Do You Read Labels?

Domestic science teachers and food authorities are urging the housewife to carefully read the labels on all food articles.

The laws of most States compel food manufacturers to print the ingredients of their products on the label. and this enables consumers to distinguish healthful foods from those which may be deleterious.

High-grade baking powders are made of rure cream of tartar, derived from grapes. Royal Baking Powder is a type of the highest grade. It is healthful beyond a doubt and the safest and best

The low-grade baking powders are made from alum, a mineral acid salt, or phosphate of lime.

Consumers can learn the character of the baking powder by referring to the label, which must state whether the contents include cream of tartar, alum or phosphate.

> ROYAL BAKING POWDER CO. New York



Our Xmas stationery represent a line day within reach of a moderately filled purse. Sloper's.

ternoon and another this afternoon.

Harold, Murphy is over from Salem John Kintz and wife and Jos. Zimmerman and wife of Sublimity were visiting at the John Kerber home Mon-

Miss Ellen Gurley of California has been visiting a few days with her An "Egg Circle" is being organized friend, Mrs. Effie Miller. Miss Gurley 1 / Prof. Lamb of O.A.C. A meeting latt for Salem today, where she will be was held in the city hall yesterday af- married before returning to her home in Oakland, Cal.

AND 9 OTHER ARTICLES To Be Given Away

Luthy's Jewelry Store December 24.

Full infomation and particulars at Luthy's Store.

FALLS AND BREAKS ARM

Dolald, the 14-year-old son of Mrs. Dora Shreve of this city, fell from a trapeze at noon today, breaking the 12-9 bones in his right arm. He was immediately taken to Dr. Brewer's residence where the injury was treated.

Mrs. Frank of Sublimity was a Stay. Saturday. ton visitor Monday.

Mrs. A. Weidner of Aumsville visited relatives here Monday.

Miss Mary Walker of West Stayton? vas a visitor here Tuesday.

John Huber of Mt. Pleasant was usiness visitor here Saturday.

Will Ware of Baker City is here visting his mother Mrs. J. W. Thomas,

We will have peanuts roasted fresh very day during the holidays. Sloper,

Norris Frank and sister Miss Mabel

Klecker wants 1000 pounds of country bacon.

Mr. and Mrs. Jesse Teft o Union Hill were business visitors here Mon-

WANTED--- 1000 lbs. of country bacon at Klecker's.

G. E. Welter from Biggar, Canada is 1t here visiting his relatives in the Waldo

Chas. Hottinger.

Ed Smith and wife of Mt. Pleasant

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. hency for the last 15 years, and believe him perfectly honorable in all busing transactions and financially able to co-out any obligations made by his firm NATIONAL BANK OF COMMERCE,

Hall's Catarrh Cure is taken internally, acting directly upon the blood and musous surfaces of the system. Testimonials control. Price 75 cents per bottle. Sold y all Druggists. Take Eall's Family Pills for constipation.

HIDES! HIDES!

Cow hides, horse hides, sheep hides, any kind of hides, highest market price Stayton Produce Co.

Martin Minzer and wife of near Scio were trading with Stayton merchants

DANCE--At Beauchamp's Hall Saturday night, Dec. 18, and Christmas

Eve, Dec. 24. All invited.

Mrs. Peter Blone and daughter, Miss Adelain of West Stayton were shoppers

The Stayton Produce Co. shipped a ice car of hogs to Portland from West

When you buy the children's presents don't fail to see Sloper's stock. You can satisfy them here.

Harry Chrisman, wife and daughter were visiting Mrs. V. D. Sloper Satur- of Linn county visited at the John Sandner home here Sunday.

> Mrs. Neibert and son Jake spent last week visiting relatives in Portland. They returned home Saturday.

The Trover-Weigel Studio at Stayton will be open Jan. 1st & 2nd and the first Saturday and Sunday of each

WANTED TO TRADE-Wagon for single buggy and harness. See wagon at Mutschler's barn. W.H. Barber,

Miss Roxie Stayton, a trained nurse of Seattle, is attending, Mrs. Charles FOR SALE-A fine, pure-bred, Hor Stayton, whose infant was buried Sunstein bull calf. Half white, half black, day. Miss Stayton will be here a week

We have Books, Bibles, Pyrolin Ivory were trading with Stayton merchants Novelties and Useful Gifts, Mirrors and Leather Goods. Sloper's Drug

> Useful gifte for Xmas are the most acceptable this year. Read Gehlen's ad on the third page of the Mail and make up your mind to buy something useful as well as appropriate.

Howard Terman of West Stayton, broke his collar bone Saturday while helping the West Stayton school boys play a game of foot ball. Dr. Beauchamp was called and set the injury.

And now the lawyers want to extend the scope of the liability law from employer and employe to apply to anybody and not merely holding employer liable to employes.

Manager Norman of the Oregon Power Co. Eugene, reports decided feeling of optimism among merchants and bankers and inquires about power and light from farmers and merchants.

Southern Oregon Traction Co. will extend its electric line from Medford to Jacksonville, work to begin January 1.

S. P. Co. employs 5000 people in Oregon paying them \$4,850-000 annually and \$1,200,000 taxes or 12 percent of the taxes collected by counties through which its line runs.

Port of Astoria will erect \$22,000 grain elevator.

Payette is promised a \$50,000 hotel.

Newport will have a radio station at an early date.

Oregon fir will be used in the floor of the Dalles post office instead of Southern yellow pine as specified. Similar substitutions are planned in other federal buildings in Oregon.

Chance for Industries-Corning, California, a good town of 2500 population, has support for an ice plant, a bottling works, and a cigar factory. Address, T.E. Harper, Corning, California.

"Blue Blood and Yellow"

"WHO PAYS" NO. 7

Saturday Night

A story of a Golden Idol with Clay Feet. Everybody goes to see "Who Pays." Dare you gaze into the Pool?

SUNDAY NIGHT PROGRAM

"The Price of Crime"

3 Reels and Comedy

Star Theatre

DON'T SUFFER FROM COLD FEET

IN ANY SENSE

I have a large stock of Warm Slippers waiting to be carried away, and your friends and relatives will appreciate a gift of that kind. Get them now while there is a good selection.

For Every ill there is a Remedy, For Cold Feet the Answer is "A Stiff Upper Lip and a Pair of Lancefield's Slippers"

Lancefield's Cash Shoe Store, Stayton



Happy Holidays To You!

Remember always that a box of our superfine confections is always an ap-

propriate gift to your Sweetheart, Mother or Sister. The goods are always fresh and clean. The subscription to a magazine will give lasting reminders, and a box of our choice cigars will be appreciated by almost any man.

Tobacco Coupons

Redeemed in your own city at no cost for postage or registration. Bring your coupons to me, I have over \$200.00 worth of premiums on hand now. Magazines and Newspapers. J. A. HENDERSHOTT, Proprietor,

GEM CONFECTIONERY

HAVE YOU SEEN

The beautiful display of Christmas notions at J. R. GARDNER'S CASH STORE?

There are Dolls, Teddy Bears, Tops, and Rattles for the Babies. Trains, Games, Blocks and Mystic Erectors for the Boys. Toilet Sets, Work Boxes and Doll Cradles for the Girls, and many dainty, useful, articles for the older people.

DON'T FORGET THE PLACE

J. R. Gardner's Cash Store

Good Things Galore From Our Store

To Your Door More Truth Than Poetry in This

Our Great Stock of Good Things

Teas, Coffees, Snappy and mild Cheese, Oranges, Grape Fruit, Lemons, Olive Oil, Syrups, and the finest grade of canned goods. Nuts and candies of all kinds. Everything need in the Grocery line, and Best of all, the Prices are All Right.

Young's Cash Store

Beauchamp's Drug Store



TO THE PARTY OF TH

Presents for All

Make Your Xmas Plans as Early as Possible

The early buyer gets the best choice. You can't expect otherwise This year we have a very superior stock of gifts of every class, something for every member of the family and other friends. Toilet Sets, Perfumes, Shaving Sets, Mirrors, Baby Goods, Fancy Things, Candy and others. Make your list out early and come talk it over with us. Don't wait till the Christmas crowd starts.

PLEASING GIFTS---PRESENTS FOR EVERYBODY

Some for father, mother, aunt, uncle, sister, sweetheart and cousin; also something for grandma and grandpa. At our store you will find many suggestions for beautiful and useful gifts. Don't worry your brain thinking about what to give but simply come here and look over our line of Holiday Goods.

Beauchamp's Drug Store