Japan and Russia Compared.

Although the population of Russia is nearly three and a half times as great as the population of Japan, says the World's Work, and its area nearly six times as great, the Japanese have a million more pupils in their schools than the Russians. They publish more periodicals and books. Although Russia has nearly nine times as many miles of railroad, the Japanese roads carry more passengers, though less freight.

They send half as many again letters by post as the Russians send. With only about one-fourth as many miles of telegraph wires, they send nearly as many messages. Their trade per capita is greater than the Russians both in imports and in exports, although the total trade of the Rus-

strength of the Russians is incomparmay do more with little money than Russia with more.

### Trials of the Rich.

youse could carry?

Lazy Lew-Naw; not ef I had ter carry 'em very far.

Dusty-Willie, if some one left you a with salt and pepper. Serve very hot. lot of money would yer take it? Willie-Yes, if it was counted.

phone is placed is called in England a "telephonium" or "phonium."

Admiral Dewey has been in the United States navy fifty years.



The C. Gee Wo Chinese Medicine Co. 25114-253 ALDER ST., PORTLAND, OREGON

TELLS IT ALL



Take two pounds of beef from the round. Remove the fat, cut the meat into small pieces and then chop it very fine. Put it into a soup pot and pour over it two quarts of cold water. Slowly heat the liquid to the boiling point, skim carefully, and then cover it closesians, of course, is very much greater. ly and set it back where it will sim-The apparent financial and military ply bubble for three hours. At the end of that time add an onion, a small slice ably the greater. Yet so cheaply does of carrot, a stalk of celery, two cloves the Japanese soldier live that Japan and a bay leaf. Then simmer for another hour. When the meat is first put over take one-third of a cupful of wellwashed barley, put it into another saucepan with a pint of cold water and Fuzzy Fred-Say, Lew, don't youse let it cook until the soup is done, then wish you had all de silver dollars wot strain the soup and add the cooked barley. Let the whole boll up once after this and thicken with a tablespoonful of flour and one of butter stirred together over the fire. Season highly

> just before serving dust with cayenne pepper.

butter, and one teaspoonful of sugar. dry ingredients in a mixing bowl. Beat dissolved soda to the milk, stir well and add to the dry mixture; then add the egg, and finally the melted butter. gem-pans. Bake for twenty minutes.

## Maple Rock Candy.

Iuto a large-mouthed and heavy jar put pure maple syrup. Insert a cork to which is fastened a bit of white twine that hangs down into the syrup. long study. taking care that it does not touch the bottom of the jar. The candy will form on the twine. Set the jar in an outer vessel of water that simmers steadily. Cook for many hours. When the candy has formed to a half-inch thickness all around the string, take this out and hang in a cold place to hard- good."

## Escalloped Potatoes.

tatoes. Let them lie an hour in cold water. Arrange them in layers in a buttered baking dish, seasoning each layer with salt, pepper and bits of this year, did you? butter. When the dish is nearly filled, pour in one cupful of milk, sprin. any chances. kle a thin layer of buttered crumbs and grated cheese over the top and bake one hour.

## Lady Fingers.

and one-half cupful of butter, add one well-beaten egg, one-quarter of a cupful of sweet milk, one pint of flour, one teaspoonful of cream of tartar. one-half teaspoonful of baking soda and one teaspoonful of vanilla. Cut in finger strips, roll in sugar and bake in a quick oven.

## Peanut Sticks.

Roll to a paste a sufficient quantity of peanuts to make a cupful; add

## French Dressing.

Rub the inside of a salad bowl with a clove of garlic, or put into it a heap- News. ing teaspoonful of minced chives. Add saltspoonful of salt, one saltspoonful of pepper, a tablespoonful of vinegar and three tablespoonfuls of salad oil,

One cupful of Indian meal, one-half cupful of flour, one teaspoonful of cream tartar, one-third teaspoonful of soda, one egg, two tablespoonfuls of sugar. Mix, with milk, thin. Tablespoonful of melted lard last. Bake in sheet.

brown.

# HOW TWO BEAUTIFUL WOMEN ESCAPED PELVIC CATARRH BY AID OF PE-RU-NA

Female Weakness Is Usually Pelvic Catarrh. **Cures Catarrh Wherever Located.** 



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Mrs. Mable Bradford, 13 Church street, Burlington, Vt., Secretary Whittier Oratorio Society, writes: "Peruna is certainly a wonderful medicine for the ills of women. I have heard it spoken of in

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subsequent month brought me pain and distress. "Your remedy was prescribed, and the way it acted upen my system was almost too good to be true. I certainly have regained my health and strength, and I no longer suffer periodical pains and extreme lassitude."—Mable Bradford. .....

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Peruna cures catarrh, whether of the and permanent cure.

pelvic organs or any other organ of the human body.

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Thousands of testimonials to this effect are received by Dr. Hartman every year. The good that Peruna has accomplished in this class of cases can scarcely be over estimated.

UZZIE

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanıtarium, Columbus, Ohio. All correspondence held strictly confidential.

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And be handed her a couple of ones.

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Why, how's that?" Doctor-Well, you see, I have a number of wealthy patients on the string, and I was afraid if I went away for a few weeks they might get well.

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Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886.

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er, "I look sharp, and in selling I look just as ignorant as I can."-Chicago

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Beef Soup with Barley.

Baked Mushrooms. An English recipe for baked mush-The box or cabinet in which a tele- rooms is offered: A half pound of large mushrooms will be needed, with a half teaspoonful of minced parsley, an ounce of breadcrumbs, three tablespoonfuls of salad oil, salt, pepper and a little lemon juice. Put half the oil in the baking dish, and sprinkle with half the breadcrumbs, half the parsley, and a squeeze of lemon. Lay half the mushrooms on this and put on the rest of the oil, breadcrumbs, seasoning and parsley. Bake half an hour and

Sour Milk Muffins. In making a dozen muffins you will require half a pint of sour milk, three gills of flour, one egg, half a teaspoonful of soda dissolved in one tablespoonful of cold water, half a teaspoonful of salt, two level tablespoonfuls of Melt the butter in a hot cup. Put the the eggs till they are light. Add the Beat well and pour into hot, buttered

Pare and slice four or five raw po-

Cream together one cupful of sugar

the grated rind of a lemon, the yolks of four eggs, six tablespoonfuls of sugar and a good half cup of sifted flour. When smooth add the beaten whites of the four eggs. Roll out on the board, cut into strips, twist and fry in hot

Beat until well blended.

Mock Oysters. To the contents of a can of corn add a half cupful of milk, two eggs, a half teaspoonfull of salt and flour enough to make stiff batter. Drop by spoonfuls into hot lard, and fry a nice