

How to Make Oatmeal Bread

Healthful to Eat—Saves the Wheat

1 cup flour
1/2 cup oatmeal
1/2 cup Royal Baking Powder
2 tablespoons sugar
1 cup cooked oatmeal or rolled oats
2 tablespoons shortening
1 1/2 cups milk
No eggs

Mix together flour, oatmeal, salt, baking powder and sugar. Add oatmeal, milk, shortening and milk. Bake in greased shallow pan in moderate oven 40 to 45 minutes.

This wholesome bread is easily and quickly made with the aid of

ROYAL BAKING POWDER

If used three times a week in place of white bread by the 22 million families in the United States, it would save more than 900,000 barrels of flour a month.

Our new Red, White and Blue booklet, "Best War Time Recipes", containing many other recipes for making delicious and wholesome wheat saving foods, mailed free—address

ROYAL BAKING POWDER CO., Dept. H, 135 William St., New York

FOOD WILL WIN THE WAR

Rev. E. B. Lockhart Meets Old Friends From Oregon.

Isn't this a great note, a big zap of an Oregon preacher wrapped in blankets and being piloted through the hall the hospital ward by a little woman he could put in his pocket if he were well?" said I to the nurse who had been sent to my room to investigate another prospect for the influenza ward at the Bristol hotel, a Y. M. C. A. hotel for secretaries in New York.

Replied she who had insisted that I must not think of sailing and therefore dashed my hopes of a speedy getaway. "Are you from Oregon?" and I met in my nurse a New Yorker who I had met at Lebanon, Or., three years ago—Miss D. R. Barnes, who, at the Methodist conference, represented The World Outlook, a missionary periodical, — Salem Journal.

Christian Church Notice

Rev. Arthur Harriman, of Eugene, will occupy the pulpit at the Christian Church Sunday, Dec. 1st, both morning and evening. Rev. Harriman has been engaged to preach here twice a month, the first and third Sundays.

Notes by the County School Supt.

Pupils who failed to pass at the last May or June 8th grade examinations may take the test on either January 16th and 17th or February 6th and 7th as he or she may choose. No school will give both but pupils may come to the office at either time.

Friday, December 6th, has been set apart as "Food Day" in the schools. Millions of women and children in Europe will starve unless we practice the same economy as we did last year.

The schools will cease collecting nut shells and fruit pits as the war is over and we hope there will never be a need for gas masks again.

Practically all of the schools are in session again after an enforced vacation of from one to five weeks.

IF WOMEN ONLY KNEW

What a Heap of Happiness It Would Bring to Stayton Homes.

Hard to do housework with an aching back.

Brings you hours of misery at leisure or at work.

If women only knew the cause—that Backache pains often come from weak kidneys.

Would save much needless woe. Doan's Kidney Pills are for weak kidneys.

Many residents of this vicinity endorse them.

Mrs. F. R. Dickson, 1144 N. Cottage St., Buena Vista, Ore., says: "About six years ago I had a terrible attack of kidney trouble. I had a constant, dull pain in my kidneys and I couldn't rest day or night. My left side pained me most and I couldn't lie on it, it was so sore. When I got down, it was almost impossible for me to straighten up. I was annoyed by kidney weakness, too. I felt tired and depressed and it was all I could do to drag myself around. Nothing gave me relief until I began taking Doan's Kidney Pills. After finishing four boxes, I felt as well and strong as ever. Since then I have never had any trouble with my kidneys."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Dickson had. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

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Which just arrived and are the very latest and best. They are very pretty colors in the popular Fiber Silk with angora wool trimmings. The prices are

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Always make acceptable gifts, and we have a good line that will supply your wants. You can get them at **98c, \$1.49, \$1.98, \$2.49, \$2.98, & \$3.98**

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197 BUSY STORES - - - SALEM, OREGON

BATTLE SAVED BY AIRMAN'S DARING

British Pilot Gets Lost Behind German Lines.

SEES HUN TROOPS MASSING

Flew Through Maelstrom of Shrapnel and Carries Information to Headquarters—Action is Taken at Once and Tide of Battle is Turned in France's Favor—Machine is Wrecked Where He Lands in Shell Hole

A British pilot, flying in France from one airdrome to another, was the last machine of a flight of five which struck across country and soon afterward ran into clouds. He lost sight of the other machines.

He looked around and saw several black specks. Thinking they were his companions he turned round and flew toward them. When he drew near they dived, firing their machine guns. He fled.

His compass showed that he was flying east—away from his own lines. He flew on for 20 minutes, hotly pursued, and at last outdistanced the Germans. Not knowing he was well over German occupied territory, he turned once more and flew due west for half an hour.

Far Behind Lines.

He then throttled down and drifted slowly down through the smelt cloud barrier. He saw a group of hangars some 10 or 15 miles away and began to land. To his amazement he saw that all the machines were marked with the black cross. The Germans began firing while the excited mechanics began to swing the propellers in order to start up the airplanes.

The airman realized that a considerable wind had been blowing from the west and had carried him far behind the lines and he had not allowed himself enough time before he dived through the clouds.

Meanwhile he flew on, pursued hotly for the second time, and drew near the lines. Ahead of him he could see cloudy turmoil of smoke and bursting shells and flying earth. A gnat attack was evidently in progress. The air was full of the white puffs of shrapnel breaking low over the troops. Straight toward this maelstrom he flew and soon machine guns on the ground began to fire flaming bullets at him. So low was he that the barrage blazed all around him.

Information is Important.

Below he could see gray masses of Germans collecting for a counter-attack. He realized this might be important information, and so landed as soon as possible, crashing in a shell-hole.

He crawled out of the wreckage, ran stumbling across the shell-torn earth, found a French headquarters near by, where he reported what he had seen.

This information proved of notable importance. Action was taken at once and the tide of that battle was turned to France's favor.

SPEEDER BUYS STAMPS

Policeman Gives Him Alternative of Going to Jail.

Mr. and Mrs. Ed Lukins of Atchison, Kan., were driving through a small Iowa town at a good rate of speed when a motorcycle officer stopped them and asked how fast they were going. Lukins confessed to over the limit.

"It will cost you just \$8.38," replied the officer.

"What's the 38 cents for?"

"That's just what it figures, stranger, and if you don't want to pay you can go to jail."

Lukins paid, and was handed two by bonds by the officer.

Milwaukee Has Young Amateur Probation Officer

MILWAUKEE.—To be a probation officer, one should start very young. At least that was the information revealed in Judge Karel's juvenile court when Jimmie, fourteen years old, faced the tribunal on a charge of exercising "a little too much authority." It was charged he had punished Billy, a ten-year-old boy.

However, had Jimmie not repeated the process of punishing Billy the case might never have been brought to light.

While playing near North avenue and Fortieth street Billy spied a pile of cement blocks and not seeing any one near he proceeded to smash up one of the blocks. That was his sin.

Jimmie, the ardent protector of property holders' rights, the amateur sleuth and probation officer, was leaning against a post with his bicycle by his side. When Billy sauntered down the street, Jimmie rode after him.

"My father's a detective," Jimmie said when he reached Billy. "I saw you breaking those blocks. You must either go with me to the detention home or take a licking."

But Billy was in fear of the detention home, so choosing the lesser of two evils he decided to take the "licking." He was to meet Jimmie the next day to receive his punishment. At the appointed time Billy was there and accompanied Jimmie to Washington park, where in a clump of bushes he felt the blows of the "law."

He was then made to report with his reader. This time he was taken to a pond on the West side where, after removing his clothes, he sat, according to orders, and read to Jimmie. However, his reading was not quite "up to scratch," Jimmie said, and as a result Billy was tied to a tree and left alone. He was found by a schoolteacher and a complaint was filed against Jimmie.

Jimmie was released on probation after he promised to behave and not take it upon himself to inflict punishment on younger boys.

Psychological Study of Sweet Potato in Capital

"ADVENTURES of a Sweet Potato in Washington." Sounds as if it might be the title of a novel about a war worker, but it isn't. It merely has to do with the flight and landing of a sweet potato thrown by an urchin at a street car conductor on the Eleventh street line.

The car was going gayly downtown when, all of a sudden, a hefty sweet potato came whirling through an open window, missed an elderly lady by an inch and landed squarely on the shoulder of the conductor.

There you have all the elements for a psychological study. Given the sweet potato, the small boy, the ability to throw and the mark—to wit, the conductor—what more would a psychologist ask? "Ah, ha!" saith the psychologist. "I will proceed to study the effect of said sweet potato and its integral flight upon the various personalities of this novel—er, street car."

And he does it, as follows:
The sweet potato made the conductor angry.
It made the small boy glad.
It aroused the indignation of the elderly lady, who called the act "an outrage."
It made an employee of the food administration sad.
And, having done all these things, it finally landed in the gutter.

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Lincoln	141,120	141,027.29	100.0
Linn	512,520	502,892.00	98.2
Marion	971,800	772,856.52	79.5
Polk	321,160	257,051.47	79.9
Tillamook	151,540	156,469.68	103.2
Washington	533,440	519,791.13	97.4
Yamhill	436,700	402,007.86	92.1
Baker	397,720	405,923.69	102.1
Crook	82,160	56,486.35	68.7
Deschutes	125,000	117,148.93	93.7
Gilliam	81,320	79,346.94	97.6
Grant	112,140	103,590.72	92.4
Harney	102,540	46,975.10	45.8
Hood River	146,000	104,978.08	72.5
Jefferson	111,560	31,117.02	27.9
Klamath	238,000	150,219.01	63.1
Lake	119,580	86,872.75	72.6
Malheur	236,200	87,145.74	37.0
Morrow	90,160	65,844.10	73.0
Sherman	66,000	75,277.87	114.0
Umatilla	439,180	401,645.34	91.5
Union	325,580	251,168.10	77.4
Wallowa	208,540	133,413.66	63.9
Wasco	423,380	317,273.62	74.9
Wheeler	50,260	55,731.47	110.9
Multnomah	6,322,280	5,451,569.42	86.2

Union Hill

Mr. and Mrs. Will Neal called at the Bert Neal home Wednesday.

Miss Bertha Mollet went to Corvallis Thursday for an extended visit with her brother and sister-in-law Mr. and Mrs. A. W. Mollet.

Miss Leona King is visiting relatives and friends at Union Hill.

A number of the young people of Union Hill attended the dance at Macieay Saturday night.

John Steinberger and wife spent Friday evening at the J. Lincoln home.

Mr. and Mrs. W. H. Rabers and son Elmer were Stayton callers Saturday.

Mr. and Mrs. James Thomas Clifford and Miss Dolly Dutton of Salem visited Sunday at the C. C. Carter home.

Henry Peters and John Worden motored to Aumsville Saturday on business.

Mr. and Mrs. C. C. Carter were in Stayton Saturday on business.

Mrs. E. C. Carter and son Lyle, spent Sunday with her folks.

Mr. and Mrs. Mat Burnet and Ralph Mollet called on John Worden Sunday last.