



KEIZERTIMES/Eric A. Howald
Ellie Miller (above left) and Jared Kelson (above right) swim the butterfly legs of the 200 medley relays. Miller’s team won their race in the McKay meet Thursday, Jan. 8. Kelson’s team took second.

Boys, girls dole out losses to McKay in pool

By ERIC A. HOWALD
Of the Keizertimes

The Celtic girls and boys swimming teams picked up their second wins of the week over the McKay Royal Scots Thursday, Jan. 8.

“We’re finally getting back in shape. Because of the early start with the three new teams, we’re just starting to get the hang of things,” said Marcos Goodman.

The boys won their side of the meet 115-43, the girls won 131-27.

Goodman won the 100 backstroke with a time of 1:12.77 in the McKay meet. He was also part of the winning (1:47.49) 200 free relay team.

Goodman is hoping to drop his time in the backstroke to around 1:02 by the time the district meet rolls around, but already shaved off six seconds since the season began.

He said the team is seeing the dividends of becoming more of a family in and out of the pool.

“I want the seniors to inspire the freshmen this year because our freshmen are fantastic. I’m really proud of where we’re going with the season. Our distance swimmers are amazing this year,” Goodman said.

Other winners for the boys were: Tanner Hughes in the 200 individual medley in 2:29.69; Dean Parker in the 50 free in 26.71 and the 100 breast in

1:15.74; Isaiah Holt in the 100 butterfly in 1:11.15; Evan Alger in the 100 free in 1:00.37 and the 500 free in 6:20.50; and Hughes, Parker, Holt and Alger in the 400 freestyle relay in 4:04.44.

Head Coach Casey Lewin singled out Hughes for his improvement in the IM.

“He’s been putting in a lot of work on his breaststroke and he’s starting to see his times drop in that race,” Lewin said.

In girls races, senior Josie Ellis said the team’s relay performances keep getting better.

“All the swimmers in those races times have dropped tremendously and they’re putting out 100 percent effort in the pool,” Ellis said.

Ellis won the 50 free in 28.49 at the McKay meet, but said the she’s still not where she wants to be.

“My goal is under 25 seconds. I also want to get under

a minute in the 100 free. I’m at 1:02, but I’m still trying to make those last couple of seconds go away,” she said.

Ellis was part of a winning 200 free relay team that included Sara Eckert, Samantha Williams and Marissa Kuch with a combined time of 1:52.73. She was also lead-off in the winning (4:08.50) 400 free relay team with Eckert, Anjelica Glassey and Kuch.

Other winners for McNary included: Glassey, Bailey White, Ellie Miller and Williams in the 200 medley relay; Glassey in the 200 free in 2:31.37 and 100 backstroke in 1:14.38; Kuch in the 200 IM in 2:18.47 and 100 free in 55.21; Abby McCoy in the 100 butterfly in 1:22.63; and Kiana Briones in the 100 breast in 1:20.64.

Despite a spate of illness that, Lewin said, seems to have attacked most everyone on the team, he’s pleased that a num-

ber of swimmers are either putting up personal best times or are right on pace with where they were before winter break.

“We’ve had several freshmen who have been hanging out in

the junior varsity time slots that are starting to put pressure on some of our varsity kids. That’s good motivation for our varsity swimmers,” Lewin said.

(Editor’s note: The headline of

the swimming story in the Jan. 9 edition of the Keizertimes mistakenly identified McKay as the team McNary faced Tuesday, Jan. 6. The story said it was North Salem. The headline was incorrect.)

Do You Have Medicare?

- Do you need help with costs at the drug store?
- Is your \$104.90 monthly Part B payment hard to afford?

If so, you may be able to get some Extra Help:
To Qualify:



Single

Less than \$1495 monthly gross income
Less than \$13,440 in resources



Couple

Less than \$1966 monthly gross income
Less than \$26,860 in resources

Call Oregon Medicare Savings Connect
to learn more and apply:

Toll-free 1-855-447-0155

Monday–Friday, 9AM–5PM



www.ADRCoforegon.org

This publication was produced by the State of Oregon with financial assistance through a grant from the Administration for Community Living and the Centers for Medicare Services. Grantees undertaking projects under government sponsorship are encouraged to express their findings. These contents do not necessarily represent the policy of the U.S. Department of Health and Human Services and the grantee should not assume endorsement by the Federal Government.

OPENING MONDAY, JANUARY 19

Mexican food never tasted

So Fresh or So Good

Specialty Plates

HUACHE \$4.95
MARISCADA AL MOJO DE AJO \$12.95



TEQUILA NIGHTS BAR & GRILL

(OPEN TO ALL AGES 11AM TO 8PM)

3393 RIVER RD. N - KEIZER
(21 & OVER ONLY AFTER 8PM)



HEAR IT
HERE
SALEM 2014/15
Sponsored in Memory of Dixie Kenney
by Anonymous Donor

SUN JAN 25 8PM
Paul Ghun Kim conductor
Sarah Kwak violin
Messiaen *Hymne*
Glazunov *Violin Concerto*
Mozart *Symphony No. 35*
Tchaikovsky *Francesca da Rimini*

orsymphonysalem.org or 503-364-0149 Smith Auditorium Willamette University

crossword

Tempest-Tost

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | | | | | | 16 | | | | | | | | |
| 17 | | | | | | 18 | | | | | | | | |
| 19 | | | | | 20 | | | | 21 | | | | | |
| 22 | | | | 23 | | | | 24 | | 25 | | 26 | 27 | 28 |
| | | | 29 | | | | 30 | | 31 | | | | | |
| 32 | 33 | 34 | | | | 35 | | | | | | 36 | | |
| 37 | | | | | 38 | | | | | 39 | 40 | | | |
| 41 | | | | | 42 | | | | | 43 | | | | |
| 44 | | | 45 | 46 | | | | | 47 | | | | | |
| 48 | | | | | | 49 | | 50 | | | | 51 | 52 | 53 |
| | | | 54 | | 55 | | 56 | | | | 57 | | | |
| 58 | 59 | 60 | | | | 61 | | | | 62 | | | | |
| 63 | | | | | | | | | | 64 | | | | |
| 65 | | | | | | | | | | 66 | | | | |

CREATORS NEWS SERVICE

By Charles Preston

ACROSS

- 1 Twitch
- 6 Gear for Bobby Fischer
- 15 Coffee variety
- 16 Cockpit aid
- 17 Fatty acid
- 18 Rapacious
- 19 Roofing sheet
- 21 Rainbow
- 22 Hosp. hot spots
- 23 Actress Perez
- 25 Islam's holy book
- 29 Spar
- 30 Scottish sword
- 32 Burns' brook
- 35 Platform
- 36 Little stinger
- 37 Peter, Paul and Mary tune
- 41 Evergreen
- 42 Suit to ____
- 43 Cretan ruler, of myth
- 44 Coastal cities
- 47 Russian flyer
- 48 Senator Thurmond
- 49 Himalayan hulks
- 51 Secreted
- 54 Slump
- 56 Former Haitian president

- 58 Preakness entrant
- 62 Bandleader Shaw
- 63 Worship
- 64 Lay a new lawn
- 65 Paper vendor's stall
- 66 To Autumn poet

DOWN

- 1 Struck
- 2 Kind of bear
- 3 Maples
- 4 Lusitania or Lollipop
- 5 Pasta
- 6 Ann and May
- 7 July-October, in the Gulf
- 8 It warms Burgundy
- 9 Pop
- 10 Baseball manager Anderson
- 11 TV laughfest
- 12 Don't Bring Me Down grp.
- 13 Crag
- 14 Pig's pad
- 20 Totis ailment
- 24 Exclusive
- 26 Spring harbinger
- 27 "There ____ atheists in the foxholes."
- 28 Requirements

- 29 Archer's item
- 31 Pompeii coating
- 32 Deep fissure
- 33 Speedy
- 34 Mr. Winkle Goes ____: '44 film
- 35 Jingle
- 38 Whale intro
- 39 Diplomat
- 40 Hair apparent?
- 45 Conundrums
- 46 Nebraska tribe
- 47 1002
- 50 Tendency
- 51 ____ sore spot: irks
- 52 Ding-dong
- 53 Feats
- 55 Dusseldorf deity
- 57 Shoe shaper
- 58 Skedaddled
- 59 Thirst quencher
- 60 Fill with fear
- 61 Inlet