Which Do You Prefer?

It is important for reasons of health and practical economy for every housekeeper to ask herself this question:

"Do I prefer a pure baking powder like Royal, made of cream of tartar derived from grapes, or am I willing to use a baking powder made of alum or phosphate, both derived from mineral sources?"

The names of the ingredients printed on the label show whether the kind you are now using or any brand, new or old, that may be offered is a genuine cream of tartar powder, or merely a phosphate or alum compound.

Royal Baking Powder contains no alum nor phosphate.

ROYAL BAKING POWDER CO. New York

IS IT YOUR KIDNEYS?

Don't Mistake The Cause of Your Troubles

is only a muscular weakness; when common grade. ity are constantly testifying.

hardly move. I also had attacks of resulted in death.

Doan's Kidney Pills-the same that ference may be advisable. Mr. Clark had. Foster - Milburn Co., Props., Buffalo, N. Y.

AUMSVILLE

NOV. 21

PUBLIC SERVICE COM-MISSION WILL MEET

On Thursday, the 23rd day of Nov. 1916, this commission will hold a conference at its office, 252 Court House, Many people never suspect their Portland, Oregon, on the matter of the kidneys. It suffering from a lame elimination and protection of crossings weak or aching back they think that it of railroads and public highways at a

trinary trouble sets in they think it Statistics show that accidents are will soon correct itself. And so it is increasing yearly at grade crossings, with all the other symptoms of kidney and this subject is receiving earnest disorders. That is where the danger consideration and attention generally often lies. You should realize that throughout the country. In this state those troubles often lead to dropsy or there are approximately 2800 grade Bright's disease. An effective remedy crossings, 96 per cent of which have for weak or diseased kidneys is Doan's no protection other than the oudinary Kilney Pills. Residents of this vicin- standard highway crossing warning sign. In the last eight years there O. S. Clark, retired farmer, 719 Ugle have been on these crossings many Ave., Dallas, Ore., says: "My back accidents, 147 of them attended with got so stiff and lame that I could serious injury, and 40 of which have

lumbago that pulled me to the ground With a view of objaining informaand I was unable to get up on account tion and suggestions looking toward Saturday in response to an alarm turnof the awful pain in my back. My the necessary legislative action to pro- ed in, which for alertness in getting kidneys were very irregular in action. vide for the elimination of these cross- together, speed in reaching the scene I finally began taking Doan's Kidney ings wherever possible, or the installa- and without waste of a second in plac-Pills and they certainly did good work. tion of more adaquate safeguards, we ing the apparatus at the source of dan-Of late years, my back has given me are requesting state, county, municipal ger, surely must have been a record very little trouble and my kidneys have and railroad officials, and all who may breaker, according to Mr. Lockhart, no winter's rest in the tropics, and they be interested, to meet with us and lend who states that he would put the Stay- are so hard at work all day long that Price 50c, at all dealers. Don't sim- their aid toward the enactment of such ton firemen against the organization of at night the trees seem quite tired out ply ask for a kidney remedy-get measures as in the opinion of the con- any other community of similar size From dawn to sunset the trees are

> Very truly yours, Public Service Commission of Oregon. field.

> > STAYTON

NOV. 24

AGED PIONEER GOES TO LONG REST

Nicholas Lambert, one of the pioneers east of Sublimity Sunday afternoon in Saturday, Nov. 18 at 2 p. m. the presence of a multitude of sorrowneral cortege from the Ringo Under- er. taking Establishment.

for two years after which he went to Aumsville missing at the time. Bridget Coulon. In 1858 the couple ful thing if Mr. Alexander had lost the moved to Missouri and from there wager as Mr. Schrunk weighs in the later came to Oregon and located neighborhood of-well a barrel of salt, northeast of Sublimity where Mr. and that would have been some wheel-Lambert lived until a year ago last barrow load. September when he went to reside Look over Mr. Schrunk's ad in anwith his son, P. H. Lambert in Linn other part of The Mail and you will

The deceased was a widower. He leaves six children to mourn their loss: N. J. Lambert of Grand View, Cregon; Mrs. Mary Tate of Sublimity; P. H. DOWNING ESTATE Lambert of Linn county; L. S. Lambert of Stayton; Mrs. Kate Gourley of Tacoma and Miss Frances Lambert of Los Angeles.

After a short address at the grave quartette consisting of Stanley A. Starr, Giles Thomas, Miss Eliza Roy which the well known Marion county of the county court. resident was held attested in the large Ringo and A. D. Gardner.

FIRE COMPANY MAKES A VERY QUICK RUN

The fire laddies made a run to the also living in Salem. parsonage of the Methodist church last with the result that the home bunch would beat any competitors in the

When he could be released from athe went to the front of the house and signs of exhaustion toward sunset. was astounded by the rush of many feet up the stairway of his home, when

tive of the spirit of the boys and very at the next station -New York Tribgrateful for their good work, and to une. The Mail was emphatic in his declaration that the Stayton firemen must be ahead of anything of like character in The moment it ceases it collapses. At the state. He said the only thing dis- the distance of about a quarter of a

in grappling with the problem. Mr. Lockhart as a newspaper man in a minute. Salem covered many a fire, notably the explosion and fire in the Steeves building when several lives were lost, and feels that he knows from experience when a fire department is "up to the minute" in its efforts to save property.

Stories of a Buddhist Image. Interesting stories are told of a Budthat image in a temple in the suburbs of Kloto. According to a record contained inside the image it was carved by a famous Buddhist priest, and it is believed that worshipers of the image will surely receive divine favor. At one time when a fire broke out in the temple unknown to the caretaker, the image woke him by calling "Fire!" and this saved the temple from detruction. Another story says that the mage was once stolen by a thief, who, ning avay. Still another report says hat no dust ever accumulates on the

Cause and Effect.

hend of the Image.

The man with the unbarbered hair liffe the office boy wasn't looking. "I have a fittle poem here," he be-

on, and I thought perhaps"ou an order on the cashler for \$20." Whe eupon he of the uncut hair dropped dead, -Nt. Louis Globe-Democrat.

ALEXANDER WILL GET WHEELBARROW RIDE

It is not often that the citizens of the of this section, who died last Friday neighboring town of Aumsville gets was buried at the Hobson cemetery as free a show as will be pulled off on

It seems that Gideon Alexander is a ing friends and relatives, Rev. E B. Wilson man and A. W. Schrunk, the Lockhart conducting the service at the jovial proprietor of The Farmers' Store grave following the arrival of the in of Quanty is or was a Hughes support

In order to make things interesting Mr. Lambert was 87 years of age the pair waged a wheelbarrow ride to and had lived in this neighborhood the winner, from Mr. Schrunk's store since 1875, crossing the Atlantic from to the depot. The wager will be paid Ireland, the land of his birth, in his on the above date, and it is safe to say fourteenth year, he lived in Wisconsin that there will be few residents of

New Orleans, where he married Miss It would indeed have been a sorrow-

find something that will interest you.

WORTH \$47,000

The will of George D. Downing, who some choice selections were sung by a died on November 7, was filed for probate Tuesday by W. H. Downing and R. C. Downing, who are named as exand Mrs. Martha Brown. The floral ecutors, and who were appointed adpieces were beautiful. The esteem in ministrators of the estate by an order

The estate left is of the probable number attending the sad rites. The value of \$47,000, according to the pall-bearers were: W. H. Hobson, Lee petition of the executors. The prop-Tate, Geo. Spaniol, J. T. Hunt, J. M. erty consists of real estate, a number of notes, and personal property. J. T. Hunt, John Craig and T. B. Jones were appointed appraisers of the estate.

The heirs named in the petition of the executors are: Mrs. Downing, who survives her husband; W. H. Downing, a son, living at Shaw; Ianthe J. Sehlbrede, a daughter, living at Marshfield; R. E. Downing, a son, living in Salem; and Walter F. Downing, another son,

Tired Tropical Trees.

The condition of life in a tropical forest is sunlight, and to get to the top. where alone there is sunlight, is the constant aim of every tree. They have some of them growing, and, as may naturally be supposed, they must have a little rest at night. The tree is thoroughly exhausted, its branches lose tention to the fire in the flue he had their stiffness, while the leaves droop seen fighting down stairs, figuring it and fold themselves together. Unlike would be some minutes before they those of temperate climates, the trees would get the alarm and be on hand, of the tropics all, more or less, show

> What He Was Showing. A young man sitting in a subway

following them he found Bill Smith, car with legs crossed and one foot Charlie Luthey, Frank Leslie, Lew showing a highly polished shoe and Thomas, Jim Gardner and others al- silk sock extended so far into the aisle ready prepared for emergencies, and as to make it almost impossible for expressed his surprise at the machine people to pass was brought to a sense like precision, the lack of confusion of his disregard for others by three of effort, and the instantaneous locat- young women who sat opposite. One ing of various danger spots. He stated said, "I wonder if he is showing his that so well versed were the men in every step to be taken, he felt almost clatter, "I think he wants to show his constrained to believe that his house clocked socks-watch it." "No," said had been practiced on many times be- the third; "he's only showing his bad manners." The foot came down and Mr. Lockhart was highly apprecia- was lost in the crowd which got off

A waterspout is constantly spinning. troyed was time and space, by the men mile above the sea level its spinning speed has been estimated at six miles

Origin of Earrings.

There is a tradition that when Sarah, jealous of Hagar, vowed to dye her other big conflagarations and therefore hands in the latter's blood, Abraham saved the situation by boring Hagar's ears and letting Sarah insert silver rings, so that her vow was fulfilled. The rings, however, lent such splendor to the girl's dusky cheeks that Sarah largest exhibitor at State Fair. Insoon adopted them herself, and this was the origin of earrings.

Not Necessary.

"Willie, didn't I tell you if I ever caught you fighting again I'd whip

"Yes, ma, but you don't need to do it this time. Jimmie Smith done it already."-Exchange.

A Garden In the Air. The highest garden in the world is

said to be the Alpine region of bota however, fell dead when he was run- ny, which was laid out by the lat. Canon Chanoux, formerly rector of the Hospice of Little St. Bernard. It is situated at an elevation of 2,200 meters, or 7,150 feet. Here are to be found almost all species of mountain suntered into the editorial presence flowers, not only those common in the Alps, Pyrenees, Carpathians, the Can casus and the Baikans, but even from faroff Himalaya. The canon conceiv "Goot!" interrupted the busy editor. Have a chair, please, while I write til 1902 that his project became effective tive. In the latter year the commune of Thuile gave him the land -London

STAR

THEATRE

SUNDAY NIGHT NOVEMBER 19th THE DIAMOND

FROM THE SKY

AT THE STAR THEATRE Children 5 Cents Adults 10 Cents



Box Candies Chocolates Caramels

Creams, Etc. ROSE BEADS, ALL COLORS Post Cards choose from

Newspapers, Magazines

Gem Confectionery, Stayton

GARDNER'S CASH STORE

Woolen Underwear is now in Order We have on hand Splendid Values for

Men, Women, and Children

ALSO A NICE LINE OF FLEECY BLANKETS and HEAVY COMFORTS

Free Delivery to Any Part of the City J. R. GARDNER'S CASH STORE, STAYTON

CLASSIFIED.

near the new high school. Enquire at the Mail Office.

For Rent-8 room house, 4 rooms and halls carpeted, and window shades. Water in house and yard. Toilet, garden, flowers, fruit trees, grapes, etc. Price \$10 to reliable party. Inquire at Mail Office.

SALE BILLS-at the Mail Office. We have the largest circulation of any paper printed or sent into the Santiam Valley. Advertise with us and get

Money to Loan-I Have Made Arrangements for loaning eastern money, will make very low rate of interest on highly improved farms. Homer H. Smith, room 5, McCornack Bldg., Salem, Oregon, Phone 96.

Plymouth Rock Cockerels-Pure Bred Corvallis strain, for sale at \$1.00 each. J. E. Sloper, Stayton.

Rhode Island Red Cockerels -- Hatched from eggs from Maplewood farm, quire at Mail office.

For Sale or Trade-for young cattle, one rabber tired buggy and one steel tires buggy. Phone 1124 or see F. A. Smith,

Stayton, Oregon Rt. 2

WOOD SAWING-Let us saw your wood much cheaper than you can saw it yourself. Country work solicited. Preston and S. H. Burson.

Angora Bucks For Sale-Yearlings, good ones, registered. Also a few

Oregon.

Driving Horse-well broke, gentle driving horse, wt. 1150, 5 years old for John Sandner, Jr., Scio, Ore.

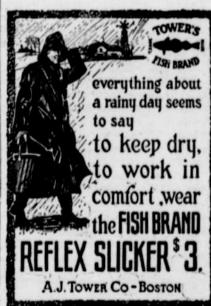
For Sale Cheap-Two lots in Hollister's addition. Owner Willis Caldwell, Brownsville, Ore.

Registered Durham Bull-for sale, 16 months old. John Sandner, Jr., Scio,

Lost, Strayed or Stolen-Bay Mare wt. 1000 lbs., near Mehama on Nov. 1. Finder please notify Geo. S. Childs, 537 E. Grant St., Lebanon, Ore.

TAKE THE BUGLE

Be sure and subscribe for the High School Bugle, 25c for a semester, 50c for the full term. Help your own chil-



good ones, registered. Also a few high grade Shorthorn cows, will be fresh in December. P. H. Brown, 11-23 Sublimity, Oregon.

HOUSE FOR RENT—A good 6-room house, newly painted and papered, close in. Inquire at Dr. C. H. Brewer's residence, Stayton. 11-23 Cows For Sale—Two Durham, 3 year old cows for sale. Fresh in January and March. John Sandner, Jr., Scio. Oregon. 9-16x

Sublimity, Oregon. The readers of this paper will be pleased to learn that there is at least one pleased to learn that there is at least one pleased to learn that there is at least one able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is the only positive cure now known to the medical traternity, Catarrh being a constitutional disease, requires a constitutional disease, and giving the foundation of the disease, and giving the foundation of the disease, and giving the patient strength by destroying the foundation of the disease, and that is \$100 Reward, \$100

ASECRET

COMING!

"THE NOBLE OUTCAST"

A Startling Four Act Drama given by the

Sublimity Dramatic Club

Special Scenery, Attractive Music and A Good Time

Come and Get Your Money's Worth

Popular Prices at Both

Beginning at 2p. m. and continuing until 4 p. m.

SATURDAY, NOVEMBER 25th

We will offer the most Wonderful Bargains you ever heard of in the history of Stayton

A sample of the goods will be placed in the window early Saturday morning with Price Tags

Only 1 of each of the bargains to a family YOUNG'S CASH GROCERY, Stayton, Oregon

WATCH THE WINDOWS