## The Athlete's Best Friend <br> ... is their Chiropractor.

## KeizerSports

Girls' huge fifth leaves Gophers in dust


Boys sink Lakers in 6-2 win
 field," Hays said. to the second round of the team is up," he said.

## Childresses take 4th in state

By ERIC A. HOWAL
Of the Keizertimes
Sandy and Hannah Childress were nervous heading into their first match at the state tennis tournament last week.
They'd drawn McMinnville High School and were in a one-and-done situation after winning the district tournament and receiving a bye in the first round. Fortunately, Sandy had been in the similar high-anxiety situations many times before.
"Tve learned how to not be so nervous and use my nerves to my advantage," Sandy
said.
The sisters ended up taking fourth in the
state in doubles play.
Hannah said the pair needn't have worried because they won the McMinnville match ( $6-3,6-1$ ) and went on to beat the No. 2-seeded team in the state with scores
in the semifinals.
"We knew that the seeding didn't mean a whole lot, but we never played them before," Hannah said.
Sandy said it was her favorite match of the competition.
"That was because we had nothing to lose and it was fun to just live in the moment," Sandy said.
The win in the quarterfinals boosted the Childresses into the semifinals where they were guaranteed fourth place. The Lady Celts fell to a Jesuit High School team in the semis, and battled to three sets in the third place match before
settling for fourth place. The Childresse faced a Grant High School team for third and ended with set scores of $2-6,6-3$ and
is going to help her moving forward. "I learned a lot about competition and never underestimating myselff," Hannah said.
For both girls, For both girls, getting to the highest
ranks in the state had terms of doing it together
terms of doing it together. "We've played together since Hannah started and getting to be partners was really cool," Sandy said.
The elder Childress will be continuing her career at California's Sonoma State University in the fall, but she and her sister left a lasting impression on Lisa Reid, Mc-
Nary's head coach Nary's head coach
sent McNary," Reid said. "They to repregood run." " good run."
Sandy and Hannah Childress with their
fourth-place medals from the state ten-

Left: Jacob Vasas dives back to first base during a pick-off
attempt. Above: Third baseman Trevor Gilbert lines up to grab


