The Athlete's Best Friend ... is their Chiropractor.

Meet Dr. Andrew Isaksen



Quality Chiropractic for the Whole Family CALL TODAY 503-391-9112 1797 Lansing Ave NE, Salem · www.nwfamilychiro.net



Come see how we can **improve** your level of peformance!

Keizer Sports

Canucks rout S-K

By HERB SWETT For the Keizertimes

The Volcanoes opened their 2015 season on the short end of an 11-2 game with Vancouver on June 18 at home.

It was a contest through five innings, with the Canadians leading Keizer 3-0 going into the sixth. Starting and losing pitcher Nick Gonzalez gave up two more runs in the fifth and was relieved by Kirk Singer with two out. Vancouver added three runs each in the sixth and seventh before Fernando Pujadas hit a bases-empty home run in the eighth.

An error in the eighth scored Brennan Metzger for the final run of the game before a crowd of 2.822.

Gonzalez gave up six hits for three runs and had four strikeouts and two bases on balls. The first two Canadian runs came in the third, with a single to left center field by Juan Tejada leading off the inning. An error by first baseman Juan Kelly on a pickoff attempt by pitcher Clinton Hollen sent Tejada to third base. Earl Burl drove Tejada in with a double to left and went to third on an infield single by Alexis Maldonado. Burl scored as Lane Thomas hit into a force out.

In the Vancouver fifth, Christian Vazquez led off with an infield single and Burl walked. Maldonado hit into a force out of Vazquez at second, and Burl and Maldonado pulled a double steal. Lane Thomas scored Burl with a sacrifice fly to center. A wild pitch by Gonzalez moved Maldonado to third, and Juan Kelly walked. Singer took the mound and hit a batter but struck out the next one to end the top of the fifth.

Singer walked Tejada and hit Vazquez with one out in the sixth. Burl reached first by forcing Vazquez out, with Tejada reaching third. Burl stole second and Maldonado singled to left, scoring Tejada and Burl.

Clinton Hollon, Vancouver's starting and winning pitcher, left after five innings, in which he allowed no runs on two hits, walking one and striking out seven. Jon Wandling took the mound in the sixth, retiring the Volcanoes in

Ramon Del Orbe took the mound for the Volcanoes in the seventh. Sean Hurley led off with a double to right center and went to third as Gabriel Cenas grounded out. Kevin Garcia singled Hurley home. Tejada hit into a force out and went to third on a single by Vazquez. Burl doubled to left, scoring Tejada and Vazquez. The Canadians led 8-0.

In the bottom of the seventh, Conor Fisk took the mound and set the Volcanoes down

Thomas led off the Vancouver eighth with a single to right and Kelly singled to left. Hurley scored them with a triple to right center. Garcia drove Hurley across by grounding out.

With one out in the Volcano eighth, Pujadas hit the only homer of the game over the left field fence. Brennan Metzger reached first on an error by shortstop Vazquez and Richard Amion walked. Metzer scored as an error by second baseman Thomas put Chase Compton on first.

Eric Sim pitched the ninth for Salem-Keizer, hitting a batter but striking out three. Sean Ratcliff faced the Volcanoes in the bottom of the ninth, allowing a single to Miguel Gomez but no more runs.

Admitting that any baseball team will lose plenty of games in a season, Volcanoes manager Kyle Haines said, "It just stinks to lose before an opening night crowd." He observed that mis-



Volcano John Riley misses a catch at first allowing the Canadians' Juan Tejeda to tag up and run for an extra base in the Salem-Keizer team's home opener. The Volcanoes lost the game 11-2 after piling up runs late in the game.

takes by his players "set the tone" and that they "didn't execute."

Sim, the most effective Volcano pitcher in the game, is in his first season as a pitcher, having caught for five years in the San Francisco Giants organization. He throws mostly fastballs but said

he often uses a breaking ball for his out pitch.

Pujadas, speaking through Gonzalez as an interpreter, was asked what should be done to turn things around. His reply was translated as, "We're going to have to pull together and click

Volcanoes

By HERB SWETT For the Keizertimes

The Salem-Keizer Volca-

noes are off to a rough start this season Here are the run-downs

from games this past week: June 19: Volcanoes 4, Vancouver 3

Salem-Keizer entered the win column in a game that was a contest all the way.

Before a crowd of 3,061, which was bigger than the opening-night crowd, the Volcanoes led most of the way. The first run of the game came in the bottom of the first inning, when Richard Amion tripled and scored on a ground out by Mark Nelson.

The Canadians tied the score in the third and went ahead by one in the fourth, but the Volcanoes tied the score in the bottom of the fourth, when Julio Pena homered over the left field fence.

In the seventh, the Volcanoes regained the lead. Brennan Metzger doubled, went to third base on a bunt by Amion and scored on a sacrifice fly by John Riley. Vancouver added one run in the ninth, but it was not enough.

The Canadians outhit their hosts 11-9, four of the hits by Austin Davis, but Salem-Keizer pitchers scattered those hits. Logan Webb was the starter, Armando Paniagua was the winner in relief and EJ Encinosa got a save. Daniel Lietz was the loser in relief.

Saturday: Volcanoes 4, Vancouver 0

The Volcanoes achieved a winning record as three of their pitchers combined for a

shutout.

Nathaniel Santiago started for Salem-Keizer, allowing Please see START, Page A12









Future Lady Celts hit court

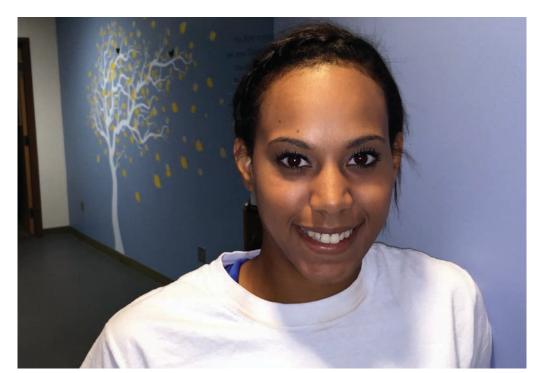
McNary High School's girls basketball camp drew about 40 participants this week. The girls spent time working on fundamentals and getting to know potential future teammates.

A: Holly Provost makes a pass around a defender.

B: Lacey White chases a bounce pass.

C: Mia Logan eyes the basket.

Ito headed to George Fox's diamond



KEIZERTIMES/Eric A. Howald

By ERIC A. HOWALD Of the Keizertimes

As much as Kimi Ito contributed to the Celtic varsity softball team throughout her four years, it was her contributions off the field that the team's head coach, Kevin Wise, most appreciated.

"Kimi has developed into a leadership person. She is really good with the younger kids and finding things to work with them on," Wise said.

Ito, who graduated this month and heads to George Fox University to continue her softball career, was a steadfast contributor to the varsity teams since her freshman year. Her new coach, Jenssica Hollen, has known Ito for several years.

"Kimi is a pure athlete that has many tools. We have

a strong team returning, but she and Megan (Ulrey) can both make an impact on our team," Hollen said.

Ulrey also signed on with the Bruins to play for the softball team.

"We've known the coach for so long and we fell in love with her coaching style and her personality, but she's also taught us about a lot of things off the field, too," Ito said.

Ito, who plans to major in business and marketing, said the small class size at George Fox was a major factor in her decision, as was the distance from home.

"At one time, I wanted to go as far away as possible, but as I got older I realized how important it was to have my family at games and George Fox is only 29 miles away," Ito said. "I also think at the smaller schools you play because you love to play, not because you're basically getting paid to do it. The team up there has a lot of heart."

Ito is likely to resume her role as an outfielder for the Bruins, but she said hitting

will require an adjustment. "For me, I've gotten away with power hitting and the small ball will be a

challenge,"she said. During the 2015 season, Ito's batting average was .459 with 61 appearances at the plate and 21 RBIs. In 14 games as an outfielder, she had only one error. The hitting totals included four dou-

base hits and 20 runs scored. "You watch her play and she makes it look effortless, but she's working hard," said

bles, two triples, seven extra-

Celt alumna Kimi Ito will play softball for George Fox University next spring