

Hood's

Sarsaparilla is unquestionably the greatest blood and liver medicine known. It positively and permanently cures every humor, from Pimples to Scrofula. It is the Best. **Blood Medicine.**

Surgery in High Favor.

Not so many years ago surgical operations were generally regarded by the public as a means of last resort, and were submitted to only when the patient or his family was advised that no other escape was open for the sufferer. Frequently the sick man was in extremes when he went under the surgeon's knife, and it is asserted by medical men that the large mortality in a given number of operations was due to this fact. In this way the popular fear of going through these ordeals was increased, the surgeons generally being held responsible for the fatal outcome.

To-day there is less fear of the knife, and statistics show that the mortality is far less. This is attributed by the profession to the advanced views now held and what may be termed the greater popularity of surgery. Of course, a most potent contribution to this condition of affairs is the more extensive knowledge possessed by the modern surgeon and his greater skill. But there is another source from which help comes; that is, that cases requiring the services of surgeons are not delayed until the last minute, when the patients are so exhausted or they cannot stand the shock they must necessarily sustain.

To-day it is appreciated by all students of the ills to which flesh is heir that if the knife is to be used the sooner it is done the better; just as everybody knows that if a disease is to be checked the sooner medicine is administered the better. And to this view of the matter the doctor and the surgeon have gradually educated the people. This accounts for the popularity of surgery and for the material diminishing of the death rate of persons passing under the knife.—Baltimore Herald.

If a folded bed must be used, contrive some way to keep it aired and wholesome.

A scheme for the establishment of a permanent wireless service between Sweden and Germany is near realization.

\$5 For a Name \$5

Send us ten or more names of young people with means to secure a Business Education and for the first one that enrolls purchasing from us a scholarship, we will remit you \$5 in cash. Address: **Betwell Business College, Tacoma, Wash.**

PISO'S CURE FOR
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
CONSUMPTION

SSS KILL THE SERPENT

The worst disease the world has ever known, and the greatest scourge to the human race, is Contagious Blood Poison. One drop of the virus of this most horrible of all diseases will pollute and vitiate the purest, healthiest blood, and within a short time after the first little sore appears the system is filled with the awful poison and the skin breaks out in a red rash; the glands of the groins swell, the throat and mouth become ulcerated, the hair and eyebrows drop out, and often the entire surface of the body is covered with copper-colored splotches and sickening sores and eruptions. Contagious Blood Poison is as treacherous and elusive as the serpent. You may be carrying it in your veins with no visible evidences of its existence; for while mercury and potash seem to cure and all external signs disappear, the disease is doing its destructive work within, or the patient is constantly harassed by returning symptoms and unmistakable traces of the blood poison. Thousands of physical wrecks and chronic invalids from the effects of Blood Poison know the uncertainty of the mercury and potash treatment—that it stifles but does not kill the serpent. As long as there is life in the serpent there is danger in its fangs; and while your blood is tainted there is danger of infection. Safety lies only in crushing out the life of the loathsome disease and killing the serpent. For many years S. S. S. has been known as an antidote for Blood Poison. It is a remedy composed entirely of vegetable ingredients, and we offer \$1,000 for proof that it contains the least particle of mercury, potash or other mineral. It thoroughly purifies the blood, improves the appetite and digestion, and tones up all parts of the system. In chronic and long-standing cases of Blood Poison, S. S. S. acts promptly and without leaving any bad after-effects.

Write us about your case, and our physicians will advise without charge, and we will mail you free our home-treatment book telling all about Contagious Blood Poison and its different stages and symptoms.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

The Theory.
"This health food doesn't do any good," asserted the irate customer. "Perhaps you overlooked the first rule relating to its use," suggested the grocer. "What's that?" "First get your health. You don't seem to understand the theory of it. You wouldn't get dog biscuit unless you had a dog, would you?" "No." "Or birdseed unless you had a bird?" "No." "Then what are you doing with health food before you get health?" "But if I had health I wouldn't need it." "Well, that's your lookout."

Proved Beyond a Doubt.
Middlesex, N. Y., July 25.—(Special)—That Rheumatism can be cured has been proved beyond a doubt by Mrs. Betsey A. Clawson, well known here. That Mrs. Clawson had Rheumatism and had it bad, all her acquaintances know. They also know she is now cured. Dodd's Kidney Pills did it. Mrs. Clawson tells the story of her cure as follows:
"I was an invalid for most five years caused by Inflammatory Rheumatism, helpless two-thirds of the time. The first year I could not do as much as a baby could do; then I rallied a little bit and then a relapse. Then a year ago the gout set in my hands and feet I suffered untold agony and in August, 1903, when my husband died I could not ride to the grave.
"I only took two boxes of Dodd's Kidney Pills and in two weeks I could wait on myself and saw my own wood. I dug my own potatoes and gathered my own garden last fall. Dodd's Kidney Pills cured me."
Rheumatism is caused by uric acid in the blood. Dodd's Kidney Pills put the Kidneys in shape to take all the uric acid out of the blood.

Getting a Likeness.
City Editor—What's the matter?
Art Editor—Matter enough. I've got no picture of Blazewasylki, the great Russian general, who's just reached the front.
City Editor—Oh, well, borrow the janitor's wig and photograph it. These Russian generals are all whiskers.—Philadelphia Bulletin.

Wanted Something Less Hackneyed.
Mrs. Reader—Stop at a book store and pick out a novel for me.
Daughter—What sort?
Mrs. Reader—Try to get an old-fashioned novel, in which the hero and heroine are separated by cruel parents. I am a little tired of the young woman with a mission.

Blessed Be Business.
The ladies of the club were closely grouped about the speaker of the afternoon, a remarkably successful woman, in whom commercial and literary ability were admirably balanced.
"Tell us, in a few words, how to be successful," said one of the ladies, insistently.
"To be successful," said the successful one, "all we women have to do is to make as much of a business of our own business as we do of the things that are none of our business."



Thick Gingerbread.
Mix three quarters of a pound flour three-quarters of an ounce ground ginger, half ounce carbonate of soda, two ounces of shredded candied peel together; put two ounces butter and two ounces dripping into a saucepan to melt; add four ounces of brown sugar and half pound golden syrup, and allow sugar to dissolve over a gentle heat. Make a hole in the middle of the flour, and pour in sugar, butter and syrup. When it is partly mixed and slightly cooled, add two eggs and a little milk. The mixture should be just moist enough to run off the spoon. Bake in a deep tin for two hours. Cut into squares. This gingerbread will keep for weeks in a covered tin.

Egg Soup.
Wash and scrape two small carrots, a turnip, two sticks of celery, and an onion. Slice these vegetables very thin and fry in a tablespoonful of butter until of a yellow color. Take up the vegetables into a strainer, put them in a stewpan, with three pints of water, seasoning of pepper and salt, and a very little sugar. Let the soup simmer for two hours, then pass all through a hair sieve. Return the soup to the fire, and thicken it with potato flour made into a smooth paste with cold milk. Meanwhile, poach an egg for each person, lay these in a tureen, add a gill of cream to the soup, and pour it over the eggs. Scatter chopped yolk of eggs over the soup and serve.

Baking-Powder Economy.
The best baking powder I use is home-made. Here is my recipe: Two and one-quarter pounds of cream tartar, one pound of baking-soda, one and one-quarter pounds of flour. Sift six or eight times thoroughly and keep in tin boxes. This makes four and one-half pounds of the baking-powder, and costs about half as much as that we buy. I buy the cream-tartar and soda at a drug store, as they are then sure to be pure, and the strength of the baking-powder depends so much upon the purity of the ingredients. Try this recipe, and you will be pleased with the result.—Exchange.

Yorkshire Tencakes.
Put three pounds and a half of flour into a basin, and, after adding a little salt, rub into it half a pound of lard. Dissolve two ounces and a half of yeast in a little slightly warm water, and add to it one pint of milk, also slightly warm, and three ounces of sugar. Make a hole in the center of the flour, and pour this liquid into it, letting it stand for a quarter of an hour, then work it up, and let it stand to rise for two hours. Roll out into cakes, and let them stand on the tins about half an hour, after which bake in a quick oven from twenty minutes to half an hour.

Graham Corn Gems.
Good graham and corn-meal gems are made with sour milk. To make the corn-meal gems, mix half a cup of sugar, one egg and one tablespoonful of butter together. Add two cups of sour milk in which a teaspoonful of soda has been dissolved. Sift two cups of corn meal and one of flour, and stir the other ingredients into it. Bake in a quick oven. Graham gems are excellent made in the same way, using in place of the corn meal and flour about the same amount of graham meal or enough to stiffen.

Pate a Chou.
Put into a pan half a cupful of milk and two tablespoonfuls of butter, and when boiling add eight rounding tablespoonfuls of flour; stir briskly for three minutes. Stand the pan on the table and when the paste is cooled to the lukewarm degree, break in an unbeaten egg, mix for two minutes, break in another, beat hard for another two minutes, and repeat with a third and a fourth egg. The pate a chou is then ready for use, in eclairs, puffs and choux a la creme.

Carrots and Green Peas.
Peel a dozen tender sweet little carrots and place in a stewpan with a tablespoonful of butter, half a cupful of water and pinch of salt, and cook till not quite done. Add a pint of green peas, a teaspoonful of minced parsley and a cube of sugar. Simmer until the peas are cooked, thicken with a tablespoonful of flour and a tablespoonful of butter kneaded together, to which add half a cupful of cream.

Sponge Cake.
One pound of sugar, one of flour, ten eggs. Stir yolks of eggs and sugar till perfectly light. Beat whites of eggs, and add them with flour after beating together lightly. Flavor with lemon. Three teaspoonfuls of baking powder will add to its lightness. Bake in a moderate oven.



A BEAUTIFUL YOUNG SOCIETY WOMAN'S LETTER.

St. Paul, Miss.
521 Wabasha St.

Dr. Hartman, Columbus, O.,
Dear Sir: "I took Peruna last summer when I was all run down, and had a headache and backache, and no ambition for anything. I now feel as well as I ever did in all my life, and all thanks is due to your excellent Peruna."—Bess F. Healy.

The symptoms of summer catarrh are quite unlike in different cases, but the most common ones are general lassitude, played-out, tired-out, used-up, run-down feelings, combined with more or less heavy, stupid, listless mental condition. Relish for food and the ability to digest food seems to be lost.

Skin eruptions, sallow complexion, biliousness, coated tongue, fitful, irregular sleep, help to complete the picture which is so common at this season.

Peruna so exactly meets all these conditions that the demand is so great for this remedy at this season of the year that it is nearly impossible to supply it.

Peruna Contains No Narcotics.
One reason why Peruna has found permanent use in so many homes is that it contains no narcotics of any kind. Peruna is perfectly harmless. It can be used any length of time without acquiring the drug habit.

Thousands of women suffer from pelvic catarrh and catarrhal nervousness and don't know it. If you feel fagged out, begin at once taking Dr. Hartman's Peruna. It will relieve your catarrhal affliction and all your organs will be restored to health. Buy a bottle today, as it will immediately alleviate your case.

In a year nearly 100,000 persons traverse the forty-seven miles of railway across the isthmus.

ABSOLUTE SECURITY.
Genuine **Carter's Little Liver Pills.**
Must Bear Signature of *Dr. Carter*
See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.
CARTER'S LITTLE LIVER PILLS.
FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.
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WONDERFUL HOME TREATMENT
This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, bark and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc. has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. ADDRESS: **The C. Gee Wo Chinese Medicine Co.** 253 Alder St., Portland, Oregon.

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