ALL HAIL PE-RU-NA.


 Mr. H. J. Henneman, Oakland, Neb. "I waited before writing to you abou
my nikknes, catarrh of the stomach
ahich I had over a *hich I had over a year ago. would not atay cured, but 1 am
hat I am cured, for I do not feel more ill effects, bave a good appetite
and am getting fat. cured for good.
"I thank you "I thank ynu for your kindnees.
"Peruna will be our house Sereafter."
Oatarri of the stomach is almo known in common parlance an dyspepsia, , ras-
tritis and indigetion. No medicine ritis and indigestion, No medicine
will be of any permanent benefit ex A Great Tonic Mr. Austin M. Small, Aptoria, Ore.,
writes: ${ }^{\text {D Daring the hot weather of the }}$
past summer I past summer I lost my appetite.
fried Perana, and found it pleasant to
take, a aplendid appetizer and a greal

A Vnigne Ciry.
In one repsect, Quito. the capital of
Ecuador, is the most unique city in the
world it is situated in both the north world. It is situated in both the north
ern and southern bemispheres-If wi iccept the equator as the real divoing
Ine a distinction clamed by no othet
place of importance on the globe. Dlace of importance on the globe
At Quto the sun rises and sets at
'clock the year round. You may for get to wind your watch while you ar
risiting the Ecuadorian capital, but yo when the sun rises or sets, and you win
to) sure to be right. Old sol makes no The seasons, as far as names are con-
cerneh, change almost instantly; but,
as tne temperature is remarkably even Sese curious points are seldom though
of by the people who make Quito thei It is the locked np forces within that
Ine deep in our natures, not those that are on the surface, that test our mettle
It is within everybody's power to call out these hidden forces, to be some-
body and to do something worth whlle
In the world, nad the man who does

LAND SGRIP ${ }^{\text {sorif }}$ Gasoline engines REIERSON MACHINERY COMPANY
Portland, Oreson

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entative Business Firme.











## 


at the lower end, and a very slanting
lunnel shaped at the other end that Iumel shaped at the other end, that
would just slip over the spout of the
pump. I would not suggest the plpe,
be over $11 / 2$ inches in dlameter. Ours be over $11 / 2$ inches in diameter. Our
n ben not in use silips in behind the
cange and is not in the way, or
in sight and is always on hand and
f:cat convenlence.-L. W. Ovlatt
Chop suey.
One-half chicken; one large onion;
randful of mushrooms; a stalk of cel









 was secasionally surprised by his ow Ianngs. One morning he reached hi
office unaccountably late. "Dear me!"
he thought. "Where can I have been be thought. "Where can I have been?
The answer was not forthaming. H1
ram sat down at his desk and took out ram sat down at his desk and took ou
his pocket-handkerchlef. It was tie
tightly in a knot "Now," be exclaimed, "what was that
for? Oh, yes: Marthy told me to get With an air of resignation to the Whims of womanhiood he put on his ha
closed his desk, and went out to the closed his desk, and went out to
"soled-while-you-wait" cobblers. went in and sat down, took oft his shoes,
and settled back in a chair to read his newspaper.
"What is it, Mr. Bobbs?" inquired the "What
cobbler.
"Wh

$$
\begin{aligned}
& \text { "What? ob, er-er-er-why-oh, } \\
& \text { "es: I want my shoes soled." }
\end{aligned}
$$

"Pardon me, sir," sald the cobbler,
"but I finished soling them only half

$$
\begin{aligned}
& \text { an } \\
& \text { set, }
\end{aligned}
$$



##  <br> to



## 

"She thought he was.
before their marriage."
paper labeled 'A Young Man of the
Day':"
"And now that they are married $?$ "She has fond out
young man of the night."

AVegetable PreparationforAs-
similating the Food and Regula Similating the Food and Reg ula-
ting the Slomacts and Bowels of infants:Childien

Promotes Digestion Cheerful ness and Rest.Contains neither
Opium. Motphine nor Mineral Not NARCOTIC.


Aperfect Remedy forConstipa-
tion. Sour Slomaci.Diarrtoea
 ness and Loss OF SLEE Simile Signature NEW YORK.


DACT COPY OF WRAPPER.
;


## My Hair Ran Away

Don't have a falling out with your hair. It might leave you! Then what? That would mean thin, scraggly, uneven, rough hair. Keep your hair at home! Fasten it tightily to your scalp! You can easily do it with Ayer's Hair Vigor. It is something more than a simple hair dresshair tonic, a hair food. The best kind of a tostimonial-
in sold for over sixt y yeurs."
$A_{\text {yers }}=$

## asimu <br> CASTORIA

The Kind You Have Always Bought, and which has been and has been made under his perChat). Petcher: $\begin{aligned} & \text { and has been made under his per- } \\ & \text { Allow no one to deceive you in this. }\end{aligned}$ All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifie with and endanger the health of
Infants and Children-Experience against Experiment,

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep.
aenuine CASTORIA always


The Kind You Have Always Bought
In Use For Over 30 Years

apacity nor your Earning Besides,
bad way. And, a coated Tongue, or a Bad Breath, are sure signs of bad Bowels and poor Digestion.

Co and
Exercise!
Exercisel Ten Mile Waik, for
'Finest thing in the world for Constipa-
tion, Indigestion, or Dyspepsia, Ten Mile
Walks.
Haven't time? Too Lazy?
Well, $\rightarrow$ there is another Way.
Take Artificial Exerelse for your Bowels. That's-CASCARETS.
They rouse the Bowel Muscles, just Waken them up, Strengthen them so Waken them up, Strengthen them so intestines in a healthy active manner. That's how these muscles work the Food along, through your thirty feet of Intes-
tines, to its Finish ines, to its Finish.
That's how they squeere Gastric Juice
into the food, to Digest it That's how they make
Ittle Suckers in the Intestines draw the little Suckers in the Intestines draw the
Nutrition out of Food, and transform it

## Cate Suppers Cheeryul Boosing <br> Cheerrul Boozing Rapid Eating - Klow Walking - Easy Chair Athletics

One tablet taken whenever you suspect of all other ills likely to attack you Because 99 par cent of these ills begin In the Bovols, or exist through poor
Nutrition. Cascarets don't purge, don't weaken, on't irritate, nor upset your stomach. careful to get the geruine, made only by the Sterling Remedy Company, and never
sold in
"CCC ., Eulk. Every tablet stamped

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