

22 Million Families in the United States

IF EACH FAMILY saved one cup of wheat flour it would amount to 5,500,000 pounds, or more than 28,000 barrels. If this saving was made three times a week, it would amount to 858,000,000 pounds, or 4,377,000 barrels in a year.

You can do your share in effecting this saving and really help to win the war by omitting white bread from one meal today and baking in its place muffins or corn bread made according to this recipe:

Corn Meal Muffins

1/2 cup corn meal	2 tablespoons sugar
1 1/2 cups flour	No eggs
1/2 teaspoon salt	1 cup milk
4 teaspoons Royal Baking Powder	2 tablespoons shortening

Sift dry ingredients together into bowl; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes. Same batter may be baked as corn bread in greased shallow pan.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods mailed free—address

ROYAL BAKING POWDER CO., DEPT. H., 135 William St., New York

FOOD WILL WIN THE WAR

Wm. Trout and wife are enjoying the pleasure of a Ford car.

M. J. Crabtree, wife and son, visited Salem Sunday.

See the official War Pictures next Wed. and Thurs.

S. H. Heltzel visited Eugene on legal business Friday last.

Don't Forget Bill Hart next Sunday at Star theatre.

Over 275 people saw the War Pictures last night.

O. M. Baker drove a Buick 4 out from Albany last Monday.

O. M. Baker sold a Chevrolet to Zeta and Tracy Pritchard.

War Pictures next Wednesday and Thursday.

Mrs. W. W. and Miss Grace Elder visited Salem Sunday.

Lonesome Luke next Wed. with the War Pictures at Star theatre.

Mrs. George Thomas, of Lyons is visiting at the home of her grandfather, U. Whitney.

Prof. Ford and family and Mr. and Mrs. Foster visited Jefferson Sunday.

Mrs. J. H. Anderson visited the past week or more with the Ed Maertz family in Linn county.

John F. Lau has returned to Fort Canby after a short visit with his family.

The Girls' Honor Guard are planning for a dance in the Trotter building April 19.

E. C. Titus reports the sale of Buick to W. E. Haynes of Mill City.

Mary Fuchs spent Easter vacation with Mr. and Mrs. Peter Fiedler at Mt. Pleasant.

T. C. Crabtree has returned from eastern Oregon, where he has been for several months.

Seed wheat and oats re-cleaned at 10c per hundred pounds on power cleaner. Mayo & Co.

Mrs. E. C. Lau and little granddaughter visited in Fox Valley several days this week.

Mrs. W. C. Parry and little son Dixon, of Junction City, are at the E. D. Alexander home for a couple of week's visit.

Leo Rock has purchased a Ford runabout to be used on Route 2 as soon as the roads get in better condition.

Miss Bertha Luthy, at a few hours notice, left Portland Tuesday for Newport News, Va., to nurse in the military camp.

Rev. W. J. Warren left this morning to attend the quarterly meeting of the church at Oregon City.

Prize Spot Dance Friday evening in the Trotter Building under the auspices of Stayton's Patriotic League. Dancing will begin at 8:45. There will be 14 prizes awarded.

N. Geymer left last week for California and is looking over the country in the vicinity of San Jose. From his letters home it appears that he is still well satisfied with Oregon.

J. H. Thoma has secured over a hundred names of people as members of a local home guard. He is in correspondence with officials and as soon as arrangements can be effected the company will be organized.

Walter W. Miller of Turner, has answered the draft call. He left Monday morning for Camp Lewis, Wash. Walter is well known in Stayton and vicinity and has many friends who will wish him well.

In another column of the Mail will be seen the quarterly report of Stayton's Patriotic League. They are to be commended for their \$50 gift to the local Red Cross auxiliary, as they are expected to be self supporting this is quite a help.

Bristling with adventure but made refreshing by a love interest that never wanes, "The Desert Man" tells of the wonderful things that happen to Jim Alton a good man, but "quick on the draw" in an abandoned mining town on the border. Hart is at his best in this magnificent drama of the West in "the making."

The romantic daughter of John Houston, president of the road, exchanges rings with a bandit leader who holds up her train. Later she sees the ring on the finger of a young man who is stopping at the same hotel where she and her father have registered and recognizes the bandit. They elope, and her father pursues the couple into the bandits' stronghold. The play ends happily, although the climax is a hair-raising one. Star Theatre Saturday April 6.

Corp. Wm. F. Smoke writes to a friend here that he is still in the U. S. General Hospital, New

York, and that on the 24th he suffered an operation for the removal of his tonsils. A hemorrhage resulted, in which he came near bleeding to death, but at the time of writing he was much improved and expected to be out soon. He had received the knitted garments sent him by the Stayton ladies and writes that he was very glad to get the articles and very thankful to the ladies for remembering him.

"Billy" has had a bad time since going east. He was first taken with scarlet fever, which was followed by complications. He

was about recovered when he was obliged to submit to this last operation.

Dr. Korinek's Go to Portland.

Dr. Geo. F. Korinek came from Portland Saturday and remained over Sunday at home. He has been appointed city inspector for the city of Portland at a good salary and began work Monday.

The Dr. and wife will make their home in Portland, Mrs. Korinek expecting to leave within the next two or three weeks.

Dr. Korinek has practiced veterinary medicine here for several years with splendid success and will be missed by those who are in need of such service, while both himself and wife will be greatly missed in social and musical circles. Their many friends will wish that their new location may prove pleasant and prosperous.

CLASSIFIED ADS.

FOR SALE—3 Jersey Milk Cows and several head stock cattle. John Sandner Jr. 1314

FOR SAJE—A few bushel of spring wheat also a few bushel of grey oats P. J. Etzel, Sublimity 14

FOR SALE—8 or 10 tons of Alsace Clover hay baled. first class hay. V. J. Philippi. 14

Get right with God. Revival meetings will begin at the Baptist church on Monday April 8, and continue in the M. E. church from the 12th.

J. W. Mayo was a business caller in Salem to lay.

BAKED POTATO

BIG, white, mealy—with butter melting on it. Um-m-m! And you like it because it is baked. Same with Lucky Strike Cigarette

IT'S TOASTED

Cooking makes things delicious—toasting the tobacco has made the Lucky Strike Cigarette famous.



Guaranteed by The American Tobacco Co.

BUY YOUR CAR

NOW While the rest are buying

E. C. TITUS

Has the largest stock of automobiles carried this side of Salem

He has a car ready for you, either a

Buick Six, Buick Four, Chevrolet

Or a used Car. Also a large and complete line of four thousand mile tires.

Dainty New Wash Fabrics

The designs are prettier and daintier—the assortments more varied than ever, and you will be agreeably surprised at the reasonable price we ask for them.

To get the best results when sewing your Spring and Summer dresses be sure to use Butterick patterns

We invite the ladies to come in and inspect our new stock of beautiful wash fabrics for spring and summer

Here you will see the newest ideas that will be used during the coming season. Let us show you

Get the Habit of Buying at Doll's Cash Store

GEM CONFECTIONERY

First Class Confections. High Grade Pure Candies

Fine Cigars and Tobacco

Hot and Cold Fountain Drinks

All Prices and Style Box Candy

J. A. HENDERSHOTT, Proprietor

Stayton, Oregon

PLAY SHOES

For Spring and Summer

Cheap Cool and Strong

white or brown

Lancefield Shoe Store

Spring Time Means Garden Time

You will have better success with the garden if you buy your seeds at J. R. GARDNER'S CASH STORE—Our fine plump onion sets will give more onions to the acre than any other. 16c per pound. We also have a few dry goods and notions coming in with the spring days. Ladies and childrens trimmed hats, white canvas shoes fancy wash goods, wash waists, and white materials.

J. R. Gardner's Cash Store, Stayton, Ore.

Gardening Time!!

At this season of the year the minds of practically all of our citizens turn to making a garden and the need for garden tools is felt. We carry a complete line of

High Grade Garden Tools

Of all descriptions consisting of hoes, rakes, weeders, shovels, hand cultivators, all made of the best material and sold at the most reasonable prices.

LILLY HARDWARE CO.

SAVE MONEY

High Price of Substitutes and waste and cost of doing your own baking make it expensive, what is the use of all this expense, work and worry when you can get

3 LOAVES OF BREAD FOR 25cts.

Baked in a Sanitary Bakery, Clean, Wholesome, Nutritious VICTORY Bread at

STAYTON BAKERY

Country Trade Solicited

Phone 125

Bill Hart

—IN—

THE DESERT MAN

Tense Tale of the Eternal Struggle between Good and Evil. Prices 10 and 20 cents including war tax

SUNDAY NIGHT AT THE Star Theatre

Hands Up

FEATURING

WILFRED LUCAS

The great Western player. He is as quick on the trigger as they make 'em. Hands Up! Line Up! Not a move or I shoot. With these words we all knew that train robbers were at work.

ADMISSION 17 cts. and 11 cts

SATUDAY NIGHT

Star Theatre