Lady Celts come up short against Sprague

By DEREK WILEY Of the Keizertimes

McNary came out swinging against Sprague, 17-5 overall and 11-1 in the Greater Valley Conference.

The Lady Celts just didn't land enough punches, falling to the Olympians 3-0 on Monday, Oct. 9.

McNary's best chance to first game, which the Lady Celts led until Sprague took a 19-18 advantage.

Two kills by sophomore Chloe Diede kept McNary within reach at 22-23 and a block by Valerie Diede tied it at 23-23. But the Olympians won the next two points to take the set 25-23.

"We quit swinging," Mc-Nary head coach Crystal De-Mello said. "The girls are really good when they keep swinging. They were willing to do the work. Our serve receive was on tonight. But when you're in the lead, you need to capitalize and that's something that we needed to do tonight and we'll keep working on it."

Sprague took a 6-5 lead in the second set and never let it go, winning 25-18 to take a 2-0 advantage.

McNary led 14-13 in the third game but the Olympians went on a run to finish off the Celts 25-19.

"They kept us on our toes," pull off the upset came in the DeMello said of Sprague. "They had a couple moves that we don't see from other teams, some things that we'll be better prepared for. They made some great shots and some great plays that we hadn't seen executed before."

> DeMello said the girls also need to work on communicating, especially when times get tough.

"It was really, really quiet in the long rallies and everyone knows that the longer the rally, the more we need to talk." DeMello said. "It keeps the cohesiveness of the team together and keeps them on the same page and that was

McNary went to Forest Grove, where they lost to West Albany 3-0 (16-25, 17-25, 22-25) but then defeated the host Vikings 3-0 (25-19, 25-8, 26-24) on Thursday, Oct. 5.

"West Albany is a great team and we needed to serve receive in that game," De-Mello said. "To turn around and come back after playing West Albany, the team did well with that and made sure that they gave the ball to the right people."

The Lady Celts are playing in a tournament at West Linn on Saturday, Oct. 14 and then close out the regular season at home versus South Salem on Thursday, Oct. 19 at 6:30 p.m.

"It will be a great opportunity for us to get our momentum back and it's always nice to play a few games in a row and shake out your feet and get going," DeMello said of the tournament. "That's the plan. That's how we hope to close out."

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McNary senior Valerie Diede hits the ball over the net in the first set of a 3-0 loss to Sprague at home on Monday, Oct. 9.

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"I wanted to get under 20. I thought I was going to run a better time than that," Repp

said. "I need to push myself at certain spots, I guess." The Lady Celts weren't at full strength as Emma Garland missed the race with an injury and Reyna Terrazas was unable to finish, but were still able to tie South Salem for first with

35 points. Freshman Nina Garland placed sixth in 23:04. Sabella Alfaro, a junior, took eighth in

Sophomore Duyen Barr was McNary's fifth runner, crossing the finish line in

Senior Alison Repp won the junior varsity race at West Salem in 23:38.

McNary has one more dual race, Oct. 11 at West Albany, before the district meet at Bush Park on Oct. 25.

The top 10 invidual runners qualify for the state meet on Saturday, Nov. 4 at Lane Community College in Eu-

Doutt, who's competed at state twice before, and Repp have ran the 12th and 13th best times in the Greater Valley Conference this season.

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Emma Garland has the 37th best time and Terrazas the 45th.

"As long as we get healthy bodies coming back, we think when we get to districts, as long as they've got the heart for it and they want to race, anything can happen," Hol-

"Top five, top four would be amazing. It just comes down to heart and how bad we want it"





