

**DELBERT MURPHY
ON THE ATLANTIC**

The following letter was received this week by Mr. and Mrs. Avery Murphy from their son Delbert, who is on the Atlantic on his way to Italy and Turkey:

On the Atlantic,
May 27, 1919

Dear Mamma and Papa:
Though I would drop you a few lines to let you know I am O. K. We are having good weather and also a good time. We are painting the engine room. We started yesterday and it will take quite a while to finish the job.

They canned the steward today. I don't know what they intend to do with him.

We are headed toward Gibraltar, from there we go to Genoa, Italy or Constantinople, Turkey. They are not just sure. The Atlantic is more rough than the Pacific.

We expect to reach Gibraltar in 14 days from Newport News or a week from today. Newport News is a small place like Salem, but Norfolk is quite a place about twice as large as Portland or Seattle. Camp Lee is close by and sure a big camp, also the Chesapeake Naval Training Station. These help it very much.

During the day you can hardly talk for airplanes. I saw eight planes and three sausage balloons all up at the same time. While there I saw 13 of our most wonderful battle ships. Each one cost \$15,000,000.00.

We are now getting in the former submarine zone. Every day we pass parts of blown up ships, life preservers, clothing and various kinds of things that will float. I will write to you again soon.

Sunday, as Gibraltar is close we will be there tomorrow about ten o'clock, P. M. We got a new chef at Newport News and he is a dandy. Our Steward has gone crazy from drinking lemon and vanilla extract. I guess they will shove them off at Gibraltar and send him back on another boat.

We expect to be in New York on July 15th. It will take about twelve days to unload. I am feeling fine.

Delbert Murphy

Fish Meat vs. Beefsteak.

"Fish is not filling" said a business man the other day. "It's all right for a light luncheon, but somehow I never feel that it is really nutritious. For real food give me good old beef."

That man needs educating. He should know some of the simple facts stated by H. F. Taylor, a scientist of the bureau of fisheries, who tells us that pound for pound there is nearly if not quite as much protein in fish meat as in beefsteak. Oily fish, like salmon, herring and eels, are especially nutritious, affording a large quantity of fat as well as protein. Fish roes contain more protein than beef, with some fat. Fish meat is quite as easily digested as other meat, and is a suitable form of protein for sedentary workers.

Practically every fish taken from pure water is fit to eat, the only objection being to some varieties being toughness and coarse texture, which can be remedied by proper cooking.

Gathers Unexploded Shells.

General Badoglio, underchief of the Italian general staff, has presented the minister for reconstruction of the invaded territories, Signor Fradeletto, his report on the recovery of unexploded projectiles and bombs in the zone of war, and in the localities where the principal battles occurred. From the beginning of the war to October 17, 1918, 7,800,000 did not explode. Up to November 1, 1917, there were collected about 7,000,000 unexploded bombs. From 1917 to the end of hostilities, about 7,700,000 unexploded projectiles were found.

The raking of the ground to find them goes on actively; but it will be a long time before the work generally has been completed.

Those "Boughten Buttons."

Writing of the poet Whittier, Mrs. James T. Fields says that "one of the poet's most entertaining reminiscences of his boyhood was the story of his first visit to Boston. William Greene's mother was an interesting woman of strong, independent character and wide interests, wanted to the life of cities, and one of the first, in spite of his boyish shyness to appreciate her young relative. Her kind eagerness, during one of her occasional visits to the Whittiers, that Greenleaf should come to see her when he came to Boston, fell in with his own dreams, and a high desire to see the sights of the great town.

"One can easily imagine how this imagination must have glorified the natural expectations of a country boy, and when the time arrived, how the whole household lent itself to furthering so great an expedition. He was not only to have a new suit of clothes, but they were, for the first time, to be trimmed with 'boughten buttons,' to the lad's complete satisfaction, his mind being fixed on those as marking the difference between town and country fashions."

Burning Balloons Don't Explode.

A balloon when it commences to burn does not explode, as a great many people seem to think. An incendiary or tracer bullet, when it hits the balloon, goes through it, making two holes, of course. As the bullet is flaming, being filled with a magnesium compound, it ignites the hydrogen where it escapes at these two holes. Hydrogen, or in fact anything, can burn only when it combines with oxygen, and as the hydrogen escapes at the bullet holes it combines with the oxygen in the air, and burns like two gas jets. The holes enlarge as the fabric is burned away and the flames grow larger until the whole balloon becomes one mass of flame. As soon as enough hydrogen has escaped to make the weight of the balloon greater than the weight of an equal volume of air, the balloon starts to drop to the ground.—Lient. H. K. Black, R. V. C., in the Saturday Evening Post.

BALZAC'S HOME IS RESTORED

Includes Trap Door Through Which Famous French Author Escaped Creditors.

Paris.—The home of the famous French author, Honore de Balzac in the Rue Raynouard at Passy has been reopened as an artists' center. The house had been sadly neglected, but has been restored to present the appearance it had in Balzac's time, with its vestibule painted blue and the original oak carvings and dark red tapestries decorating the apartment where Balzac wrote his masterpieces.

On the table stands the big china coffee pot from which the author was wont to refresh himself, for Balzac was a mighty drinker of coffee. Old wood cuts and original printing proofs adorn the walls. In the garden the vine that Balzac tended still grows and his beloved lilacs have been replanted there.

In one room there is still the trap-door through which Balzac used to disappear when importunate creditors called.

Chloroform Administered by Tube.

A new method of administering chloroform, brought out in France by Doctor Guisez, is described in Scientific American. The doctor no longer applies the drug by the usual compress or mask placed over the mouth, but introduces the chloroform vapor directly into the lungs through a tube running into the windpipe. The tube method has already been employed in several hundred cases, and with great success. Besides being very useful for operations to be performed on the head and neck, it is of great interest because it never produces nausea.

The effects of the new method will serve to explain the reason why chloroform operations always produced nausea when operating by the former method, for it appears evident that the nausea was caused by a part of the chloroform vapors being absorbed by the esophagus and the stomach.

Flying in England.

The big English dailies now publish as part of their regular weather report a chart showing the direction and velocity of the wind at 1,000, 2,000, 3,000, 5,000 and 10,000 feet in the most important centers. Passenger airplanes are being built to carry a pilot and two passengers. The body of the machine is an inclosed saloon-cabin with windows, built like a limousine motorcar. "When the windows are closed there is no more noise than there would be in an express train. There are well-padded leather seats, electric lighting and heating and a table for the use of the two passengers as they sit facing each other. And there is a special cabin for baggage. The machines are expected to make 125 miles an hour.—Toronto Telegram.

Swords for War Notables.

A number of famous British war commanders are soon to be presented by the city of London with swords of honor and the freedom of the city. The commanders to be thus honored are Admiral Jellicoe, Admiral Beatty, Field Marshal French, Field Marshal Haig and General Allenby. The swords, designed and fashioned by the Goldsmiths and Silversmiths company of London, are in 18-karat gold, richly jeweled and ornamented in enamel and relief work.

Quack Remedies.

"Bolshevism can't make this poor world of ours a heaven," said Mayor Cornell Schreiber of Toledo, O. "Bolshevism is a quack remedy, and the bolshevik remind me of Blanc.

"To Blanc, who had a cure for everything, Nore remarked that his overworked brother couldn't be induced to take a holiday.

"He's terribly run down," said Nore, "but he won't lay off—says he'd be lost without his profession."

"Humph," said Blanc, "What is your brother's profession, may I ask?" "Chiroprapist," said Nore. "Then," said Blanc, "the thing is easy. Let him take his holiday at the foot of a mountain or in the fertile corn country of the middle West and for holiday reading let him purchase 'The Pilgrim's Progress,' by Bunyan."

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Four Stores

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HOME SWEET HOME
by Jack Wilson

