# continued from Page A1

Africa - and they are known as "free cases," which means they don't have any other connections in the United States.

Catholic Charities and Lutheran Community Services are able to assist families resettled and individuals for 90 days, but even that requires boots on the ground to arrange everything from housing, health care, English employment, education, and transportation. That's where Anya and Doug's group, Salem for Refugees, steps in.

"We form mentor teams of six to eight people to walk alongside refugees as friends and guides on the resettlement journey. The teams will go up and meet them at the airport and help them get a house set up, teach them how and where to shop, how to manage finances and even invite them for holidays and other outings. The mentors become their main connections and, we hope, open the door to connecting with the greater community," Anya said.



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In addition to the mentor teams that work individual families, Salem for Refugees has resource teams dedicated to building local housing, employment, transportation, healthcare and education networks for refugees to tap into.

Those teams have made it possible for refugees to get health screening at West Salem Clinic rather than traveling to Portland, and one local business owner is now working to set up a furniture rehabbing business for the primary purpose of hiring resettled refugees.

"The idea is to make it a one-to-two year program and the employees will graduate with certain skills and certifications as well as job prospects," Anya said. "Overall, what we've found is that refugees tend to be incredibly hardworking and grateful for the opportunity. Opportunities like this will let them build skills and work on language acquisition at the same time."

Salem for Refugees also accepts and donates Restart Kits for arriving families who often arrive with only the clothes on their back and most cherished possessions.

"We had a family of five arrive a few weeks ago with three suitcases between them," Anya said. One suitcase per person is more typical, but hardly enough to start over in a new country.

Restart Kits can include a huge variety of items centered around particular rooms in a home. A Personal Care Kit can include toothpaste, shampoos, deodorants and toilet paper. A Bedding Kit includes blankets, sheets, mattress pads and pillows. A full list of kits and possible contents can be found at the Salem for Refugees website, salemforrefugees.org.

The biggest hurdle for refugees is often the culture shock of moving to a new country where isolation is becoming more and more common. Refugees experience three types of trauma on the road to resettlement, Anya said, "The first is being forced to leave their home country, second is the trauma of the refugee camp where they're in a survival mode, then the trauma of resettlement."

In a perfect world, it would be a speedy process, but the sheer number of refugees worldwide has lengthened the average stay in a refugee camp to between six and 10 years.

Resettlement also comes with a whole new set of challenges. Anya said one recent arrival earned his driver's license and Salem for

Refugees was able to supply him with a cheap vehicle. When they went to get him insurance, quotes ranged between \$150 to \$200 a month because the man was a "new driver"

"It's things we take for granted that end up being the biggest surprises. Most of us got our driver's licenses young and were added to our parents insurance where we might pay only a part of the overall cost. By the time we get insurance on our own, we have a driving record and can get more reasonable rates. \$150 a month is a challenge for a family trying to restart their lives. It's going to take three years for him to get a more reasonable rate," she In addition to helping

said.

their partners check boxes for the bureaucracy, Anya said Salem for Refugees is mostly about making space for new, international neighbors in Salem-Keizer.

"They've all had hopes and dreams just like us," Anya said. "They want to live in safety and have places where their children can get an education. Our organization is about finding out how Salem-Keizer can be a home and a place where people can build a new life."

For more information, or to get involved on a Salem for Refugees mentor or resource team, email info@ salemforrefugees.org.

## \_eaf haul returns Nov. 18

The Fall Leaf Haul is scheduled for Saturday, ter 50+ at 503-588-6303 for help transporting Nov. 18 and Saturday, Dec. 2 from 9 a.m. to 3 p.m. at Brown's Island Demolition Landfill, located at 2895 Faragate St. S in Salem.

Homeowners may drop off grass clippings and leaves to turn them into local compost. Properly disposing of leaves keeps them out of storm drains, preventing clogged storm drains and flooding.

Seniors and disabled residents can call Cen-

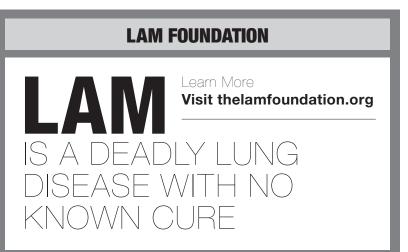
bagged leaves to collection sites. You must sign up in advance.

To volunteer, call Leo Gonzalez (503-589-2195) at the Public Works Department.

The Fall Leaf Haul program is sponsored by the City of Salem, Marion County Public Works Environmental Services, Salem garbage and recycling haulers, and neighborhood and community groups.

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Clean Energy Comfort, which recently relocated to Keizer from Salem is a leading provider of home heating and cooling systems. Their focus is to help customers achieve a maximum comfort level in their home, while minimizing energy usage. Company president Chris Romine and his expert technicians achieve this through properly sizing a comfort system to match the needs of the home, and then tailoring the system to meet the desires of the homeowner.

Their mission is to be at the forefront of the HVAC industry by continually implementing new ideas and products, and by keeping their employees up to date with continued education and training. They will

maintain sustainability, and continue to serve their valued customers for many years to come.

The company approaches their business from an educational perspective. They help their customers make the best decision for their homes. They aim to quickly take care of their customers needs and provide high-rated products that their customers can trust.

The business started in Salem in early 2011 and are now enjoying their large space at 3816 River Road.

If you want to be comfortable in your home when it comes to heating and cooling call the experts at Clean Energy Comfort at 503-304-1320 or visit them online at cleanenergycomfort.com.

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