

McNary swimmers dominate McKay

By **DEREK WILEY**
Of the Keizertimes

McNary's toughest competition in the pool came against itself as the Celtics easily defeated McKay in its second swim meet of the season.

Competing at the Kroc Center on Thursday, Dec. 7, the McNary boys outscored the Royal Scots 123-23 while the girls won 101-54.

With more depth on the boys team, McNary coach Casey Lewin mixed up his relays.

In the 200-yard medley relay, Brock Wyer, Harrison Vaughn, Jackson McCarty and Wyatt Sherwood were able to edge Kyle Hooper, Grant Biondi, Jabez Rhoades and Jack O'Connor by a little more than half a second.

The 200 free relay was also tight with Wyer, O'Connor, Rhoades and Vaughn defeating McCarty, Biondi, Hooper and Sherwood by two seconds.

"I was impressed with our boys, both our A and our B relays," Lewin said. "We were much more competitive amongst ourselves than I thought, which I like to see. It will keep them more motivated during practice, knowing there is someone right at their heels. It will be interesting to see how it all shakes out at the end of the year because we have 7-8 guys that are gunning for those four spots."

The Celtics also won the 400 free relay as Brennan Whalen, Collin Wentworth, Josiah Metz and Bryce Junker touched the wall in 4:28.51.

The Lady Celts swept the relays as well. Kylie McCarty, Emma Garland, Kylee Daulton and Alyssa Garvey won the 400 free relay by under a second in 4:28.81. Alex Beard, Bella Beard, Emily Alger and Haley Debban took first in the 200 medley relay in 2:02.93. Alex Beard, Alger, Garvey and Garland won the

200 free relay in 1:55.21.

Bella Beard won the 500 free in 5:49.08 and the 100 butterfly in 1:17.79. Alex Beard took first in the 200 IM in 2:26.97. Alger touched the wall first in the 100 free, finishing in 1:04.11.

Biondi edged Hooper by a little more than a second in the boys 100 fly, finishing in 1:06.18. Biondi also won the 500 free in 5:57.65. Hooper took first in the 200 IM in 2:16.61.

Vaughn won the 50 free in 24.04 and the 100 breaststroke in 1:10.60.

O'Connor took first in the 100 backstroke in 1:25.34. Wyer won the 200 free in 2:16.79.

"We're starting to look a little more in swimming shape," Lewin said. "We definitely improved a lot from Forest Grove. I'm really excited. This group everyday gets a little bit better, which is nice to see."



McNary senior Grant Biondi won the 100-yard butterfly in 1:06.18 on Thursday, Dec. 7 at the Kroc Center. Biondi also took first in the 500 freestyle in 5:57.65. KEIZERTIMES/Derek Wiley

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high. That's why he's able to make the assist rather than a turnover. He's really just slowed his mind down but his body is still playing. The points are great but his rebounding, his assist, he's just doing a great job."

Struggling to rebound and defend, Kirch changed his rotation with 6'5 senior Ricardo Gardelli and 6'6 junior Boston Smith getting the start.

Smith finished with five rebounds to go with four points, two blocks and two steals. Gardelli had just one rebound but added 10 points.

"We wanted to go with our best jumpers and our biggest guys," Kirch said. "They're (West Albany) a pretty athletic team. Rebounding is the reason we lost up at Oregon City. We gave up so many boards so we wanted our best rebounders in there. Boston is getting there.

He's defending and rebounding. We're working on his touch at the rim and Ricky gives us another shooting presence outside. It worked out well."

Garvey finished with 18 points, two rebounds and three steals. Andrew Jones added two points, six assists, three rebounds and two steals.

The Celtics got nine points from their bench, led by Griffin Oliveira, who finished with six.

"We're still working on some rotations and who can play different spots and when," Kirch said.

"We have a lot of new guys that play varsity and we're still trying to teach. You saw a lot of breakdowns in our zone. We've just got to practice more. I was pleased with our offense and our ability to move the ball and make them guard. If we're getting to the free throw line early and we're swinging the ball and attacking down hill, that was our point of emphasis and that is what we did."

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good opening for him.

"They (McMinnville) were completely new on the lightweights. We were completely new on the lightweights so it was good to see us win those matches. I told them before the dual, when it comes to new guys wrestling new guys or young guys wrestling young guys, this dual is going to be won right there and they did a good job."

McNary junior Enrique Vincent took care of business

at 132 pounds, pinning his opponent in 33 seconds.

But with two close wins at 132 and 138, McMinnville began to cut into the Celtics lead and a pin at 160 got the Grizzlies within 34-27 with two matches to go.

However, McNary senior Brayden Ebbs (170) was able to stop the momentum, pinning his opponent in the first

period to secure the team win for the Celtics.

"We lost this dual last year so this is a good mark for us," coach Ebbs said.

"Apples to apples, we're a notch ahead right now and now our job is to continue to develop. We haven't even coached a lot of moves yet. We've narrowed it down to a few specific concepts and

we're just trying to focus on the things that are working well for them, which is their intensity."

McNary finished fourth in a six-team tournament in Silverton on Saturday, Dec. 9.

Norton and Noah Grunberg both finished 4-1. Vincent, Moore, Noah Grunberg, Garrett Wampler and Jerry Martinez all went 3-2.

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