

Libby's Food Products

Peerless Dried Beef

Unlike the ordinary dried beef—that sold in bulk—Libby's Peerless Dried Beef comes in a sealed glass jar in which it is packed the moment it is sliced into those delicious thin wafers.

None of the rich natural flavor or goodness escapes or dries out. It reaches you fresh and with all the nutriment retained.

Libby's Peerless Dried Beef is only one of a Great number of high-grade, ready to serve, pure food products that are prepared in Libby's Great White Kitchen.

Just try a package of any of these, such as Ox Tongue, Vienna Sausage, Pickles, Olives, etc., and see how delightfully different they are from others you have eaten.



Libby, McNeill & Libby, Chicago

WANTED:

Local agents in every country for Medicology, the latest, largest and best family doctor book ever published. Sales enormous. Nearly one million copies already sold in the East. Agents reaping big harvest. For territory write immediately, stating age, previous experience, if any, and references, to The Lyon & Slater Co., Pioneer Bldg., Seattle, Wash.



C. Gee Wo CHINESE DOCTOR

Has made a life study of roots and herbs, and in that study discovered and is giving to the world his wonderful remedies.

No Mercury, Poisons or Drugs Used—He Cures Without Operation, or Without the Aid of a Knife. He guarantees to Cure Catarrh, Asthma, Lung, Throat, Rheumatism, Nervousness, Nervous Debility, Stomach, Liver, Kidney Troubles, also Lost Manhood, Female Weakness and All Private Diseases.

A SURE CANCER CURE
Just Received from Peking, China—Safe, Sure and Reliable.

IF YOU ARE AFFLICTED, DON'T DELAY. DELAYS ARE DANGEROUS.

CONSULTATION FREE!
If you cannot call, write for symptom blank and return by mail, enclosing 4 stamps.

THE C. GEE WO CHINESE MEDICINE CO.
112 First St., Cor. Morrison, Portland, Oregon.
Please Mention This Paper.

S.S.S. FOR BAD BLOOD

The most important part of the human system is the blood. Every muscle, nerve, tissue, bone and sinew is dependent on this vital fluid for nourishment and strength necessary to maintain them in health and enable each to perform the different duties nature requires. Even the heart, the very "engine" of life, receives its vigor and motive power from the blood. Since so much is dependent on this vital fluid it can very readily be seen how necessary it is to have it pure and uncontaminated if we would enjoy the blessing of good health. Bad blood is responsible for most of the ailments of mankind; when from any cause it becomes infected with impurities, humors or poisons, disease in some form is sure to follow. Muddy, sallow complexions, eruptions, pimples, etc., show that the blood is infected with unhealthy humors which have changed it from a pure, fresh stream to a sour, acrid fluid, which forces out its impurities through the pores and glands of the skin. A very common evidence of bad blood is sores or ulcers, which break out on the flesh, often from a very insignificant bruise or even scratch or abrasion. If the blood was pure and healthy the place would heal at once, but being loaded with impurities, which are discharged into the wound, irritation and inflammation are set up and the sore continues. Bad blood is also responsible for Anemia, Boils, Malaria, etc.; the weak, polluted circulation cannot furnish the nourishment and strength required to sustain the body, and a general run-down condition of health results. S. S. S. is nature's blood purifier and tonic; made entirely of healing, cleansing roots and herbs. It goes down into the circulation and removes every particle of impurity, humor or poison that may be there, restores lost vitality, and steadily tones up the entire system. It adds to the blood the healthful properties it is in need of, and in every way assists in the cure of disease. S. S. S. neutralizes any excess of acid in the blood, making it fresh and pure, and permanently cures Eczema, Acne, Tetter, and all other skin diseases and eruptions. S. S. S. cures Rheumatism, Catarrh, Sores and Ulcers, Malaria, and all other diseases or disorders arising from bad blood. Book on the blood and any medical advice desired free to all who write

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Lasting.
"Your suggestion," said a depositor to the bank receiver, "offers very cold comfort. It is a bachelor's comfort—that is to say, no comfort at all."
"What," said a bachelor to a benedict, "only married a year and already so blue?"
"Ah, but," groaned the benedict, "I never imagined that a wife would prove so expensive."
"The bachelor patted the blue married man on the back in a consolatory way."
"Yes," he said, "a wife is an expensive article, that is true. But then you must remember that she lasts a very long time."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Good for the Nerves.
"John," said Mrs. Stubb, proudly, when her husband returned that evening, "here is a parrot I bought from a Brazilian sailor. Isn't it a good parrot?"
"No," snapped Mr. Stubb, in anticipation of interrupted slumbers, "that is not a good parrot."
"Not a good parrot? Why, John, what do you call a good parrot?"
"Why, a dead parrot, Maria."

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

Breaking It Gently.
"Ah, me good man," said the heavy tragedian, as he came out on the main line of the railroad, "how far is it from here to dear old Chicago?"
"Three pair of half soles and six pair of new heels," was the information of the gatekeeper, who was familiar with the ways of stranded Thespians.

It Cures While You Walk
Allen's Foot-Ease is a certain cure for hot, sweating, callus, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitutes. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Triumph of Mind.
Victim of Delusion—Doctor, I'm awfully afraid I'm going to have brain fever.

Doctor—Pooh, pooh, my dear friend! That is all an illusion of the senses. There is no such thing as fever. You have no fever, you have no br—h'm!—no material substance upon which such a wholly imaginary and supposititious thing as a fever could find any base of operation.

Victim—O, doctor, what a load you have taken from me—from my—I have a mind, haven't I, doctor?

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by his firm.

WALDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for Constipation.

Temporary.
"You don't want me to come to see you any more?" exclaimed the young man, startled and indignant.
"No, Mr. Feathertop; not any more."
"Yet you let me kiss you a month ago, when you had known me only a few days!"
"You foolish fellow," said the pretty girl. "That kiss was only a—retainer!"
—Chicago Tribune.

Your S. S. S., in my opinion, is as good a medicine as can be had; it simply cannot be improved upon as a remedy to purify and enrich the blood and to invigorate and tone up the system. This spring my blood was bad and I was run down in health, and having seen your medicine highly advertised I commenced its use. Today my blood is in fine condition and my general health is of the best. Am filling position as fireman for a large concern here, and if I was not in good physical condition it would be impossible for me to fill the place. Your S. S. S. has been of great service to me and I do not hesitate to give it the credit it deserves.

WM. F. VANDYKE.
815 Fifth Street, Beaver Falls, Penn.



Candied Orange Peel.
Peel oranges, cutting the peel into long strips. Lay in a saucepan and cover with cold water, put on the stove, bring to a boil and drain. Allow sugar in the proportion of a cup and a half of sugar to six good-sized oranges and to each three cups of sugar allow two of cold water; put sugar and water over the fire and bring to a boil. Add the orange peel and boil down quickly, watching that it does not burn. Simmer until the liquid is almost cooked away, then take the saucepan from the stove and stir in a cupful of granulated sugar. When almost cold pick out the strips with a fork and lay on a plate.

Olive Oil Pickles.
One gallon of unpeeled cucumbers, cut into slices a quarter-inch thick and mix with one cup of salt. Stand for three hours, then drain. Chop and mix with the salted cucumbers two or three medium-sized chopped onions, one ounce each of white mustard seed, black peppers and celery seed. Pack the mixture into the glass cans, pressing it down firmly and pour over them (dividing it equally) a half-pint of the best olive oil. Cover with cold cider vinegar and seal.

One-Egg Cake.
One and a half cups granulated sugar, half cup butter, scant one cup sweet milk, two and a half cups sifted pastry flour, one egg, two and a half level teaspoonfuls baking powder in sifted flour, flavoring. Beat butter and sugar thoroughly, adding a little of the milk to help make creamy. Beat egg well and add then the balance of milk. Just at this point beat the mixture with the egg beater, which makes it fine grained. Add flour last.

Green Gooseberry Chutney.
Two pints of green gooseberries, two ounces of yellow mustard seed, pounded; two ounces of ground ginger, five ounces of coarse sugar, ten ounces of stoned raisins, three ounces of salt, three ounces of garlic, two pints of vinegar. Chop the raisins, garlic and gooseberries almost to a paste, mix all together thoroughly and boil for three-quarters of an hour, then add enough tumeric to make the mixture a nice color.

Brown Bread.
One and one-half cups dry bread crumbs that have been dried and browned a little in the oven and then rolled fine; two-thirds of a cupful of flour, one cupful molasses, one and one-half cupfuls sour milk, one and one-half cupfuls corn meal, one cupful raisins, two teaspoonfuls soda, one teaspoonful salt. Steam three hours and a half.

Egg Test.
Take a flat-bottom dishpan, put at least four inches of water in it and drop the egg in the water. If fresh it will lie perfectly level; if it rises at the thick end in the least it is not fresh. The older the egg the more it rises at the thick end. If it should leave the bottom and swim it is not fit for anything.

German Potato Balls.
Boil eighteen medium-sized potatoes and when tender mash and add salt to taste, one egg, one cup grated bread crumbs and about a cupful of flour. Knead the dough and form into balls about the size of a peach. Boil in salted water fifteen minutes. Cook the potatoes without peeling.

Gingerbread.
One cup New Orleans molasses, one even teaspoon soda, one-fourth teaspoon each of ginger, nutmeg, cinnamon, one-half cup sugar, one teaspoon butter. Beat well together and add one cup sour cream or milk. Stir in flour so you can pour batter in tin. Bake in slow oven.

Luncheon Ham.
Fill a medium-sized baking dish with alternate layers of dry bread crumbs and finely chopped ham. Cover with two cups of milk, mixed with three well-beaten eggs. Salt if required and bake thirty minutes in dish suitable to place on table.

A Handy Water Purifier.
In the absence of other water sterilization, Dr. Riegel of the Austrian army, finds citric acid effective. In a shallow vessel in sunshine 6-10th of citric acid killed cholera germs in five minutes, and the typhus in one and one-half hours.

A Hint About Mixing Mustard.
When mixing mustard add a salt-spoonful of salt and the same quantity of moist sugar, and mix with boiling water. It will be found to keep moist much longer and have a better taste.

Rather Like a Reflection.
An unfortunate author writes to the London Westminster Gazette: "Prof. Chandler, I understand, has just written a book on the literature of roguery. In a letter accompanying the prospectus of the work the publisher writes to me as follows: 'We think you may be interested to know that reference is made to your name in these columns.' I do not object, but I think it might have been put differently."

Art and Specializing.
Why should an artist who has painted portraits for years be denied talent as a landscape painter? There is no reason for it. We have grown to mistake speciality for personality, and the artist who has made his name as a painter of cats will have to paint cats all his life.—Kunst, Munich.

Things to Avoid.
Eastern Tourist—This climate is very healthy, isn't it?
Western—Oh, yes.
Eastern Tourist—What are the things to avoid out here if one wishes to keep in perfect health?
Western—Bullets, knives and rope.

Merely a Sample.
"What is the matter, little boy?" asked the professor. "Have you the measles?"
"Nope," answered the boy. "I've got the measles. They're only one of 'em."
"That's singular!" mused the professor.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally. To get its beneficial effects, always buy the genuine

Syrup of Figs and Elixir of Senna
manufactured by the
CALIFORNIA FIG SYRUP CO. ONLY
SOLD BY ALL LEADING DRUGGISTS
one size only, regular price 50¢ per bottle.

Ominous.
"Pardon me, old man," began the veteran boarder, "but we don't want to lose you, and I just want to warn you that you'd better begin to pay something on your board."
"Why?" asked the new boarder.
"Well, I noticed that Mrs. Starvem was dangerously polite to you this morning."—Philadelphia Press.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Not only softens the water, but cleans the skin thoroughly, removes and prevents the odor of perspiration, soothes irritation and renders the skin fresh, soft and velvety. All dealers. Package Borax, Booklet and Lace Design for Centauro, Inc. Address Local agents wanted. Write for money making plan. PACIFIC COAST BORAX CO., Oakland, Cal.

Buy Hair at Auction?

At any rate, you seem to be getting rid of it on auction-sale principles: "going, going, g-o-n-e!" Stop the auction with Ayer's Hair Vigor. It checks falling hair, and always restores color to gray hair. A splendid dressing also. Sold for over sixty years.

"My hair came out so badly I nearly lost it all. I had heard so much about Ayer's Hair Vigor I thought I would give it a trial. I did so and it completely stopped the falling, and made my hair grow very rapidly."—MARTIN H. FIELD, Northfield, Mass.

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CHERRY PECTORAL.

THE DAISY FLY KILLER
Destroys all the flies and affords comfort to every home—in dining room, sleeping room and every place where flies are troublesome. Clean, neat and will not soil or injure anything. Be without them. If not kept by dealers, sent prepaid for 25c.
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Echoes of the Past.
William the Conqueror had just won the battle of Hastings.
"Well," he said, "I guess we may as well put up the sign, 'This Country Has Changed Hands!'"
Which, when you consider the fact that the country was under his heel, shows that William was lamentably careless and inexact in his rhetoric.—Chicago Tribune.

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