Gray, Faded Hair Dark and Glossy.

to darken hair

AN OLD RECIPE

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Almost everyone knows that Sage Tes and Sulphur, properly compound-ed, brings back the natural color and hustre to the hair when faded, streak-ed or gray. Years ago the only way to get this mixture was to make it at home, which is mussy and trouble-

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sul-phur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients for about 50 cents. Everybody uses this preparation now, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair dis-appears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Wyeth's Sage and Suphur Compound is a delightful toil-et requisite. It is not intended for the cure, mitigation or prevention of dis-

Unprofitable.

Lott-One never loses anything by scott-Except half an hour's time raiting for the other fellow,-

Laugh When People **Step On Your Feet**

Try this yourself then pase it along to others. It works!

Ouch ! ? ! ? ! ! This kind of rough ik will be heard less here in town if ople troubled with corns will follow simple advice of this Cincinnat hority, who claims that a few drops f a drug called freezone when applied a tender, aching corn or hardened llous stops soreness at once, and on the corn or callous dries up and

fts right off without pain. He says freezone dries immediately and never inflames or even irritates treezone will cost very little at any ug store, but will positively remove wery hard or soft corn or callous rom one's feet. Millions of American romen will welcome this announce-ment since the inauguration of the ligh heels. If your druggist doesn't ave freezone tell him to order a small ttle for you.

Making Assurance Doubly Sure.

The pupils in a certain class in ygiene were told to set down on

Whem first we love, you 'know, we selden ing for the right kind of wife. It is often the mafter of simple luck that thing we planned it out 'ere hope was he gets the right one he gets the right one.

When a Bachelor Takes a Wife

By LAURA JEAN LIBBEY

The problem which worries many a bachelor is whether or not he could content himself to

conform to the ruling of one woman after having been a free lance so long. He hasn't the home spirit in him and never had. He has been used to living here and there as long as he found it pleasant-striking out for pastures new when his surroundings became irksome to him. It was the same case with his loves. He discarded the old

for the new, to sult his fancy. He grants that love usually changes a man's entire nature. But the question is, how long will it remain changed? By no possibility would he drift into his old ways and notions? Of all men the bachelor should be the most clever in choosing the right kind of a wife to make him happy.

The callow youth, who has not had his experience, is apt to make the mistake of his life by imagining fervent admiration to be the grand passion. When all is said and dong, the man in his thirties is not much wiser. He is just as apt to stray far afield in search-

Here Are Simple Tests by Which to Tell Whether You Are Physically Fit.

In the last analysis, the condition of the fibers of a man's heart determines his physical fitness. Or, stated in another way, a man is not physically fit unless his heart fibers will stand cer-

tain tests. These tests have recently been reduced to such simplicity by French army surgeons that they may be applied by any intelligent person ; and they offer an excellent hygienic suggestion for persons in civil-life for determining their physical condition. The tests as described in the bulletin of the French academy are made

as follows: The first test consists in having the subject, after the pulse rate at rest in the standing position has been determined in the usual manner.

execute running steps on one spot, grous trust is the very foundation stone with the thighs, at the ra friendship.

The well-sensoned bachelor has had, so many lessons in the book of life that his studies on woman and her nature should be valuable to him. He knows the pouting sweetheart would evolve into a grumpy wife. He knows there is nothing like a sulking wife to make homelife unhappy. He is wise enough to steer clear of the young woman who would do all the talking. He can see far enough ahead to realize that her tongue would run on incessantly through all the years. No matter how much the flirt has attracted the bachelor in other days, he is wise enough not to take her to the altar. A flirting sweetheart is bad enough, but a wife whom other men were making eyes at-oh, never! The bachelor can judge with much accuracy whether or not he would be suitable for a woman when he has been in

her society a few times. There is one great and glorious good trait about the bachelor when he does meet the right woman, he surrenders straightway and loses no time in asking for her heart and hand. He makes one of the best of husbands. Places outside of home have no longer a lure for him. He is forever grateful to the woman who has married him; realizing that the first and best years of his life have been squandered and that only the husks of life's fruitage remain for her. His devotion makes up for all else. The bachelor does not exist who does not secretly admire modest, noble womanhood.

(Copyright.)

How He Lost His Friends

He was always wounding their Part of Woman's Daily Duty feelings, making sarcastic or funny

remarks at their expense. He was cold and reserved in his manner-cranky, gloomy, pessimistic. He was suspicious of everybody. He never threw the doors of his heart wide open to people nor took them into his confidence.

He was always ready to receive assistance from them but always too busy or too stingy to assist them in their time of need. He regarded friendship as a luxury

to be enjoyed instead of an opportunity for service. He never learned that implicit, genrecommends

that sharping the spectrum and the top and an and and a state of the s

Shows Promise. -What is your baby going WELL KNOWN PORTLAND WOMAN SPEAKS

IT'S THE SAME IN ALL OREGON.

You may

be famous for

In Either Case

KG BAKING POWDER

will help you.

Its goodness

it.

your cooking, or

just a "beginner"

Portland, Oregon, - "I send this

statement with great pleasure. My daughter owes her life to the use of Dr. Pierce's Favorite Prescrip-tion. She was a very delicate girl before using your medicine. "I have used

the 'Prescription' for weakness pecu-liar to women and found it perfectly Intr to women and found it perfectly wonderful. I have used Dr. Pierce's medicines for over thirty-five years. "My husband has used the 'Cough Syrup' and thinks it is great."-MES. L. A. FOSTER, 1502 E. 8th St., W. When a girl becomes a woman, when a woman becomes a mother, when a woman passes through the changes of

woman passes through the changes of middle life, are the three periods of life when health and strength are most needed to withstand the pain and dis-tress often caused by severe organic disturbances.

disturbances." At these critical times women are best fortified by the use of Doctor Pierce's Favorite Prescription, an old remedy of proved worth that keeps the entire female system perfectly regulated and in excellent condition. Mothem, if your daughters are weak, lack ambition, are troubled with head-aches, lassitude, and are pale and sick-ity, Dr. Pierce's Favorite Prescription is just what they need to anrely bring

WANTED Agents everywhere; big me sey. Write P. Barrett Co., Box 306, Fishton, Was FRED P. GORIN, Pater

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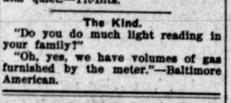
Machinery

LLS TRADE SCHOOLS. at equipped in the West Tractor engineering.



HIDES, PELTS, CASCARA BAR WOOL AND MOHAIR We want all you have. Write for prices and all THE H. F. MORITON Co. Parliand, Orn; S

FUMORS. GO



Safety in the Home

Friend-

afraid.

Every woman in charge of household realizes that it is

a household realizes that it is a large part of her duty to keep that household well. In this task she must know the simple home remedies to be sp-plied at the first symptom of illness. Coughs and colds are two of the foce she must constantly combat, and digestive disturbances need immediate attention. Thous-ands of American housekeepers have found the most help to come fromound the most help to ver-ready-to-take

PERUNA

be when he grows up? Financier — A blackmailer, I'm Friend-Impossible! What makes you think so? Financier-We have to give him something every little while to keep him quiet.-Tit-Bits.

cremation was superior to bur-

"Cremation is good," wrote one tle boy, "because the person might by be in a swoon, and if he is burnhe can not recover."-New York

Enigmatical.

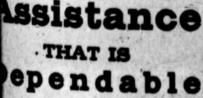
"You certainly don't believe in anging as capital punishment?" "I believe in letting the subject -Exchange.

"Vanessa says she will wear no n's collar.

"I commend her decision. This fluffy aff is more becoming to her style of uty."-Louisville Courier-Journal.



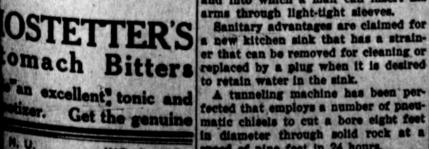
He showed his grit when he was ried out on the road from his ma-No wonder when no near. wonder when he had to bite the



often needed in cases of

POOR APPETITE HEARTBURN INDIGESTION BILIOUSNESS OR MALARIA

you will make no mistake



INO. 6, 1917

steps a second. At the end of one minute the subject stops and remains standing, while the pulse is counted ships, for fifteen seconds in each minute, and continuing the count until the pulse rate has returned to normal, or nearly

so. If the pulse rate has returned to normal by the end of the second minute, the subject is considered fit for any kind of hard physical exertion. If, at the end of the second minute, the pulse rate is over thirty in the fifteen seconds-that is, 120 beats per minute instead of about seventy-five or eighty, it is a sign of slight weakness of the heart. Such a condition, however, may be corrected by proper treatment, and treatment should be under-

taken at once. In the second test the subject, while standing, raises a ten-pound weight over the head, then brings it down between the legs with the body bent forward, repeating this for one minute at the rate of one cycle in two seconds. or one second for each upward and each downward movement. The pulse rate is then tested as in the first exercise.

This second test is considered some what more exacting than the first; but either is adequate for practical purposes.

Things That Are New.

Electrically heated pads feature a ew English cure for frostbitten feet. Celluloid letters to be set into grooves in plate glass form a recently invented transparent sign.

As a substitute for horsehair in upholstering the waste from cleaning Bahama sisal fiber is being used.

A recording meter has been invent-ed to measure the amount of steam used in an industrial plant and check waste.

An Illinois inventor has built a life-size human figure of steel that draws a miniature wagon and is having one built that will be nine feet tall and correspondingly powerful.

A transparent, noninflammable material resembling celluloid has been developed by an Austrian inventor for airplane wings to make them almost

invisible even near the ground. A Pennsylvanian has invented a portable developing cabinet for photog-raphers which folds flat for carrying

and into which a man can insert his arms through light-tight sleeves. Sanitary advantages are claimed for a new kitchen sink that has a strainer that can be removed for cleaning or

A tunneling machine has been per-fected that employs a number of pneu-matic chisels to cut a bore eight feet in diameter through solid rock at a speed of nine feet in 24 hours.

He never thought it worth while to spend time in keeping up his friend-

He did not realize that friendship will not thrive on sentiment alone. that there must be service to nourish

He did not know the value of thoughtfulness in little flings. He borrowed money from them. He was not loyal to them. He never hesitated to sacrifice their eputation for his advantage. He measured them by their ability to advance him .- Success.

Mistletoe an Odd Parasite: Has No Use for the Earth.

The story of how the mistletoe gets on the trees is a most interesting one. pull out three minutes ahead of time." Covering the mistletoe twigs are the winter season, when food is com-paratively scarce, and hence com-Garfield Ten. birds eat them freely. Now, when a robin eats a cherry he swallows simply the meat and flips the stone away. The seed of the mistletoe the bird cannot flip. It is sticky and holds to his bill. His only resource is to wipe it off, and he does so, leaving it sticking to the branches of the tree on which he is sitting at the time. The seed sprouts after a time, and not finding earth-which, indeed, its ancestral habit has made it cease wanting-it sinks its roots into the bark of the tree and hunts there for the pipes that carry the sap. Now, the sap in the bark is the very richest in the tree far richer than that in the wood, and the mistletoe gets from its host the choicest of food. With a strange foresight it does not throw its leaves away. as do most parasites, but keeps them to use in winter, when the tree is leafless.

Odd Facts.

Oil fuel is used to some extent on no fewer than 40 railroads in the

United States. Until 1874 the Japanese used to vac cinate on the tip of the nose. Roller skating dates back to 1790.

Mecca's pilgrims annually exceed 00.000.

There have been woman sallors mong the Finns and Norwegians for many years.

"Curfew" comes from two French words, "couvre feu," which means over fire." There are 672 volcances in the world,

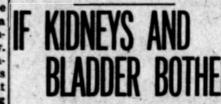
of which 270 are described at active. Rubber was first introduced into Europe in 1735 as erasers. Russia has more blind people than the rest of the world, two to one.

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inces in recovering from in-tickons and tones up the sys-veness is the reason that so by depend upon it, and its kong record of merit main-tains it as the dependable home tonic. Tablet or liquid form -both good. Our free booklet may help you. At your drug-fists or write us.

HO2 THE PERUNA CO.

foh 28 berths, an' dere am only 20 berths in de car. What'll we do?" Conductor-"Just tell the engineer to



Take Salts to flush Kidneys and neutralize irritating acids.

Kidney and Bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in avoiding it. Bladder weakness, most folks call it, because they can't control urina-tion. While it is extremely annoying and sometimes very painful, this is

and sometimes very painful, this is really one of the most simple ailments really one of the most simple aliments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neu-tralize the acids in the urine so it no

trainse the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again. Jad Saits is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithis, and is used by thousands of folks who are subject to urinary disorders caus-ed by uric acid irritation. Jad Saits is splendid for kidnays and causes no bad effects whatever. Here you have a pleasant, efferves-cent lithis-water drink, which quickly relieves bladder trouble.

just what they need to surely bring the bloom of health to their cheeks and make them strong and healthy. For all diseases peculiar to women, Dr. Pierce's Favorite Prescription is a

Dr. Pierce's Favorite Prescription is a powerful restorative. During the last 50 years it has banished from the lives of tens of thousands of women the pain, worry, misery and discusses caused by irregularities and discusses of a feminine character.

"Was it a runaway match?" "You might call it that. He tried to run away, but she brought him to time by threatening a breach of promise suit."-Boston Transcript.

NEW MODERN DANCING.

E. Fletcher Hallsmore, the leading Dancing Ex-pert and Instructor in New York City, writes: "I have used ALLEN'S FOOT-EASE, the antiseptic powder to be shaken into the shoes, for ten years, and recommend it to all my pupils." It cures and prevents sore feet. Sold by all Drug and Depart-ment Stores, So. Sample FREE. Address, Aller 8, Oimsted, Le Roy, N. Y. The Porter-"Dere am tickets sold

A Suspicion.

"Why is George Washington de-scribed as 'First in war and first in

peace?" " "I dunno," replied Senator Sorghum. "I suspect somebody was try-ing to square him with both the preparedness people and the pacifists." -Washington Star.

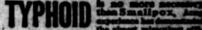
Ready For a Crime Wave. "Had any burglars out your way?" "No," replied Mr. Growcher. "I have set my boy's new cornet and his shotgun where no burglar could fail to find them, but so far I haven't had any luck."-Washington Star.

Constipation, indigestion, sick-beadache nd bilious conditions are overcome by a ourse of Garfield Tea. Drink on retiring.

"You say Dibling's allegiance to his alms mater has never wavered?" "Never. Dibling has been out of col-lege 20 years, and he still borrows money from his college chums exclus-ively."-Birmingham Age-Herald.



00 to 604 Breadway Bldg. Portland, Or



Ast your physicist you had Typhesis" ling of Typho THE OUTTER LAN ATORY,

Agnes-No, I would never marry a men to reform him.

Ethel-Well, I don't think myself that harsh measures are the best.--Boston Transcript.

Probably Not.

Will the smoke inspector ples explain why so much of the soft o soot settles on the white-haired do —Minneapolis Journal.

Little Miss Malaprop. "Come, Doris, dear, tell Miss Brown

how old you are." "I'se free, Miss Brown. How old is you?"-Browning's Magaine.

At The Theater. "Does your husband go amoke between acts?"

"No. He comes in to watch the play between drinks."-Froth.

A postal card to Garfield Tea Co., Brooklyn N. Y., saking for sample will repay, you.

Inquirer (at South Station)-Where

does this train go? Brakeman—This train goes to New York in 10 minutes. Inquirer—Goodness! That's going some.—Christian Register.

"Anuric" cures Backache, Lumbar Rheumatiam. Send 10c. Dr. V. Pierce, Buffalo, N. Y., for large trip package.

GRO The Public Health Service reports that more people live to the age of forty years to-day, but from forty to sixty years mortality is increasing from degenerative diseases.

Thousands of well-informed men and women to-day are learning the true value of

EMULS 50 T ' OF NORWEGIAN COD LIVER OIL

as a powerful blood-enricher and strength-build to ward off the headaches and backaches that men weakness. SCOTT'S helps fortify the body again grippe, pneumonia and weakening colds, through its force of medicinal nourishment. Rafuse Alcoholic Extracts That Do Not Contain Cod Liver Boot & Bourse, Bissuffeld, N. J.

