amazing."

Barker, who had to step up in the pocket waiting for someone to get open, said he didn't actually see McCallister catch it.

"I got lit up," Barker said. "When I got up, I was just overcome with relief. That was the greatest feeling of the whole night."

Defensive back Alex Mc-

Grath then gave McNary fans even more relief, intercepting Grants Pass quarterback Blain Hobbs with only 1:30 left to play.

Barker passed for 337 yards and two touchdowns. Walling rushed for 175 yards on 30 carries.

#9 Gragg named AD at McNary High

McNary hired Scott Gragg, a retired NFL offensive lineman, football coach and principal, to replace Ron Richards, who retired in July.

Gragg was picked out of 19 applicants.

"I'm very excited because I think we've got a superstar," Jespersen said. "He's going to be amazing for us."

Gragg was first hired at McNary as an instructional coach

#7 Claggett Creek relay wins gold

In its first trip to the Oregon Middle School Meet of Champions, Claggett Creek Middle School's 4x100 boys relay team of eighth graders Gabriel Martinez, Ethan Martin, Emanuel Figueroa and Dyami Rios brought home a state championship while setting a school record of 46.61 seconds.

CCMS went into the meet on Thursday, May 25 at Corvallis High School with the fastest time but barely made it to finals after finishing in seventh in 47.85 during prelims.

"It was very nerve-racking," said Martinez, who ran the first leg of the race. "We didn't know what was going to happen in finals. We had four hours to prepare ourselves mentally and just win the race and try to do our best."

Claggett wasn't at full strength. Just one day before the meet, Martin, Claggett's second runner, had hurt his ankle falling off the bleachers at school.

"I didn't want to let them down so I just ran through the pain," Martin said.

After running the third leg, Figueroa passed the baton to



File Ethan Figueroa, Dyami Rios, Ethan Martin and Gabriel Martinez won the 4x100 relay at the Oregon Middle School Meet of Champions in May.

Rios to finish the race.

"I was just trying not to lose the lead and run my fastest," said Rios.

Shirley Richardson, Claggett's sprint coach, put the four kids together as sixth graders.

"I like to keep kids to-

gether because the more you

work together the stronger you become as a team," Richardson said. "They started off

as sixth graders with a 52 (seconds) and then went 49 as seventh graders and 46 as eighth graders. It's huge because we haven't had a dominant group

of kids so it's been a real blessing.

These kids are leaving a legacy of what they can do so other kids here can be inspired by what they've done.

These guys are good leaders in the classroom. They're hard workers."

#10 Salang wins gold, bronze

Leilani Salang, a Blanchet Catholic senior and Keizer resident, threw a nearly 10-foot PR in the discus to win the 3A state championship at Hayward Field in Eugene.

Salang had placed seventh in the event as a sophomore.

"I had visualized it many times," Salang said of winning the state title. "I had thought about it the night before, walking from the seventh place podium though every step getting all the way to the

top. It felt so good, just accomplishing my goal."

Salang got on the podium three more times before her final high school track and field meet was over.

Individually, she placed

third in the shot put with a

throw of 37-11.5 and eighth in the javelin at 107-08. Salang, Emily Collier, Trinity Phipps and Bailey Hittner set a new school record of 51.30 to finish sixth in the 4x100 relay.

puzzle answers

WHAT	CAPET	AGHA
AIDE	ALULA	URAL
GRAND	CANAL	TARE
STREET	GNOMONIC	
MEIN	NEED	
TIGER	EVE	ADMIT
HORN	BEAMED	ODE
ANAT	EDUCE	SNEE
WIN	TELLER	EDAM
SADIE	ETE	GAEELS
HOER	SLAW	
WOOD	NOTE	ARREAR
ASTI	GRANDBANKS	
THEN	EERIE	CCIV
TALE	RESTS	KEMP

2	8	7	1	4	9	6	5	3
9	3	5	6	8	7	1	2	4
1	6	4	5	2	3	9	7	8
3	7	1	4	9	6	5	8	2
5	2	9	3	1	8	7	4	6
8	4	6	2	7	5	3	9	1
6	1	8	9	5	4	2	3	7
4	9	2	7	3	1	8	6	5
7	5	3	8	6	2	4	1	9

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Ladder safety should not be learned on the fly.

Climbing on a ladder might be the most dangerous thing you do all year. Foot and ankle fractures can result from unsafe ladder use. Make sure you have the balance and strength to use a ladder. Take the time to secure it properly. Don't stand above the marked level and always wear lace-up shoes or boots. Check our website for more ladder safety tips.

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