

MPRESS on the young man who is burning the candle at both ends and who is spending his big salary as fast as he makes it the VALUE OF A BANK ACCOUNT. Start him on the RIGHT ROAD today. If he is not hopeless he at once will see the error of his ways. The opening of a bank account has put a stop to many a youth's wild desire to be a HIGH FLIER.

## STAYTON STATE BANK

A share of the banking business of Stayton and vicinity is solicited.

You are assured of a safe depository and courteous treatment at this bank, by ample capital and long experience in the banking business.

Farmers & Merchants Bank of Stayton, Oregon Capital \$25,000.00

## **EUREKA FLOURING MILLS**

MANUFACTURERS OF FLOUR AND FEED GEORGE SPANIOL, Proprietor

Remodeled and Ready for Business

"Eureka" and "Cooks Delight"

PURITY, STRENGTH AND WHITENESS



## New Commercial Hotel C. ULLOM, Prop. Best of Service To All Commercial Trade a Specialty Cafe De Luxe

Hot and Cold Water Baths STAYTON, OREGON

## WHY DON'T YOU?

Visit Breitenbush Hot Spring this Summer. Under New Management-Baths All Remodeled-Everything Upto-date -Good Store and Restaurant in connection. For information address J. K. Johnson, Detroit, Oregon

### GET YOUR SOLE FIXED

John Watters the Old Reliable is back at his old stand. Nuff Sed.

### Trespass and Hunting-

Notices for sale at the Mail office.

## HELPFUL HINTS FOR HOUSEWIVES

Spoon Holder Attachment For Cooking Pots.



One of the many minor inventions that are so useful in the kitchen is the kettle spoon holder designed by a Massachusetts man and shown in the illustration. It obvintes the necessity of having a saucer, plate or cup standing near the cook to hold the stirring spoon when the latter is not in use. The holder is made of aluminium and consists of a saucer shaped piece with perforations and a hook by which it may be hung over the edge of a kettle, the wide portion inside. Then as the spoon is taken from the food it can be laid on the holder, and the drippings drop through the perforations into the contents of the kettle. Another advantage of the holder is the fact that the spoon is always at hand when wanted.

Right Way to Boil Ham. The discussion of ways to boil ham may seem to some entirely superfluous, yet have you never noticed that some hams retain that rich red color and perfect taste, while others have a brownish color and the meat comes apart? This difference lies in the manner of bolling. A good ham put on in cold water and cooked slowly, or allowed to stand for awhile without cooking will lose much of its nutrition. The proper way to cook a ham is to put it on in water that is already bot, just beginning to simmer. If it can be kept at this temperature, which is a few degrees below the boiling point, so much the better. At any rate, it should not boil vigorously. For every pound of ham let it boll a quarter of an hour. Thus a sixteen pound ham would require four hours to properly cook. When put in hot water the outer layers of meat are cooked at once, thus preventing the escape of juices

which will take place in cold water. Cranberry Butter.

Two quarts of cranberries washed and put on to cook with water enough to just cover. When boiling hot put in one teaspoonful of soda, stir and skim; let cook until tender and the berries all mashed, then run through a wire flour selve or fine colander. At the same time have three quarts of apples cooking. When done run through colander, mix cranberries and apples with two quarts of sugar; put in a flat granite pan, place in the oven with a moder at fire; let cook two and one-half or three hours, according to the heat of the oven; stir every thirty minutes.

Kentucky Corn Bread.

To one pint sifted white corn meal add one-half teaspoonful soda, one teaspoonful salt (and if liked one or two tablespoonfuls sugar), one tablespoonful lard, two beaten eggs and enough buttermilk to make a thin batter. Have a well greased pan heated on top of the stove, pour the batter into this and bake one-half hour in a quick oven. There must be plenty of grease in the pan and it should be hot enough so that the batter when it is poured in will crisp around the edges.

To Restore a Dying Plant.

When a plant becomes too dry it is difficult to get the water to penetrate the dirt in the pot far enough to reach the roots, and you may pour water on all day and not revive your plant. But try placing the plant in a pan of water and let it absorb upward all the water it needs. When it has enough the water will bubble and your plant will be beautiful and alive again.

Macaroni In Tomato Sauce.

Beil one cupful of macaroni until tender, then drain. Make the sauce of one cupful of tomato, strained, one tablespoonful of flour and add butter and salt to taste. Alternate a layer of macaroni and sauce in a baking dish until filled. Sprinkle with buttered brenderumbs and bake about twenty minutes.

Smothered Chicken.

Clean and joint a young chicken, season with sait and pepper and roll in flour. Have ready three tablespoonfuls of butter very hot and brown the chicken all over quickly. Be careful not to burn it. Cover and place in the oven for one hour. Make a cream gravy after the chicken is taken up.

Egg Croquettes.

Make a sauce of one tablespoonful of flour, one tablespoonful of butter, one-half cupful of milk. Set aside to cool, then add three hard boiled eggs, chopped fine and season with salt and pepper. Roll in egg and then cracker crumbs and fry in hot lard.

#### JOSEPH B. FORAKER



States senator from Ohio, who is seeking the senatorial nomination at the

#### Brief News of the Week

Seceding miners in Montana declare they will ignore the Western Federation and organize a new union.

The rebel gunboat Tampico was sunk in battle with the federal gunboat Guerro, and 20 men were killed and wounded.

The "Lulu Fardo" dance, which is of Portuguese origin, is the latest, says a New York dispatch. The dance is said to be really a lulu.

Chicago passed through the coldest day reported in June for many years, the thermometer registering 53 de-

Kansas sweltered at 105, and a number of prostrations in the wheat fields were reported because of the weather

Six established lines already have

served notice upon the Panama canal management of their intention to make regular use of the waterway. The progressive party in Oklahoma

has decided to put a full state ticket in the field this fall, headed by John P. Hickam as candidate for governor.

Ardent suffragettes at Vancouver, B. C., are refusing to join in the singing of "God Save the King." They rise and turn their backs on the audience when the national anthem is struck up in the theatres frequently.

War to the knife against the federals with the formation of a third league in organized baseball as the first blow was practically decided on here when the national baseball comthan a score of leaders in the organ-

The New Jersey progressive state committee and chairmen of the county committees, at a conference, went on record as opposed to any amalgamation with the republicans or any other party in the coming primary and general election.

### People in the News

Mayor Curtis of Portland, Me., won the democratic nomination for governor by a good margin.

President Wilson named Mrs. Grace B. Caukin, an original Wilson supporter, receiver of public moneys in San Francisco.

The British government has ordered a warship to Durazzo, Albania, to Insure the safety of Prince William and his family. Other nations will send war vessels to the scene, it is declared.

John P. Weyerhauser, oldest son of president of the company at the an-

nual meeting held at Tacoma, Wash. Admiral Fletcher, who has been in Mexican waters for more than a year, will return to Washington to confer with Secretary Daniels and the-presi-

Arrivals at Vera Cruz from Mexico gell island. City said President Huerta and Sir Lionel Carden, the retiring British asked, it is said, if George Marye of merly tried much of Sir Lionel's ad-

The estate of the late Adlal Stevenson, which is valued at \$100,000, will be shared by the three children of the sought by Secretary of the Treasury former vice-president of the United McAdoo, who would force disclosure

been conferred on General William access. Crawford Gorgas, chief sanitary officer of the Panama canal and Rumulo S. Naon, Argentine ambassador to the eum land as against other private United States and one of the "A. B. claimants was upheld by the supreme C." peace mediators.

The average of insane persons among each 100,000 is on the increase, Southern Pacific Railroad company. according to the statement of Dr. A. J. Rasanoff, of New York. Massachusetts shows the highest average, it is ieclared.

Specialists are wondering at the most difficult literary productions and pronounce correctly almost every five years old.

## **NEWS FROM OUR** NATIONAL CAPITAL

River and Harbor Bill, Carrying Large Appropriations, Opposed in Senate.

Washington.-The river and harbor PHYSICIAN AND SURGEON bill, carrying one of the largest appropriations in recent years, will meet determined opposition in the senate

The bill on the face of it, as indorsed by the senate committee on commerce, carries about \$53,000,000. Actually, however, the sum authorized will be much greater.

Examination of the bill shows that the "pork barrel" has been generously distributed to nearly every section of the country.

While opposition forces are mass ing their strength in the senate for an attack on the rivers and harbors Joseph B. Foraker, former United bill, as the chief "pork barrel" measure of the year, a bill introduced in the house by Representative Rucker, of Missouri, strikes at the use of a "barrel" in national elections.

#### Would Limit Campaign Expenditures

The bill limiting the use of the 'barrel" provides for the control of campaign contributions and expendi-

It is a codification of the three existing federal laws with regards to campaign expenditures. It also contrains several new sections.

The most significant of these is the one which provides that no "political committee" may use in any state a greater amount than the aggregate contributed by the citizens of that state. Representative Rucker's report expressly states that the bill provides that this is not to limit the use of money for publishing literature, for STAYTON MEAT MARKET advertising, or for any other campaign method which appeals primarily to the judgment of voters, but it is designed to prevent the collecting of immense contributions from corporations and individuals in the financial centers of the country for use in various states. In a word, it is aimed at the national "barrel."

## House Seamen's Bill Is Reported.

A substitute for the La Follette sea men's bill passed by the senate was favorably reported to the house.

The bill substantially adopts the requirements agreed on by the convention on safety of life at sea at London, last January, as to lifeboats on ocean vessels, and applies these in modified form to United States vessels in ocean. voyages on routes not more than 2 nautical miles off shore and on the mission met in conclave with more great lakes. It would require an ocean passenger steamer, at every moment of its voyage, to have aboard no more persons than there are accommodations in lifeboats and life rafts, at least 75 per cent of this equipment to be lifeboats. Cargo steamers would carry enough lifeboats for all aboard under existing regulations.

### National Capital Brevities.

Vote on the 20 year reclamation extension bill which has been presented to the house by committee, is expect-

Co-operative dairies, mutual fire insurance companies and like concerns must pay the income tax according to a ruling of the United States supreme

Investigation will be made in the senate of the report that senate stationery and government officials figured in the promotion of gold mines in North Carolina,

Astrology is a superstition and the moon and planets have no influence the late timber magnate, was elected on weather conditions, declares the bulletin of the agricultural depart-

The treasury department received word from the revenue cutter Bear at Nome that it is not at present possible on account of the ice, to rescue the crew of the Karluk, refugees on Wran-

The Russian government has been minister, had quarreled. Huerta for San Francisco would be acceptable to the czar for the United States embassy in St. Petersburg.

More authority in compelling income tax dodgers to come to time is of names of stockholders in corpora-The degree of doctor of laws has tions and have books made free of

Title of transcontinental railroads to some \$700,000,000 worth of petrolcourt in a test suit brought by Edmund Burke of California against the

The interstate commerce commission has ordered reparation of the excess freight payments made on 450 shipments of wool from Oregon and other western states pending a hearfeats of a child prodigy, Ralphard ing of the cases of the railroad com-Peters of Boston, who can read the mission of Oregon and National Woolgrowers' association versus the Oregon Short Line and other railroads. word in the English language. He is The amounts of reparation to shippers range from \$5 to \$1100.

## H. A. BEAUCHAMP, M.D.

Physician and Surgeon

STAYTON. OREGON

C. H. BREWER, M. D.

STAYTON, OREGON

#### Wilbur N. Pintler, D.M.D. DENTIST

Office Over Stayton State Bank Stavton, Ore

#### G. F. KORINEK, V. S., B. V. Sc. Veterinarian

Treats all domestic animals, also applies the Tuberculin test. Telephone: 3x7

Office at Stayton Stables STAYTON - - - OREGO

# E. N. TEAGUE

Contractor & Builder

Bond furnished to cover all cost and insure a first class guaranteed job.

See me and let me figure on your work, and I save you money. OREGON STAYTON

SESTAK & THOMAS, Proprietors.

Fresh, Salt & Cured Meats

Lard & Creamery Butter. Highest Market Price Paid For Fat Stock

## S. H. HELTZEL

ATTORNEY-AT-LAW NOTARY PUBLIC

Abstracts and Probate Work a Special Office Over Deidrich's Hardware Sto.

### . M. RINGU

Undertaker and Embain Third and Marion Streets STAYTON, OREGON

## NEW SPRING and SUMMER

SAMPLES RECEIVED

Suits \$12 up. Come in and see them.

Satisfaction Guaranteed. John Henkel, The Tailor

## TINWORK and **PLUMBING**

Bath Tubs, Lavatories and all Sanitary fittings --- Farmers--We carry a line of pumps, leader water systems, etc. Gasoline engines.

JACOB SPANIOL

