Hood's

Sarsaparilla is unquestionably the greatest blood and grocer. liver medicine known. It. positively and permanently cures every humor, from you had a dog, would you?" Pimples to Scrofula. It is the Best **Blood** Medicine.

Surgery in High Favor.

Not so many years ago surgical operations were generally regarded by the public as a means of last resort, and were submitted to only when the patient or his family was advised that no other escape was open for the sufferer. Frequently the sick man was in extremes when he went under the surgeon's knife, and it is asserted by medleal men that the large mortality in a given number of operations was due to this fact. In this way the popular did it. Mrs. Clawson tells the story fear of going through these ordeals of her cure as follows: was increased, the surgeons generally being held responsible for the fatal caused by Inflammatory Rheumatism, outcome.

To-day there is less fear of the knife. and statistics show that the mortality baby could do; then I rallied a little a turnip, two sticks of celery, and an is far less. This is attributed by the bit and then a relapse. Then a year onion. Slice these vegetables very thin profession to the advanced views now held and what may be termed the I suffered untold agony and in August, until of a yellow color. Take up the greater popularity of surgery. Of 1903, when my husband died I could vegetables into a strainer, put them course, a most potent contribution to this condition of affairs is the more extensive knowledge possessed by the modern surgeon and his greater skill. But there is another source from which I dug my own potatoes and gathered through a hair sieve. Return the soup help comes; that is, that cases requir- my own garden last fall. Dodd's Kiding the services of surgeons are not delayed until the last minute, when the patients are so exhausted or they cannot stand the shock they must necessarily sustain.

To-day it is appreciated by all students of the ills to which flesh is heir that if the knife is to be used the sooner it is done the better; just as everybody knows that if a disease is to be checked the sooner medicine is administered the better. And to this view of the matter the doctor and the surgeon have gradually educated the people. This accounts for the popularity of surgery and for the material diminishing of the death rate of persons passing under the knife .- Baltimore Herald.

If a folded bed must be used, contrive some way to keep it aired and wholesome.

A scheme for the establishment of a permanent wireless service between Sweden and Germany is near realization.

\$5 For a Name \$5 Send us ten or more names of your, g people with means to secure a Business Education and for the first one that enrolls purchasing

The Theory.

"This health food doesn't do any good," asserted the irate customer. "Perhaps you overlooked the first rule relating to its use," suggested the

"What's that?"

1t."

"First get your health. You don't seem to understand the theory of it. You wouldn't get dog biscuit unless

"No." "Or birdseed unless you had a bird?" "No."

"Then what are you doing with health food before you get health?" "But if I had health I wouldn't need

"Well, that's your lookout."

Proved Beyond a Doubt. Middlesex, N. Y., July 25 .- (Special)-That Rheumatism can be cured has been proved beyond a doubt by Mrs. Betsey A. Clawson, well known butter and syrup. When it is partly here. That Mrs Clawson had Rheu- mixed and slightly cooled, add two matism and had it bad, all her acquaintances know. They also know should be just moist enough to run she is now cured. Dodd's Kidney Pills off the spoon. Bake in a deep tin for

"I was an invalid for most five years

helpless two-thirds of the time. The first year I could not do as much as a not ride to the grave.

wait on myself and saw my own wood. ney Pills cured me."

Rheumatism is caused by uric acid in the blood. Dodd's Kidney Pills put the Kidneys in shape to take all the uric acid out of the blood.

Getting a Likeness.

City Editor-What's the matter?

Art Editor-Matter enough. I've got no picture of Blazeawayski, the great Russian general, who's just reached

the front. City Editor-Oh, well, borrow the janitor's wig and photograph it. These Russian generals are all whiskers .--Philadelphia Bulletin.

Wanted Something Less Hackneyed.

Mrs. Reader-Stop at a book store and pick out a novel for me. Daughter-What sort?

ine are separated by cruel parents. I am a little tired of the young woman Try this recipe, and you will be pleaswith a mission.

Blessed Be Business.

The ladies of the club were closely grouped about the speaker of the aft- into a basin, and, after adding a little ernoon, a remarkably successful womreation an, in whom commercial and literary Dissolve two ounces and a half of





Thick Gingerbread.

Mix three quarters of a pound flour three-quarters of an ounce ground ginger, half ounce carbonate of soda, two ounces of shredded candled peel together; put two ounces butter and two ounces dripping into a saucepan to melt; add four ounces of brown sugar and half pound golden syrup, and allow sugar to dissolve over a gentle heat. Make a hole in the middle of the flour, and pour in sugar, eggs and a little milk. The mixture two hours. Cut into squares. This ginger-bread will keep for weeks in a covered tin.

Egg Soup.

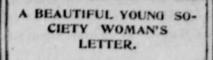
Wash and scrape two small carrots, ago the gout set in my hands and feet and fry in a tablespoonful of butter in a stewpan, with three pints of "I only took two boxes of Dodd's water, seasoning of pepper and salt, Kidney Pills and in two weeks I could and a very little sugar. Let the soup simmer for two hours, then pass all to the fire, and thicken it with potato flour made into a smooth paste with cold milk. Meanwhile, poach an egg for each person, lay these in a tureen, add a gill of cream to the soup, and pour it over the eggs. Scatter chopped yolk of eggs over the soup and serve.

Baking-Powder Economy.

The best baking powder I use is home-made. Here is my recipe: Two and one-quarter pounds of cream tartar, one pound of baking-soda, one and one-quarter pounds of flour. Sift six or eight times thoroughly and keep ate your case. in tin boxes. This makes four and one-half pounds of the baking-powder, and costs about half as much as that we buy. I buy the cream-tartar and across the isthmus. soda at a drug store, as they are then Mrs. Deader-Try to get an old-fash- sure to be pure, and the strength of oned novel, in which the hero and hero- the baking-powder depends so much upon the purity of the ingredients. ed with the result .- Exchange.

Yorkshire Teacakes.

Put three pounds and a half of flour salt, rub into it half a pound of lard. yeast in a little slightly warm water, and add to it one pint of milk, also



ST. PAUL, MINN. 521 Wabasha St.

Dr. Hartman, Columbus, O.,

Dear Sir: "I took Peruna last momer when I was all run down, and had a headache and back-ache, and no ambition for anything. I now feel as well as I ever did in all my life, and all thanks is due to your excellent Peruna."—Bess F. Healy.

The symptoms of summer ca-tarrh are quite unlike in different cases, but the most common ones are general lassitude, played-out, tired-out, used-up, run-down feel-ings, combined with more or less heavy, stupid, listless, mental condition. Relish for food and the ability to digest food seems to be lost.

Skin eruptions, sallow com-plexion, biliousness, coated tongue, fitful, irregular sleep, help to complete the picture which is so common at this season.

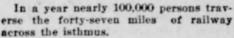
Peruna so exactly meets all these conditions that the demand is so great for this remedy at this season of the year that it is near-ly impossible to supply it.

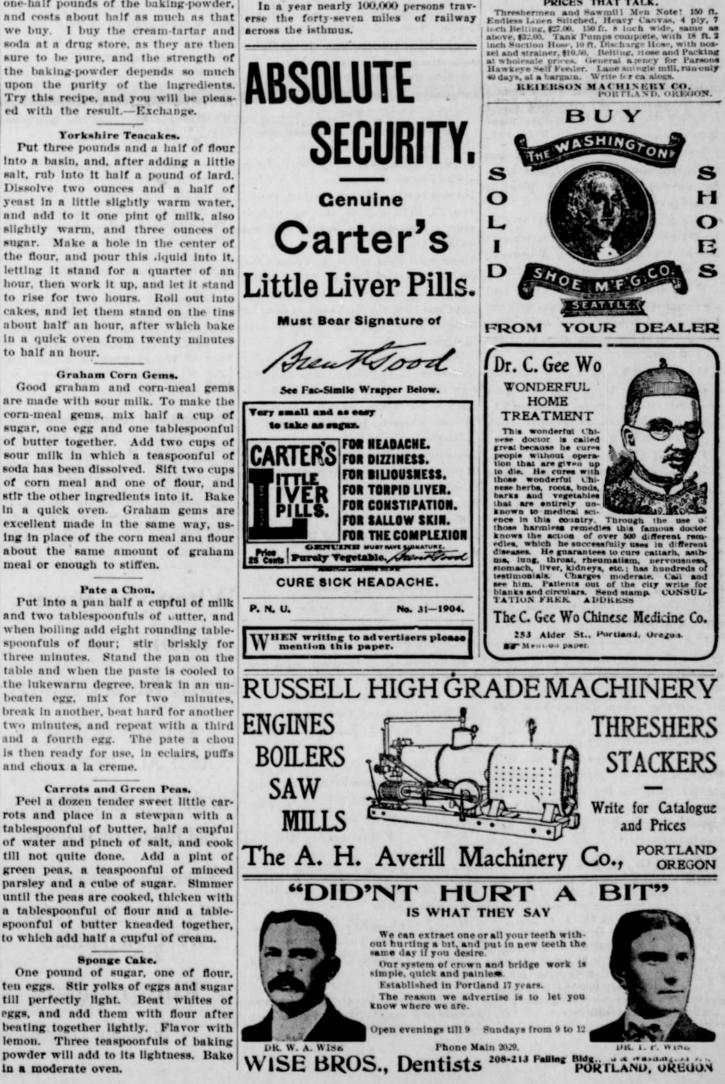
Peruna Contains No Narcotics.

One reason why Peruna has found permanent use in so many homes is that it contains no nar cotics of any kind. Peruna is perfectly harmless. It can be used any length of time without acquiring the drug habit

PRICES THAT TALK.

Thousands of women suffer from pelvic catarrh and catarrhal nervousness and don't know it. If you feel fagged out, begin at once taking Dr. Hart-man's Peruna. It will relieve your catarrhal affliction and all your organs will be restored to health. Buy a bottle today, as it will immediately alievi-





Betwell Business College, Tacoma, Wash.



successful," said one of the ladies, insistently.

that are none of our business."

slightly warm, and three ounces of sugar. Make a hole in the center of "To be successful," said the success- the flour, and pour this siguid into it, ful one, "all we women have to do is letting it stand for a quarter of an own business as we do of the things to rise for two hours. Roll out into cakes, and let them stand on the tins about half an hour, after which bake in a quick oven from twenty minutes to half an hour.

Graham Corn Gems.

Good graham and corn-meal gems are made with sour milk. To make the corn-meal gems, mix half a cup of sugar, one egg and one tablespoonful of butter together. Add two cups of sour milk in which a teaspoonful of soda has been dissolved. Sift two cups Blood Poison. One drop of the virus of this most of corn meal and one of flour, and stir the other ingredients into it. Bake purest, healthiest blood, and within a short time after In a quick oven. Graham gems are the first little sore appears the system is filled with the excellent made in the same way, usawful poison and the skin breaks out in a red rash; ing in place of the corn meal and flour the glands of the groins swell, the throat and mouth become ulcerated, about the same amount of graham meal or enough to stiffen.

Pate a Chou.



serpent. You may be carrying it in your veins with no visible evidences of its existence; for while mercury and potash seem to cure and all external signs disappear, the disease is doing its destructive work within, or the patient is constantly § harassed by returning symptoms and unmistakable traces of the blood poison. Thousands of physical wrecks and

.

After suffering twelve years from Contagious Blood Poison, and trying the best physicians obtainable, and all the patent medicines procurable, and steadily continuing to grow worse, I Ily continuing to grow worse, I gave up all hope of recovery, and physicians pronounced my case incurable. Hoping against hope, I tried S. S. S. I improved from the first bottle, and after taking twelve was cured sound and well, and for two years have had BLOOD POISOD

KILL THE

The worst disease the world has ever known, and

the greatest scourge to the human race, is Contagious

horrible of all diseases will pollute and vitiate the

no return or symptom of the vile disease. Warsaw, N. C. H. M. REGISTER. Warsaw, N. C.

chronic invalids from the effects of Blood Poison know the uncertainty of the mercury and potash treatment-that it stifles but does not kill the serpent. As long as there is life in the serpent there is danger in its fangs; and while your blood is tainted there is danger of infection. Safety lies only in crushing out the life of the loathsome disease till not quite done. Add a pint of The A. H. Averill Machinery Co., and killing the serpent. For many years S. S. S. has been known as an antidote for Blood Poison. It is a remedy composed entirely of vegetable ingredients, and we offer \$1,000 for proof that it contains the least particle of mercury, potash or

the hair and eyebrows drop out, and often the entire surface of the body

scovered with copper-colored splotches and sickening sores and erup-



other mineral. It thoroughly purifies the blood, improves the appetite and diges-tion, and tones up all parts of the system. In chronic and long-standing cases of Write us about your case, and our physicians will advise with-

out charge, and we will mail you free our home-treatment book telling all about Contagious Blood Poison and its different stages and symptoms.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

tions. Contagious Blood Poison is as treacherous and elusive as the and two tablespoonfuls of outter, and when boiling add eight rounding tablespoonfuls of flour; stir briskly for three minutes. Stand the pan on the table and when the paste is cooled to beaten egg, mix for two minutes, break in another, beat hard for another two minutes, and repeat with a third ENGINES and a fourth egg. The pate a chou is then ready for use, in eclairs, puffs and choux a la creme.

Carrots and Green Peas.

Peel a dozen tender sweet little carrots and place in a stewpan with a tablespoonful of butter, half a cupful of water and pinch of salt, and cook green peas, a teaspoonful of minced parsley and a cube of sugar. Simmer until the peas are cooked, thicken with a tablespoonful of flour and a tablespoonful of butter kneaded together, to which add half a cupful of cream.

Sponge Cake.

One pound of sugar, one of flour, ten eggs. Stir yolks of eggs and sugar till perfectly light. Beat whites of eggs, and add them with flour after beating together lightly. Flavor with lemon. Three teaspoonfuls of baking powder will add to its lightness. Bake in a moderate oven.