"SO HAVE WE."

—Rochester Herald.

100 PER CENT AMERICAN.

I am the candidate of a party, but I am above all things else an American citizen. I neither seek the favor nor fear the displeasure of that small alien element among us which puts loyalty to any foreign power before loyalty to the United States.—*From President Wilson's Speech of Acceptance.*

PRAISES WILSON'S STAND IN BEHALF OF SUFFRAGE

The action of the National Woman Suffrage association at Atlantic City, N. J., in rejecting by an overwhelming vote the proposal to make the suffrage movement a partisan annex of the Republican campaign was further emphasized by Dr. Anna Howard Shaw, "the sage of suffrage," in an interview published in the Philadelphia Press, a stanch Republican organ.

"The president in his speech to the convention promised all he could carry out," said Dr. Shaw. "If he had promised more we would have known that he could not carry it out.

"Not the Republicans alone, nor the Democrats alone, can bring suffrage. If it could be done that way I would favor it. But it can't. We must get enough Democrats and Republicans together to do it."

Prices of meat animals, hogs, cattle, sheep and chickens, increased 4.1 per cent from August 15 to September 15, compared with an average increase of nine-tenths of 1 per cent in the same period the last six years, according to the department of agriculture.

$8,028,000 is Added to John D's Pile.

New York.—The advance in Standard Oil issues added more than $13,000,000 to the aggregate value of the Standard Oil companies and $8,028,000 to the value of John D. Rockefeller's holdings, it is estimated.

Bank Robbed of $8000.

Moosejaw, Sask.—Six masked and heavily armed robbers gained entrance to the Caron branch of the Bank of Hamilton and after binding and gagging the night watchman and his bedfellow, blew the two inner safes and made away in a stolen automobile with $8000 in currency.

Zeppelin is Destroyed.

London.—Ten Zeppelins took part in another raid over England Saturday night. Two of them attempted to attack London. One was driven away and the other was destroyed.

PRACTICAL HEALTH HINT.

For Pyorrhea.

Prevention is the best remedy for pyorrhea. Dentists preach this everywhere. Begin with the children and teach them how to keep the teeth clean and free from all kinds of food particles. Teach them to brush the teeth and rinse the teeth and gums thoroughly three times a day after meals. Cleanliness keeps the gums healthy Have the tartar removed from the teeth; this, if allowed to remain, makes the gums recede and loosens the teeth

Pyorrhea is not a constitutional disease; it is a local affection But the existence is a menace to health for it causes diseases of the joints as well as many other systemic diseases.

Watch your own teeth, watch the teeth of the children, for the first sign of tartar and go to a dentist to have it removed Keep the teeth clean at all times. Use plenty of tooth powder and water to brush the teeth and do not neglect thoroughly to rinse the mouth and teeth

Washington at Night.

Night life comes on swiftly when it gets really started. Night in Washington is a beautiful girl drawing a black velvet, jewel bespangled cloak over white shoulders. The streets are lighted with dull bronze, rather low lamps; artistically perfect lamps that hold dull white, glowing globes. The lamps are very close together. They are the pearls that the girl winds about her throat and in her dusky hair.

The White House stands out, glimmering boldly against the black of the foliage. Its lighted windows dimmed with tightly drawn curtains. What of national portent may not have happened behind those same curtained windows! Perhaps fear has grappled with bravery behind the shelter of the friendly walls; perhaps hatred and love have clashed. Perhaps cowards have become strong, and surely strong men have wept. Characters and homes and nations have been molded behind those friendly blinds.—Margaret E. Sangster, Jr., in Christian Herald.

The Jumping Frog Story.

It was in the Angel Camp bar that Mark Twain heard from an ex-pilot called Ben Coon the jumping frog story. Clemens related it to Artemus Ward, who urged him to write it, to be included in a book that Ward was publishing. Clemens dallied and sent it to the publishers too late, but they handed it over to a dying paper called the Saturday Press, which gladly gave it pride of place in its columns on Nov. 18, 1865. Professor Sidgwick synopsized it in Greek form for his book "Greek Prose Composition," and thus arose the legend that the jumping frog story originated in ancient Greece, a legend in which Clemens himself believed till Professor Sidgwick undeceived him in 1899 by telling him that the Greek version was merely a translation of Clemens' own work.

Could Eat as Well as Write.

Dr. Johnson was a great tea drinker. It is stated that he could drink thirty or forty cups of tea during an evening! Yet he lived to a fair age and apparently suffered no very ill effects from his great thirst for tea. He was one of the most notable of feeders and ate his food in what we should now think rather a piggish fashion, making great grunts and groans of satisfaction or enjoyment the while and going the round of the menu very thoroughly.

Charles Reade, the famous novelist, is reported to have been one of the strangest feeders on record. A contemporary, writing of his meals at the Garrick club, says: "He took a cauliflower, flanked by a jug of cream, as his first course, and a great salad to follow, washed down by curious drinks of the shandygaff order. He would drink coffee associated with sweets, black pudding and toasted cheese, to the amazement of any onlooker."

Sacrificed His Own Life.

During the war of the Revolution two British soldiers of the army of Cornwallis went into a house and abused the inmates in a most cruel and shameful manner. A third soldier, going into the house, met them coming out and recognized them. The inmates acquitted him of all blame, but he was imprisoned because he refused to disclose the names of the offenders. Every persuasion was tried, but in vain, and at length he was condemned by a court martial to die. When he was on the gallows Lord Cornwallis, surprised by his obstinacy, rode up to him, saying: "Campbell, what a fool you are to die thus! Disclose the names of the guilty men and you shall be immediately released; otherwise you have not fifteen minutes to live."

"You are in the midst of a campaign, my lord," replied Campbell. "You can better spare one man than two." And, firmly adhering to his purpose, he died.

What Am I?

I've wrecked trains; I've saved a rich man's life and of course married his beautiful daughter; I've committed murder; I've preached the gospel; I've found treasure; I've led armies to victory; I've been a king; I've seen hell; I've toured heaven; I've made men slaves and freed them; I've threatened women's honor and saved it; I've condemned to death the innocent and given liberty to the guilty; I've built nations and destroyed them; I've created drought and brought flood; I've changed poverty to riches and robes to rags; I've fought in the Crusades; I've gone through the Revolution; I've made men of politicians and politicians of men; I've tortured Christians as a pagan and as a Christian enlightened the heathen; I've been lawmaker and law breaker; but, with all, I've made the world progress—I am imagination!—Life.

A Phrase Explained.

Medicus tells us that it makes him mad whenever he sees some writer using the old southern phrase "the spit an' image" without showing any knowledge of what it means. Medicus says that he has even seen it spelled thus: "The spittin' image." So we have seen in the works of an English novelist:

"He's the spit and image of his father, as they say in America."

And an American short story writer makes a negro character say:

"Yassuh. He's de spittin' image of his ma."

The phrase was originally "the spirit and image," explains Medicus. Of course that means that one person is both mentally and physically like another. Southern people are careless about their r's, so the phrase became "the spit an' image" and "the spittin' image."—Louisville Courier-Journal.

Hydroaeroplanes.

The idea of the hydroaeroplane was suggested in patent specifications by Hugo Matullath of New York in 1899, but it had its practical origin in Glenn Curtiss, who added floats to the aeroplane with which he was experimenting over Lake Keuka in 1908. These were placed under each wing, so that in case of accident the machine would not sink. Langley and others had "made their experimental flights over bodies of water for like reasons." Probably the first to make the floats an integral part of his machine was Fabre, who on March 28, 1910, made the first flight with a practical hydroaeroplane at Martignes on the Seine. Curtiss soon abandoned floats and built boat bodies, and for this accomplishment he received the Aero Club of America trophy in 1911.

Butter From a Tree.

One shea tree beside each man's back porch would cut a big slice of butter off the monthly food bill. In Africa vegetable butter is made from the fruit of this tree, and it is said to be of richer taste than any butter made from cow's milk—alleged or actually scraped from a churn and squeezed into the wooden mold which leaves a yellow rosebud on top of the cake. The Arabs used it in early times.—Pittsburgh Dispatch.

High Calling.

Little Walter's uncle was attached to the commissary department. Naturally little Walter wanted to know what that meant. His father explained that it was the commissary's duty to supply the soldiers with food and drink and the like. The very next day a lady came to call and asked Walter how his Uncle Paul was.

"He's fine," said the young man. "He's a waiter now."—New York Post.

Woodwork.

"Is it your intention to offer your enemy an olive branch?"

"I'm not sure," replied Senator Sorghum. "We'll try out the olive branch proposition. But we'll fix the thing so it can be turned into an ax handle."—Washington Star.

From the Stars to You.

Somewhere beneath the stars there is something that you alone were meant to do. Never rest until you have found out what it is!—John Brashear in the American Magazine.

A Long Run.

"This bill has been running now for three months," said the collector.

"Dear me," said the debtor, "how tired it must be."—Detroit Free Press.

The Plan of Opposites.

"What is the best way to get some hard cash?"

"Get hold of some soft thing."—Baltimore American.

Good manners are made up of petty sacrifices.—Emerson.

308 X YES IS A VOTE FOR YOUR CHILDREN

ONE NORMAL NOT ENOUGH

Oregon has but one Normal School. This school is located at Monmouth. Excellent as is the work of this school it is utterly unable to supply but a small part of the need for trained teachers for the State.

Of more than 6,000 school teachers in the public schools of Oregon, but 13 per cent have been trained for their profession of teaching in Normal Schools.

It is a well established fact that our one Normal School cannot supply the needs of the entire state. That is why we ask for your work and vote for the proposed Eastern Oregon State Normal School at Pendleton, Oregon.

GIVE EASTERN OREGON SQUARE DEAL

Eight counties in the Willamette Valley have employed during the past five years, 203 teachers who have graduated from the Monmouth Normal as against 39 Monmouth Normal School graduates for the eight leading counties of Eastern Oregon.

During the past five years the attendance of students from nine Willamette Valley counties was 877 students as against 91 students from nine of the leading counties of Eastern Oregon.

Owing to the crowded condition of our one Normal at Monmouth and also the distance and expense of attending, students from Eastern Oregon are compelled to go to neighboring states to secure their training as teachers.

ONLY COSTS 4 CENTS PER $1,000

The annual maintenance cost of the proposed State Normal School in Eastern Oregon amounts to but one 25th of a mill or 4 cents on a thousand dollars of taxable property. Isn't it worth this to have your children trained to become useful and productive citizens?

STRONG ENDORSEMENTS

Among those who strongly endorse the establishment of the proposed Eastern Oregon Normal School are Governor Withycombe, J. H. Ackerman, President of the Monmouth State Normal; W. J. Kerr, President of the Oregon Agricultural College; P. L. Campbell, President of the State University; Robert C. French, former President of the Weston Normal, and practically all of the leading educators of the State. J. A. Churchill, Superintendent of Public Instruction, voices the sentiments of those who are most familiar with the need of more adequate Normal facilities when he says:

"Oregon's greatest need for its rural schools is the teacher who has had full preparation to do her work. Such preparation can best come through Normal School training.

"I trust that the voters of the state will assist in raising the standard of our schools by establishing a State Normal School at Pendleton. The location is central, the interest of the people of Pendleton in education most excellent, and the large number of pupils in the public schools will give ample opportunity to students to get the amount of teaching practice required in a standard normal school."

All the above educators insist that a Standard Normal School must be located in a town of 5000 or more population and having enough grade pupils for teaching practice.

VOTE RIGHT

By voting YES for No. 308 you will help to give to the school children of Oregon the same advantages enjoyed by the school children of our neighboring states.

Vote YES for No. 308.

Eastern Oregon State Normal School Committee

By J. H. Gwinn, Secy., Pendleton, Ore.

(Paid advertisement)

PARTY SUFFRAGE RECORDS.

Only Democratic Congressmen Appealed For Action.

Congressman C. C. Dill of Washington cites the records of the committee hearings on suffrage in congress to prove that "the only congressmen who have gone before the judiciary committee of congress this year to ask that a suffrage amendment be voted upon have been Democratic members." He adds that "no others have appeared to ask for consideration of the measure That is, I think, sufficient answer to any claim that the Democratic party opposed woman suffrage."

This record need only be supplemented with the personal voting history of the rival presidential candidates to show who is the real friend of suffrage. President Wilson made two trips from Washington to New Jersey to register and vote for woman suffrage when it was submitted in his state. Candidate Hughes did not take the trouble to register or vote the same year—1915—when the suffrage amendment was submitted in his state.

Watch Your Shoulders.

When standing before a looking glass notice if your shoulders are the same height. Generally the right is higher than the left. The reason for this unevenness lies in the way one sits You get into a comfortable chair at your desk, and at once you rest your right elbow on the arm of your chair or your desk, thus throwing one shoulder higher than the other. This is especially the case where one writes a great deal. When you notice that one shoulder is higher than the other the thing to do is to change your way of sitting at your desk. Two simple exercises will be beneficial. The arm of the lower shoulder should be extended upward, the hand grasping a dumbbell. That of the higher shoulder should be lowered and made to support a heavy weight.

Mexicans Expel American.

Washington.—Burton Wilson, an American citizen, president of the foreign citizens' committee and the American Club, Mexico City, who recently was imprisoned on charges of "pernicious activity" by Mexican government officials, has been released and ordered to leave the country.

A Glimpse of Heaven.

Paterfamilias—Well, Mr. Smith, I'm pleased to see you at our humble board for the first time. Now, is there any particular cut you fancy?

Prospective Son-in-law—Oh, no, thank you. I think—

Youngest Daughter of the House—Dad, aren't you going to ask Cissie? You know what a shindy she kicks up if she doesn't get first pick.—London

CITATION

In the County Court of the State of Oregon, for the County of Marion.

In the matter of the estate of A. Wilson, deceased.

To William H. Wilson, R. F. Wilson, Mrs. Ella Stubs and J. F. Wilson, GREETINGS:

IN THE NAME OF THE STATE OF OREGON you are hereby cited and required to appear in the County Court of the State of Oregon for the County of Marion at the Court room thereof at Salem in said county on Monday, the 9th day of October, 1916, at 10 o'clock in the forenoon of that day, then and there to show cause, if any there be, why an order should not be made and license given to G. E. Unruh, the administrator of the above estate, to sell at private sale in accordance with the laws of the State of Oregon and the order of this Court, the following described property belonging to said estate, to-wit: Being that strip or parcel of land in Block No. 4 in Cardwell's addition to the city of Salem, Oregon, lying west of the boundary line between the D. L. C. of J. B. McClane and wife and the J. Baker D. L. C.; also that piece or parcel of land in Block No. 2, Capital Street Addition to the City of Salem, Oregon, lying north of the alley through said block and west of the division line between the J. B. McClane and J. Baker D. L. C.

You are further notified that this citation is served upon you by publication in the Stayton Standard, a newspaper of general circulation, published at Stayton, in Marion County, Oregon, by order of the County Court made on the 5th day of September, 1916.

You are further notified that the first publication thereof is Sept. 13, 1916, and the last publication thereof is October 4, 1916. G. E. UNRUH,

Administrator of the Estate.

Statement.

Statement of the ownership, management, circulation, etc., required by the act of August 24, 1912, of Stayton Standard published weekly at Stayton, Oregon, for October. Editor, E. D. Alexander. Managing Editor, J. H. Blakely. Business Manager, E. D. Alexander. Publisher, E. D. Alexander.

Known bondholders, mortgagees, and other security holders, holding 1 per cent or more of total amount of bonds, mortgages, or other securities: None.

E. D. Alexander.

Sworn to and subscribed before me this 3rd day of Oct., 1916.

Warren Richardson,

Notary Public for Oregon.

[My commission expires Nov., 18, 1916.[

DR. P. H
The old Chiropractor
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Hubbard Bldg.

DR. C. B.
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Rooms 5-6 Bush
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Notice of Hear

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October, 1916, at the
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file objections there
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HULDA M. D
24t5 Administratrix

SUMMO

In the Circuit Court
Oregon for the Co
Department
Lizzie O. DeBord, Pla
O. DeBord, Defenda
To Albert O. De
named defendant.
In the name of the
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O. H. CA
Attorney
Aug. 23, 30, Sept. 6,

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