

# AN OLD RECIPE TO DARKEN HAIR

Sage Tea and Sulphur Turns Gray, Faded Hair Dark and Glossy.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Unprofitable. Lott—One never loses anything by keeping an engagement punctually. Scott—Except half an hour's time waiting for the other fellow.

## Laugh When People Step On Your Feet

Try this yourself then pass it along to others. It works!

Ouch! ? ! ? ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezeone when applied to a tender, aching corn or hardened callous stops soreness at once, and soon the corn or callous dries up and lifts right off without pain.

Enigmatical. "You certainly don't believe in hanging as capital punishment?" "I believe in letting the subject rot."—Exchange.



To stop dandruff and loss of hair. Resinol Soap and Resinol Ointment—full directions with each package. Sold by all druggists and toilet departments.

Naturally. He showed his grit when he was flung out on the road from his machine. "No wonder when he had to bite the bit."—Baltimore American.

## Assistance Dependable

often needed in cases of POOR APPETITE HEARTBURN INDIGESTION BILIOUSNESS OR MALARIA

you will make no mistake trying OSTETTER'S Stomach Bitters an excellent tonic and purgative. Get the genuine

# When a Bachelor Takes a Wife

By LAURA JEAN LIBBEY

When first we love, you know, we seldom wed. Time rules us all. And life, indeed, is not the thing we planned it out 'ere hope was dead.

The problem which worries many a bachelor is whether or not he could content himself to conform to the ruling of one woman after having been a free lance so long. He hasn't the home spirit in him and never had. He has been used to living here and there as long as he found it pleasant—striking out for pastures new when his surroundings became irksome to him. It was the same case with his loves. He discarded the old

for the new, to suit his fancy. He grants that love usually changes a man's entire nature. But the question is, how long will it remain changed? By no possibility would he drift into his old ways and notions? Of all men the bachelor should be the most clever in choosing the right kind of a wife to make him happy. The callow youth, who has not had his experience, is apt to make the mistake of his life by imagining fervent admiration to be the grand passion. When all is said and done, the man in his thirties is not much wiser. He is just as apt to stray far afield in search-

ing for the right kind of wife. It is often the matter of simple luck that he gets the right one.

The well-seasoned bachelor has had so many lessons in the book of life that his studies on woman and her nature should be valuable to him. He knows the pouting sweetheart would evolve into a grumpy wife. He knows there is nothing like a sniping wife to make himself unhappy. He is wise enough to steer clear of the young woman who would do all the talking. He can see far enough ahead to realize that her tongue would run on incessantly through all the years. No matter how much the flirt has attracted the bachelor in other days, he is wise enough not to take her to the altar. A flirting sweetheart is bad enough, but a wife whom other men were making eyes at—oh, never! The bachelor can judge with much accuracy whether or not he would be suitable for a woman when he has been in her society a few times.

There is one great and glorious good trait about the bachelor when he does meet the right woman, he surrenders straightway and loses no time in asking for her heart and hand. He makes one of the best of husbands. Places outside of home have no longer a lure for him. He is forever grateful to the woman who has married him; realizing that the first and best years of his life have been squandered and that only the husks of life's fruitage remain for her. His devotion makes up for all else. The bachelor does not exist who does not secretly admire modest, noble womanhood. (Copyright.)

## Here Are Simple Tests by Which to Tell Whether You Are Physically Fit.

In the last analysis, the condition of the fibers of a man's heart determines his physical fitness. Or, stated in another way, a man is not physically fit unless his heart fibers will stand certain tests. These tests have recently been reduced to such simplicity by French army surgeons that they may be applied by any intelligent person; and they offer an excellent hygienic suggestion for persons in civil life for determining their physical condition.

The tests as described in the bulletin of the French academy are made as follows: The first test consists in having the subject, after the pulse rate at rest in the standing position has been determined in the usual manner, execute running steps on one spot, with the thighs, at the rate of two steps a second. At the end of one minute the subject stops and remains standing, while the pulse is counted for fifteen seconds in each minute, and continuing the count until the pulse rate has returned to normal, or nearly so. If the pulse rate has returned to normal by the end of the second minute, the subject is considered fit for any kind of hard physical exertion.

Things That Are New. Electrically heated pads feature a new English cure for frostbitten feet. Celluloid letters to be set into grooves in plate glass form a recently invented transparent sign.

As a substitute for horsehair in upholstering the waste from cleaning Bahama sisal fiber is being used. A recording meter has been invented to measure the amount of steam used in an industrial plant and check waste.

An Illinois inventor has built a life-size human figure of steel that draws a miniature wagon and is having one built that will be nine feet tall and correspondingly powerful.

A transparent, noninflammable material resembling celluloid has been developed by an Austrian inventor for airplane wings to make them almost invisible even near the ground. A Pennsylvanian has invented a portable developing cabinet for photographers which folds flat for carrying and into which a man can insert his arms through light-tight sleeves. Sanitary advantages are claimed for a new kitchen sink that has a strainer that can be removed for cleaning or replaced by a plug when it is desired to retain water in the sink. A tunneling machine has been perfected that employs a number of pneumatic chisels to cut a bore eight feet in diameter through solid rock at a speed of nine feet in 24 hours.

## How He Lost His Friends

He was always wounding their feelings, making sarcastic or funny remarks at their expense.

He was cold and reserved in his manner—cranky, gloomy, pessimistic. He was suspicious of everybody.

He never threw the doors of his heart wide open to people nor took them into his confidence.

He was always ready to receive assistance from them but always too busy or too stingy to assist them in their time of need.

He regarded friendship as a luxury to be enjoyed instead of an opportunity for service.

He never learned that implicit, generous trust is the very foundation stone of friendship.

He never thought it worth while to spend time in keeping up his friendships.

He did not realize that friendship will not thrive on sentiment alone, that there must be service to nourish it.

He did not know the value of thoughtfulness in little things. He borrowed money from them. He was not loyal to them.

He never hesitated to sacrifice their reputation for his advantage. He measured them by their ability to advance him.—Success.

## Mistletoe an Odd Parasite; Has No Use for the Earth.

The story of how the mistletoe gets on the trees is a most interesting one. Covering the mistletoe twigs are pearly white berries. These come in the winter season, when food is comparatively scarce, and hence some birds eat them freely. Now, when a robin eats a cherry he swallows simply the meat and flips the stone away. The seed of the mistletoe the bird cannot flip. It is sticky and holds to his bill. His only resource is to wipe it off, and he does so, leaving it sticking to the branches of the tree on which he is sitting at the time. The seed sprouts after a time, and not finding earth—which, indeed, its ancestral habit has made it cease wanting—it sinks its roots into the bark of the tree and hunts there for the pipes that carry the sap. Now, the sap in the bark is the very richest in the tree, far richer than that in the wood, and the mistletoe gets from its host the choicest of food. With a strange foresight it does not throw its leaves away, as do most parasites, but keeps them to use in winter, when the tree is leafless.

## Odd Facts.

Oil fuel is used to some extent on no fewer than 40 railroads in the United States.

Until 1874 the Japanese used to vacillate on the tip of the nose. Roller skating dates back to 1790. Mecca's pilgrims annually exceed 100,000.

There have been woman sailors among the Finns and Norwegians for many years. "Curew" comes from two French words, "couvre feu," which means "cover fire."

There are 672 volcanoes in the world, of which 270 are described as active. Rubber was first introduced into Europe in 1735 as erasers. Russia has more blind people than the rest of the world, two to one.



You may be famous for your cooking, or just a "beginner" In Either Case

# KG BAKING POWDER

will help you. Its goodness recommends it.

Shows Promise. Friend—What is your baby going to be when he grows up? Financier—A blackmailer, I'm afraid.

Friend—Impossible! What makes you think so? Financier—We have to give him something every little while to keep him quiet.—Tit-Bits.

The Kind. "Do you do much light reading in your family?" "Oh, yes, we have volumes of gas furnished by the meter."—Baltimore American.

## Safety in the Home Part of Woman's Daily Duty

Every woman in charge of a household realizes that it is a large part of her duty to keep that household well. In this task she must know the simple home remedies to be applied at the first symptom of illness. Coughs and colds are two of the foes she must constantly combat, and digestive disturbances need immediate attention. Thousands of American housekeepers have found the most help to come from ever-ready-to-take

## PERUNA

Because Peruna has established itself as the reliable family medicine of America, in the 45 years it has been before the public, the forehanded housekeepers keep it ready for instant administration in the period of depression that precedes a cold, or when stomach troubles manifest themselves. Both of these disorders are caused by inflammation of the delicate membranes lining the breathing apparatus and the digestive tract. Peruna clears away the waste, aids the membranes in recovering from inflammatory conditions and tones up the system. Its effectiveness is the reason that so many depend upon it, and its long record of merit maintains it as the dependable home tonic. Tablet or liquid form both good. Our free booklet may help you. At your druggist's or write us. THE PERUNA CO. Columbus, O.

The Porter—"Dare an tickets sold for 25 cents, an' dere an only 20 cents in de car. What'll we do?" Conductor—"Just tell the engineer to pull out three minutes ahead of time."

Constipation can be cured without drugs. Nature's own remedy—selected, herbs—in Garfield Tea.

## IF KIDNEYS AND BLADDER BOTHER

Take Salts to flush Kidneys and neutralize irritating acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it. Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again. Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.

## WELL KNOWN PORTLAND WOMAN SPEAKS IT'S THE SAME IN ALL OREGON.

Portland, Oregon.—"I send this statement with great pleasure. My daughter owes her life to the use of Dr. Pierce's Favorite Prescription. She was a very delicate girl before using your medicine.

"I have used the 'Prescription' for weakness peculiar to women and found it perfectly wonderful. I have used Dr. Pierce's medicines for over thirty-five years. My husband has used the 'Cough Syrup' and thinks it is great."—Mrs. L. A. FOSTER, 1502 E. 8th St., W.

When a girl becomes a woman, when a woman becomes a mother, when a woman passes through the changes of middle life, are the three periods of life when health and strength are most needed to withstand the pain and distress often caused by severe organic disturbances.

At these critical times women are best fortified by the use of Doctor Pierce's Favorite Prescription, an old remedy of proved worth that keeps the entire female system perfectly regulated and in excellent condition. Mothers, if your daughters are weak, lack ambition, are troubled with headaches, lassitude, and are pale and sickly, Dr. Pierce's Favorite Prescription is just what they need to surely bring the bloom of health to their cheeks and make them strong and healthy.

For all diseases peculiar to women, Dr. Pierce's Favorite Prescription is a powerful restorative. During the last 50 years it has banished from the lives of tens of thousands of women the pain, worry, misery and distress caused by irregularities and diseases of a feminine character.

"Was it a runaway match?" "You might call it that. He tried to run away, but she brought him to time by threatening a breach of promise suit."—Boston Transcript.

NEW MODERN DANCING. E. Fletcher Hallmore, the leading Dancer, Expert and Instructor in New York City, writes: "I have used ALLEN'S FOOT-EASE, the antiseptic powder to be shaken into the shoes, for ten years, and recommend it to all my pupils." It cures and prevents sore feet. Sold by all Drug and Department Stores. Sample FREE. Address, Allen S. Otis, Ltd., La Roy, N. Y.

A Suspicion. "Why is George Washington described as 'First in war and first in peace?'" "I dunno," replied Senator Sorghum. "I suspect somebody was trying to square him with both the preparedness people and the pacifists."—Washington Star.

Ready For a Crime Wave. "Had any burglars out your way?" "No," replied Mr. Growcher. "I have set my boy's new cornet and his shotgun where no burglar could fall to find them, but so far I haven't had any luck."—Washington Star.

Constipation, indigestion, sick-headache and bilious conditions are overcome by a course of Garfield Tea. Drink on retiring. "You say Dibble's allegiance to his alma mater has never wavered?" "Never. Dibble has been out of college 20 years, and he still borrows money from his college chums exclusively."—Birmingham Age-Herald.

## FEWER PEOPLE GROWING OLDER

The Public Health Service reports that more people live to the age of forty years to-day, but from forty to sixty years mortality is increasing from degenerative diseases.

Thousands of well-informed men and women to-day are learning the true value of

## SCOTT'S EMULSION

OF NORWEGIAN COD LIVER OIL. as a powerful blood-enricher and strength-builder to ward off the headaches and backaches that mean weakness. SCOTT'S helps fortify the body against grippe, pneumonia and weakening colds, through its force of medicinal nourishment. Refuse Alcoholic Extracts That Do Not Contain Cod Liver Oil. Scott & Bowen, Stamford, N. J.

WANTED Agents everywhere. Big profits. Write F. Barrett Co., Box 206, Flatbush, Wash.

FRED P. GORIN, Patent Attorney, Organizer and Developer; patents secured or FREE REFUNDED; free book on patents. Baites 701, 701-A, 701-B and 701-C, Central building, Seattle.

Machinery Second-Hand Machinery bought, sold and exchanged; engine, pumps, boilers, sawmills, etc. J. E. Martin Co., 55 1st St., Portland. Send for Stock List and prices.

OREGON VULCANIZING COMPANY moved to 553 to 557 Burnside St., Portland, Ore. Largest Tire Repair Plant in the Northwest. Country service a specialty. Use Farrol Post.

HENFELLS TRADE SCHOOLS. Largest and best equipped in the West. Gen. Electrical and Tractor engineering. Special courses in vulcanizing and tire repairing. Practical work, short term, low cost. Write for information and catalogue. 25th and Hawthorne aves., Portland, Ore.

ELECTRIC MOTORS Repair, Sold, Rented and Rebuilt WALKER ELECTRIC WORKS. Portland, Ore. 10th.

HIDES, PELTS; CASCARA BARK, WOOD AND MOHAI. We want all you have. Write for prices and shipping tags. THE H. F. NORTON CO., Portland, Ore.; Seattle, Wa.

## TUMORS, GOITERS

Appendicitis, Rheumatism, Cancer, Bowel Trouble, Skin Diseases, Etc. Chronic diseases of every description and kind cured in the shortest time possible at the least cost. I have cured thousands of people in the last ten years without operations by the use of Radon, X-Ray, Zincite, Curcuma, Light, Heat, Bala Ovals, Adjuvants, Manipulations, Massage and Baths. Call and see the wonderful office equipment. Consultation free. Write.

DR. W. E. MALLORY 400 to 604 Broadway Bldg. Portland, Oregon

## TYPHOID

It is an acute infectious disease. Any exposure has demonstrated the shortest incubation period of the typhoid bacillus. Be vaccinated NOW by your physician, you and your family. It is most vital than house insurance. Ask your physician, druggist, or send for "How you had Typhoid?" selling of Typhoid Vaccine, results from a test, and danger from Typhoid Control. THE OFFICE LABORATORY, SEASIDE, CAL. Vaccine vaccine a course every 3 to 6 days.

Agnes—No, I would never marry a man to reform him. Ethel—Well, I don't think myself that harsh measures are the best.—Boston Transcript.

Probably Not. Will the smoke inspector please explain why so much of the soft coal soot settles on the white-haired dog?—Minneapolis Journal.

Little Miss Malaprop. "Come, Doris, dear, tell Miss Brown how old you are." "I'm free, Miss Brown. How old is you?"—Browning's Magazine.

At The Theater. "Does your husband go out to smoke between acts?" "No. He comes in to watch the play between drinks."—Froth.

A postal card to Garfield Tea Co., Brooklyn, N. Y., asking for sample will repay you.

Inquirer (at South Station)—Where does this train go? Brakeman—This train goes to New York in 10 minutes. Inquirer—Goodness! That's going some.—Christian Register.

"Anuric" cures Backache, Lumbago, Rheumatism. Send 10c. Dr. V. M. Pierce, Buffalo, N. Y., for large trial package.