

The Vietnam Veterans Memorial, a V-shaped black granite wall designed by Maya Lin and inscribed with names of the 57,939 Americans who died in the conflict, is dedicated in Washington, D.C.

— November 13, 1982

Food 4 Thought

"No event in American history is more misunderstood than the Vietnam War. It was misreported then, and it is misremembered now."

- Richard M. Nixon

The Month Ahead

Friday, November 13

Horton Foote's The Trip to Bountiful opens tonight at Pentacle Theatre. The show runs through Dec. 5. Visit pentacletheatre.org for show times and tickets.

Saturday, November 14

Willamette Valley Genealogical Society meets at 1 p.m. in the Life Source Community Room at Candalaria Terrace (2649 Commercial Street SE, Salem). Mary Rains will speak about using the Internet to research in Canada.

Monday, November 16

Keizer City Council meeting, 7 p.m. in council chambers at Keizer Civic Center, 930 Chemawa Road NE.

Tuesday, November 17

Keizer Points of Interest Committee meeting, 5:30 p.m. in council chambers at Keizer Civic Center, 930 Chemawa Road NE.

Thursday, November 19

Volunteer Coordinating Committee meeting, 6 p.m. at Keizer Civic Center, 930 Chemawa Road NE.

Friday, November 20

Oregon Symphony Association in Salem presents Mozart's Piano Concerto No. 27 with pianist Franceso Piemontesi. Also on the program: Concerto for Orchestra, Brahms' Symphony No. 3. orsymphonysalem.org.

Greater Gubser Neighborhood Association meeting, 7 p.m. at Gubser Elementary School.

Saturday, November 21

Whiteaker Middle School's annual Stuff the Bus food drive. Deliver perishable food to school bus in the Keizer Safeway parking lot, between 9 a.m. and 4 p.m.

Saturday, November 21 – Sunday, November 22

Old Fashion Christmas, Jackman-Long Building at Oregon State Fairgrounds. A nostalgic celebration of the holidays. Arts, crafts, antiques, food, live entertainment. Admission is \$4. Hours are 10 a.m.-6 p.m. Saturday and 10 a.m.- 5 p.m. Sunday. www.centraloregonshows.com.

Sunday, November 22

The Creation, considered Joseph Haydn's greatest work, will be presented by Festival Chorale Oregon, 4 p.m. at the Historic Elsinore Theatre. Tickets are \$20, \$15 for seniors, \$5 for students. festivalchorale.org.

Tuesday, November 24 Keizer Public Arts Commission meeting, 6 p.m. in council chambers at Keizer Civic Center, 930 Chemawa Road NE.

Thursday, November 26

Turkey Dash 5K Fun Run/Walk presented by the Keizer Chamber of Commerce. Registration opens at 7 a.m., race starts at 8 a.m. www.keizerchamber.com.

Friday, November 27 – Sunday, December 13

The 1940s Radio Hour at the Historic Grand Theatre, downtown Salem. Presented by Enlightened Theatrics. Performances 7:30 p.m. Wed-Sat. and 2:30 p.m. matinees on Sundays. Tickets range from \$15-\$20. enlightenedtheatrics.org. 503-585-3427.

Friday, December 4

The Trail Band performs traditional music at their annual Salem Holiday performance, 7:30 p.m. at the Elsinore Theatre. Tickets range from \$25.50 - \$40. www. elsinoretheatre.com

Saturday, December 12

Sons of Norway's 'Famous' Scandinavian Bake & Craft Sale. 10 a.m.-2 p.m., Salem Masonic Temple, 1625 Brush College Road NW. Come early for lefse. 503-910-3302.

Saturday, December 12-Sunday, December 13

Whiteaker Middle School Concert Choir and the Willamette Master Chorus perform Vivaldi's Gloria. Performances at 3 and 7:30 p.m. Saturday, 3 p.m. on Sunday. Visit willamettemasterchorus.org for tickets.

Harm reduction offers hope in increments

By ERIC A. HOWALD Of the Keizertimes

Chris Gray is in the business of starting conversations with injection drug users.

"Once someone engages you and says, 'I want to use a clean needle,' that's the beginning of some sort of contemplation," said Gray, harm reduction outreach specialist for the Benton County Health Department.

The Benton County harm reduction program is one of the nearest harm reduction and needle exchange programs to Keizer. Marion County offers no such service and calls and e-mails for comment on the current status of the local conversation went unreturned.

However, such programs are proven in their effectiveness when it comes to not only weaning drug abusers off their habits, but containing outbreaks of potentially lethal diseases such as Hepatitis C and HIV. Earlier this year, Austin, Indiana, was the epicenter of one such outbreak - nearly 150 cases of HIV were diagnosed in a short span of time after widespread needle-sharing was uncovered.

Benton County's program offers a 24/7 needle drop box, a decentralized network of secondary needle exchange nodes, rapid HIV and Hep C testing, access to Hepatitis A and B vaccinations and can even hook up users with detoxification centers and provide transport. All of it is free of cost to those in need and the supplies only set the county general fund back about \$38,000 per year.

"There's additional outreach prevention time, but that's what it is for materials and supplies," said Charlie Fautin, deputy director of Benton County Health De-

In return, more than 50,000 needles are kept off the street and out of landfills each year.

Getting started

When Benton County began looking at the possibility of offering a harm reduction program in 2002, officials started by talking with anyone who might have a stake in the



issues surrounding injection

They started by surveying as many active injection drug users as they could find, about

"About 53 percent of the users surveyed said they frequently, often or always shared needles," said Fautin. "But we also surveyed them as to what services they would use to help them get off drugs."

Fautin said officials spent the better part of a year in community conversations with local leaders about the science behind harm reduction programs and attempted to allay fears about what such programs represent. Harm reduction programs often spark two polarizing views. They are either cast as "enabling abusers" or "saving lives," and Fautin said Benton County met with both types of individuals.

"The compelling arguments were preventing infection and preventing health care costs, but the enablement argument comes up all the time. There are those who believe that zero-tolerance is the only approach, but there is consistent research that shows harm reduction programs deter the transmission of bloodborne diseases," Fautin said.

Washington state was an early adopter of syringe exchange to curb transmission of HIV and hepatitis among cumulative AIDS cases attributable to injecting drug use is the fifth lowest in the nation. One study found every \$1 invested in syringe exchange saves \$3 to \$7 in HIV treatment costs.

Fautin said some of the harm reduction program's biggest supporters are now law enforcement and solid waste disposal suppliers.

"We get quite a bit of support from law enforcement because they don't want to pat someone down and find needles. We've also gotten support from the solid waste disposal folks because they don't want their employees in danger while carting away a trash can filled with sharps," Fautin said.

When budgets are tight, the program usually ends up in the crosshairs, but the sciencefounded arguments have kept Benton County's harm reduction program going.

Establishing harm reduction programs at the local level is also easier now than it was in 2002. The North American Syringe Exchange Network offers start-up kits for new needle exchanges, \$1,200 gets the organization credit with the Buyers' Club and is equal to about 14,000 syringes or a combination of syringes and other supplies. There is currently a ban on using federal funds to establish and operate harm reduction/needle exchange programs.

How it works

While Benton County offers the drop box for roundthe-clock disposal, county officials rely on a decentralized network of distribution partners to get most of the used needles off the streets.

"One of the basic principles is reducing harm to the self and others," said Gray. "The way we operate now is we make contact with leaders in local communities and they can be someone in a homeless camp or a trailer park or just someone in their own home. Most of them have Hep C or

drug injectors. Now, its rate of HIV and they have a vested interest in reducing harm to others."

Those individuals are selected to operate secondary exchange sites and given supplies of needles to exchange for used ones and sharps containers to collect used needles being turned in. Gray and the county operate the secondary exchanges on the honor system. Sometimes secondary exchangers don't even need to give their full name.

'We've been very lucky to have low turnover in Chris's position and that's given us a lot of street credibility to make the right contacts with people in a position to help us," Fau-

Gray also offers rapid HIV and Hep C testing that he performs out in the community away from the spaces - county health clinics - where some might fear "an ambush" by government employees.

A solution in stages

While harm reduction programs are by no means an endall solution to injection drug abuse, Gray said keeping the focus on incremental improvement shows their effectiveness.

"Seeing someone through the stages of harm reduction is the most powerful thing. They'll move from using and sharing needles to not sharing to using less to deciding to go into rehab to asking if I can get them a bed in a detox center," Gray said.

Fautin said buying into such programs requires doing the legwork of starting community conversations, but also fundamentally shifting perceptions of drug abusers.

"People tend to think of addicts and users as totally irresponsible. It increases impulses and reduces inhibition, but there are people dealing with HIV or Hep C and they want to protect their friends and acquaintences who are at risk," he said.

Fautin has been surprised in

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sudoku

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KEIZERTIMES.COM Web Poll

Do you feel your views are represented in Washington, DC?

> **92% -** No **8% -** Yes

Vote in a new poll every Thursday!

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CONCEAL CARRY PERMIT CLASS MONDAY, NOVEMBER 16TH

